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## "SALADA"

CEYLON TEA—"Pure and Clean to a Leaf"

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Cobourg. The choir of St. Andrew's Presbyterian Church, Cobourg, of which Rev. Wm. Beattie is pastor, appeared February 1st in Geneva gowns and "mortar boards" for the first time. These vestments were the gift of Mr. J. A. Culverwell, of Port Hope. In referring to the gift, Mr. Beattie said that the wearing of gowns was a very old custom, dating back to the days of Calvin. He spoke in appreciative terms of the generosity of Mr. Culverwell, who is himself an Anglican, and who some time ago

presented vestments not only to his own church, St. John's, but also to the choir of the Baptist Church in Port Hope.

Seventy-Seven Years Young.—Archdeacon Mackenzie celebrated his 77th birthday February 1st, (Sunday), and his myriads of friends and admirers, not only in Brantford and Brant County, but practically from coast to coast, rejoice in the fact that he is still mentally and physically alert. For thirty-five years he has been the rector of Grace Church, and proved

himself an able man, a forcible preacher, a never-tiring worker in the Master's vineyard, and the friend and consoler of those in trouble or distress. The church showered many honours upon him, but the chief of all his delights must be the knowledge that he is so genuinely enthroned in the affections of everyone.

Three new Bishops have just been appointed to the three newly-constituted Sees in England. The first Bishop of Chelmsford is the present Vicar of St. James the Less, Bethnal Green, London E., the Rev. J. E. Watts-Ditchfield. Mr. Watts-Ditchfield is famous as a "man's parson, and lately, on his way back home to England after spending nearly a year in Australia and New Zealand in the interests of the C.E.M.S., he visited Vancouver, Winnipeg, Toronto and Montreal and gave very interesting addresses in each place in connection with his visit to Australasia, as also in reference to his work in his home parish. He is a graduate of Durham University. The Bishop Suffragan of Lewes, in the Diocese of Chichester and Vicar of Hove, the Right Rev. L. H. Burrows, D.D., has been appointed first Bishop of Sheffield. Dr. Burrows was previously Vicar of Croydon. He was consecrated to the Episcopate in 1909. He is a graduate of Oxford. The first Bishop of St. Edmonsbury and Ipswich is the Ven. H. B. Hodgson, Vicar of Berwick-on-Tweed since 1897 and Archdeacon of Lindisferne since 1904 in the Diocese of Newcastle-on-Tyne. He, too, is a graduate of Oxford Uni-

#### British and Foreign

The late Canon Turnbull, who died recently, had held the living of Penistone, in Yorkshire, for the past 56 years.

The new Deanery, recently completed on the grounds of the Cathedral of St. John the Divine, in New York, was formally dedicated by the Bishop of the diocese on the 8th January, with a service of Benediction in the presence of a large company of people belonging to the diocese, both clergy and laity. Bishop Greer made an address. The deanery was built by Mrs. Clinton Ogilvie as a memorial to her husband.

Bishop Ryle, Dean of Westminster, preaching to a large congregation in Westminster Abbey on Sunday night, the 28th ult., said that day was the 848th anniversary of the consecration of that Collegiate Church. On Holy Innocents' Day, 1065, Stigand, Archbishop of Canterbury, in the presence of Queen Edith and the chief notables of the country, consecrated the building, which had been a witness of the nation's faith from that time till now. The passing year had been memorable for the reinauguration of the Henry VII. Chapel and the revivalafter a lapse of 700 years-by the King of the solemn religious service for the installation of the Knights of

The centenary of the birth of the late Sir James Paget, the great London surgeon, has lately been fittingly celebrated at Yarmouth, his native town. He was both born and baptized in the town and he spent a portion of his life there and he is rightly held in great reverence and esteem by its inhabitants. The celebration was kept up for some days, and on the Sunday the Bishop of Stepney, Dr. Luke Paget, one of Sir James Paget's sons was present in the parish church at the services, together with Mr. Stephen Paget, and other members of the family. Special remembrance was made during the services of the late distinguished surgeon. The Bishop of Stepney preached to a large congregation, which included the Mayor and Corporation, who attended in State, and a large number of doctors and nurses. In the course of his address he dwelt much upon his father's associations with Yarmouth, and touched on the many times he had visited it after his work had made it necessary for him to leave the town and to go to London. "First and foremost," said the Bishop, "he was a true lover of the place of his birth, and then came that title, divinely rather than humanly given, which was inseparable from his name, James Paget, Surgeon."

#### The Good Work of the Downy Woodpeckers

Much is said nowadays about planting trees and taking care of the forests. It is certainly necessary to protect the trees, for lumbermen chop them down, fire destroys them, and there are certain insects, called borers, which eat out their very life.

There is one little bird, called the downy woodpecker, which tries to help save the trees. His sharp ears hear the borers eating into the trunks of the trees, and his quick bright eyes spy out the nests of the borers which are tucked away in the bark of the trees. The woodpeckers eat up the borers and destroy their nests, and thus they save many trees from destruction. This is the reason that the State of Washington has honoured this bird by choosing it for the new State seal.

The downy woodpecker is only about six inches long, with black and white feathers and a red patch on the back of its head. It chirps "Clink!" like the big hairy woodpecker, only not so loudly.

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#### Reynard the Swiftfoot

By Jessie M'Clure.

Perhaps of all the wild animals near our homes the fox is the most crafty and cunning. He is both hunter and hunted. The most common of the tribe is the red fox, with his white throat, in striking contrast with the tawny red of his body. The under parts of the body and the tip of his bushy tail are white also. You have all heard of the silver fox, whose pelt is one of the most valuable in the market. But a silver fox is rarely met with.

Some men have started to raise foxes and sell the hides. It is a paying business, but it takes a great deal of care and watchfulness on the part of the man who undertakes it. I have seen near Petrolia a fox farm, all covered in with closely-woven wire, in order to keep a prisoner the cunning red fox.

Reynard is a cousin to the dog, and is built much like him, but he has very pointed ears and a sharp, keen nose. Strange, isn't it, that the dog should be such an enemy to his cousin, the fox? But Reynard the Swiftfoot is very fleet and is not easily run down by the hounds.

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# SHREDDED WHEAT

It contains no yeast, no fats, no chemicals of any kind—just pure whole wheat steam-cooked, shredded and baked. The crisp, brown Biscuits are not only deliciously appetizing, but they encourage thorough chewing, which makes them better than porridges for growing youngsters. A Shredded Wheat Biscuit with cream and sliced bananas makes a wholesome, nourishing meal and will give all the strength needed for a half day's work or play.

Always heat the Biscuit in oven to restore crispness. Two Shredded Wheat Biscuits with hot milk or cream will supply all the energy needed for a half day's work. Try Toasted Triscuit, the Shredded Wheat wafer, for luncheon, with butter, cheese or marmalade.

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