PROPOSED CHANGES

At the last meeting of the Council Ald. Edmondson introduced notice of a by-law to change the polling subdivisions in North Chatham. Ald. Edmondson's idea is a good one, but his proposed remedy is not any important the characteristics. a by-law to enange the polling subdivisions in North Chatham. Ald. Edmondson's idea is a good one, but his proposed remedy is not any improvement. The bad feature about Ald. Edmondson's proposed re-arrangement is that it leaves No. I subdivision, the largest in North Chatham, as it is. Now No. 1 subdivision is the most troublesome one. There are at present 299 voters on the list and, if one more voter is added, this sub-division will have to be divided for the parliamentary elections at least, as for these elections net more than 300 voters are allowed at any one sub-division. An additional sub-division means an additional cost of \$16 for every election, and of course the city has to pay the piper in any case. Now it wouldn't add to the expense to join subdivisions seven and eight on the south side of the river, where the number of voters are few, and to make four sub-divisions over the river. The two sub-divisions seven and eight are territorially small and from the post office to the Town Hall is as far as anybody would have to walk.

The proposed arrangement over the river in No. 5 Ward will be to make three polling sub-divisions north of Head St., and one for the territory ling south of Head St. except that portion of Head St. west of St. Clair St. The following will be the divisions then:—

Division No. 1—All that part of the

hen:—
Division No. 1—All that part of the city lying west of St. Clair street from the river north to the city limits.
Division No. 2—All north of Head St. between St. Clair street and Victoria

between St. Clair street and Victoria Ave.
Division No. 3—All north of Head St. and east of Victoria Ave.
No. 4—All South of Head St. and east of St. Clair street.
No. 5—Present No. 4 sub-division, Murray St. north to the river.
No. 6—Present No. 5, between Murray St. and the oreek.
No. 7—East of William St., from the creek to Wellington St.
No. 8—Present Nos. 7 and 8, from William to Fourth streets, north of Wellington.
No. 9, No. 10, No. 11, No. 12, as at present.

present.
No. 13-West of Adelaide St., north
of Park instead od north of Prince

of Park instead of north of three St. as at present.

No. 14—East of Adelaide St., north of Park St. instead of Prince St.

No. 15—As at present.

The following is a list of the number of voters at each polling sub-division and the number that would be at each sub-division when the proposate are made; are made; amendments are made:

1 amendments are made:—
No. 1—Present, 299; as amended, 160.
No. 2—P., 275; A., 180.
No. 3—P., 154; A., 220.
No. 4—P., 145; A., 190.
No. 5—P., 116; A., 145.
No. 6—P., 143; A., 116.
No. 7—P., 86; A., 143.
No. 8—P., 67; A., 153.

No. 7—P., 86; A., 143. No. 8—P., 67; A., 153. No. 9—P., 132; A., 132. No. 10—P., 204; A., 204. No. 11—P., 148; A., 148. No. 12—P., 204; A., 204. No. 13—P., 245; A., 210. No. 14—P., 169; A., 204. No. 15—P., 105; A., 105.

No. 15—P., 105; A., 105.
These figures are taken from the parliamentary election lists at the last election. It includes Part I. of the voters' list and the manhood franchise registration vote. In municipal elections Part II. of the voters' lists takes the place of the manhood franchise voters and the lists for both municipal parliamentary elections are practically the same.

Raleigh Council.

The Raleigh council met pursuant to statutory notice on the 12th January, in the town hall.

Present—James Clayton, reeve elect, wm. H. Irwin, E. A. Dillon, E. Randall and John A. Stringer, councillars elect.

The necessary declarations of office were subscribed to and filed with the

COMMUNICATIONS

Applications for assessor were receibed from Wm. Phelan, S. S. Gil-hula and Thomas Irving. Applications for medical health of

Applications for medical Green were received from J. C. Bell, M.D. and S. N. Young, M.D. Applications for township engineering from A. S. Code, J. W. Shackleand Angus Smith. Applications

placed on file.

A circular letter from the hospital for sick children, Toronto, asking for grant. No action.

A petition was received from Cliver Bailey and eighteen of lef ratepayers in the Pike drainage scheme, setting forth that the present commissioners wished to resign and sking the council to appoint Edgar Johnston, Robt. Bains and George Bruette as commissioners, said Johnston to be given missioners, said Johnston to be great full power, with the consent and ap-proval of at least one of the other commissioners, to clean out obstruc-tions in ditches and culverts leading to the pump, to order repairs for the pump, to purchase fuel, to appoint an engineer, and to do all other things necessary to keep the pump in good repair, all expenses to be charged to the drainage works. The salary Johnston to be fifty dollars

repair, all expenses to be charged to the Pike drainage works. The salary for Mr. Johnston to be fifty dollars per annum and the other two to receive no salary.

The clerk submitted account of \$33.—80 for registering 106 births, 46 deaths and 17 marriages. Ordered paid.

The clerk reported that the township's part of the Freeman ditch was seventy-four rods along the 14th concession road, estimated at \$100.

A copy of the report of H. Marshall in reference to the construction of the Hickey drain bridge on the town time was received from the clerk of Tilbury, which showed that the bridge had cost \$192,51 above the engineer's estimate. Also a copy of a resolution from the council asking Raleigh to pay its proportion of the extra cost, being \$82.50.

Wm. Higgins addressed the council in reference to disinfecting his house for same, but the township had paid for disinfecting all the other houses and he claimed he should be refunded the \$4.

Hickey and Ed. Neal address-

The stomach is a larger factor in "life, liberty and the pursuit of happiness" than most people are aware. Patriotism can withstand hunger but not dyspepsia.

The confirmed dyspeptic "is fit for treason, stratagems and spatie." The

peptic "is 111 for treason, stratagems and spoils." The man who goes to the front for his country with a weak stomach will be a weak soldier, and a fault finder. A sound stomach

makes for good citizenship as well as for health and happi-

ness.

Diseases of the stomach and other organs of digestion and nutrition are promptly and permanently cured by the use of Dr. Pierce's Golden Mediane. ical Discovery. It builds up the body with sound flesh and solid muscle.

solid muscle.

"After I received the advice which you gave me in regard to my treatment," writes Geo Dorner, Esq., of 1915 Pulaski Street, Baltimore, Maryland, "I used your 'Golden Medical Discovery' according to directions. After using four bottles I considered myself cured, as I have not felt any symptoms since. Had tried almost all remedies that I heard of that were good for dyspepsia, but without relief. Finally, I became discouraged, and wrote to you for advice, with the above result."

The dealer who offers a substitute for the "Discovery" is only seeking to make the little more profit realized on the sale of less meritorious preparations.

Dr. Pierce's Medical Adviser is sent free on receipt of stamps to pay expense of customs and mailing only. Send 31 one-cent stamps for the paper covered book, or 50 stamps for the cloth bound. Address Dr. R. V Pierce, Buffalo, N. Y.

the roads to operate for oil and giv-ing the township a royalty for same thus bringing a revenue into the town-ship treasury. Matter laid over. The following commissioners were

ship treasury. Matter laid over.
The following commissioners were appointed for the road divisions: No. 1, Wm. H. Irwin; No. 2, Ed. Randall; No. 3, Ed. Dillon; No. 4, J. Stringer and No. 5, James Clayton.
Randall moved that J. C. Bell be medical health officer.
Clayton and Irwin that S. N. Young be medical health officer.—Carried.
Irwin moved that Thos. Irving be lassessor.

Clayton and Randall that S. S. Gil-

Clayton and Randall that S. S. Gil-hula be assessor.—Carried. Irwin and Randall that the com-missioners of No. 3 division is hereby appointed to let and superintend the township's part of the Freeman ditch.—Carried. Randall and Stringer that E. S. Dyke be paid \$3.00 for assisting in the survey of the Doane and Gilhula

the survey of the Doane and Gilhula drain.—Carried.
Randall and Stringer that this council pay Tilbury East \$150, Raleigh's proportion of the engineer's assessment for the construction of the Hickey drain bridge on the Raleigh and Tilbury town line.—Carried.
Stringer and Dillon that the treasurer be instructed to procure a land register for this township.—Carried.
Randall and Irwin that the petition of Oliver Bailey and others in refer-

THEORIES ABOUT FOOD

Also a Few Facts on the Same

Subject

We hear much nowadays about health foods and hygienic living, about vegetarianism and many other fads along the same line.

Restaurants may be found in the larger cities where no meat, pastry or coffee is served and the food crank is in his glory, and arguments and theories galore advanced to prove that meat was never intended for human stomachs, and almost make us believe that our sturdy ancestors who lived four score years in robust health on roast beef, pork and mutton must on roast beef, pork and mutton must have been grossly ignorant of the

laws of health.
Our forefathers had other things
to do than formulate theories about
the food they ate. A warm welcome
was extended to any kind from bacon

o acorns.

A healthy appetite and common ense are excellent guides to follow matter of diet, and a mixed diet

in matter of diet, and a linked diet of grains, fruits and meats is undoubtedly the best.

As compared with grains and vegetables, meat furnishes the most nutriment in a highly concentrated form and is digested and is assimilated in the contractables and and is digested and is assimilated more quickly than vegetables and

more quickly than vegetables and grains.

Dr. Julius Remmson on this subject says: "Nervous persons, people run down in health and of low vitality should cat meat and plenty of it. If the digestion is too feeble at first it may be easily corrected by the regular use of Stuart's Dyspepsia Tablets after each meal. Two of these excellent tablets taken after dinner will digest several thousand grains of meat, eggs or other animal food in three hours, and no matter how weak the stomach may be, no trouble will be experienced if a regular practice is made of using Stuart's Dyspepsia Tablets, because they supply the pepsin and diastase necessary to perfect digestion, and every form of indigestion will be overcome by their use. That large class of people who come under the head of nervous dyspeptics should eat plenty of meat and insure its proper digestion by the daily use of a safe, harmless digestive medicine like Stuart's Dyspepsia Tablets composed of the natural digestive principles, pepsin, diastase, fruit acids and salts, which actually perform the work of digestion. Cheap oathartic medicines, masquerading under the name of dyspepsia cures are useless for indigestion as they have absolutely no effect upon the actual digestion of food.

Dyspepsia in all its many forms is simply a failure of the stomach to digest food and the sensible way to gepsia is to make daily use at meal time of a preparation like Stuart's Dyspepsia Tablets, which is endorsed by the medical profession and known to contain active digestive principles. Dr. Julius Remmson on this subject

ence to the pumping works be enter-tained and the clerk instructed to pre-pare a bylaw in accordance therewith.

Dillon and Stringer that Wm. Higgins be refunded \$4 paid by him for disinfecting his house—Carried. The Deputy returning officers were ordered paid \$5,00 each and the poll

clerks \$2.00 each.
Council adjourned to meet Feb. 23,
next: A. E. ROBINSON,

THE FROST

The Frost looked forth one still, clear might, And whispered, "Now I shall be out of sight, to through the valley and over the height In stience I'll take my way. I will not go on like that blustering train, The Wind and the Snow, the Hall and the Rain, Who make so much bustle and noise in value.

wain; But I'll be as busy as they."

Then he flew to the mountain and powdered its crest;
He lit on the trees, and their boughs he dressed
In dinmond beads; and over the breast
Of the quivering lake he spread
A coat of mail, that it need not fear
The downward point of many a spear
That he hung on its margin far and near,
Where a rock coald rear its head.

He went to the windows of those who slept, siept, over each pane like a fairy crept; rever he breathed, wherever he step-ned

ped.

By the light of the moon were seen dost beautiful things. There were flowers and trees;
There were bevies of birds and swarms of bees;
There were cities with temples and towers; and these.

All pictured in sliver sheen.

But he did one thing that was hardly fair; He peeped in the cupboard, and finding there That all had forgotten for him to prepare,
"Now, just to set them a thinking.
I'll bite this basket of fruit," said he;
"This costly pitcher I'll burst in three;
And the glass of water they've left for m.
Shall 'tchick!' to tell them I'm drinking."
Hannah Gould.

IDEALS OF CITIZENSHIP

Ailments of Society to Be Remedied Only by Unselfish Men.

Mr. J. W. Flavelle addressed the members of the Toronto Canadian Club recently at the noon-day meeting on "Ideals of Citizenship." He began his talk by a reference to a writer who had said that no process could be more harmful than one which would cast all men in one which would cast all men in one mould. Every human being had a character distinct and unlike any other, an individual work to carry on and influences to exert peculiarly its own, and a mind which no conscience but its own could teach. One of the faults of our existence had been the failure to observe the soundness of the statements of this writer. writer.
People were apt to select a certain

People were apt to select a certain course for themselves, which they believed to be right, but were not content unless they endeavored to compel all others to follow in the same course. The referendum campaign was an instance of this. He knew of no reason why one section of the people should sit in judgment upon the actions of another. It was not only ungenerous, it was very close to being impertinent. Men had failed the recognize the right of other men to Jwork out for themselves the principles that would govern their lives. Was there any principle unsured the second of the second to Jwork out for themselves the principles that would govern their lives. Was there any principle underlying conduct which would produce ideal citizenship upon which each man could build his own superstructure? The speaker dealt with the substitution of the law of Moses for the savagery of the world, and of the higher laws which came through the teachings of the Saviour. The underlying principle of ideal citizenship was then that men should view their relations with other men in the light of the service that they could render others. If this idea of service was before them would it not lift commercial life to a higher plane, and make it something more than a mere money-making machine? There were in public life a breed of men who believed that the public existed to keep them in office. The nation had had the Pacific scandals of history and the burnt ballots, the stuffed ballots and the switched ballots of to-day, and they had Brunet of Montreal, who, it appeared, had dealt in every form of political iniquity for the purpose of what — of sitting in Parliament to represent the people. The remedy for the ailments and ills of society would only be found in men having underlying their actions a purpose and a desire be found in men having underlying their actions a purpose and a desire to serve the community and to build up the character and life of those up the character and life of those surrounding them. And, having done this, they could rest at ease as to whether they pleased or displeas-ed those with whom they were associated.

Three generations of Irish political Three generations of Irish pointion prisoners were exiled in Australia, and they have all left literary memorials behind them. The memoirs of Gen. Holt, one of the leaders of the rebellion of 1798, contain some of the most graphic descriptions of life in the early penal settlements. The leaders of the 1848 rebellion were mostly authors and journalists, and those of them that were convictand those of them that were convicted and transported continued to ply their pens in Tasmania. John Mitchell wrote his "Jail Journal." William Smith O'Brien jotted down his "Meditations in Exile," and Thomas Francis Meagher, afterward a general in the American Civil War and Governor of the State of Montana, wrote a series of sparkling letters to the Dublis Nation and published a the Dublin Nation, and published a book on "Australasia." Of the Fen-tian prisoners transported to Western Australia in the sixties, John Boyle O'Reilly afterwards editor of The Boston Pilot, and a poetical contrib-Boston Pilot, and a poetical contributor to the American magazines, was the most notable. He wrote a Western Australia novel called "Moondyne," and a dramatized version of it has just been produced at the local theatre. It is the story of an caped prisoner who gained enormous wealth by discovering a great gold field in the interior of Western Australia, and came to London, with the notion of utilizing his risks in hillanthrophy.—London Chronicle.

OSS OF APPETITE



If your stomach is upset or in any way out of order-if food seems distasteful to you-if acidity, burning or fullness of the stomach prevents you from having an appetite-if you wish to eat and eat well-take, before each meal, a wine glassful of

VIN STMICHEL

It will create an appetite and restore to the palate that lost relishing taste for food. It will make the digestive organs

act naturally and properly digest the food eaten, whether your stomach is in good order or not. No matter if you are young or old, sick or healthy ____VIN ST. MICHEL



MAKES YOU EA

LOWER PRICES

BETTER VALUES

O clear out our entire stock of Stoves, Horse Blankets, Robes, Coats, Axes, Cross Cut Saws, Skates, Sleigh Bells, and all such seasonable goods, we are making for two weeks

Prices that will sell Our Goods

It's our stock-taking season and prices will not interfere with sales.

GEO. STEPHENS & DOUGLAS HARDWARE AND IMPLEMENT MERCHANTS

The height of selfishness, to drink Blue Ribbon Jea. every day and never tell

your friends about it.

Put up Black Mixed & Ceylon Green

HUGH McDONALD & Co. are showing various designs of

Sideboards at Low Prices...

A Golden Finished Sideboard with prettily carved backs and pillars, 2 drawers and large amount of cupboard room for

A Golden Finished Sideboard, 4 feet long with carved back and pillars, 2 small drawers and 1 large linen drawer, plenty of cupboard room 10.00

Better Sideboards are shown at \$12.00, 16.00, 18.00 to

Hugh McDonald & Co. FURNITURE AND CARPETS

Lake Erie & Detroit River R.R.

CANADIAN PAGIFIC

A TOURIST CAR.

A Canadian Pacific Tourist Car is a Canadian Pacific Tourist Car is similar in general appointments to this Company's palace sleepers. It is large, airy, perfectly ventilated, handsomely finished and upholstered. Portable section partitions, which firmly lock in place at night, make an open interior with no obstructing berth supports by day, and insure perfect seclusion to each berth by

Any Canadian Pacific agent will gladly give you further particulars and secure you accommodation in one of these cars.

A. H. NOTMAN, Ass't Gen. Passr. Agent, I King St. East, Toronto. W. H. HARPER, City Passr. Agent.

GRAND KUNN SYSTEM

"THE EASTERN FLYER" eaves CHATHAM at 5.08 pm, daily

Acrives CHATHAM at 5.08 p.m., daily.

Arrives Toronto at 9.30 p.m. daily.

Montreal at 7.30 a.m. daily.

Portland at 6.15 p.m.

Boston at 7.05 p.m.

Carries through coaches and Cafe Parlor
Car to Toronto, and Pullman Steeping Car.

to Montreal, connecting with Parlor Car to Parland.

Winter Resorts.

HOT SPRINGS CALIFORNIA, HOT NEW ORLEANS, "THE CAROLINAS"

Round trip tourist tickets good for nine ths, now on sale, giving and stop-over privileges at principal points

V. E. RISPIN, C. P. A. J. C. PRITCHARD, Chatham. Depot Agent.

The Great Winter TOURIST ROUTE

south and west including the famous Hot Springs, Ark., Old Mexico.

Toxas and California, The Land of Sunshine and Flower

YOUR particular attention is called to the fact that passengers going via Detroit and over the Wabash reach their de tination hours in advance of other lines. The new and elegant trains on the Wabash are the finest in this untry, everything is first-classs in every respect.
All round trip winter tourist tickets are now on sale at lowest rates.

We are Back Again to REGULAR PRICES

With the Best Work in the City. Goods Called for and Delivered.

rarisian Steam Laundry Telephone 20