

Childrens' Department.

LIVING WATERS.

BY MRS. M. F. DOWNING.

"Ho, every one that thirsteth!"
Hark to the prophet's cry!
"Come ye to living waters;
Haste to the fount and buy!"

"And he that hath no money,
The flowing river see;
Yea, wine and milk are waiting;
And God hath made them free!"

Again comes down the message,
Above life's tumult heard;
And blessed is the people
Who trust the Saviour's word.

"Ho, every one that thirsteth!"
In Me thy longings slake;
Salvation's cup is offered,
Stretch forth thy hand and take."

"For whosoever drinketh
The water I shall give,
A fount of joy upspringing,
Within his soul shall live,"

Thus spake He of the Spirit,
Who like a brook shall flow,
A wellspring, pure, eternal,
In hearts that trust and know.

Nor hunger, nor thirst, nor sorrow,
Have power to stir their breast,
Who through the Saviour's promise
Thus "enter into rest."

SURE CURE FOR RHEUMATISM.—If the system is properly cleansed by some medicine that acts upon the bowels, kidneys, and skin, such as Burdock Blood Bitters, and the sufferer will use Hagyard's Yellow Oil according to directions, there are few cases of rheumatism, however bad, but will yield promptly to the treatment.

A TRUE STORY.

One day, more than a hundred years ago, a poor bookseller's boy came into Westminster Abbey, groaning under the weight of a load of books which he had to carry to his master's customer. Tired out, the poor boy came in at the great north door, and sat down to rest.

And as he sat down he burst into involuntary tears as the thought came into his mind, "I am nothing but a poor bookseller's boy, and I shall have nothing to do all my life long but to trudge the streets of London under these heavy burdens!"

Then, lifting up his eyes, he caught sight of the statues of the great and good everywhere around him; and he thought, "These men became great, many of them from positions of poverty and obscurity; why should not I?"

The boy dried his tears, he shouldered his burden; the sacred fire of a noble purpose was kindled in his heart. He grew up to be the eminent and saintly Dr. William Marshman, the first who translated the Holy Scriptures into the dialect of Hindostan; one of the earliest great missionaries to that new empire, and the father-in-law of the stainless hero, Sir Henry Havelock, who saved India in the terrible mutiny, and died like Wolfe, in the hour of victory.

But for that rest in the Abbey,

the story of India might have had a different ending, and a poor little human life might have been crushed under its commencing difficulties.

"EXAMPLE IS BETTER THAN PRECEPT."

It has been said that a parent giving his children good instruction and a bad example, brings them food in one hand and poison in the other—which is likely to prevail? The old fable is not without its lesson, even in the present enlightened age: "How very badly my poor children are walking!" said a crab in great distress of mind. "I scold and reason and talk, yet I notice nothing but crookedness." "Ah, my friend," said a listener, "If you so earnestly wished your children to walk straight, why have you always walked crookedly yourself?—*The Quiver.*"

IT SAVED MY WIFE'S LIFE.—This is the report of a Princess street gentleman who had the opportunity a few nights since of testing Polson's NERVILINE, the great pain cure. Be prepared for any emergency by having a bottle of Nerviline at hand. It only costs 10 cents to test it, as you can buy test bottles at any drug store. Get a 10 or 25 cent bottle to-day. Sure in rheumatism, neuralgia, cramps, colic, headache. Nerviline, the sure pop pain cure. All druggists, 25 cents a bottle.

—Elsewhere in this issue we present a large advertisement of H. H. Warner & Co., setting forth the fact that up to December 27, 1886, they had sold the enormous amount of 26,587,335 bottles of "Warner's Safe Cure" in North America alone, to say nothing of the European and Australian trade. These figures seem almost incredible, but coming as they do from a house so well-known and honorable, we feel safe in attesting to their truthfulness. "Warner's Safe Cure" has certainly been a great boon to the suffering, and its success has depended altogether upon its own merits. For Kidney, Liver, Blood and Urinary trouble, and especially for Female Complaints its equal was never known, and for this reason it deserves all the praise which it receives.

THREATENED DANGER.—In the fall of '84, Randall Miller, of Maitland, N.S., was prostrated to his bed with an attack of incipient consumption. Cough remedies all failed. He rapidly grew debilitated, and friends despaired of his recovery. He tried Burdock Blood Bitters, with immediate relief, followed by a speedy cure.

A CURE FOR DRUNKENNESS, opium, morphine, chloral, tobacco, and other kindred habits. The medicine may be given in tea or coffee without the knowledge of the person taking it, if so desired. Send 6c. in stamps, for book and testimonials from those who have been cured. Address M. V. Lubon, 47 Wellington St. East, Toronto, Ont. Cut this out for future reference. When writing mention this paper.

—PETLEY AND PETLEY.—This house has now to clear out their whole stock in sixty days, and in order to do so are selling Dry Goods at much lower prices than you can buy wet goods. Give them a call at once and secure a bargain.

MAKE YOUR OWN SUNSHINE.

"O dear! it always does rain when I want to go anywhere!" cried little Jennie Moore. "It's too bad—now I've got to stay indoors, and I shall have a wretched day."

"Perhaps so," said Uncle Jack; "but you need not have a bad day unless you choose."

"How can I help it? I wanted to go to the Park and hear the band, and take Fido, and play on the grass, and have a good time, and pull wild flowers, and eat sandwiches under the trees; and I'll just have to stand here and see it rain, and see the water run off the duck's back all day."

"Well, let's make a little sunshine," said Uncle Jack.

"Make sunshine! Why how you do talk!" and she smiled through her tears. "You haven't got a sunshine factory, have you?"

"I'm going to start one if you'll be my partner," replied Uncle Jack.

"Now, let me give you the rules for making sunshine. First, don't think of what might have been if the day had been better. Second, see how many pleasant things there are left to enjoy. And lastly, do all you can to make other people happy."

"Well, I'll try the last first," and she went to work to amuse her little brother Willie, who was crying. By the time she had him riding a chair and laughing, she was laughing too.

"I see you are a good sunshine-maker, for you have got about all you and Willie can hold just now. But let's try what we can do with the second rule."

"But I haven't anything to enjoy, 'cause all my dolls are old, and my picture books are all torn, and—"

"Here's an old newspaper; let's get some fun out of it."

"Fun out of a newspaper! why, how you talk!"

But Uncle Jack showed her how to make a mask by cutting holes in the paper, and how to cut a whole family of paper dolls, and how to make pretty things for Willie out of the paper. Then he got out the tea-tray, and showed her how to roll a marble round it.

And so she found many a pleasant amusement; and when bedtime came she kissed Uncle Jack, and said:

"Good-night, dear Uncle Jack."

"Good-night, little sunshine-maker."

And she dreamed that night that Uncle Jack had built a great house and put a sign over the door, which read: "Sunshine Factory, Uncle Jack and little Jennie." She made Uncle Jack laugh when she told him her dream, but she never forgot what you must remember—a cheerful heart makes its own sunshine.—*The Little Folks.*



This powder never varies. A marvel of purity strength and wholesomeness. More economical than the ordinary kinds, and cannot be sold in competition with the multitude of low test, short weight, alum or phosphate powders. Sold only in cans. ROYAL BAKING POWDER CO. 109 Wall St N. Y.

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