## BY WAY OF PREFACE.

Saranac Lake,

18, December, 1919.

My dear M. P. K.

It is somewhere about thirty below zero this morning, but what of that? Things begin to look better. The trail begins to lead up out of the valley toward a peak somewhere ahead, not quite clear yet — but there. We are not quite out of the woods, but they begin to thin; the drifts are not so deep; the smother is not so dense; and the going is better.

As I look back I wonder how I ever set out. If it had not been for you and my sister and Eric, I never should have got off at all. It all seemed too difficult — and unimportant. Even at the last minute I think I might have stampeded from the train, but for you and Anna Kenny and Emily. And now, behold, the ex-