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That's the condition that goes with every barrel Cream of the West Flour. It's a fair, square guarantee, and I want you to take it to mean just what it says.

Cream of the West

the hard wheat flour guaranteed for bread

Give Cream of the West a fair, square trial. If you don't have satisfaction in baking bread, you'll get satisfaction at your grocer's. We guarantee one or the other. Cream of the West is a superior bread flour. Improve your home-made bread by using it.

The Campbell Milling Company, Limited, Toronto
ARCHIBALD CAMPBELL, President

R. G. ASH & CO., St. John's, Wholesale Distributors

Hardware Dept. IDEAL DRAUGHT TUBING. Hardware Dept.

Another shipment of Draught Tubing just to hand. Nothing else like it in the city. No trouble! Hammer and a few tacks. Run a strip along the edge of your badly fitting door or window, then you can sit in solid comfort.

Price, 15c. only a yard.

No more cold shivers running up and down your back if you get some of this Ideal Draught Tubing at

Bowring Brothers, Limited.

Just What You Want at Home. FASHIONS for Ladies.

Too cold to read at the Club. All the latest news and comic papers.

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Top Notch, 13c.; Cosmopolitan, 18c.; All Story, 15c.; Grand, 15c.; New Story, 18c.; Windsor, 15c.; People's Ideal, 18c.; New Mag., 13c.; Munsey, 18c.; Cassell's, 15c.; Red Book, 18c.; Royal, 15c.; Black Cat, 13c.; London, 15c.; Everybody's, 18c.; Red, 15c.; Hearst's, 18c.; Railroad, 18c.; Good Housekeeping, 18c.; American, 18c.; Popular Mechanics, 18c.; Metropolitan, 18c.; Blue Book, 18c.; Argosy, 18c.; Physical Culture, 18c.; Popular, 18c.; McClure's, 18c.; Smart Set, 30c.; Scribner's.

Weldon's Ladies' Journal, 10c.; Weldon's Children's Fashions, 5c.; Weldon's Illus. Dressmaker, 5c.; Weldon's Journal of Costumes, 15c.; Ladies' Home Journal, 18c.; Woman's Home Companion, 18c.; Young Ladies' Journal, 25c.; Jose Lilles' Juvenile Fashions, 6c.; Jose Lilles' Practical Fashions, 6c.; Leache's Children's Fashions, 5c.; Fashions for All, 10c.; Delinctor, 18c.; Designer, 18c.

HAY! HAY!

500 bundles

Timothy Hay,

Ex S.S. "City of Sydney." CHEAP from ship's side.

COLIN CAMPBELL.

Broadening Ones Sympathies.

By RUTH CAMERON.

The more we know the better we forgive. Whoever feels deeply feels for all who live.

—Madame de Staël.

It has often surprised me to find that women who are towards their own family and their own intimates are the most tender-hearted and sympathetic creatures in the world, are sometimes lacking in human feelings towards all outside circles—especially towards those in the so-called "lower classes."

I am thinking of a certain woman who is self-sacrificing to a fault towards her own brood and cannot do too much for them. From seeing her in her family circle I had imagined her to be full of charity and kindness to all the world. Now I happened to be at her house one morning when the young woman who does the washing failed to appear on the scene. Instead she sent a message to the effect that he was obliged to stay with her mother who was seriously ill with acute indigestion. She said she would come just as soon as possible.

I expected to find my friend full of sympathy. Instead she said fretfully, "Well, isn't that annoying. I should think she might have found someone to stay with her mother. She knows how it puts me out to have my washing late."

Just think of that! Suppose one of that woman's children had been

seriously ill and needed her on the day that she had some engagement, the breaking of which would inconvenience the other party. Can you imagine her getting someone else to stay with the child while she kept the engagement? I can't. And yet, just because the washerwoman belonged to another class, she thought the poor girl ought to put aside all human feeling and keep her engagement, no matter how sick her mother might be.

Again, I know a young matron who is ridiculously helpless in taking care of her two babies. She has two maids to help her with the children and the housework. Finding that she was to be without a nursemaid for a week, she engaged an accommodator to fill in the terrible gap. The accommodator sent word a few days beforehand that she could not come because her married sister needed her as her three babies were ill and she had no one to help her. And can you believe it, that woman who could not take care of her two healthy babies with the help of one maid, thought it absurd that the other woman needed someone to help her with three sick children.

An expressman told me that a woman who is supposed to be a very kind-hearted person actually told him to carry in the trunks so that his hands and not her beloved wall paper would get jammed.

To be sympathetic and tender-hearted towards those near and dear to you is certainly a virtue. But I can't think it counts for very much if it is counterbalanced by a total lack of human feeling for those outside the charmed circle.

Remember, "He who feels deeply feels for all who live."

Ruth Cameron

HOT FLASHES.

Women in middle age often complain of hot flashes. They are at that stage of life when their delicate organism needs a tonic and helping hand which only Dr. Pierce's Favorite Prescription can give them. Many women suffer needlessly from girlhood to womanhood and from motherhood to old age—with backache, dizziness or headache. A woman often becomes sleepless, nervous, "broken-down," irritable and feels tired from morning to night. When pains and aches rack the womanly system at frequent intervals, ask your neighbor about

Doctor Pierce's Favorite Prescription.

Mrs. J. Innes, of 321 S. Benton Street, Baltimore, Md., says: "I wrote you about nine months ago telling you of my condition. I have a fine baby girl—the weightiest and healthiest I ever had. She is the third child and the strongest of them all. My suffering was only for two hours. I took several bottles of 'Favorite Prescription' and one of Dr. Pierce's Smart-Weed. I never had a well day before I took your medicine. I was surprised how well I felt—could eat—was always hungry, and never had a sick stomach. The nurse who was with me said the medicine was wonderful because I got along so nicely after having had so much trouble before. She intends to recommend it to all her suffering patients. Everybody is astonished at me because I only weighed 112 pounds before and now I weigh 135. I have had several ladies come to me and ask about Dr. Pierce's medicine. I am willing to recommend it to all who suffer and want help. If any want information I will be glad to give it."

SOLD BY ALL DRUGGISTS.
World's Dispensary Medical Association, Proprietors,
BUFFALO, N. Y.

Household Notes.

To keep lettuce fresh for some time wash thoroughly shake off the water and put the leaves in a tin pail tightly covered, then set it in a cool place.

To make boys' rubber boots last long, have the cobble put one thickness of leather inside the heel and another outside, and then fasten on the regular heel plate.

A teaspoonful of camphor added to a quart of soft water will kill earthworms in house plants. The plants should be quite ready for water when it is applied.

Durable covers for school books are made of imitation leather—the sort used for covering chairs. This leather looks better than oil cloth, yet is waterproof.

A good furniture polish may be made of ½ pint linseed oil, ½ pint turpentine, ¼ pint vinegar, ¼ pint mentholated spirit. Shake together thoroughly in a bottle.

Round centrepieces may be dried by laying them when wet on a sheet of clean glass, kept for the purpose. See that the linen is placed smoothly and then set the glass in the sun.

Plaster casts which have hard, polished surfaces can be washed with a cloth dipped in whitening. When the whitening is dry, remove with soft cloth.

When underwear shrinks uncomfortably, it is often possible to save

the drawers and sleeves by crocheting a sufficient length to cover the bare spots.

Nothing is sweeter for a valentine than a package of tiny sachets, ready to be scattered through the recipient's bureau drawers or pinned inside her dresses.

To remove water spots on a dress take a piece of the same fabric and dampen it in lukewarm water. Place over water spots on right side and press with warm iron till both pieces of material are dry.

A sewing screen with top handles is a handy thing to carry from room to room. It should be covered with cretonne, should stand strongly on its feet and be hung on one side with sewing needles.

To shrink woollens, wet a sheet and spread it over the table. Place one thickness of goods lengthwise of the sheet and roll sheet and material together. In the morning unroll and press the goods with a hot iron.

The good housekeeper has a conscience in cooking—that is, she provides just enough for each meal, harmonizes the right dishes and has everything cooked at the last moment so that nothing is spoiled by standing.

Screens are an important item in household comfort—in the vestibule in winter; to fold around the bed and protect it from direct draughts while windows are open and to make a private corner in a busy living room.

To mend china make a thick solution of gum arabic and stir into it plaster of Paris until the mixture becomes creamy. Apply with a brush to the broken edges of china and join together. Lay the china away for three days.

When the family is small and a loaf of cake is not easily used up, try making a plain batter and putting it in one end of the pan. In the other put the same cake batter, having first mixed into it some raisins or currants or cocoa. The whole should be frosted.

Good midwinter jelly can be made from sweet elder, boiled down one-third. Add 2-3 of a cup of warm sugar to every cup of boiled elder, and stir till the sugar is dissolved, then turn into jelly cups and set in a sunny place till firm.

A Child's Waste Clogged Bowels

Makes Them Cross, Peevish, Restless and Feverish—See if Tongue is Coated.

Your child isn't naturally cross, irritable and peevish, Mother! Examine the tongue; if coated, it means the little one's stomach is disordered, liver inactive and its thirty feet of bowels clogged with foul, decaying waste.

Every mother realizes after giving delicious "Syrup of Figs" that this is the ideal laxative and physic for children. Nothing else regulates the little one's tender stomach, liver and bowels so effectually, besides they dearly love its delicious fig taste.

For constipated bowels, sluggish liver, biliousness, or sour, disordered stomach, feverishness, diarrhoea, sore throat, bad breath or to break a cold, give one-half to a teaspoonful of "Syrup of Figs," and in a few hours all the clogged up waste, sour bile, undigested food and constipated matter will gently move on and out of the system without griping or nausea, and you will surely have a well, happy and smiling child again shortly.

With Syrup of Figs you are not drugging your children, being composed entirely of luscious figs, senna and aromatics it cannot be harmful.

Full directions for children of all ages and for grown-ups plainly printed on the package.

Ask your druggist for the full name, "Syrup of Figs and Elixir of Senna," prepared by the California Fig Syrup Co. This is the delicious tasting, genuine old reliable. Refuse anything else offered.

Motor Car Leaps Wall.

At Church With Bridal Party, But Bride is Taken From Wreckage and Ceremony is Held.

New York, Feb. 4.—A heavy limousine automobile containing six persons, among them a bride-elect and bridegroom elect, leaped from the embankment in front of St. Peter and Paul's Church, in Passaic, N.J., yesterday, wrapped itself about a telephone pole, and slid fifteen feet down and on top of a crowded trolley car.

Miss Josephine Sareness, of Second Street, Kingsland, about five miles from Passaic, and Stanley K. Pawley, also of Kingsland, were on their way to the church to be married. They were accompanied by Mrs. Anna Sareness, mother of the bride, and Mrs. Joseph Augier, Andrew Lahash, Jr., was driving the car, and beside him was John Tell.

To reach the front door of the church, which stands high above the street, it is necessary to ascend an inclined roadway which is supported above the sidewalk by a stone wall, which at the top of the roadway is fifteen feet above the sidewalk. The car was going up the incline and was travelling at a rapid rate when Lahash lost control and the machine shot over the wall, leaped above the sidewalk and struck the pole.

At the same time a trolley car travelling between Paterson and Hoboken was coming down the hill in front of the church. John Meyerhoffer, motorman, saw the automobile leap from the stone wall when he was only fifteen feet from it. He threw his weight against the brake handle and the car stopped with its forward end opposite the pole just as the automobile hit the pole.

Part of the automobile crashed through the roof of the car platform, and it was jammed between the trolley and the pole in such a manner that neither of the doors could be opened. It was believed at first that those in the automobile had been seriously hurt and calls were sent for ambulances, but a moment's investigation revealed the fact that none had been severely injured. Miss Sareness received a severe wrench to her back, but she and the others were unable to get out of the machine until the roof of it had been broken off by the men from the trolley car and from the church. Then they were lifted out through the hole in the top.

Miss Sareness' mother and Mrs. Augier were a little stunned, but after they had rearranged their dresses as the young woman, who apparently was suffering pain, insisted on the ceremony proceeding.

They left the wreckage of their car in the street and climbed the hill to the church, and the marriage was performed. Then they drove back to Kingsland behind a team of horses from a trolley stable.

John Tell's hands were bruised where he fell after leaping from the automobile just as it started over the wall. Lahash was held firmly in his seat by the steering wheel and besides a few bruises was unharmed.

If you want to spend a pleasant evening come to the Floral Sociable at the Congregational Lecture Hall on Wednesday, the 12th inst. A good programme has been prepared, a special feature of which is "A Mutiny Amongst the Flowers." Admission 30c. Doors open at 7.30 p.m.—Feb. 11, 21.

\$100 BONDS

The attention of investors of small amounts who wish only the safest kind of securities—bonds, is called to our offering of bonds at \$100 denominations.

Hewson Pure Wool Textile 6's with Common stock bonus.

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The Canada Life.

In each of the past four years the Canada Life has earned a LARGER SURPLUS than ever before in its history.

Favorable mortality, and low expenses, the result of good management, have helped.

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Superior Merit Alone

Can win the approbation of those accustomed to the luxuries of life. Their approval is not lightly given. The unstinted praise accorded OLD HOME TEA by tea-drinkers of this class clearly proves its vast superiority.

Made from the finest, purest and most carefully selected teas, OLD HOME is precisely what a perfect tea should be—full flavored, rich and exquisitely mild.

One Cup Means Many More

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10 cases BAKE APPLES.

Very Choice DUTCH CHEESE.

3 lb. tins BAKED BEANS, 12c.

BLANC MANGE POWDER.

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