

Health and Home Hints.

Strawberry Sauce.—Stir two ounces butter to a cream; add, by degrees, one cupful powdered sugar, stir until white and creamy, then add the yolk of one egg; rinse off half pint of strawberry with cold water, drain and mash them with a silver fork, add them to the sauce and serve with the pudding.

Macedoine Salad.—This salad may be made of as many vegetables as one can muster. They are to be cooked separately, and the large one cut into pieces of equal size. If French dressing is to be used they can be tossed together in a hurry, but if mayonnaise is the choice the vegetables must be marinated first and arranged in lettuce cups before the mayonnaise is put on.

Iced Cabinet Pudding.—Mix half a cupful of orange juice, half a cupful of water and one cupful of sugar; boil ten minutes, add one pound of fine large seeded raisins, half a cupful of blanched almonds and a few bits of candied fruit. Cover and let stand over night. Cut some stale sponge cake in half-inch slices, then in small cubes. Place the cake and raisin mixture in layers in a mold. Beat the yolks of four eggs with half a cupful of sugar, melt three oblong divisions of chocolate over hot water, and when the chocolate is dissolved add the eggs. Cook over hot water until it thickens, add a tablespoonful of vanilla and pour hot over the cake and fruit. Let stand until cold, cover and freeze. Serve with an iced fruit puree or a vanilla sauce.

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The Lass in the Shop.

"'Oh dinna, dinna do that,' she cried, 'let him put them back. He only took them for a loan. Let him pit them back this night when his maister is awa' hame for his tea. He is a hard man, and Willie is a' I hae!'"

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"'Weel,' my mother would conclude, 'may be it wasna juist right—but I couldna resist the lass. So Willie did as she said, and naething was kenned. But I garred him gie in his notice the next day, and I took him hame, for it was clear as day that the lad was deicin' on his feet. And I brocht the lass hame wi' me too. And if Willie had leaved—but it wasna to be. We juist kept him till November. And the last night we sat yin on ilka side o' the bed, her haudin' a hand and me haudin' a hand, neither jealous o' the ither, which was a great wonder. An' I think he kind o' dowered an' sleepit—whiles wanderin in his mind and then waukin' wi' a strange look on his face. But over in the sma' hours when the wind begins to rise and blaw caulder, and the souls o' men to slip awa, he started up. It was me he saw first, for the candle was on my side."

"'Mither,' he said, 'where's Lizzie?'"

"'And when he saw her sit by him, he drew away the hand that had been in mine and laid it on hers."

"'Lizzie,' he said, 'dinna greet, my bonnie, I promise! I will be your ain guid lad!'"

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"'And the lass?' I queried."

"'Oh, she gaed back to the shop, and they say she has charge o' a department noo, and is muckle thocht on. But she has never married, and, though we hae askit her every year, she wad never come back to Drumquhat again!'"

"'And that,' said my mother, smiling

through her tears, 'is the story how my Willie was led away by the Lass in the Shop."

* "Rummelt Tawties," i. e., a sort of puree of potatoes, made in the pot in which they had been boiled, with sweet milk, butter, and sometimes a little flavouring of cheese. All hands are expected to assist in the operation of "champing," that is, pounding and stirring them to a proper consistency of toothsome-ness.

World of Missions.

Moslem Movement.

Of all the unevangelized peoples of the earth, those holding the faith of the Koran have been regarded as the most inaccessible. In the Turkish empire it is still by law death to change from Mohammedanism to Christianity, although the law, owing to political complications of the Turkish empire, is seldom carried out. The Mohammedan, besides, is a firm believer in his creed, and looks with scorn upon the Giaour or infidel, as he styles the Christian. But we hear with delight of a stirring of inquiry among the followers of the false prophet. To the Interior we are indebted for the following facts:

"Mission trophies from Mohammedanism have therefore been very meager. But now there is strange and sudden promise of a great tidal wave that threatens to sweep away all barriers and carry a great host in many lands over the line so seldom passed hitherto. The force manning our Presbyterian mission in Persia are particularly impressed with this prospect. Heretofore almost their sole work has been with Nestorian and Armenian Christians, but now for the first time they have appointed one of the number to give his entire time to labors with Mohammedans, the Rev. F. G. Coan, a particularly forceful evangelist, having been set apart for this duty. Whole villages hitherto solidly Mohammedan, have united in appeals for gospel preaching, and at Tabriz eighteen former Moslems have petitioned to be formed into a church. The leaders of the Persian mission send home earnest appeals that more preachers be hurried out to meet this unexpected demand. Similar reports come from Turkey. A missionary tells of being summoned to meet in a secret place two Mohammedan fanatics who had driven out of town the last missionary that preached in their village. He suspected a plot to kill him but found instead that the ruffians had been converted and desired to acknowledge Christ. They had been turned to the truth by reading Bibles stolen from the man of God whom they had so maltreated. The Moslems of the world number 260,000,000, or one-seventh of the total population of the globe."

Wanted for the King.

"For the service of the King—
Wanted!" Let the summons ring!
Wanted over Afric's strand,
O'er the burning desert land!
Wanted out on India's plain,
Way in China and Japan,
In the market, on the river,
Wanted now and wanted ever!
Let again the echo ring,
"Wanted, wanted for the King!"

Am I wanted, blessed Lord?
Have I heard aright the word?
I who am so weak and poor
Naught can bring of earthly store;
Empty vessel though I be,
Canst thou make me meet for thee?
Use me as thou wilt my Savior;
In thy presence grant me favor.

Help me now my life to bring
"For the service of the King!"

Gospel in All Lands.

Weak and Helpless.

THE CONDITION OF MRS W.M. WESTCOTT, OF SEAFORTH.

SUFFERED FROM HEADACHES AND DIZZINESS
—COULD NOT STAND THE LEAST
EXERTION.

From the Sun, Seaforth, Ont.

Mrs. Wm. Westcott is well known to nearly all the residents of Seaforth. It is also well known to her neighbors and friends that she passed through a trying illness, but is now happily, in robust health. To the editor of the Sun, Mrs. Westcott recently gave the particulars of her case for publication, merely in the hope that her experience might be of some benefit to some other sufferer. She said:—"For some time past my health was in a bad state, my whole system being badly run down. I was troubled with headache, much dizziness, my appetite was poor and I could not stand the least exertion. I consulted different physicians, but their treatment did not seem to benefit me, and I gradually became so bad that I was unable to attend to my household duties. I then tried several advertised medicines, but without any beneficial results, and I began to despair of getting better. One of my neighbors strongly advised me to try Dr. Williams' Pink Pills, and somewhat reluctantly I consented to do so. After I had taken the second box I began to note a great improvement in my condition, and by the time I had used five boxes, I was fully restored to my former good health, much to the surprise of my neighbors and relations. I do not suffer the least now from those headaches and dizzy spells; my appetite is good and I can attend to my household duties with the greatest ease. In fact I feel like a different woman, and all this I can say is due to the use of Dr. Williams' Pink Pills. All who suffer from a run-down constitution should give these pills a trial."

When the vitality is low; when the blood needs to be replenished, enriched and purified; when the nerves are weak and require strengthening, there is no other medicine can take the place of Dr. Williams' Pink Pills. It is because of their direct specific action on the blood and nerves that these pills cure such troubles as anaemia, nervous headache, dizziness, palpitation of the heart, rheumatism, sciatica, partial paralysis, St. Vitus' dance, kidney and liver ailments and the functional troubles that makes the lives of so many women a source of almost constant misery. Do not take any but the genuine which have the full name "Dr. Williams' Pink Pills for Pale People," on the wrapper around every box. Sold by all dealers, or sent postpaid at 50 cents a box or six boxes for \$2.50, by addressing the Dr. Williams Medicine Co., Brockville, Ont.

Cream of Asparagus Soup.—Cut two bunches of asparagus in small pieces. Put into a kettle, cover with water and boil for an hour, strain through a sieve or strainer, rubbing the asparagus as much as possible. Put in a saucepan one spoonful of butter, add one spoonful of flour, mix, dilute with asparagus stock, and boil for twenty minutes; season with salt and red pepper. Beat in a bowl the yolks of three eggs with one cupful of cream, stir into soup, add a few pieces of butter, stir, without boiling, till butter is melted strain and serve.