LESSON XIII., JUNE 27TH, 1920. Noble Life of Samuel Review 1. Samuel 12:1-5, 13-25.

Summary.—Lesson 1. Topics God Working through national leaders. Place: The land of Canaan. Joshua lelivered an affectionate and impresaddress to Israel shortly before death. They served the Lord laithfully for many years after Joshua

Topic: The cervice of women m national leadership. Place: Nor-thern Canasa. After the Lord had de-livered Israel from the king of Mesopotamia, they fell again into sin and the Canaanites were permitted to op-press them. Deborah was a prophet 188. The Lord sent her and Barak to defeat the Canaanites.

III. Topic: One with God a ma-lority Place: Plain of Jezreel. The Midianites became distressingly trou-blesome to Israel. At this time the lord raised up Gideon to deliver his people from their enemies. Gideon salled for an army. Thirty-two thousand responded. The army was reducted to three hundred and gained the

hictory †
Topic: The power of personal affluence. Piaces: Moab; Bethlehem. Il melech, Naomi Moab on account of Moabi. he famine. The sons married Moabi women, Ruth and Orpah. During ten years of residence there, Elimelech and the two sons died. Naomi teturned to Canaan and Ruth persisted in going with her.

V. Topic: Religious capacities and training of children. Place: Shiloh. The Lord promised Hannah, the wife of Eikanah, a son. She said that infancy to the Lord. At an earl age the took him to the house of the Lord, there to remain and serve under Eli,

priest and judge.

I. Topic: Responsibilities VI. Topic: parents and children. Places: Aphek; Ebenezer; Shiloh. Phillistines. Israel was defeated and it was decided to bring the ark of the covenant into the camp. This was done and the Phillistines defeated Israel again and

VII. Topic: Qualifications for leadp. Places: Kirjath-jearim, Miz-Ebenezer; Hamah. The Phillistines had oppressed Israel many years. Samuel had tried to ring about a reformation and the people were turning toward the Lord. They confessed their sins, gave up their idols and vowed to serve God only. The Lord gave

Israel a great victory.

VIII. Topic: The Selection of VIII. Topic: The selection of leaders. Place: Ramah. The people of Israel desired a king so as to be like other nations. They were disleased with Samuel's sons, whom he adremployed to help him in judging Israel. The Lord granted them their

desire.

IX. Topic: The value of initiative in Christian work. Places: Gibeah; Michmash. The Phillistines were at Michmash. Saul had six hundred men at Gibean. Jonathan, Saul's son, sed to his armor-bearer that they vo go to the stronghold of the Phil listines. They gained a signal vic-

tory for Israel.

X Topic: The strength and weak of Saul's character. Place, Gil-The Lord sent Saul a nessage by Samuel to go and utterly destroy the Amalekites. Saul went out with his army and defeated the enemy; but

beyed God and was rejected.

I. Topic: The possibilities of the Piaces: Ramah; Bethlehem. The Lord sent Samuel with a horn of oil to Bethlehem to anoint one of the sons of Jesse as king of Israel. A sacrifice was offered, then the sons were called one by one an David, the youngest son, was anoint-

XII. Topic: Our divine Shepherd. Place: Probably Jerusalem. As David was a shepherd, it was natural for him to present the life of the godunder the figure of a sheep in relation to the shepherd.

PRACTICAL SURVEY. Topic.-Samuel's service to his

people. 1. Samuel's resignation.

Samuel's challenge. 111. Samuel's farewell address

Samuel's resignation. The establishment of a royal government in Israel was completed in the public inauguration of Saul at Gilgal. During a long life Samuel had been God's vice-gerent in Israel. His relationship to national affairs was about to undergo a change, in some respects a natural result of his advancing years, but more immediately resulting from the late national movement. The sentiment of the monarchy seemed to suggest, if not to necessitate, his le-tirement from the position he had so ng and so honorably occupied as sole judicial administrator. His official functions were not entirely to cease His official his subsequent relations they appear to have been those of prophe-tic rather than judicial authority, simflar to those exercised by the later pro phets as special messengers of Jeho They reproved even kings, do clared judgments and on great occa sions sought and obtained for them divine d.rection. Samuel's influence was constantly present to restrain and correct Saul's waywardness, and he continued to maintain the exalted min istry of intercession. better spare its potentates than its prophets.

Samuel's challenge. Since child Samuel had lived in a noonday blaze of publicity. He was early pressed into public service, and his whole life was before the neople to whom he now appealed. His judicial record was well known Now, what about to lay down the burdens of administration, he seeks no artificial honors, but only to come out of the trial with unsatined reputation of with unsulind character. The cholservice has been given to bring against him a just accusetion. No tortion oppression or injustice had up for it in other ways

marred his administration. The searching challenge he issues, every godly man, and especially if entrustgoody man, and especially it entrust-ed with public or judicial functions, ought to be able to put to his own age. The virtue of public men is of vast importance in its effect upon so-ciety. Samuel's life was both an ex-ample and a rebuke; worthy example of personal excellence and of public prohitive, rebuke in its unifurneachprobity; a rebuke in its unimpeach-able public righteousness.

III. Samuel's farewell address. No

man in Hebrew history stands before Samuel in purity of life and single-ness of purpose. No man was more devoted to the welfare of the nation, and none excepting perhaps Moses, "more honored of God as an interces-sor." In his valedictory address he follows the example of his predecesfollows the example of his predeces-sors, Moses and Joshua, in reviewing the national history from the begin-ning, recounting God's providences, and reasoning with them of "all the righteous acts of the Lord, which he did to you and to your fathers."
"There is a central line of history, which telesteeths control line." which indicates the central line of purpose." Providences are not isolat-ed occurrences, but are connected with and indications of, a central, unifying purpose, The errors of le-rael are not omitted. Warning is mingled with promise. The kingship could not displace the theocracy. Both ruler and people were subjects of su-preme authority.—W.H.C.

Red Walls in Factories.

One of the causes of Germany's pres ent position is declared by some ob-servers to be the red paint on her fac-tory walls. According to John Taylor, Germans, keenly alive to the effect of environment, painted the insides of their factories bright red in order to stimulate energy in the work ers, says the London Daily Mail. The ers, says the honorment, however, Mr. aggressive environment, however, Mr. Taylor thinks, encouraged the spirit of forcefulness which lured them to de-

truction.
In a letter addressed to the Prime Minister, and duly forwarded to th housing authorities, Mr. Taylor pleads that the health and aesthetic feelings of the population may be of the population may be fostered through the proper coloring of the new houses. "I believe," he writes, "that a lot of depression in domestic and businer; life is due to irrationally and institctically colored. and inartistically colored surround

ings. Color has a powerful effect on health, temperament and character. Green fields, blue skies and red flower: produce pleasurable a sthetic sen sations. Two or three French medi cal scientists have demonstrated that color cures are effectual in cases of temperamental disorder. A London hospital was put at the disposal of Mr. H. Kemp Presser during the war. He created a correct color environ-ment for the treatment of shell shock. In a number of cases his prescription spring green, cerulean blue and e-blossom pin' or iris purple, and

UTTERLY HELPLESS FROM ST. VITUS DANGE

THE SUFFERER RESTORED TO HEALTH THROUGH THE USE OF DR. WILLIAMS' PINK PILLS.

St. Vitus dance is a disease of the

nerves brought on by a morbid condisease with children, and attacks grus more frequently than boys. Ir-intability is frequently one of the first eighs noted. The child frets, it is quarresome, and does not sleep well. The jerky movements that charocterize the disease come a little later. The patient becomes paie, languid and often constipated. The limbs and and often constipated. The limbs and sometimes the whole body lerks spac-motionally, and in severe cases the power of speech is affected. Such a child should not be allowed to study, but should be kept quiet, given a nutricional to the study of the stu tritious diet, remain out of doors as given a course of Dr. Williams Pink Pills to build up the blood and restore the shattered nerves. Without this treatment the trouble may become chronic and the patient a life-long sufferer. The value of Dr. Williams Fink Pills in cases of this kind is shown by the following statement by Mr. Frank J. Scriven, Acton, Ont., who says: "In January, 1917, when i resided at Milton, Ont., my daughter Gertrude, then aged fourteen, had a had stack of Theumetic Green which a bad attack of rheumatic fever, which left as its after effects a severe at-tack of St. Vitus dance. For weeks she was confined to her bed under the doctor's care. She was entirely help-less, being unable to even hold a spoon to feed herself. For a time she lost the power of speech almost entirely, and only with great difficulty made herself understood. The twitching of her muscles was so bad it was painful to see her. After a long time and taking a lot of medicine, she seemed to improve. But she did not seem to get along as she ought to. In November, 1917, we removed to Acton, and in January, 1918, one was again con-fined to her bed with St. Vitus dance. She was again in a terrible state and quite helpless. She was under a doctor's care, and while there was an improvement, she was still very nervoue, clid not look well and was always tired. In May, 1918, we decided to try Ir. Williams Pink Pilks and see what they would do for her. She took them regularly according to di-rection, and after taking several boxes there was a decided improve-ment. After a further use of the pills she is now as healthy a gir; as you would when to see. She is [at, with a line, healthy color and is strong and lively. The neighbors to whom she is well known remark on the wonderful change in her appearance since taking Dr. Williams Pink Pills. Both her mother and myself are convinced that the pills have done her a world of good as she is now far healthier than we at one time thought she ever would

For all trouble due to poor blood ror air feature and to poor based and weak nerves there is no other medicine can equal Dr. Williams Pink Pilks. You can get these pilks from any dealer in medicine, or by mail, post paid, or 10 cents a box or six hoxes for \$2.50 from The Dr. Williams. Medicine c. Brockville, Ont.

Many a girl who isn't pretty makes





MAKE FOR THYSELF A PART. On, on, across the plains, and feel ne

Where not the boldest hath Trod down a path, which thou may'st

safely tread,
Make for thyself a path.
—Goethe (Aytoun's and Martin's
translation).

AIM HIGH.

Some men are afraid of being too rengious. What we need to-day is men who believe deep down in their souls what they protess. The world is tired and sick of sham. Let your whole heart be given up to God's service. Aim high, God wants us all to be H's ambassadors, It is a position higher than that of any monarch on earth, to be a herald of the cross; but you, must be filled with the Suirit of you, must be filled with the Spirit of God—not afraid of being called fan-atics. You are not good for anything until the world considers you a fan-atic. Fox said that every Quaker ought to shake the country ten miles around. What does the Seripture say? around. What does the Scripture say:
"One shall chase a thousand, and two
shall put ten thousand to flight." It
takes about a thousand to chase one
now. Why? Because they are afraid
of being too religious. What does
this world want to-day? Men—men
that are out-and-out for God, and not
half-hearted in their allegiance and half-hearted in

THE MAN NEXT TO VOIT It is good for us to stop once in a while to consider what the man next to us may think about us. There are many who are concerned about their genera; reputation and standing, and those who are more concerned about reputation than they are about character often find it easy to live a, double life without general discovery. Such a thing is hardly possible among those with whom one is immediately ly we hear one say of another who has passed away: "His was a fine char-acter. I know because I worked with him." If such a one were questioned and constantly associated. Occasiona he doubtless would admit that the one of whom he spoke had his peculiari ties and defects and shortcomings, but he would invariably insist that the man was good at heart, that his gen-eral course of life was the expression of principles to which he was devoted; of principles to which he was devoted; that he had a high sense of honor; and that he possessed a reasonable and unselfish spirit. He would be thinking of the essentials in character and not of the incidental defects. He would be thinking of the general course of the life and not of the accidental wisetons.

tencies and will quicken his conscience and will lead him to work on the mainspring motives of his life. If he be honest, it will not make him sen-citive or lead to the cultivation of the habit of self-excuse and self-indul-gence, but will rather tend to make his life more transparent. He will his life more transparent. He will seek to correct his life by making ad-missions of his faulte and by making quick apology and amends when he does injustice to others and will daily show the dominating desire to be what he ought to be and to do what

he ought to do.

It cometimes happens that people can be closely associated with other neople without revealing their true character, but that is the exception

and not the rule. It is often the cas that those who are in official positions especially do not discover readily what their associates think of them, but on that very account it is all the more that very account it is all the more important that such persons should ask the question we have indicated. If those in subordinate positions show merely cold respect for those above them, the indication is not good. Whatever dignity and reserve a position may seem to require is penetrated and warmed and rendered harmless the attribute great heart. It sometimes by a truly great heart. It sometimes happens that those in the higher positions imagine that those in subordinate positions, but associated with them do not know or care much about what they are. Such is not the case The students in a college take meas ure of the character of their teachers Employees in a factory evaluate the character of their manager. Sooner or later the people of a nation take the measure of the personal character of their ruler. Associates in business of their ruler. Associates in business often know each other better than they admit. Our l'ves, as a rule, are not much better than those who know us best think them to be, even after we make allowances for all human prejudices and limits to understanding.

WOULD NOT BE WITHOUT BABY'S OWN TABLETS

Once a mother has used Baby's Own Tablets for her little ones, she would not be without them. They are the ideal home remedy for the baby; being guaranteed to be absolutely free from opiates or other harmful drugs. They and have been proved of the greatest a ! in cases of constipation, indigestion colle, colds and simple fevers Concerning them, Mrs. Ernest Gagne Beausejour, Que., writes: "I have used Baby's Own Tablets for constipation and colic and have found them so successful that I would not be without them. I would strongly recom-mend every mother to keep a box in the house. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

For the Cockie Jar.

Filled Cookles—Cream half a cupful of shortening with three-quarters in a cupful of sugar and add one beaten egg, a quarter of a teaspoonful of salt, half a teaspoonful of baking soda, dissolved in half a cupful of theck sour milk and flour to make a soft dough. Chill and shape, using a square cutter, and the centres of half the squares put a generous spoonful of the following: Pass through the neat grinder eight pitted prunes, six stoned dates and four washed figs (soak the prumes for several hours with cold water to cover). Add the water in which the prunes were soaked and course of the life and not of the accidental miesteps.

He who desires that his life should be what it ought to be will get a great deal of help in the frequent self-examination which he needs to make by asking himself: What do those with whom I am associated think of my life? Now only will such a question help one to discover his own and inconsistent habits, but it will also keep him conscious of inconsistency and will guicken his conscience. simmer for 20 minutes. Add sugar to taste, the grated yellow rind and Add sugar firmly together and bake in a quick oven, so that the cookies will not lose their shape. Use a thimble for mak-

ing the openings.

Molasses Spice Cookies—Heat half a cupful of molasses to the boiling point and add three tablespoonfuls of shortening, a quarter of a cupful of brown sugar and one tablespoonful of milk. Sift together two cupfuls of flour, a quarter of a teaspoonful of salt and half a teaspoonful each of baking soda, ground cloves, cinnamon and grated nutmeg. Combine the two mixtures, roll out thin and

bake in a moderate oven. Fortunate is the man who can jump at conclusions and land on his feet.



Even though these says are "econe my" ones, the greatest care and nicety ought to be observed in the prepara tion of food for the sigh. The cook, as someone has tersely said, does, or should do, half the patient's digesting. Nor does the responsibility end with proper cooking. The service must also be faultless and tempting, for the palate must be first tickled via the palate must be first tickled via the cye, the capricious appetite quickened and the desire to taste created before a morsel has passed the lips. The tray and its accessories should be all daintiness, for, as all know, the appetite of the robust person of refinement is dulled by the sight of an untidy clota, a solled napkin or care less arrangement of the dishes. Think then, of the effect which must be produced by shipshod service upon the appetite already on the wane. Never make the serious mistake of asking an invalid what he wants to eat.

invalid what he wants to eat.

At all times the matter of diet is of serious moment, for most surely as a man eats so is he, and in sickness it becomes of paramount importance. Sudden and even fatal relapses have followed in the wake of a disregard of the laws of diet. A list of foods suited to the patient's needs should be obtained from the attending physician and all others should be withheld. Variety is imperative, and it is curprising how many changes may be effected with even a limited dietary list when one sets about the matter in earnest. followed in the wake of a disregard of

DAINTY EGG DISHES. All modern cook books abound in re-cipes for dainty egg dishes. Always serve white bread-and-butter sandwich with egg, which will supply the Nourishing, yet not rich, soups, which must not be confounded with carbohydrates lacking in the egg. broths and meat teas, are highly beneficial to the convalescent, toning up the stomach.

SOME SUGGESTIONS. The following recipes for a vege-table soup without meat may prove useful to some reader: Boil two forma-toes, one enion, one tablespoonful of rice in one quart of water one hour; seas with salt, strain and serve with small rounds of toast.

A small piece of roasted mutton well done, chicken, game or fish can be usually eaten. A bit of tender loin steak, cut from one-half to an inch thick, and broiled for a few minutes, then seasoned and laid between hot plates for three minutes, is not only a savory dish, but is highly nutritious. Serve with a roasted potato dressed

with cream.

A broiled lamb chop is always relished and is easily digested. French a rib chop by scraping the bone until all the fat is removed. Lay on a clean buttered agree to the shape of the shape. rib chop by scraping the bone until all the fat is removed. Lay on a clean buttered paper the shape of the chop and cut double. Fold on a gridiron, broil six minutes, transfer from the case to a platter, garnish with parsley. Serve at once.

Fruit, because of its water constituents and respective acid, salts, in all

ents and vegetable acid salts, is al-ways wholesome for sick people, provided it is fresh, ripe and eaten judi

ciously.

The dishes given here are both wholesome and easily prepared

PANNED BREAST OF CHICKEN. Place the breast in small baking with a little boiling water; cool pan with a little boiling water; cook unfil brown, basting frequently. Season and serve on a hot plate with a border of rice and olives.

APPLES WITH MERINGUE. Cook a tart, juicy apple till soft; put through a colander, sweeten and flavor; fold in the white of an egg

OMELETTE WITH PEAS. Beat the yolks of two eggs lightly; add two tablespoons of cold water; fold in the whites beaten dry, turn into a small omelette pan and stand over fire till set; dry in the oven, dust platter. Garnish with stewed peas SURPRISE BALL.

SURPRISE BAILL.

Whip the white of an egg, add a teaspoonful of sugar and a few drops of
rose extract. Cover a mold of ice cream with the meringue and harden, but brown by holding a shove! heat-ed to a white heat within an inch of the dish.

ONE HOPE.

"There's one hope for us."
"What is it "
"That some day the strikers will ganize and call a strike on striking."

Dragging Backache Quickly Relieved Permanently Cured

Painful back trouble indicates disased kidneys. Don't neglect the first symptoms

When you can't stoop or bend without suffering pain-

out suffering pain—
when your back aches, morning, noon and night, when languor and restlessness oppress you—
Then will the telling merit of Dr. Hamilton's Pills make you feel better

Dr. namilton's Pills exert a wonderful influence of the diseased tissues of the kidneys. They heal and soothe, give vitality and tone, put new life into the kidneys, and thus pre-vent a return of the trouble.

n one day.

Kidney sufferer, health awaits you and happy cure is right at hand in Dr. Hamilton's Pills. Note carefully the above hymptoms, if they fit your case, don't delay, but go at once to your dealer and procure the unfailing Dr. Hamilton's Pills of Mandrake and Butternut, sold in yellow boxes, 250

Mrs. Benham-Speaking of Mother Eve Benham—She wasn't your mother. Mrs. Benham—Why not. I'd like to know? Benham—You are no lineal descendant of a woman who got along with few clothes.-New York Globe.

Good for Father and Good for Sor

MR. C. ROY PRAISES DODD'S KIONEY PILLS.

He States That They Relieved His Soci of Bed Wetting and Himself of Bladder Trouble.—Ask Your Neibr-bors About Dodd's Kidney Pills.

Thivierge Office, Bonaventure Co., Que., June 2st—(Special)—That Dodd's Kidney Pills have been successfully used by both old and young as a remedy for kidney ills is again shown by the statement of Mr. Clem-

ent Roy, of this place.
"I am glad to be able to state," Mr.
Roy says, "that Dodd's Kidney Pills relieved my little boy of bed wetting. They also helped my bladder trouble. I cannot say too much in praise of

Dodd's Kidney Pills."

Dodd's Kidney Pills are a kidney remedy pure and simple. But hladder and urinary troubles come as a result of weak or disordered kidneys. The natural way to treat such troubles is to strengthen or help the kidneys.

kidneys.

Mr. Roy acted on this principle when he used Dodd's Kidney Pills for his own and his son's troubles. The satisfaction he got is voiced by his statement.

If you have not used them yourself, ask your neighbors if Dodd's Kidney Pills are not the remedy for kidney

STORIES OF "BIG" PEOPLE

King Victor Emmanual rarely smokes, and when he does it is usual-

The favorite pastime of Vice-Admiral Sir David Beatty is writing let-

ters to his friends. During his active career as a professional pianist, Paderewski, the pre-sent Premier of Poland, could play from memory more than 500 composi-

Ercest Charles Drury, the new Outarlo Premier, is a practical farmer. His 250-acre farm near the town of Barrie is the same plot that was first tilled by his grandfather a century ago.

Musicians are often singularly superstitious. Paderewski once engaged an expensive apartment in London, but refused to enter when he found it was No. 13 of a certain street, al-

though he paid for it. Thomas A. Edison is of opinion that the human body is a machine which, if properly treated, is capable of sustaining life in comfort, and enjoyment for 150 years. He adds that he him-self hopes to live to that age. The bachelors of the United States

The bachelors of the Carron one of Senate include Boise Penrose, one of members; David the influential members; David Walsh, of Massachusetts, one of the handsomest; Davis Elkins, of West Virginia, one of the wealthiest, and Frank B. Brandegee, of Connecticut, Among the German people there are many who believe that the former kalser is, and always has been, a convinced Spiritualist. Spiritualistic tendencies, it is said, have always been in the Hohenzollern blood. In a book published in Germany some years ago it was declared that the Kaiser not only was inclined to Spiritualism, but accepted it as an objective truth, and even went so far as to

the garment of a medium.

At the age of sixty-five, Sir Arthur Pinero holds sway as the leading English playwright. Few. dramalists, have had so many successes since he took London by storm with "The Second Mrs. I andueray, a quarter of a century ago. Sir Arthur takes im-mense pains over all his plays, is ex-ceedingly patient, and will coach the dullest actor for hours at a time until his performance expresses the auth-

carry in his watchcase a fragment of.

or's conception.
King Albert of the Belgians continues a custom inaugurated by the late king Leopold of becoming godfather to-every seventh son born in Brussels. In carrying out the old usage he once had some difficulty because the seventh and eighth sous were twins. He could not stand as god-father for both boys, because that would give the family two Alberts. The remedy was boys, because that family two Alberts. The remedy was found by Queen Elizabeth, who sugfound by that the crown prince should gested that the crown prince she be the godfather of the eighth i who consequently received the name Leopold.

TORONTO FAT STOCK SHOW

This issue carries the announcement of the Annual Stock Show at the Union Stock Yards. This show has been held for eleven successive years, and has been improved and enharged each year. As to number of entries and prices paid in auction sale of winners, the 1919 show far surpassed all previous ones. Special classes have been provided this year for girl, boys and farm feeders. Prize list will be issued shortly.

To Save Sugar.

When making custards, puddings, tc. use a couple tablespoonfuls of ondensed wilk. This will sweeten it sufficiently so that nos ugar will be required.

OTHERWISE IDEALIZED. (Boston Transcript)
"Are your portraits good agenesses?"
"Well, yes, of course-of the sitter inits."

MUSICAL CRITICISM. "How do you like the new singer. Jones ?"

"Oh, very well, except when she's sing-

Men Swear Women Complain

Just because their corns ache—easy to cure them with Putnam's Corn Extractor: it acts painlessly in twenty-four hours. For corns, warts and callouses the only thing is "Putnam's"; try it, 25c, at all dealers.