Happy Hollers From the Hall

By Lou Skuce

"EUTHENICS" TO SAVE MILLIONS

(Continued From Page 1.)

we ask ourselves how much of this criminality is due to heredity and how much to environment?

Slums Breed Crime.

"The slums of our cities afford the very hot-beds of disease, vice and crime.

"That legislation should be secured preventing the reproduction of these degenerates, there can be little doubt. We spend tens of thousands in examining immigrants in order to exclude undesirables, as feeble-minded, criminals, degenerates, and those suffering from communicable disease, and have legislation to warrant our doing so, but we are permitting the reproduction of the same class that we are rejecting, and no effort to stop it, or to improve their environments.

"Again, we take the positive side, and consider such families as the Galtons, Darwins (Erasmus, Charles, George, Horace and Francis) in England, and Jonathan Edwards in America, and yet cannot say how much in these men is to be credited to heredity and how much to environments.

Conscience Cures Drink Evil.

"We have been told that only by the slow eliminating process of the ages could persons who craved for alcohol be weeded out; yet what do we find to be the facts? In the span of one life time the social conscience has done more to weed but drunkenness than many generations of heredity, for we inherit not form only, but inherit also the laws of organic memory —that capacity for making habit—and this capacity in every man, by the pressure and convention of the social hive, can be redirected and reenforced in geometric progression.

"I might urge that this problem of heredity and the science of eugenics are too complicated and dark to guide us in the production of the lives of great men, and men who have led the world tell us that they have not come to this rank of life or that, but that they have sprung up at hazards from any social station. In all countries great men have come alike from hall and from hut, often from poverty, but rarely from destitution.

Care For Children.

"House, feed and teach children decently, and we shall find geniuses, if we note history correct, in all conditions of men. When to all children we have given a fair chance, then we may see what we have to fight with in heredity.

The whole question of race improvement thru heredity constitutes the subject matter of the new science of eugenics. Once the importance of a physical pedigree comes to be rated at its full value, man's pride in his own inheritance will show itself in a correlative feeling of responsibility for future generations. For the sake of the children yet unborn, man and woman will set for themselves physical ideals of the highest order.

"What we understand by euthenics," continued Dr. Hastings, "is the combined efforts that are essential for securing the highest degree of human efficiency. Human vitality depends upon two primary conditions: first, those preceding birth, and second, those during life. The latter embrace sanitary environments, safe water supply, pure food, recreation and amusement. The attainment of these will depend on a proper personal and community effort.

Science of Euthenics.

"The science of euthenics is based on the efficiency of its combined action. The knowledge of the causes of disease and the means by which they can be transmitted from one person to another has been in the past kept largely within the precincts of our universities, colleges and laboratories, but by democratizing the science of preventive medicine we were able to hand this information down to the man on the street in a form in which he can easily assimilate it.

"If we would have higher human efficiency we must first secure better living conditions.

"Engenics deals with race improvement thru heredity—that is, hygiene for future generations. Enthenics deals with race improvement thru environments, that is, hygiene for the present generation. Euthenics, therefore, precedes eugenics, developing better men now, and thus inevitably creating a better race of men for the future.

Euthenics, therefore, constitutes what might be termed the foundation on which eugenics must be based.

"It is most essential that the knowledge of the prevention of disease should accompany the knowledge of the cause of disease, and to these we must add the knowledge of the conservation of resources and vitality. Any well organized campaign against preventive disease must be directed along two distinct lines: first, prevention of disease germs from entering the body, and, second, the developing of the resisting powers of the body, which is capable of throwing them off.

Laws of Happiness.

"It should be the ambition of every man to understand the elemental law upon which his prosperity, his future happiness and in fact his very life depends.

"Pasteur said many years ago that it is within the power of every living man to rid himself of every parasitic disease. Obviously, then, sickness is the result of disregarding some of the laws of nature. Few people have a proper grasp of the real significance of biological evolution. Man is a part of organic nature, subject to the laws of development and growth, laws which he cannot break with impunity. It is his business, therefore, to familiarize himself with the forces of nature, and conquer his environments, and thus gain control of the conditions which will affect his own well being. But the individual is more or less powerless if the community conscience has not been awakened, inasmuch as no man liveth unto himself.

"None of us can suppose for a moment that community hygiene is a matter in which we have no personal interest. The duty itself we may evade, but we can never be sure of evading the consequences of its neglect. Communicable diseases do not infrequently affect the rich, but they thrive most among the poon, but by reason of our common humanity we are all, whether rich or poor, more nearly related here than we are apt to think.

Private Diseases.

"There is probably no greater reflection on our civilization and our intelligence than the fact that tens-of-thousands of lives and hundreds-of-thousands of dollars are being squandered annually in endeavoring to cure diseases that with proper sanitary precautions, never would have occurred; but it is gratifying to note that we are in the dawn of the public health age, when the public will realize that the health of the nation is its most valuable asset, and that preservation of health is much more sane than the treatment of disease.

"Nations are just awakening to the fact that the waste of human life from preventible disease and death is enormous. They are beginning to ask the question, if this waste is preventible, what are the conditions necessary to make prevention an accomplished fact. Practical business men and employers of labor are beginning to recognize what this needless waste of vitality means. They are realizing that their business interests can no longer stand a 10-per cent. loss of efficiency on the part of their employes, consequently upon lowered vitality resulting from unsanitary homes, improperly selected and improperly cooked foods, and to these having been added improperly heated and ventilated warehouses and workrooms.

"It has been estimated that 20 per cent. of the efficiency is lost in teachers and pupils in all the public schools on this continent, in consequence of improper ventilation. Probably the most potent factor in bringing about the great sanitary awakening that we are now experiencing is the result of the capitalizing of labor, and placing a monetary value on human life and human efficiency, while the loss from preventible deaths in the United States has been figured at over one billion dollars a year."

OXFORD DAIRYMAN DEAD.

WOODSTOCK, April 18.—J. G. Goble, one of Oxford County's best-known residents, and a prominent dairyman and farmer of Gobles, east of this city, died here at noon today.

Pavlowa Academy

(Very Exclusive Patronage)

Dancing Each Evening

8 to 12 :-: European System

A RESTRICTED PLACE FOR REFINED PEOPLE

Navigation News From Upper Lakes

THREE BIG VESSELS PASS UP LAKES

Expect Trouble With Ice Near Soo — Thunderstorm Clears Channel

SAULT STE. MARIE, Mich., April 8.—The steamers McKee, Franz and Agawa arrived at Detour at 9.30 this morning up-bound. The Franz and Agawa are loaded with coal for the Algoma Steel Corporation while the McKee is light. After fueling the steamers will make attempt to get up river this afternoon.

Detour reports ice at the foot of Lime Island about eighteen inches thick, which may cause some trouble for boats. It is honeycombing very fast, however, and if steamers can get around Lime Island there's no question but they will reach the Soo.

Heavy thunderstorm with brilliant flashes of lightning, raged over this section this morning. The weather today is warm and the probabilities point to rain over this section today and tomorrow. It will be necessary, however, to have strong easterly winds to loosen up White Fish Bay to allow steamers to break thru. Latest reports give no change in conditions there. Heavy windrowed ice extends up to point and lake fields continually shift with the winds.

ICE CONDITIONS IN LAKES ARE IMPROVING

Open Water in Spots But Ice Is Not Broken Up.

SAULT STE. MARIE, April 18.—Returning from a trip into Hay and Mud Lakes yesterday, Capt. F. D. Root reports ice situation in lower river in very favorable condition. The tug proceeded as far as Nailer's encampment and found both Hay and Mud Lakes open. Ice at Lime Island has become weakened so that walking across from Raber has been discontinued. It still remains intact, but is honeycombing fast. Capt. Root does not think a good steamer would have much trouble in making the Soo from Lake Huron. Above the Soo there is open water as far as Point Iroquois. Beyond this the passage is still icebound. A telegram whom Whitefish Point reports very little change in conditions. A strong wind will be necessary to loosen it up. Lake fields are moving back and forth with the wind. The Canadian canal will be opened tomorrow. Several steamers are expected at Detour today and these may attempt passage to the Soo.

TORNADO STARTS SERIOUS OIL FIRE.

TULSA, Okla., April 18.—A tornado that swept Southern Oklahoma last night and early today, caused the death of one person, injuries to several others and tore many houses from their foundations. Two oil refining plans were demaged at Chickasha, and a 35,000 barrel oil tank near Sand Springs was struck by lightning. The oil still was burning early today and several other tanks were endangered.

NAVIGATION OPENED AT GEORGIAN BAY

The C.P.R. Boats Now Being Loaded—Arrivals Expected.

PORT McNICOLL, April 18.—The J. Frater Taylor opened Georgian Bay navigation sailing at 8 o'clock this morning. It made two miles an hour thru heavy ice; the weather was mild and the ice conditions are rapidly improving. C. P. R. boats are now unloading freight. The Keewatin and Assiniboia sail on May 21. The Manitoba, at Collingwood receiving new boilers, will move over shortly. The Athabasca and the Alberta will load at Port Arthur, where they have wintered for repairs. Their arrival is awaited with interest, as their public accommodation has been entirely renovated.

BOATS IN GREAT LAKES BEGINNING TO MOVE

Superintendent of Canadian Soo Gives Advice About Ice.

FORT WILLIAM, April 18.—The steamer American of the Booth Line is due to leave Duluth today for Port Arthur, where she is expected tomorrow. No difficulty is expected from ice on Thunder Bay, and the tugs Horne and Whalen will be ready to give any assistance necessary in entering the harbor.

A wireless message from the superintendent of the Canadian canal at the Soo states that ice in Whitefish Bay is still intact, altho the weather is having a good effect on it. He advises vessels at the head of the lakes to wait until the bay is clear before starting down the lakes.

RAILWAY TO PAY HIGHER INTEREST

Missouri Pacific Two-Year Notes Will Be at Six Per Cent.

NEW YORK, April 18.—It is understood that payment of the $25,000,000 three-year 5 per cent. Missouri Pacific Railway Company notes maturing June 1 next, will be met by the issue of a like amount of 6 per cent. two-year notes secured by increased collateral. As an inducement to the holders of the existing notes a 2 per cent. cash payment will be alowed to those who make the exchange of new for old.

George J. Gould and members of his family who are said to own fully half of the expiring notes are reported to have agreed to the new plan which will be submitted by the bankers to the Missouri Pacific Railway directors at a special meeting on Monday.

DR. M. J. AHERN DEAD.

QUEBEC, April 18.—Dr. M. J. Ahern, a well-known man, died here this morning.

DEATHS.

DUNCAN—On Saturday, April 18, 1914, at the Western Hospital, Arthur Wellington Duncan, youngest son of the late Wm. Duncan of West York.

Funeral from the residence of his brother, David Duncan, Moatfield, Don, on Monday, the 20th inst., at 2.30 p.m. Interment in Mount Pleasant Cemetery. 71

McKAY—At Toronto General Hospital, Saturday afternoon, April 18, Grace Irene, youngest daughter of Mr. and Mrs. Wm. McKay, 520 Ossington avenue, aged 19 years.

Funeral notice later.

Help Wanted.

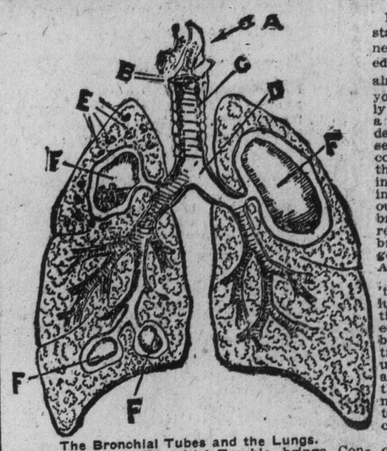
WANTED—A man to invest about five hundred dollars in good proposition, one that can use woodworking tools preferred. Box 43, World.

MILITANTS AGAIN.

BELFAST, Ireland, April 18.—The Belfast corporation's tea rooms in Bellevue Gardens were destroyed by fire today. The damage was very extensive. The fire is believed by the police to have been the work of a militant suffragette "arson squad."

COUGHS THAT KILL

Bronchial Trouble Bring Consumption



The Bronchial Tubes and the Lungs.

This shows how Bronchial Trouble brings Consumption, A, epiglottis. B, vocal cords. C, windpipe. D, bronchial tubes, inflammation in which is a terribly dangerous thing. E, ulcer in lungs. F, cavities formed by ulcers eating into lung issues—the result of unchecked bronchial trouble.

If you have a bronchial cough, start to cure it NOW. Don't neglect it any longer. Be warned in time. Bronchial trouble is almost Consumption. Unless you check it, it's more than likely to become Consumption. Its a terribly deceptive — terribly dangerous ailment, for all it seems nothing but an irritating cough. That tickling in your throat; that persistent, annoying hacking; that frequent raising of phlegm—may mean serious inflammation in your bronchial tubes. They lead directly to the lungs. If your bronchial trouble goes on, the germs may enter the lungs. After that—it's too late.

Don't be deceived by the idea 'twill "wear off." Don't be deluded by patent medicine advertisements. Don't be discouraged by people who tell you a bronchial cough is incurable. A trouble so deep-seated—so little understood, can be cured best by a specialist—by one who has the thorough knowledge — the tremendous experience, gained in treating thousands of such cases.

Let me cure your bronchial cough. I have cured countless cases—serious ones, where all other treatments had failed. Reader, are you sceptical? Write at once and learn what I can do for you. For twenty-five years I've been studying, doctoring, and CURING bronchial trouble. My method is different from all others. It's founded on my own scientific discoveries. I've spent a lifetime in perfecting it. 'Twill cost you nothing to find out about it. I will gladly give you

FREE CONSULTATION AND ADVICE

I will study your case carefully and send you the most valuable information. Let me show you what I'll do for you entirely without charge. You can place perfect confidence in whatever I say. If I find your trouble incurable I'll tell you so plainly. In all my years of practice I've made it a point of honor never to take a case that's beyond help. Real Consumption cannot be cured. Bronchial trouble, PROPERLY TREATED, can. Take it in hand now before it's too late. Don't lose any time—write today.

Following are some of the Common Symptoms of Bronchial Trouble.

Do you raise phlegm?
Is your voice hoarse?
Do you cough at night?
Do you take cold easily?
Do you get all stuffed up?
Do you have a hacking cough?
Do you have pain in the chest?
Is it hard to breathe sometimes?
Is it hard to get your throat clear?
Do you sometimes cough until you gag?
Do you spit up phlegm in the morning?
Does your cough seem to wear you out?
Are you worse in spells of damp weather?
Is there a rasped feeling in the throat?
Do you cough at times till you almost choke?
Is there a tickling deep down in your throat?

Answer the questions, yes or no, write your name and address plainly on the dotted lines, cut out and send to Health Specialist Sproule, 319 Trade Building, Boston. He will give you, absolutely free, reliable advice in regard to the cure of your trouble.

Name .....

Address .....

.....

Clothe Your Family Here

On Our Easy Credit Terms

With the opening of spring comes the changing of clothing—from heavy to light weight. Particularly pleasing in style and materials, and moderately priced, is the stock we have for your choosing this season. Bring your family, Mr. Workingman, and have them fitted out in new suits and dresses. You will never feel the small payment we ask.

One Dollar a Week

Women's Beautiful Serge Suits, in navy, copen, tan and black. Newest three-tier skirt. Reg. $25.00. Reduced to 22.00

Navy Serge only, newest style coat and peg-top skirt. Reg. $18.00. Reduced to 15.00

Sport Coats, in navy, copen, green, tango, in wale rib serge and rough cheviot. Reg. $15.00, for 12.50

Boots and Shoes and Waists and Skirts on Credit

Men's Brown Suits, new diagonal stripe cloths, in all shades, up from 13.00

Blue Serge Suits, various style effects, natty and well made, up from 14.50

Brown Worsted Suits, latest styles and best materials, up from 17.50

Men's Raincoats moderately priced. Boots and Shoes on credit. Custom Tailoring on credit terms.

GLASS BROS.

229 SPADINA OPEN EVENINGS COME TONIGHT