

Mrs. H. VON RODEN of LYNDON, KY.

Recommends Lydia E. Pinkham's Vegetable Compound for Backache, Nervousness, Headaches.

Lyndon, Ky.—"I have been taking Lydia E. Pinkham's Vegetable Compound for headaches, neuralgia pains, backache, nervousness and a general run down condition of the system, and am entirely relieved of these troubles. I recommend your remedies to my friends and give you permission to publish what I write."

—Mrs. H. VON RODEN, Lyndon, Ky.
When a woman like Mrs. Von Roden is generous enough to write such a letter as the above for publication, she should at least be given credit for a sincere desire to help other suffering women, for we assure you there is no other reason why she should court such publicity.

Canadian Woman's Experience:
Windsor, Ont.—"The birth of my first child left me a wreck with terrible weak spells, but I am glad to tell you that I do not have those weak spells and I feel like a new woman since taking Lydia E. Pinkham's Vegetable Compound. I am now well and strong and can do my own housework. I do not take medicine of any kind. It was Lydia E. Pinkham's Vegetable Compound that restored me to health."



—Mrs. ROBERT FAIRBAIN, 72 Parent Avenue, Windsor, Ontario.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Guide-Advocate

Watford, Ont.

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HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.

WATFORD, SEPTEMBER 27, 1912.

Home Trade Preservation.

The preservation of home trade to the home town carries with it the preservation of our institutions. It seems to those who give the matter considered that a lot of good things in the life of the rural parts will pass if the country town passes. And it will pass just as surely as centralization of retail mail order business in the cities continues. The country town preserves better than the lonely ranch and isolated farm life, the things that make the country great.

Here in these country towns the spirit of neighborliness is the prevailing spirit. Men come to know one another, and when any two human beings come to know one another, in the one who is intelligent and wise respect always rises for the other. To know one's fellows always is to sympathize with them. Neighborliness spells fraternity. The country town with its broad circle of friendships, with its close homely simple relations between men, with its spirit of co-operation, and with its economic status that permits the creation of no indecently rich and no abjectly poor, is one of the most hopeful of our institutions.

To destroy that town, furnishing the market for the farmer and giving steady employment to labor, means a reorganization of our commercial, social and industrial life that will be revolutionary, and more, a matter of doubtful value. The mail order house, therefore, becomes a menace

to this country. The mail order house unrestricted will kill our smaller towns, creating great cities with their terrible contrasts of life.

Another Face That Kills.

The life insurance business is not a "gamble." Its "risks," considered in bulk, are not risks at all. They are based on cold, hard rules obtained as the result of many years' close and comprehensive study of mortality records. So, in cases where life insurance companies refuse to issue policies, there are good reasons for it.

The national association of life insurance men met in Chicago, last month. One of the most interesting subjects it considered was the increasing desirability of women as insurance risks. It is estimated that there are about 6,000,000 women earning their living in the United States, many of them with others dependent upon them for support. The insurance companies are gradually including them in their field of operations.

But this is what one of the most eminent insurance authorities said during the convention:—"Women who live the so called high life have a hard time getting insurance on their lives. Companies do not want to take them. They eat such indigestible foods, drink so many harmful beverages and so weaken their vitality by an artificial way of living that they go the quick route to the grave."

Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous services.

We will give One Hundred Dollars for any case of Deafness, (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.
F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 75c.
Take Hall's Family Pills for constipation.

Profanity.

To listen to street talk, and very often business conversations, one is almost forced to the belief that it is the proper and correct thing to include in our vocabulary a certain amount of profanity, and a tremendous amount of slang. The apparent ease and matter-of-fact way in which many men profane the name of the Almighty is enough to make one pause and wonder whether the non-blasphemer is not somewhat of an old fogey, and a little out of date and behind the times.

Vaudeville acts seem to be considered particularly smart, when the word "damn" can be worked in several times. "Popular" novels have plenty of phrases of a similar nature, the authors apparently considering such necessary to rank among the season's "best sellers."
Profanity is not smart. It requires no brain work to let out a long oath, or to qualify some statement with a repulsive reference to the Almighty. Then again, such language may be disgusting to the person addressed. Have you ever met an entire stranger, who, in his first five minutes of conversation, gives vent to profanity? He evidently thinks such talk is proper, or else has no respect for the feelings and convictions of others.

An oath may appease wrath for the time being, or in certain exigencies of extreme temper or anger such an expression may escape, but against all such it should be remembered that there stands out the uncancelled "Thou shalt not."—Guelph Mercury.

NA-DRU-CO LAXATIVES

Women's commonest ailment—the root of so much of their ill-health—promptly yields to the gentle but certain action of Na-Dru-Co Laxatives.

25c. a box at your druggist's.
NATIONAL DRUG AND CHEMICAL CO.
OF CANADA, LIMITED. 161

"Do you mean that girl with the spots on her face?"

Overheard in a Street-Car. There's a lesson right there!

Little blemishes of complexion, small sores, eruptions, spots, are not only unpleasant to the person afflicted, but are the first thing noticed by other people.

A little Zam-Buk applied at night to spots, eruptions, sores of any kind will do wonders.

Zam-Buk is not a greasy preparation which will go rancid on your dressing table. It is made from healing, herbal extracts and essences. Always pure, fresh and ready for use. Doesn't lose its power. Keeps indefinitely. Healing, soothing and antiseptic all the time. Try it!

50c. box all druggists and stores.



The Peace Celebration.

What is wanted is not only an exchange of old cannon, but a modern, permanent monument. Let the dead century bury its dead. Let the twentieth century have its symbolic representation of the advance of civilization. Let us symbolize, if we can, the tendency to replace barbarism and anarchy with civilization and order. Let us erect a monument that will point the mind not to the past, but to the future, the growing sentiment in favor of the brotherhood of man and the unity and intelligent organization of the human race. Let the sculptor try to show Canada and the United States fighting side by side against the white plague and white slavery, against the sium and the sweat shop, against ignorance, misery and crime.

The people who used cannon fought in their own way and did their best. Let them sleep in their honored graves. Let us honor them and follow their example, not fighting the old battle over again, but fighting the twentieth century battle of civilization, with our guns turned not against one another, but against the common enemies of mankind. There is a theme for the sculptor and the architect who may be entrusted with the task of erecting a grand and enduring monument on the borders of the two countries.

Chinese Patriotism

When we hear that there is danger of the Chinese Republic falling to pieces because of the greed and rapacity of officialdom it would be well to remember that the patriots who made the Republic possible are likely to give short shrift to politicians who may put its success in peril. Dr. Sun Yat Sen, who has been telling in The Strand of the financing of the revolution, says that many of the patriots gave their whole fortune. One Philadelphia laundryman called at his hotel after a meeting and, thrusting a linen bag into the doctor's hands, went away without a word. It contained his entire savings for twenty years.

Wanted

As good health on Sunday as during the rest of the week; the same ability to attend religious services as to engage in the usual active duties of life.

As great care in listening to religious instructions as is given to scrutinizing each new dress, cloak, bonnet, etc., worn by those in attendance.

As great ability in learning our own faults as those of our neighbors. With the supply of this want the world will soon be renovated, society much improved, and all made happier.

Weather to suit all, or, better still, people who are disposed to be suited by the weather.

MODERN FURNITURE.

Sewing Machines, Mason & Risch Pianos, Gramophones, String Instruments, Music Books and Sheet Music.

New Line Curtain Stretchers

A full stock of Edison Records kept in stock and new ones received each month as they are issued.

Repairs kept in stock for all kinds of String Instruments. Several Second-hand Sewing Machines in stock that will be sold cheap!

Comfort, Elegance, Durability, and Value are features that our goods are noted for.

Give us a Call and let us see what we can do for you.

HARPER BROS.

Fine Furniture. Phone 31. Funeral Direct

A. D. HONE

PAINTER and DECORATOR

Specialist in Hand Painted Decorations. The Best Work at Reasonable Prices. Estimates Furnished

A COMPLETE LINE OF

Samples of WALL PAPER on Hand.

When you have work in his line let him figure on it.

Founding a Sheep Flock.

Since the new edition of the bulletin "Sheep Husbandry in Canada" was issued a few weeks ago, there has been a constant stream of requests for it flowing into the Publications Branch at Ottawa. A great many of the applicants state that they are just commencing, or are about to commence, sheep raising and that they wish to learn how to handle a flock successfully. This bulletin contains a chapter specially prepared for such persons describing how best to establish a flock of commercial sheep. The author, Mr. J. B. Spencer, recommends a flock of fifteen ewes as the minimum for a farm of one hundred acres. Such a flock can be increased with experience, but not beyond twenty to twenty-five unless it is desired to make a special business of sheep raising. With the management and care described in the bulletin, an increase through lambs can be expected of from 150 to 175 per cent. and it should be the latter.

The early weeks of autumn is stated to be the best time to purchase ewes as then one can select those that have raised good lambs. Before the present edition of the bulletin is fully exhausted a still further one will be ordered so that no one need hesitate about ordering a copy which will be sent free to all who apply for it to the Publications Branch, Department of Agriculture, Ottawa.

A TONIC FOR THE DEBILITATED.—Parmelee's Vegetable Pills by acting mildly but thoroughly on the secretions of the body are a valuable tonic, stimulating the lagging organs to healthful action and restoring them to full vigor. They can be taken in graduated doses and so used that they can be discontinued at any time without return of the ailments which they were used to allay.

To Use Concrete for King Edward Road.

A portion of the King Edward Highway is to be built of concrete, the contract for its construction having been let on Sept. 11th, by the Honorable J. E. Caron, Minister of Agriculture and Highways of the Province of Quebec. The King Edward Highway is the Canadian section of the International Highway, connecting Montreal with several large cities of the United States. Ultimately, it is expected that this road will continue as far south as Miami, Florida.

It was the original intention that the entire highway should be built of masonry, but the Honorable Minister, who has under his jurisdiction the Canadian branch of the work, has become interested in concrete roadways and has decided upon this important undertaking as a good place to try it out. Governments and municipalities are gradually coming to recognize the necessity of a more permanent form of roadway construction. That concrete is the material which best fulfills all the requirements of a permanent roadway, is a fact that will ultimately obtain world-wide recognition.

Every Woman is interested and should know MARVEL Whirling Spray. The new Vaginal Spray. Best—Most convenient. It cleanses instantly. Ask your druggist for it.

If he cannot supply the MARVEL, accept no other, but send stamp for illustrated book—sealed. It gives full particulars and directions in plain English. WINDSOR SUPPLY CO., Windsor, Ont. General Agents for Canada.

FARM FOR SALE

100 ACRES BRING WEST HALF OF LOT 24, Con 2, Township of Plympton. The land is good rich soil, good orchard, 20 acres of good bush, beech, maple and elm. On the premises are a new two story brick cottage, main building 20x25, kitchen 18x15, concrete cellar under all the house, 6 rooms, 2 clothes closets, Bell telephone in the house. Good barn 40x28 and other outbuildings, wells (one flowing), 8 acres of fall wheat in. For further particulars apply on the premises.

MRS. FRANK ALEXANDER, Box 33, Watford P.O. Plympton, June 7, 1912.

Auctioneer

J. F. ELLIOT.

Licensed Auctioneer. (For the County of Lambton.)

PROMPT attention to all orders, reasonable terms. Orders may be sent to the GUIDE-ADVOCATE office.

STAGE LINES.

WATFORD and WARWICK STAGE LEAVES Watford Thursdays every morning except Sundays, leaving Watford at 11.30 a.m. Returning leaves Watford at 3.45 p.m. Passengers and freight conveyed on reasonable terms. —WIL LIAM EVANS Prop.

WATFORD and ARKONA STAGE LEAVES Watford Thursdays every morning except Sundays, leaving Watford at 10.15 a.m. Returning leaves Watford at 3.45 p.m. Passengers and freight conveyed on reasonable terms. —WIL LIAM EVANS Prop.

Waitin'.

If things aren't comin' your way to-day Jest keep on waitin'; Why look around you and see 'the things That are jest awaitin'— What do you 'spose the moon and stars Has been doing all these years of ours 'Waitin' of course, waitin'.

They haven't been bumpin' their heads 'gainst the sky 'Durin' the waitin' They haven't been tearin' their 'comets hair' 'To help the waitin' But there they are, serene and bright, Bobbin' to us with a friendly 'good night'.

And waitin' of course, waitin'. We're not so mighty important, yom know, Even though we're waitin' That things will come somersaultin' our way 'To help the waitin' So let's look around for a springy board To set on and whittle and thank the Lord, 'Durin' the waitin'.

—May L. Armitage.

This is Very Plain Talk.

A writer, who signs herself "a woman of the world" said this to the Toronto Telegram: "I have travelled in remote parts of the world, Singapore, Philippines, and a long resident of Borneo, and not even among the women of ill-fame living in the latter uncivilized country would you ever see such gross immodesty as we can see at any hour of the day here on our principal streets. I consider the girls and women from 14 years up, are simply advertisements to lure men, dressed as they do in skin-tight skirts quite four or five inches above high boots, and blouses quite low-necked and far more transparent than any evening gown, and their faces powdered and painted to such an extent that one might think they had left the theatre with their make-up on. Give me the supposed uncivilized races for modesty and quiet manners."

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