

Good Recipes.

SOFT GINGERBREAD.—One and one-half cup of molasses, one-half cup sugar, two eggs, butter size of an egg, a tea-cup of sour milk, ginger, and cloves, soda to neutralize the acid of the milk, and flour to make rather a stiff batter.

BROWN BREAD.—Sift two quarts of corn-meal and put it to soak in warm buttermilk over night. In the morning add a pint of molasses, two and a half pints of rye-meal, salt, and buttermilk sufficient to moisten the whole; add soda to neutralize the acid of the buttermilk. Mix thoroughly. Bake three hours in a moderate oven. If the hard crust formed over the loaf is objected to, steam four or five hours. Sour milk may be used instead of buttermilk. If sweet milk or water is used, instead of the other two liquids, baking powder must be sifted with the rye-meal.

PRINCESS PUDDING.—One box of gelatine. Soak until dissolved in one pint of cold water, then add one pint boiling water and one pint of wine, the juice of four lemons and three large cups of sugar. Beat the whites of four eggs to a stiff froth, and stir in the jelly when it thickens. Pour in a large mould (first wet with cold water) and set in a cool place. When hard turn from the mould, and serve with sauce made with the yolks of four eggs, one cup of sugar and one teaspoonful of cornstarch rubbed smooth with a small piece of butter. Rub well together and add one pint of milk. Set in a basin of water and let boil, stirring all the time. When done flavor with vanilla.

TARTAR CHICKEN.—Have three chickens, each weighing about four pounds. Get the provision man to split them down the back, as for broiling. Singe them, and then wipe with a clean towel. Dredge generously with salt and lightly with pepper. Lay them on a board, the split side down, and then press the legs upon the body. Skewer them in this position, using long steel skewers. Skewer the wings in place also. Now spread the breast, wings and legs thickly with soft butter; sprinkle with a thick layer of dried, pounded and sifted bread crumbs. Place them in a large dripping pan, split side down, being careful not to disturb the crumbs. Set away in a cool place. When it is time to cook them, place in a hot oven and cook fifty minutes. After they have been cooking fifteen minutes, reduce the heat. When they are done, take out skewers and place the chickens on a large platter, with parsley and serve with Tartar sauce. Remember, that after the chickens have been put in the pan nothing is done except to set them in the oven, and be careful that they brown evenly and do not burn. The chickens can be cooked early in the day, if the oven cannot be spared at dinner time, and then heated when wanted.

FLANNEL CAKES.—Two eggs beaten light, one pint of milk, salt to taste, two teaspoonfuls of yeast-powder and flour enough for a batter. Serve hot in round cakes with maple syrup.

LEMON SAUCE.—One teaspoonful of sugar, one-half teaspoonful butter, one tablespoonful of flour, all well mixed together. Add also grated rind of lemon and a pint of boiling water. Boil five minutes. When ready to serve squeeze into sauce juice of one lemon.

RICE BALLS.—Into three pints of boiling-milk put half a pint of rice (well washed, and boiled with a little cinnamon till tender. Add water if necessary and sweeten to taste; when done and nearly cold make into balls, and dip in egg and bread crumbs, fry in hot lard, or brown in the oven; sprinkle with sugar and serve.

BEEF ALA MODE.—Cut gashes in six or eight pounds of round, fill them with salt fat pork cut in dits and with force meat made of bread-crumbs and salt fat pork. In a stew-pan put a handful of parsley, a bay leaf, a little garlic, a sprig of thyme, two onions with a few cloves stuck in them, half a carrot, half a pound of fat pork cut into little square pieces, cover with a gill of good cider vinegar. Place the beef on this mixture, cover closely and set over a slow fire or in a moderately heated oven and let it cook about four hours. When done strain and thicken the gravy. In cool weather this will keep a week.

Justice Stephen, who has just retired from the English bench, will receive a pension of \$25,000 a year.

A Canadian Case.

The case of Mrs. E. A. Storey, of Shetland Out., is a remarkable proof of the efficacy of Burdock Blood Bitters in Headache. She writes: "For over 40 years I was a martyr to headache, having severe attacks about once a week. Have now used 3 bottles of B. B. B. and have had no attack for 4 or 5 months."

The Mythological Fates.

"Somewhere upon the unknown shore,
Where the streams of life their waters pour,
There sit three sisters evermore
Weaving a silken thread."

Lovers of classic paintings are familiar with that famous group, called the "Three Fates." Fate seems cruel when it deprives women and girls of health. But in Dr. Pierce's Favorite Prescription they find a cure of untold value for nervous prostration, sick headache, bearing-down pains, bloating, weak stomach, catarrh, retroversion, and all those excruciating complaints that make their lives miserable. All who use it praise it. It contains no hurtful ingredients, and is guaranteed to give satisfaction in every case, or its price (\$1.00) will be refunded.

Eiffel, the builder of the Paris tower, must find it difficult sometimes to live up to it.

Voice Culture, Adams' Tutti Frutti Gum improves the voice. Used by all the leading singers and actors. Sold by all druggists and confectioners 5 cents.

An old settler—quicksand.

The Single Tax.

The single tax may relieve poverty but as a remedy for painful ailments it cannot compare with Hagar's Yellow Oil the old reliable cure for rheumatism, neuralgia, croup sore throat, lumbago, colds and inflammatory diseases.

The flowery city—Minneapolis.

The Book of Lubon.

A man without wisdom lives in a Fool's Paradise. A Treatise especially written on Diseases of man containing Facts For Men of All Ages! Should be read by Old, Middle Aged, and Young Men. Proven by the sale of Half a Million to be the most popular, because written in language plain, forcible and instructive. Practical presentation of Medical Common Sense. Valuable to invalids who are weak and nervous and exhausted, showing new means by which they may be cured. Approved by editors, critics, and the people. "Sanitary, Social, Science, Subjects." Also gives a description of Specific No. 8, The Great Health Renewer; Marvel of Healing and Koh-in-noor of Medicines. It largely explains the mysteries of life. By its teachings, health may be maintained. The book will teach you how to make life worth living. If every adult in the civilized world would read, understand and follow our views, there would be world of Physical, intellectual and moral giants. This book will be found a truthful presentation of facts, calculated to do good. The book of Lubon, the Talisman of Health brings bloom to the cheeks, strength to the body and joy to the heart. It is a message to the Wise and Otherwise. Lubon's Specific No. 8 the Spirit of Health. Those who obey the laws of this book will be crowned with a fadeless wreath. Vast numbers of men have felt the power and testified to the virtue of Lubon's Specific No. 8. All Men Who are Broken Down from overwork or other causes not mentioned in the above, should send for and read this valuable treatise, which will be sent to any address, sealed, on receipt of ten cents in stamps to pay postage. Address all orders to M. V. LUBON, room 15, 50 Front Street E., Toronto, Canada.

A lively man baits his horse to catch a customer.

BURDOCK BLOOD BITTERS for the blood.
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The question of the hour: What time is it?

To ASSIST NATURE most effectually in her efforts to throw off or resist serious disease, it is essential that an impulse should be given to functions which growing ill health suspends or weakens, namely, the action of the bowels, bilious secretion, and digestion. Oftentimes, though this is impracticable by the use of ordinary remedies, it proves an easy task when Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure is resorted to.

An all-round man—Daniel Lambert.

CONSUMPTION CURED.

An old physician, retired from practice, had placed in his hands by an East India missionary the formula of a simple vegetable remedy for the speedy and permanent cure of Consumption, Bronchitis, Catarrh, Asthma and all Throat and Lung affections, also a positive and efficient cure for Nervous Debility and all Nervous Complaints. Having tested it, wonderful curative powers in thousands of cases, and desiring to relieve human suffering, I will send free of charge to all who wish it, this recipe in German, French or English, with full directions for preparing and using. Sent by mail, by addressing, with stamp, naming this paper W. A. NOYES.

A Complete Collapse

is occasioned in our feelings by derangements of the liver, stomach and bowels. Dr. Pierce's Pleasant Pellets cure sick and bilious headache, bowel complaints, internal fever and costiveness. They remove all waste matter, and restore health to body and mind. A dose, as a laxative, consists of one tiny, sugar-coated Pellet. Cheapest and easiest to take. By druggists, 25 cents a vial.

Pickets being so useful and necessary as means of defence, it appears singular that they are thrown out as soon as the camp is threatened.

Dyspepsia has driven to an early and even suicidal grave many a man who, if he had tried the virtues of Ayer's Sarsaparilla, would be alive to-day and in the enjoyment of health and competence. Sufferer, be warned in season, and don't allow the system to run down.

While some people are very particular as to whom they talk with, a mute would like to be on speaking terms with almost anybody.

Robert Lubuck, Cedar Rapids, writes: "I have used Dr. Thomas' Electric Oil both for myself and family for Diphtheria with the very best results. I regard it as the best remedy for this disease, and would use no other."

The plain man never feels at home on a mountain, and the man from the mountain top is lonely without a mountain near.

Bickle's Anti-Consumptive Syrup is a combination of several medicinal herbs which exert a most wonderful influence in curing pulmonary consumption and all other diseases of the lungs, chest and throat. It promotes a free and easy expectoration, and gives ease even to the greatest sufferer. Coughs, colds, shortness of breath, and effects of the chest, attended with weakness of the digestive organs, or with general debility, seem to vanish under its use. No other remedy acts so readily in allaying inflammation or breaking up a severe cold, even the most obstinate cough is overcome by its penetrating and healing properties. When children are affected with colds, coughs, inflammation of the lungs, croup, quincy, and sore throat, this Syrup is of vast importance. The number of deaths among children from these diseases is truly alarming. It is so PALATABLE that a child will not refuse it, and is put at such a price that will not exclude the poor from its benefits.

Order is heaven's first law, no doubt, but pay for what you order is an amendment adopted by careful business men.

Health cannot be maintained without good digestion. Try Adams' Tutti Frutti Gum as an effectual remedy for indigestion. Sold by all druggists and confectioners 5 cents.

The T gown is now cut with a V neck, and other alphabetical changes will probably be made from time to time.

Ample warning is given us by our lungs when they are in danger. If foolhardy enough to neglect the warning signal, we incur imminent peril. Check a cough at the outset with Dr. Thomas' Electric Oil—which is a sovereign pulmonary—besides being a remedy for soreness, lameness, abrasions of the skin, tumors, piles, rheumatism, etc.

Morning wraps were the invention of the man who wakes up hotel guests for the early train.

EPPS' COCOA.—GRATEFUL AND COMFORTING.—"By a thorough knowledge of the natural laws which govern the operations of digestion and nutrition, and by a careful application of the fine properties of well-selected Cocoa, Mr. Epps has provided our breakfast tables with a delicately flavored beverage which may save us many heavy doctors' bills. It is by the judicious use of such articles of diet that a constitution may be gradually built up until strong enough to resist every tendency to disease. Hundreds of subtle maladies are floating around us ready to attack wherever there is a weak point. We may escape many a fatal shaft by keeping ourselves well fortified with pure blood and a properly nourished frame." Civil Service Gazette.—"Made simply with boiling water or milk. Sold only in packets, by grocers, labelled.—"JAMES EPPS & Co., Homoeopathic Chemists, London, Eng."

Robinson Crusoe had only one Friday, but he must have had a good many blue Mondays.

ADVICE TO MOTHERS.

Mrs. WINSLOW'S SOOTHING SYRUP should always be used for children teething. It soothes the child, softens the gums, allays all pain, cures wind colic and the best remedy for diarrhoea. 25 cents a bottle.

Dame Nature is a Good Book-keeper.

She don't let us stay long in her debt before we settled for what we owe her. She gives us a few years' grace at the most, but the reckoning surely comes. Have you neglected a cough or allowed your blood to grow impure without heeding the warnings? Be wise in time, and get the world-famed Dr. Pierce's Golden Medical Discovery, which cures as well as promises. As a blood-renovator, a lung-healer, and a cure for scrofulous taints, it towers above all others, as Olympus overtops a mole-hill. To warrant a commodity to be so honorable and above deception, and a guarantee is a symbol of honest dealing. You get it with every bottle of the "Discovery." By druggists.

The secrets of the desert of Sahara are among those things that nomad can find out.

Jacob Loeckman, Buffalo, N. Y., says he has been using Dr. Thomas' Electric Oil for rheumatism; he had such a lame back he could not do anything, but one bottle has, to use his own expression, "cured him up." He thinks it the best thing in the market.

Should the planets hold a spare-ring contest, Saturn ought to win the championship.

There must be great merit in SLOCUM'S preparations. His OXYGENIZED EMULSION OF PURE COD LIVER OIL has taken the first place as a cure for consumption and kindred diseases. Every druggist sells in and no householder should be without it. The remedy is reliable and invaluable.

The way to improve the male service is to threaten to substitute female waiters.

MALADIES MULTIPLY ONE ANOTHER. A simple fit of digestion may—especially if the constitution is not naturally vigorous—throw the entire mechanism of the liver and bowels out of gear. Sick headache follows, poisoning of the blood by bile ensues, and there is grave and serious disturbance of the entire system. Check the threatened dangers at the outset with Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure, the medicine that drives every impurity from the blood.

Talk about ability in women, amiability makes up for a good many defects.

Recommended by one of the most eminent physicians on the American continent as an aid to digestion, Adams' Tutti Frutti Gum. Sold everywhere 5 cents.

One man may start a paper, but it takes a good many to keep it going.

Consumption and Lung Difficulties.

Always arise from particles of corrupt matter deposited in the air-cells, by impure blood. Purify that stream of life and it will very soon carry off and destroy the poisonous matter, and like a crystal river flowing through a desert will bring with it and leave throughout the body the elements of health and strength. As the river, leaving the elements of fertility in its course, causes the before barren waste to bloom with flowers and fruit, so pure blood causes the frame to rejoice in strength and health, and bloom with unfading beauty. All Medicine Dealers sell Dr. Morse's Indian Root Pills.

Who hath redness of it's? The book-keeper who writes with red ink.

The entering wedge of a complaint that may prove fatal is often a slight cold, which a dose or two of Ayer's Cherry Pectoral might have cured at the commencement. It would be well, therefore, to keep the remedy within reach at all times.

California pedestrians are all right when they strike the Golden Gait.

Ill-fitting boots and shoes cause corns. Holloway's Corn Cure is the article to use. Get a bottle at once and cure yours corns.

The dude is never so much himself as when he is absent-minded.

Mr. C. E. Riggins, Beamsville, writes: "A customer who tried a bottle of Northrop & Lyman's Vegetable Discovery says it is the best thing he ever used; to quote his own words, 'It just seemed to touch the spot affected.' About a year ago he had an attack of bilious fever, and was afraid he was in for another, when I recommended this valuable medicine with such happy results."

The lump or experience is not always fed with the oil of gladness.

If your children are troubled with worms, give them Mother Graves' Worm Expeller; safe, sure, and effectual. Try it, and mark the improvement in your child.

House-raisers have been equally successful as shoplifters.

Minard's Liniment cures Colds, etc.