

*Physical, Intellectual and Moral Advantages of Chastity.* By DR. M. L. HOLBROOK, Editor of *The Journal of Hygiene and Herald of Health*, etc. New York: M. L. Holbrook & Co.; London: L. N. Fowler & Co.

It goes without saying that the advantages of chastity are immeasurably great in every respect, but little has been written upon the subject. On the other hand, the evil results of impurity are dealt with by every medical authority, as well as by the preacher and the alienist. This little work will repay its perusal by the practitioner. It deals with a subject of vital interest to the welfare of mankind, and the one great truth it endeavors to inculcate upon the physician is that no condition of health can justify advice calculated to inspire a patient with the thought that anything but degradation, both moral and physical, can result from unchaste living.

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*The International Medical Annual and Practitioner's Index for 1896.* Edited by a corps of thirty-seven department editors—European and American—specialists in their several departments. 728 octavo pages. Illustrated. \$2.75. New York: E. B. Treat, Publisher, 5 Cooper Union; Toronto: Watts & Co.

The fourteenth yearly issue of this valuable one-volume reference work is at hand; and it richly deserves and perpetuates the enviable reputation which its predecessors have made for selection of material, accuracy of statement, and great usefulness. The corps of department editors is representative in every respect. Numerous illustrations, many of which are in colors, make the *Annual* more than ever welcome to the profession, as providing, at a reasonable outlay, the handiest and best yearly résumé of Medical Progress yet offered.

Part I. comprises the New Remedies, together with an extended Review of the Therapeutic progress of the year.

Part II. includes a number of recent articles by eminent authorities: "How to Determine the Parasite of Malaria;" "The Diagnosis of Toothache and Neuralgia;" "The Remedial Value of Cycling;" "Sensory Distribution of Spinal Nerve Roots;" "Angio Neurosis;" "Life Insurance;" and "Roentgen's Method of Shadow Photography," illustrated.

Part III., comprising the major portion of the book, is given to the consideration of new treatment. It covers 500 pages, and is a retrospect of the year's medical and surgical progress.

The fourth, and last part, is made up of miscellaneous articles, such as "Recent Advances in Sanitary Science;" "New Inventions in Instruments and Appliances;" "Books of the Year, etc.