

Save your Horse

BY USING

FELLOWS' LEEMING'S ESSENCE.

IT CURES

Spavins, Ringbones,
Curbs, Splints, Spavins,
Bruises, Sore Swellings
and Stiff Joints on Horses.
Recommended by prominent Horsemen
throughout the country.

PRICE FIFTY CENTS.

T. B. BARKER & SONS, LTD
ST. JOHN, N. B., Sole Props.

O. J. McCully, M. D., M. R. S., London
Practise limited to

EYE, EAR, NOSE AND THROAT

Office of late Dr. J. H. Morrison.
163 Gormain St.

Insurance. Absolute Security
QUEEN INSURANCE CO.
Ins. Co. of North America.
JARVIS & WHITTAKER,
General Agents.

74 Prince William Street, St. John, N. B.

BEATS ALL PREVIOUS RECORDS.

Since its establishment 10 years ago the attendance at the

FREDERICTON BUSINESS COLLEGE

Has been steadily on the increase. The number registering this term is away in advance of all previous years.

This is the best testimonial we can place before the public. Send for Free Catalogue. Address.

W. J. OSBORNE,
Fredericton, New Brunswick.

Little Boy Had Eczema For Six Months. Salves and Ointments No Good.

Eczema is one of the most torturing of the many itching skin diseases, and also the most prevalent, especially in children. The cause is bad blood, aided by insective skin inflammation, etc. It manifests itself in small, round pimples or blisters, which later on break, and form crusts or scales. The skin has an itching, burning and stinging sensation. To get rid of Eczema, it is necessary to have the blood pure, and for this purpose nothing can equal

Burdock Blood Bitters.

Mrs. Florence Benn, Marlbank, Ont., writes:—"My little boy had eczema for six months. I tried ointments and salves, but they healed for only a short time, when it would break out worse than ever. I then decided to give Burdock Blood Bitters a trial. I only gave him two bottles, and it is now two months since, and there is no sign of a return. I feel sure that as a blood regulator, nothing can equal it. I can say too much for what it has done for us."

THE T. MILBURN CO., LIMITED,
Toronto, Ont.

Beware of the fact that

'White Wave'

disinfects your clothes

and prevents disease.

The Home

POTTED TURKEY FOR SANDWICHES

Take the meat from a cold roast turkey and pass it through the chopping machine with the finest plate in it. Weigh or measure the turkey, and allow half as much chopped ham. Season with salt and pepper, and a pinch of ground mace. Melt some good butter, allowing an ounce to each four ounces of meat. Mix all thoroughly together. Press the meat into shallow jars, and cover the top with melted butter. This will keep several days in a cool place. Boiled chopped tongue may be substituted for the ham, or half ham and half tongue may be used.

'HEALTH RESORT' AT HOME.

There are several reasons why invalids improve at a health resort. If some were more comfortable and less hurly-burly they might prove quite as effective as the resort. Rest, baths and water are the three watch-words of 'health resorts.' There can be no rest where there is fretting and rushing. Turn fretting and rushing out of the homes. The bath can belong to any one. Water for bathing purposes is cheap. Until it is tried no one can imagine how refreshing a bath proves to the weary and how much more quietly one sleeps after a bath. Few people drink enough water. In the first place it must be taken slowly, but liberally all through the day. It must be cool but not too cold. Men, women and children would be happier and healthier if they rested more, bathed oftener and drank more good water. —Chicago 'Journal.'

Do not try to sweep an invalid's room, but wring a clean cloth out of cold water to which a few drops of ammonia have been added, and carefully wipe the carpet, matting or floor, turning and rinsing the cloth and changing the water as it gets dirty.

TRUST THE CHILDREN.

Parents often unconsciously injure their children by assuming that they are actuated by wrong motives. In very early life we learn that others can know but little about our thoughts and feelings. Therefore, it is not their prerogative to judge of our motives. Everyone naturally wishes to be presumed honest; and if we know that such is the presumption respecting us, it is comparatively difficult for us to indulge or act out our depravity. But if we find that we are presumed to be dishonest—if it is to be taken for granted that we intend wrong—the first impulse of a depraved heart is pretty sure to be wrong. And a child is as sensitive to such injury as anyone. Let him imbibe the notion that his parents habitually suspect him of mischief, and they are certain to provoke him to wrath and actually induce him to commit mischief of which he had never before conceived. The feeling of his young and wicked heart is very likely to be: 'Well since I am thought no better of, I have no inducement to be any better, and therefore I will be no better. I might as well find some kind of enjoyment, and if I cannot have any credit when I try to do right, I will just abandon such effort, and give loose reins to my passions, and secure such pleasure as I can.'

Many a child, it is feared, has thus become wayward, and undesignedly turned aside from the path of virtue by his least earthly guardians and friends. —Christian Globe.

A POCKET ANNIVERSARY BOOK.

One of my most appreciated Christmas gifts last year, said a business woman, 'was a small pocket diary, that I keep in my sewing machine drawer, which has all the family anniversaries marked in it with red ink. Oh no not a list in the front of the book, but the dates marked through the book with a word or two of explanation, which helped me remember to send Aunt Jane a letter for her sixtieth birthday, and a piece of cut glass to Cousin Dee for her wedding anniversary. Without that little book I should never have known how old Aunt Jane was, or rather how young, or have remembered that Dee had been married fifteen years, as she gave no hint of it in her letters before, and I know

it was a happy surprise to have an unexpected gift as this is like all women thoroughly enjoying an unexpected pleasure. I mean to buy those small diaries by the dozen as soon as they are on sale and send a marked copy to every member of the immediate family.' —The Pilgrim.

A very useful piece of fancy work is a receptacle for parasols. It is shaped like a shoe bag, only it has long deep pockets in which to slip the parasols, and a flap at the top buttons down to keep the dust out. It is tacked on the inside of a closet door. Denim, duck, canvas, linen cretonnes and silk are suitable for such a case. A very pretty and at the same time inexpensive one is of cretonne, showing pink roses on a deep cream background. It is lined with pink satin; pockets are leather stitched in place with pink Asiatic twisted embroidery silk. The flap is leather stitched to correspond. The case is bound with pink ribbon and finished at each corner with a bow of the same.

Another more elaborate case, which is most effective, is of white linen, and has violets embroidered on it at irregular intervals in Asiatic filo flow. On the flap is outlined 'umbrellas and parasols.' It is lined with white lawn in order that it can be easily laundered. —Word and Work

No longer forward nor behind

I look in hope or fear;

But, grateful, like the good I find,

The best of now and here.

—J. G. Whittier.

What Sulphur Does.

FOR THE HUMAN BODY IN HEALTH AND DISEASE.

The mention of sulphur will recall to many of us the early days when our mothers and grandmothers gave us our daily dose of sulphur and molasses every spring and fall. It was the universal spring and fall 'blood purifier,' tonic and cure-all, and mind you this old fashioned remedy was set without merit.

The idea was good, but the remedy was crude and unpalatable, and a large quantity had to be taken to get any effect.

Nowadays we get all the beneficial effects of sulphur in a palatable, concentrated form, so that a single grain is far more effective than a teaspoonful of the crude sulphur.

In recent years, research and experiment have proven that the best sulphur for medicinal use is that obtained from Calcium (Calcium Sulphide) and sold in drug stores under the name of Stuart's Calcium Wafers. They are small chocolate coated pellets, and contain the active medicinal principle of sulphur in a highly concentrated, effective form.

Few people are aware of the value of this form of sulphur in restoring and maintaining bodily vigor and health; sulphur acts directly on the liver, and excretory organs and purifies the kidneys and enriches the blood by the prompt elimination of waste material.

Our grandmothers knew this when they dosed us with sulphur and molasses every spring and fall, but the crudity and impurity of ordinary flowers of sulphur were often worse than the disease, and cannot compare with the modern concentrated preparations of sulphur, of which Stuart's Calcium Wafers is undoubtedly the best and most widely used.

They are the natural antidote for liver and kidney troubles and cure constipation and purify the blood in a way that often surprises patient and physician alike.

Dr. R. M. Wilkins while experimenting with sulphur remedies soon found that the sulphur from Calcium was superior to any other form. He says: "For liver, kidney and blood troubles, especially when resulting from constipation or malaria, I have been surprised at the results obtained from Stuart's Calcium Wafers. In patients suffering from boils and pimples and even deep-seated carbuncles, I have repeatedly seen them dry up and disappear in four or five days, leaving the skin clear and smooth. Although Stuart's Calcium Wafers is a proprietary article, and sold by druggists, and for that reason tabooed by many physicians, yet I know of nothing so safe and reliable for constipation, liver, and kidney troubles, and especially in all forms of skin disease as this remedy."

At any rate people who are tired of pills, cathartics and so-called blood 'purifiers' will find in Stuart's Calcium Wafers a far safer, more palatable and effective preparation.

How to Cure A Burn

Apply Pond's Extract—the old family doctor—it will relieve the inflammation immediately. Cures burns, bruises, cuts, sprains, relieves all pain as if by magic. For over 60 years Pond's Extract has been the "first aid" in cases of accidents—the reliable family remedy. Imitations are weak, watery, worthless. Pond's Extract is pure, powerful, priceless.

Sold only in sealed bottles under half wrapper.

ACCEPT NO SUBSTITUTE.

Obstinate Coughs and Colds.

The Kind That Stick.

The Kind That Turn To Bronchitis.

The Kind That End In Consumption.

Consumption is, in thousands of cases, nothing more or less than the final result of a neglected cold. Don't give this terrible plague a chance to get a foot-hold on your system.

If you do, nothing will save you. Take hold of a cough or cold immediately by using

DR. WOOD'S NORWAY PINE SYRUP.

The first dose will convince you that it will cure you. Miss Hannah F. Fleming, New Germany, N.S., writes:—"I contracted a cold that took such a hold on me that my people thought I was going to die. Hearing how good Dr. Wood's Norway Pine Syrup was, I procured two bottles and they effected a complete cure."

Price 35 cents per bottle. Do not accept substitutes for Dr. Wood's Norway Pine Syrup. Be sure and insist on having the genuine.

THE T. MILBURN CO., LIMITED,
TORONTO, ONT.

TWO GOOD SCHOOLS.

Both well attended and yet we have not sufficient young men to supply the demand for good office assistants to business concerns. Young men stenographers set their own price if they are

MARITIME-TRAINED.

Send for our Calendar.

KAULBACH & SCHURMAN,

Chartered Accountants,

MARITIME BUSINESS COLLEGE,

Halifax, N. S.

CONSTIPATION.

Although generally described as a disease, can never exist unless some of the organs are deranged, which is generally found to be the liver. It consists of an inability to regularly evacuate the bowels, and as a regular action of the bowels is absolutely essential to general health, the least irregularity should never be neglected.

MILBURN'S

LAXA-LIVER PILLS

have no equal for relieving and curing Constipation, Biliousness, Water Brash, Heartburn, and all Liver Troubles.

Mr. A. B. Bettes, Vancouver, B.C., writes:—"For some years past I was troubled with chronic constipation and bilious headaches. I tried nearly everything, but only got temporary relief. A friend induced me to try Laxa-Liver Pills, and they cured me completely."

Price 25 cents per box, or 5 boxes for \$1.00, all dealers, or mailed direct on receipt of price.

THE T. MILBURN CO., LIMITED
Toronto, Ont.