

Nervous Affections.

Everybody has heard of ailments by this name, but what the ailments really are and what causes them, remains a mystery. Hence they are wrongly treated, and sufferers finally come to think that they cannot be cured. A few plain words will throw light upon this dark subject. Nervous affections mean weakness or feebleness of the nerves. Now, the body is full of nerves—the brain being the centre. When the nerves are strong and healthy we have no more sense of them than we have of our stomach when *that* is strong and sound. But when the nerves get out of order we are notified of it by such symptoms and feelings as these: sleeplessness, excitement of mind, low spirits, irritability of temper, desire to avoid company, dislike of noise, great worry over little things, uneasy sensations shifting from one place to another throughout the body, a feeling of being tired and exhausted even when we have worked but little; groundless fears and anxieties about our children,

about the future, and about a hundred other matters, and many transient pains we cannot account for. Now, what is the cause of this miserable state of the nerves? Simply this — *impure blood*. The nerves are built up and fed by the blood, and when bad digestion has filled the blood with waste and poisonous matters, like filth in a brook, *the nerves are starved*, and tremble and break down. This is the whole truth about all so-called nervous diseases. They are a result and a symptom of indigestion and dyspepsia.

What to do is the question. The answer is easy. Take a dose of Seigel's Curative Syrup night after night for four or five days, or in bad cases longer. But the effect will soon be felt. The Syrup will purify the blood, expel the poison and improve the appetite. The food you then eat will strengthen and tone up the nerves, all bad symptoms will vanish like vapor in the sunshine, and the world will once more seem a good and happy place to live in.

Your pain in the side will be cured by using a Seigel's Plaster.

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