



Spring Time: Tonic Time!

MOST men and women need a tonic at this season of the year. Their blood has been thinned, their vitality lowered by the long winter.

Dr. Williams' Pink Pills definitely enrich the blood and increase the body's oxygen supply.

Mrs. Elizabeth Clarke, R.R. No. 1, Hastings, Ont., says: "I use Dr. Williams' Pink Pills in the Spring, when I usually feel run-down and nervous. Last winter, I was feeling weak and easily tired, and again used the pills, with the result that I have had splendid health since."

At most drug stores or any health store, or by mail, by sending 50 cents to Dr. Williams' Medicine Co., Brockville, Ontario.

Dr. Williams' PINK PILLS

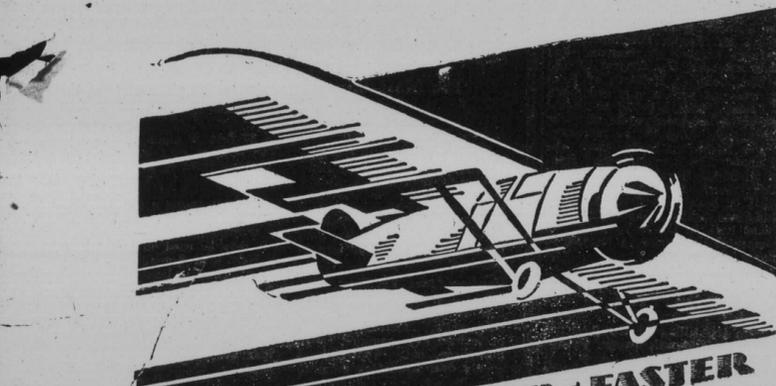
100% PURELY VEGETABLE

Agents for the Dominion Provinces: Dominion Foundries, Toronto, Ont.

Plow Points AGENTS WANTED

Plow Points for the plow. Quality high—price low. Jobby. No experience necessary. Just how to make them plain. Not how to make them good. Write us for Agents.

Dominion Foundries
Tweed, Ont.



FASTER - FASTER - FASTER

In the sky and on the highways modern motors, developing greater power and operating at higher speeds, demand better lubricants. Marvelube was developed to meet this demand. It is a better motor oil because it is made by better methods from a better crude petroleum.

Produced by the Special Marvelube distillation process, it is free from injurious sulphur and costly carbon. It has remarkable body, and because it is manufactured under the constant supervision of Canada's most expert refining technicians you are sure of unvarying quality and unending satisfaction.

Aircraft operators, the most exacting buyers of oil, prefer Marvelube because it has been proved in actual service that it affords longer intervals between engine overhauls.

Marvelube insures smoother performance, longer engine life and lower operating costs for any car, old or new. There is a grade of Marvelube refined to meet the exact requirements of your car. Consult the Marvelube recommendation chart at good dealers' or at Imperial Oil Service Stations.

Marvelube
IMPERIAL OIL
Everywhere in Canada

Help to Abolish It

An Unnecessary Adjunct to the Procuring of Furs

The Steel-Trap is an instrument of torture which does not kill at once, but causes long-drawn-out agony. It is still in universal use today. Its use is allowed everywhere by both the judiciary and the common consent of the people.

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BABY'S OWN TABLETS
WIN GREAT PRAISE

Many Mothers Always Keep Them in the House.

Thousands of mothers state that they know of no other medicine for little ones to equal Baby's Own Tablets—that they always keep the Tablets in the home as a preventive of childhood ailments, or if sickness does suddenly grip their little ones they feel safe with such a remedy at hand.

Concerning the use of the Tablets Mrs. Donat Ploudre, Tinswick, Que., writes: "I have nothing but praise for Baby's Own Tablets. They are the only medicine I have ever given my two little ones and I am glad to state that the Tablets have always kept them in perfect health. I feel safe with the Tablets that I always keep a box in the house."

Shakespeare

I like to think of Shakespeare as a boy roaming the Stratford woods and hazel groves.

FALSE STEPS

Life, like war, is a series of mistakes, and he is not the best Christian nor the best general who makes the fewest false steps.

Garden Service
Grows Interesting

As the Season Approaches
More Interest Develops in This Exclusively Written Column of Your Paper

HURRYING THE SEASON

For a small garden, tomatoes are perhaps the most valuable crop to grow, as when staked, and they should be handled in no other way than to give the greatest yield for the ground occupied.

For those who like it, Swiss chard will provide a huge quantity of greens from a row twenty feet long.

Master of Ceremonies

responsible to the Company for your comfort, pleasure and satisfaction... the Cunard Purser.

Weak After Operation

"After having an operation, I was very miserable, weak, nervous and very near to work. I saw Lydia E. Pinkham's Vegetable Compound advertised and tried it and believe it helped me wonderfully. I have no weak spells any more, the pains have left me and my nerves are much better. I feel safe in saying Lydia E. Pinkham's medicines have helped me wonderfully."

These Simple Rules
MAKE TEETHING EASY

Be careful of Baby's diet during teething. Do not overfeed him. Watch his stomach and bowels and at the first sign of indigestion, gas or constipation, give him a few drops of harmless, pleasant-tasting Fletcher's Castoria.

Speed

Manchester Sunday Chronicle: There never was a time when so many dangers beset the ordinary citizen, dangers principally due to the vagaries of the machine called civilization.

Papa Kangaroo

"Where's the baby, dear?" Mother Kangaroo (feeling in pockets)—"Now that's funny. Guess I must have left him in my other clothes!"

Use Minard's Liniment for the Flu.

Public opinion is so fierce it will kiss you on the one cheek and smite you on the other.

Air Defence of the Empire

London Times Trade Supplement:

Within two months over 500 persons were safely evacuated from Kabul by air. The relief planes crossed 160 miles of difficult and mountainous country with the loss of only one plane and no casualties.

Minard's Liniment for Grippe and Flu.

The former Kaiser is still protesting that he didn't start the war. At any rate, it's a safe bet he wishes he hadn't.

Every one should walk at least four miles every day.



AT YOUR SERVICE

Book through The Robert Reford Co., Limited, Cor. Bay and Wellington Sts., Toronto (Tel. Elgin 3471), or any steamship agent.

CUNARD
CANADIAN SERVICE

Cabin, Tourist Third Cabin and Third Class

THESE SIMPLE RULES
MAKE TEETHING EASY

Be careful of Baby's diet during teething. Do not overfeed him. Watch his stomach and bowels and at the first sign of indigestion, gas or constipation, give him a few drops of harmless, pleasant-tasting Fletcher's Castoria.



Many people, two hours after eating, suffer indigestion as they call it. It is usually excess acid. Correct it with an alkali. The best way, the quick, harmless and efficient way, is Phillips' Milk of Magnesia.

C' sified Advertisements

A-I

INTERNATIONAL MOVES

Rare Desert Cacti

The West is rejoicing over the completion of steel to the Hudson Bay. A dream of the Western pioneers is now being fulfilled.

SHIP YOUR EGGS
GUNNS LIMITED

St. Lawrence Market, Toronto
Highest Prices, Prompt Returns

Schwegler's THOR-O-BRED

OUR breeders are bred for high egg production. White, Brown and Buff Leghorns, Bantams and White Rocks, R. I. Reds, Acorn, Black, Minorca, Buff Orpingtons, White Wyandottes. Incubated by 100% first-class parent stock. Write today for FREE CHECK BOOK.

FLU

Claims Many Victims in Canada and should be guarded against.

Minard's Liniment

A Great Preventative, being one of the oldest remedies used, Minard's Liniment relieved thousands of cases of Grippe, Bronchitis, Sore Throat, Asthma and similar diseases. It is an Enemy to Germs. Thousands of bottles being used every day. For sale by all druggists and general dealers.

Weak After Operation



Lydia E. Pinkham's Vegetable Compound

"After having an operation, I was very miserable, weak, nervous and very near to work. I saw Lydia E. Pinkham's Vegetable Compound advertised and tried it and believe it helped me wonderfully. I have no weak spells any more, the pains have left me and my nerves are much better. I feel safe in saying Lydia E. Pinkham's medicines have helped me wonderfully."

Too Much ACID

You will never use crude methods when you know this better method. And you will never suffer from excess acid when you prove out this easy relief. Please do that—for your own sake—now.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any druggist.