

236 THE HISTORY OF

reside in a country where people have a short youth, and a long old age.

The diseases of cold countries are in general owing to want of perspiration; for which reason exercise, and even dissipation, are here the best medicines.

The Indians therefore shewed their good sense in advising the French, on their first arrival, to use dancing, mirth, cheerfulness, and content, as the best remedies against the inconveniences of the climate.

I have already swelled this letter to such a length, that I must postpone to another time my account of the peculiar natural productions of Canada; only observing, that one would imagine Heaven intended a social intercourse between the most distant nations, by giving them productions of the earth so very different each from the other, and each more than sufficient for itself, that the exchange might be the means of spread-