Looking at the sorts of measures that are contained in the Vienna Document can give us an excellent idea of what a comprehensive confidence building agreement entails. In particular, it illustrates how the various measures work *together* to create a whole that is more than the sum of its parts. Of course, an agreement developed in a different political, cultural, and military environment will likely begin with a more modest selection of measures and they would likely be crafted to address the unique concerns of that region. They might well concentrate on different types of potentially threatening behaviour and they might employ different types of notification thresholds. Nevertheless, the Vienna Document provides an excellent example of a real confidence building agreement and, less directly, a good idea of what confidence building is about.

The Vienna Document 1992, in outline, includes the following CBMs:

- Non-Use of Force Re-Affirmation;
- Annual exchange of military information requires the submission of information detailing land force organization, unit location, manpower, and major weapon and equipment systems organic to formations. It includes non-active and low-strength formations and combat units. Additional requirements include information on military budgets and major new weapon system deployments;
- Risk reduction (employing the Conflict Prevention Centre) entails timely consultation regarding unusual military activities; cooperation as regards hazardous military incidents; and voluntary hosting of visits to dispel concerns about troubling military activities;
- Contacts to enhance openness and transparency through invitations to visit air bases; expanded military exchanges; and the demonstration of new types of major weapon and equipment systems;
- Prior Notification requires minimum 42 days advance notification of all military activities involving at least: 9,000 troops or 250 tanks, if organized in a division-like structure (air force participation also is to be notified if fixed-wing sorties associated with the activity are expected to exceed 200); or 3,000 troops in an amphibious or parachute assault exercise; or transfers or concentrations of a division equivalent (including extensive information about the activity and participating forces);