



UNDERGROUND IN THE SCOTIA MINE.

ing its own iron and steel works at Sydney Mines, a few miles away from the Dominion Steel plant, also exports large quantities to Great Britain, the United States, and Germany.

Fifteen years ago, Bell Island was inhabited by a few hundred farmers and fishermen. On the south side of the island there were some scattered farms, while the northern side was nothing but a dense forest. Tremendous changes have been wrought in the island since then. The population has increased very rapidly. On the southern side are two big loading piers at which ore steamers are nearly always lying during the shipping season, while on the northern side are to be seen the half dozen mines operated by the two companies.

"Wabana" is an Indian name, meaning "the place where the light first shines." This is literally true, for these mines are situated on almost the most easterly land in America. Conception Bay, so-called by Cartereal, the Portugese explorer who followed Sebastian and John Cabot in exploring Newfoundland, is an inlet in the Avalon peninsula on the northeast coast of the Colony, a few miles from St. John's, its capital. This arm of the sea runs inland for about thirty miles, and in places is thirteen miles wide. Near the southeastern side of the bay