

PANDORA RANGE

HOLDS FIRE ALL NIGHT

The good housewife always feels like bestowing upon the Pandora a cheerful "good morning."

Why? Because the Pandora always has a nice bed of hot coals as a reward for checking off the dampers closely before retiring to rest.

In five minutes after turning on the drafts she will have a good, strong fire. Should she sleep two or three hours longer than usual there still be a fire ready for her.

The fire-box, flues and dampers are so scientifically arranged that the Pandora can be



regulated to hold a fire from 24 to 36 hours.

Pandora owners never have their sleep disturbed with dreams of making a new fire in the morning.

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|----------------------------|-----------|
| 20 pounds Granulated Sugar | -\$1.00 |
| 22 " Brown " | -\$1.00 |
| 1 gal. Molasses | 37 to .48 |
| 6 Bars Surprise Soap | -.25 |
| 6 " Sunlight " | -.27 |
| 6 " Welcome " | -.24 |
| 6 " Apple Leaf Soap | -.22 |
| 6 Cakes Fairy Soap | -.24 |
| 5 pounds Moses 40c. Tea | -\$1.75 |
| 5 " good bulk Tea | -\$1.25 |

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I. M. Otterson, Tailor

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See our large assortment of heaters. Sole agent for the celebrated **QUEEN HEATERS** from \$3.00 up.

Furnace work and plumbing personally attended to at bottom prices.

R. ALLEN CROWE
Queen Street, Bridgetown.



The Home Circle.

With Tessa as Proxy

"Tessa," said Miss Mason, with decision, "you are not making that bed properly."

Tessa, tucking in the sheet of the doll's bed, raised limpid, inquiring eyes.

"I told you I wanted hospital corners."

"Well, Miss Mason can't make a bed and overdoled."

"Don't cry—oh, Tessa, don't cry!" Miss Mason expostulated as the small pink aproned atom flung herself at full length on the floor.

Tessa did not move.

"Well, I shall have to let Mary Brannigan do it," said Miss Mason. Mary Brannigan and Tessa Votolodi being sworn rivals in the affection of the settlement teacher, the small Italian-raised calculating eye, Mary every red curl bobbing, every freckle radiant, already had hold of one corner of the infinitesimal sheet.

Then Mary pulled and Tessa pulled. "Perhaps you'd better let Tessa finish it, Mary," said the teacher wendy Mary blazed wrathfully. "Aw, she don't know how!"

"Oh, well," Miss Mason sighed, "see if you can make it, Mary. Tessa can watch you and tell you if you don't do it properly."

Tessa, sobbing a soft accompaniment to Mary's bedmaking, squealed suddenly:

"She's gotta be hum out a side."

"Oh, Mary," said Miss Mason reproachfully. "I thought you could do it."

"An' I can," said Mary, "but I won't," and straightway, like a small fury, she tore the bed to pieces and flung the mattress on the floor.

The twenty small girls of the little housekeeper's class looked at the teacher with expectant eyes.

"Oh, Mary!" quavered Miss Mason. She felt unequal to discipline. It was very hot, and the room was close, and the children had been restless and fussy all the morning.

"Oh, Mary," she quavered again as a young man in a Panama hat and round clerical collar poked his head in at the window.

"Can't you and the little girls come over and have lunch with my boys in the parish office?" he asked.

A sigh of blissful anticipation issued from twenty throats.

"They have been so naughty!" Miss Mason hesitated. "I don't know whether I should let them."

Twenty pairs of eyes approached her, and the young rector said, "No one ought to be naughty on such a day."

"Well, if you will promise to be very good," Miss Mason finally decided. And, like lion and lamb, Tessa and Mary led a decorous procession.

The young rector's class in wood-carving were having sandwiches and cakes and lemonade, provided by the ladies of the parish. There was a big pitcher of lemonade, and the ice-tickled it busily as the biggest boy filled twenty glasses for the twenty little girls.

The young rector, beaming with enthusiasm, sat down beside the little settlement teacher. "It's lovely work, Miss Mason," he said.

Marion shook her head. "Oh, no, it isn't," she said, "it's horrid. They are so ungrateful. I wish I was out on a hotel porch in my best linen frock, with my hair manœuvred and with the waves beating a soothing accompaniment to the conversation of some intelligent masculine."

With a twinkle in his eye, the young rector asked, "Can't I manœuvre as an intelligent masculine?"

"Oh," Miss Mason conceded, "you might. But I'm not dressed for the part. Shirt waist and serge skirt."

FOOD FOR NERVOUS PERSONS.

Feed the nerves as you would a baby. Go on a milk diet. Drink at least a quart of milk a day, and take no tea or coffee, spirits, beer or wine.

Always take a glass of hot milk or a cup of bread and milk, or some farinaceous food when in bed at night.

Take porridge or some such food for breakfast in the morning—egg or fish, brown bread and butter, honey if you like it, or a good marmalade. Eat no bacon or ham, or the flesh of the pig.

Your dinner should be fish, chicken or game, no flesh meat, plenty of celery, asparagus, green vegetables, salads, fruits, simple milk puddings. Avoid pastry, made-up dishes, or sauces. Drink mineral waters. Have a glass of milk at 11 in the morning. At 4.30 have milk, brown bread and butter, a light wholesome cake, and either a repaper or late dinner should be a supper of the midday meal in kind, lighter in bulk. Try this for a month and you will be amazed at your sterner nerves, your more equable temperance, and happier frame of mind.



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Beaver Flour has "flavor." Every good bread, pie and pastry maker knows just what that means.

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We also have good stock of **Screen, Wire Cloth, Fly Screens and Screen Doors. A full line of Tinware andENAMEL WARE,** and a few **Lawn Mowers,** for sale cheap at the **Hardware Store.**

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29 bbls. Lime (Morrow)
Also Potash, Bone Meal and Fertilizer of different kinds
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EXECUTOR'S NOTICE

All persons having claims against the estate of the late J. H. Hill, of Inglewood, Cape Breton, are requested to bring them in within six months from this date. All persons indebted to the estate are hereby required to make immediate payment to

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If you have a sprained ankle, aching feet, lame muscles or chilblains, you can cure yourself in remarkably short time by a free use of

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FOR CHRONIC DIARRHOEA.

"While in the army in 1863 I was taken with chronic diarrhoea," says George M. Felton, of South Gibson, Pa. "I have since tried many remedies but without any permanent relief until Mr. A. W. Miles, of this place, persuaded me to try Chamberlain's Colic, Cholera and Diarrhoea Remedy, one bottle of which stopped it at once." For sale by W. A. Warren.

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Johnson's Anodyne Liniment is an enemy to inflammation of every kind—cuts, burns, wounds and contusions—cures lumbago, muscular rheumatism, sciatica, lame back, stiff joints, frost bites, etc.

Try it—it's been used for over 67 years with remarkable success—sold everywhere.

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