

*Treatment.*—Gargle often with honey, vinegar, and water; give mild aperients, and light diet,—broth. During recovery, particularly careful not to take cold. If after this complaint, the water is scanty, and of a dirty brown color, give a little jalap and cream of tartar, and let the medical attendant know,—because scarlet fever is very apt to be followed by dropsy.

13. MEASLES. *Signs.*—It begins with red and watery eyes, running of the nose, sneezing, hoarseness, and cough; then a raspberry-colored rash comes out in spots, which soon run in horse-shoe-shaped patches.

*Treatment*—Do not give strong drinks; avoid cold, particularly drafts of cold air, but do not keep the room hot or close; give a mild dose of aperient medicine, and let the child lie in bed; if pain in the chest or hoarse croupy cough comes on, call in the medical attendant.

14. SMALL-POX. *Signs.*—There are the signs of fever above, with sickness, pain at the stomach and in the loins, cold perspiration, and drowsiness; the eyes and tongue are red. On the third or fourth day red spots appear, first on the face and neck, then on the body and limbs; in three or four days more they grow into pocky heads with a little dip in the middle of each.

*Treatment*—The medical attendant should always be sent for. When the spots are dying off, do not let the scabs be picked, but anoint them with lard or sweet oil.

Let your children be vaccinated as soon as possible after they have reached the age of three or four months, which can be done without expense to you by medical men duly authorized for that purpose in every part of the country.

15. CHOLERA.—*Precautions.*—When this disease is prevailing, abstain from all food that you have known to disagree with you. Use a moderate and regular diet; avoid long fasts, fatigue, sudden chills, drafts; wear a flannel belt round the loins. Most strictly attend to cleanliness, ventilation, and temperance. Cherish a spirit of hope, and banish all fear.

*Signs.*—Pain at the stomach, nausea, frequent offensive motions resembling rice-water; thirst; cold clammy, shrivelled skin; and sometimes cramp of the limbs.

*Treatment.*—The slightest disorder of the stomach and bowels should receive early attention; therefore at once send to your medical attendant. In the meantime you may give an emetic of dessert or table spoonfull of common salt dissolved in a tumbler