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188 DAX OF DECBmber NExt,
At tho ompo of tho Company. cornor of Victoria and
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By order of tho Boarc.
8. C. WOOD. Maraging Diroctor.
Octobor, 160 .

## ' Great is Acetocura." <br> 185 Madison street,

 Chicago, Aug. 17, 1894.Gentlemen-One day last montb I called into the office of your agent, Mr S. W , Hall, on other business, and recpived the gentleman's condolence upon my wretched appearance. As a matter of fact, I was a $\mid$ appearance. As a matter of fact, 1 was a $\left\lvert\, \begin{aligned} & \text { sick man-had been receiving treatment } \\ & \text { from two different physiciana wichout the }\end{aligned}\right.$ from two different physicians without tbe aged, but afraid to let go. I had not bad a decent night's rest for most ten dage, no appetite, no smbition, "achey" all over, but bowels were in good order-the fact is, neither the physicians nor I knew just what the trouble was. Mr. Hall spoke of Acetothe trouble was. Mr. Hall apoke of Aceto-
cura. I confess I would have paid little attention to it but for my precarious condition. Ho invisted on giving me half a bottle to try, and refused to accept any payment for it. I read the pamphlet and had my mother rub me that evening. Failing to prodace the flush within 15 minutes, $I$ became thoroughly frightened-the flesh along the spine seemed to be dead-but persisting in it produced the required result in jast 45 minutes. That night was the first peaceful one in ten, and on the morrow my spine was covered with miltions of small puatales. By night I felt a considerable improvoment. Owing to soreness the application was omitted, but again made the plication was omitted, but again made the
third night. The fulowing day showed a wonderfal change io me. I felt like a new man. Since then $I$ have chased rheumatic pains several times, with the grer tost ease. From being sceptic, $\frac{1}{2}$ cannot belp but $62 g$, "Great is Acotocura." It is traly wonderful, and I um most grateful to Mr. Hall for his action Respectfully sours,
0. B

Ic COUTITS \& SONS, 72 Victoria stroet Toronto.

Minard's Liniment is used by Phyaicians.

## HEALTH AND HOUSEHOLD HINTS

Never lean with the back upon anything that is cold.

Never begin a journey until breakfast has been eaten.

Never take warm drinks and then immediately go out into the cold.

Keep the back, especially between the shoulder blades, well covered. Also the chest well protected.

Mothers should ndver forget that errors of diet are the cause of seven-tenths if not nine-tenths of all illness of babies.

A well.know doctor orders cycling as a remedy for bronchitis, nervous headache. chronic rheumatism, and other ailments, and it is said to have worked wonders.

Rice is the staple food of more than one half the population of the world. It is the most nutritious of grains, and it is well that tenters so largely into domestic consumption.

Soap for Chapped Hands: In half a pint of boiling water dissolve a pound of white soap cut in shavings, add six ounces of olive oil and one aram of pulverized camphor then pour into molds.

Embroidery should always be ironed on the wrong side, on a soft surface, such as heavy flannel or felting, with a clean white cioth over in, and should be roned until huroughly dry. In this way the design will be beautifully brought out.

Corn Cakes. - Mix with one pint of cornmeal, a pint of sour milk, one well-beaten egh, soda to neutralize the acid of the milk, and a teaspoonful of salt. Bake on a griddle, first on one side and then on the other.

Three Uses for Bird Shot.-The use of common bird shot in cleaning bottles, decanters and small glass jars is well known to most housekeepers, the friction of the shot, as the bottle is vigorously shaken, scouring off into the water all that adheres to the
sides. sides.

Tapioca Cream.—Soak two tablespoon. fuls of tapioca over night in just enough water to cover it. In the morning boil one quart of milk with the tapioca, add two thirds of a cup of sugar, a little salt, and the beaten yelks of three egss; stir them in the milk, and remove from the fire. On the top put the three whites beaten to a stiff froth, and flavor to taste. To he eaten cold.

Cream of Oyster Soup.-One quart oyster liquor, two dozen oysters, one quart milk two ta3lespoonfuls butter, two tablespoonfuls flour, juice of half a lemon, salt, pepper, and a ting pinch of mace. Heat the milk and the strained oyster liguor in separate vessels. Rub the butter and flour together, cook them in a saucepar until they bubble, and pour on them the hot milk, stirring until the mixture is thick and smooth. Add the oyster liquor, drop in the oysters, and cook hree minutes. Season and serve at once, adding the lemon juice just after the soup is in the tureen
bosion Baked Beans. - One quart ofsmall, white beans, and a pound $\sim$ nice, fat, juicy pork. Wash the beans thoroughlo then put them in a kettle and cover them deep with cold water. Put them on the range, and as soon as they come to a boil drain them through a colander and put them in a bean pipkin (a small eartben boiler), then add a very small onion chopped fine, a half teaspoonful of dry English mustard, a spoonfal of salt, plenty of black pepper, a little chopped parsiey and three tablespoonfuls of molasses. Then take the pork and score it fine with a siarp knife and put on the top of the beans. Fill the pipkin with boiling water from the tea-kettle and put it in the oven, covered tight, and let the beans bake all day, occasionally ading bot water, so they do not get dry.

Left Over Chops and Steaks. - Chop chem fine; mix with this a small quantity of oread crumbs, season with salt and pepper corm into small balls, a little larger than an English walnut ; Stand on a greased paper melted butter and baie in a quict o a litle meited butter and bake in 2 quick oven for sauce. These may also be with tomato fried, or where you have but a small quand is, not more than four or five smali quantifuls, it might be used for potato dumplinge for either breakfast or lonch potatoss that you have jeft over mashed cupfal add the yolk of an ert ; stir them over the firc until wirm. Have your meat chopped fone, cern if only a single clor Put in the centre of the hand about two tablepoonfuls of the mashed potatoes; rigbt in the centre pat a tablespoonfal of the minced meat ; fold the potato over and roll lighly into a ball. These should be dipped and fried the same-as croguettes.

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Pierce's Favorite Prescription. If she's overworked, zervoas, or "ran-down," sho has new life and strength after using this remarksble remedy. It's a powerful, in. vigorating tonic and nervine which was discopered and used by an eminent phy sician for many gears, in all cases of "femalecomplaints" sad weaknesses. For "temalecomplaints" and weaknesses For for women at the critical "change of hife;" in bearing-down sensations, periodical paing, alceration, inflammation, and every cindred ailment, if it ever fails to cure, you have your money back

The Quecn has presented a Scotcb collie to Mr. H. H. Fowler. The dog was sent from Bolmoral by a special messenger. Drawings of the Royal pets, execated by Mr. Jessop with a silver pencil, are on ex. hibition in Iondon. The pets include the Queen's old riding mare, "Jessie," aged Quen's jacquot," the donkey who draws the Queen's chair; the mare ridden for years by the Priacess of Wales; two Persian cats belonging to the Princess, and ber cotkaloo,
which until recently lived in her dressing. which until recently lived in her dressing. room. Both the Queen and Princess bave a number of pat dogs.

Mr. W. A. Reid, Jefferscn street, Schonectady, N.Y., 22nd July.'94, writes. I consider Acetocura to be very beneGicial for In Grippe, Malaria and Rheamatism, 88 well as Neuralgia, and many othor complaints to which flesh is heir, but these are very common here:"

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