

ol Lesson, II., April

Christ-Our Saviour, Matt. 20: 27; hn 1: 35-51; 3: 16; Rom. 8: 31, 32.

Commendary—I. The superse and the Commendary—I. The superse and the Commendary—I. The superse and the Commendary—I was a superse and the commendation of the commendat

shore of the Sea of Gallies and one also at the north end, east of where the Jordan flows into the sea. The was called Bethsaida Julias. The home of Philip, Andrew and Peter was the Bethsaida first mentioned. The name means house, or place, of fish. 45. Philip findeth Nathanael—As soon as Philip became a disciple of Jesus. the Bethsaids first mentioned. The name means house, or place, of fish. 45. Phillip findeth Nathanael—As soon as Phillip became a disciple of Jesus, he went forth to bring another to him. He became at once a winner of souls. In the law—The Pentateuch, or the five books of Moses. The prophets—The Old Testament prophets foretold the coming of the Messiah. Jesus of Nazareth—Nazareth, the early home of Jesus, is a city about fifteen miles west of the Sea of Gaillee, situated among the hill, high above the plain of Eadraelon. 46. Can there any good thing come out of Nazareth—This question implies rether than Nazareth was an insignificant town or that it bore a bad reputation. Nathanael lived in Cana, only four miles from Nazareth, and he was astonished that the Messiah should come from that place. 47. Behold an Israelite indeed—Jesus not only saw Nathanael as one man sees another, but he also understood throuoghly his character. 48. Whence knowest thou me—Nathanael was not acquainted with Jesus and he was filled with wonder that Jesus should know him. 49. Thou art the Son of God—The bearing of Jesus together with the marvelous knowledge that he manifested drew forth from Nathanael fills sincere and weighty confession. He declared that he was the Messiah and the long-expected King of Israel. 50. Greater things than these—Jesus gave Nathanael to know that he should see greater proofs of divinity than he had yet beheld. Nathanael wondered at Christ's seeing him under the fig tree, but he should see greater displays of divine wisdom and power. 51. Angels of God ascending—This doubtless indicates the closeness and constancy of the 'relationship between Jesus and the Father. Son of man—This is the title that Jesus applies to himself many times.

Questions—In what sense did God give his Son to the world? In what sense did Christ give himself as the world's Redeemer? How much did God love the world? What did John the Baptist announce to two of his disciples' concerning Jesus? What course did those disciples take? Why did th





the atonement are immeditaely available for every individual. 2. Redemption is complete. "That he might redeem, us from all iniquity." is the apostle's statement of its purpose and scope. The psaimist declares, "He restoreth my soul," and the moral upilit is as inclusive as the wreck of the fail. Spiritual disaster entailed mental and physical disorder and destruction. The entire being has been impaired. Spiritual restoration involves the rebuilding of the entire intellectual and physical manhood. The commencement is at the cross, the consummation is in the "eternal weight of glory."

W. H. C.

With so thorough a preparation at hand as Miller's Worm Powders the mother who allows her children to suffer from the ravages of worms is unwise and culpably careless. A child subjected to the attacks of worms is always unhealthy and will be stunted in its growth. It is a merciful act to rid it of these destructive parasites, especially when it can be done without difficulty.

Not Very Complimentary.

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'Milton's mother was asking each
member of the family which view of
the sailor boy they preferred her to
keep for them. One said she would
like a side view, another a front view,
and, when Milton's turn came, he,
thinking he ought to say something
different, earnestly requested a back
view.

Deception.

Frances and Agatha had been very carefully reared. Especially had they been taught that in no circumstances must they tell a lie—not even a "white lie"—or deceive any one.

"white lie"—or deceive any one.
One day, during a visit made by
these little girls to an aunt in the
country, they met a large cow in a
field they were crossing. Much
frightened, the young sisters stopped,
not knowing what to do. Finally
Frances said:
"Let's go right on, Agatha, and pretend that we are not afraid of it."
But Agatha's conscience was not
slumbering. "Wouldn't that be deceiving the cow?" she objected.

Evil of Substitution Exposed.

A dealer substitutes because he makes more profit on an interior article. A local citizen was induced to take a substitute for Putnam's Corn Extractor, with the result that the substitute burn his toes and falled to cure. Putnam's contains no acid and is guaranteed. Always get Putnam's Extractor, 25c, at all dealers.

# AN ARMY OF SPIES.

### Holland Was Infested by Thousands of Them.

**Bad Breath** 

"Bad breath in teeth, foul atomach to bowel." If your teeth are good look to your digestive organs at once. Get Seigel's Carsitive Syrup at druggists. 15 to 30 drops at druggists. 15 to 30 drops.

Wood's Phosphodine.
The Great English Remedy
Tones and invigoraces the whole
spervous system, makes new Blood
in old Veins, Cures Nerrous
dal and Brain Worry. Deppenof Energy, Palpitation of the

The standard measuring cup hold ne-half pint. Nut bread is very good for the chil-

dren's lunch basket, and grown-ups It is said that yeast cakes will kill

rats or mice, if left where they can eat them. Substitute flours, such as rice, bar-ley, potato, etc., require longer baking

and twice as much baking powdy
Save every crumb of bread and bake a del cate brown in the oven, then use

as breakfast food with top milk.

When using a food chopper, add a cracker the last thing. It will save every bit of your food and leave the

chopper clean.

Don't wash anything that has held fat until you have set it on a warm range to melt all fat that clings to the

It Will Prevent Ulcerated Throat—At the first symptoms of sore throat, which presages ulceration and inflammation, take a spoonful of Dr. Thomas' Electric Oil. Add a little sugar to it to make it palatable. It will allay the irritation and prevent the ulceration and swelling that are so painful. Those who were periodically subject to quinsy have thus made themselves immune to attack.

man accuts in Holland during the war. A Dutch police inspector exblained that to expel them would simply mean that their places would be taken by other and unknown agents.

The chief the third defermant is a proper to the their German Ambassador at Constantinople, is already known. But that is only one of hundreds of similar incidents.

The chief task of this army of men was of course, to keep in fouch with Great in these days were not worth the paper on which they were produced.

A young journalist who was in Holland but had no passports for one with they were produced.

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A young journalist who was in Holland but had no passports and the paper was not withdrawn until the war had to passport. But the derman secret service made good use of the carciassness.

Again the spies benefited from the lack of co-operation between the different British departments. Thus in one grows the paper was not withdrawn until the war had to the paper, and steam good the edge of the carciassness.

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### Learn to Do Without.

One of the arts of life is to learn how to do without. Few of us have everything we consider desirable and it we grumble at every little deprivation we make ourselves miserable and our associates uncomfortable. To learn to do without and yet be cheery and happy, goes far toward making life a success.

One way for a woman to get uffed up is with a powder puff.



TORONTO MARKETS.

1	Butter, choice dairy\$	0	52	80	58	
1	Do., creamery	0	60	0	68	
	Margarine, lb	0	35		40	
	Eggs, new laid, dozen	0	45		õU	
:	Margarine, lb Eggs. new laid, dozen Cneese, lb	0	32	0	38	
	Dressed Poultry— Turkeys, lb Fowl, lb					
•	Turkeys, lb	0	55	0	60	
ė	Fowl, 1b	0	35	0	42	
0	Chickens, roasting	0	40	0	45	
1	Geese, lb	0	30	0	32	
	Fruits					
)	Apples, basket	0	40		00	
	Do., bbl	b	00	10	00	
8	Vegetables-				-	
	Beets, peck	:			30	
	Do., bag	-	00		10	
, , , ,					25	
1	Do., bag	^	10		15	
1	Cabbage, each	0	10	0	10	
	Cauliflower each	0	20	0	30	
	Celery, head	U	10	0	20	
ı	Cabbage, each Cauliflower each Celery, head Lettuce, 3 bunches for Do., head, 2 for Onions, 75-lb, sack Do., basket Do., bickling, basket			0	10	
3	Do., head, 2 for			0	20	
	Onions, 75-lb, sack	2	25	2	50	
1	Do., basket	0	30	0	90	
	Do., pickling, basket	0	40	0	10	
4	Do., pickling, basket Do., green, bunch	0	05	0	10	
	Leeks, bunch Parsley, bunch			·	15	
1					00	
	Parsnips, bag			1	95	
1	Parsnips, bag Do., peck Potatoes, bag Rhubarb, 2 bunches for Sage, bunch Spinach, peck Savory, bunch Turning beg		40	1	50	
9	Phubanh 2 hunghes for	. 1	40	0	95	
1	Sage bunch		05	0	10	
3	Sage, bunch	0	50	0	75	
1	Canary bunch	0	05	0	10	
1	Tuentna bag	U	00	0	75	
	Turnips, bag Do., peck	*	• • •		20	
1	MEATS-WHOLES	A 1	E		20	
				***		
ı	Beef, forequarters\$	17	00	\$19 30		
۱	Do., hindquarters	28	00	24		
۱	Carcasses, choice	22	00	22		
1	Do., medium	19	50	19		
I	Do., common Veal, common, cwt	11	00	15		
ı	veal, common, cwt	13	00	10		
1	Do., medium	20	00	23		
	Heavy hogs, cwt	40	00	26		
	Chan hage and	20	00	95	00	
	Shop hogs, cwt	24	00	20	00	
1	Mutton and	10	00	20	00	
1	Mutton, ewt	0	98	20	30	
1	Lamb, lb Spring lamb, each	19	00	15	00	
1	SUGAR MARKE	200	30	10	30	
П	SUGAR MARKI	71				

### The Candid Friend.

Alleged Composer (at plano)—Listen to this. (He does brutal things to the instrument.' How do you like it? Too little air and too many variations perhaps? The Helpless Friend—Yes! give me more air. (He opens the window.)—Cleveland Plain Dealer.

## IN THE SPRING

When Energy and Vitality are Lowest, then-Influenza! (By S. C. BOWER, M. D.)

At this time of the year people feel weak, tired, listless, their blood is thin, they have lived indoors and perhaps expended all their mental and bodily energy and they want to know how to renew their energy and stamina, overcome headaches and backaches, have clear eyes, a smooth backaches, have clear eyes, a smooth, ruddy skin and feel the exhileration of real good health tingling thru their bodies. Good, pure, rich, red blood is the best insurance against ills of all kinds. You are apt to suffer from an attack of Influence in the country to the country to the country to the country of the country of the country to t

enza if your health is run down. Purify the blood and you can defy influenza. This is the time to clean house and freshen up a bit.

Drink hot water a half hour before neals, and for a vegetable tonic there's

Drink not water a mail hour before meals, and for a vegetable tonic there's nothing better than Dr. Pierce's Golden Medical Discovery, the old-fashioned herbal remedy, which has had such a fine reputation for fifty years. It contains no alcohol or narcotics and is made into tablets and liquid. Send 10 cents to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y. for trial package.

Synaryon, Osr.—"For many years I suffered with surraigns. It would affect my head, extending down into my neck and shoulders. I took. Dr. Pierce's Golden Medical Discovery and was completely cared. I have also taken 'Pleasant Pelitat's and found them an excediture transity for constipation, billows attacks, also stomech and, liver tresubtes. They seem to requishe care's whole system. Ever since I can remember Dr. Pierce's medicines have been used in my framily. I am always ready to recommed them.—"W. S. YARES, 272 Enflway Avenue.

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