

MESSENGER AND VISITOR

The Home at

and pass it through the chopping machine with the finest plate in it. Weigh or measure the turkey, and allow half as much chopped the threey, and anow pair at more unorgen-ham. Season with salt and pepper, and a pinch of ground mace. Mall some good butter, allowing an ounce to each four ounces of meat. Mix all thoroughly together. Press the meat into shallow jars, and the top with melted butter. This will keep several days in a cool place. Boiled shopped tongue may be substituted for the ham, or half ham and half tongue may be used.

HEALTH RESORT' AT HOME. There are several reasons why invalids, improve at a health resort. If some were more comfortable and less hurly burly they might prove quite as effective' as the resort. Rest, baths and water are the three, watchwords of 'health resorts.' There are be no rest where there is fretting and rushing. Turn fretting and rushing out of the homes The hath can belong to any one. Water for The main can belong to any one. Water for bathing purposes is cheap. Until it is tried no one can imagine how refreshing a bath proves to the weary and how much more quietly one sleeps after a bath. Few people arink enough water. In the first place it must be taken slowly, but liberally all through the day. It must be cool but not too cold. Men, women and children would be happier and healthier if they rested more

Do not try to sweep an invalid's room, but wring a clean cloth out of cold water to which a few drops of ammonia have been added, and carefully wipe the carpet, matting or floor, turning and rinsing the cloth and changing the water as it gets dirty.

TRUST THE CHILDREN.

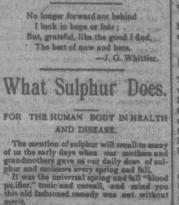
Parents often unconsciously injure their children by assuming tha' they are actuated by wrong motives. In very early life we learn that others can know but little about, our thoughts and feelings. Therefore, it is not their prerogative to judge of our motives. Everyone naturally wishes to be presumed honest; and if we know that such is the presumption respecting us, it is comparatively difficult for us to indulge or act our depravity. Put if we find that we are presum-ed to be dishonest-if it is to be taken for granted that we intend wrong-the first im-pulse of a depraved heart is pretty sure to be wrong. And a child is as sensative to such injury as anyone. Let bim imbibe the notion that his parents habitually suspect him of mischief, and they are certain to provoke him to wrath and actually induce him to commit mischief of which he had never before conceived. The feeling of his young and wick-ed heart is very likely to be: 'Well sinon I am thought no better of, I have no induce-ment to be any better, and therefore I will be no better. I might as well find some kind of enjoyment, and if I cannot have any credit when I try to do right. I will just abandon such effort, and give loose reins to my paa-sions, and secure such pleasure as I can." Many a child, it is feared, has thus become wayward, and undesignedly turned aside from the path of victue by his dearest earthly guardians and friends .- Christian Globe.

A POCKET ANNIVERSARY BOOK One of my most appreciated Christmas gifts last year,' said a business woman, 'was a small pocket diary, that I keep in my sewing machine drawer, which has all the family anniversaries marked in it with red ink. Oh no not a list in the front of the book, but the dates marked through the book with a word or two of explanation, which helped me remember to send Aunt Jave a letter for her sixtieth birthday, and a piece of cut glass to Cousin Dee for her wedding "amiversary, Without that little book I should never have known how old Auni Jane was, or rather how young, or have remembered that Dee had been unarried filteen years, so she gave no hint of it in her letters before, and I know

POTTED TURKEY FOR SANDWICHES it was a happy surprise to have an unex-Take the meat from a cold roast turkey pected gift as the is like all wemen therough-and pass it through the chopping machine it enjoying an unexpected pleasars. I mean to buy those small diaries by the dosen as soon as they are on sale and send a marked copy to every member of the immediate family."---The Pilgrim.

> A very useful piece of famey work is a re-ceptacle for parasols. It is shaped like a shoe bag, only it has long deep peckets in which to slip the parasels, and a flep at the top buttons down to keep the dust out. It is tacked on the inside of a closet door. Denim, duck, canvas, linen cretonne and silk im, duck, canvas, nace, A very pretty and at the same time inexpensive one is of and at the same time increasers we use is of cretonne, showing pink roses on a deep cream background. It is lined with pink satin; pockets are feather stitched in place with pink Asialic twisted embroidery silk. The flap is feather stitched to correspond. The case is bound with pink ribbes and finished at each corner with a bow of the same.

Another more elaborats case, which is most effective, is of white lines, and has violets embroidesed en it at at irregular intervals in Affatic filo floss. On the flap is outlined 'umbrellas and parasols.' It is lin-ed with white lawh in order that 'it can be easily laundered.-Word and Work



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used. They are the natural antidote for lives and stdnay troubles and cure constipation and purify the blood in a way that often surprises patient and physician alike. Dr. R. M. William while experimenting

with sulphur remedies sulphur from Calciur other form. He says blood troubles, especi other torm. The same the treat months and blood troubles, espectrally when resulting from constipation or rma'aria. I have been surpris-ed at the results obtained from Stuart's Cal-cium Walers. In patients suffering for boils and pimples and even deep-seated car-buncles. I have repeated's seas. Them dry up and disappear in four or five days, leaving the skin clear and smooth Although Stuart's Calcium Walers is a proprietory article, and sold by draggists, and for that reason tabooed by many physicians, yet I know of anching so site and reliable for constipation. Tive, and kidney, troubles and, especially is all forms of skin disease as this remed." At any rate people who are fired of pilla, with find in Stuart's Calcium Walers, a far safe more palatable, and shoutes prepare than.

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The Kind That End In Consumption.

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