

**GILLET'S LYE**

MADE IN CANADA

**GILLET'S LYE**

CLEANS-DISINFECTS-USED FOR  
SOFTENING WATER-FOR MAKING  
HARD AND SOFT SOAP-FULL  
DIRECTIONS WITH EACH CAN.

## SOCIAL AND PERSONAL

Readers are invited to Phone All  
News of This Kind to the  
Society Editor, Phone  
3470.

Mrs. and Mrs. H. H. Rayner and  
Miss Carrie Rayner have left for Flor-  
ida, where they will spend the re-  
mainder of the winter.

Misses Bertha and Annie Cape, of  
Toronto, spent the week-end with their  
sister, Mrs. Fitzpatrick, London, Ont.

Misses Monica and Mayne Dillott  
have returned from Detroit.

## Daily Bible Question Club

UNIFORM LESSON FOR SUNDAY,  
FEBRUARY 3, 1919.

ONE GOLDEN TEXT SUGGESTION.

By Rev. T. S. Linscott, D. D.

Jethro's counsel—Exodus xviii: 1-27.

QUESTIONS FOR TODAY.

1. Verses 5-6.—Where was Moses at  
this time, and what was the "mount of  
God"?

2. Why is it desirable that a family,  
husband, wife and children should live  
together in one home?

3. Verses 7-8.—Why is it in these days  
that frequently fathers-in-law and  
mothers-in-law are not congenial with  
their sons and daughters-in-law?

Golden Text.—Bless ye one another's  
burdens, and so fulfill the law of  
Christ.—Gal. vi. 2.

A PART OF OUR BURDEN IS TO  
BEAR THE BURDENS OF OTHERS.

The folly of one man is the attempt to  
carry everybody's burden, and the sin  
of another is to carry no burden other  
than his own. Between these two evils  
it seems we should choose neither. Sel-  
fishness defeats its own purpose, as it  
increases our troubles, while altruism,  
bearing others and helping bear their  
burdens, unloads us from many of our  
burdens and adds to the joys of our  
fellow-men. The attempt to bear the  
burdens of others is generally a labor  
of love. It adds only to our burden of  
love and lightens the load which others  
have to bear in their journey through  
life. Jesus went about doing good; he  
did not seek his own comfort, but the  
comfort of others, and he taught his  
followers that they were to follow in  
his footsteps.

HOW TO CURE GOITRE OR THICK  
NECK.

By a painless home treatment of  
roots and herbs, which build up the  
entire system, we have cured goitre of  
forty years' standing in a few weeks' time.  
This treatment is guaranteed to be  
harmless and will not harm the  
most delicate system. Write for in-  
formation to

PROFESSOR MARLO,  
345 Wootton Road, London, Ont.

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**Your Old Carpets**

Made into new, beautiful, fluffy, re-  
versible rugs.

**Canada Rug Co.**

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# PAGE OF INTEREST TO WOMEN

## RESOLUTION FAVORING MOTHERS' PENSIONS IS PASSED BY "Y" CLUB

Child Welfare, Public Health  
Work and Welfare Work  
Discussed.

The meeting of the Y. W. C. A.  
Citizenship Club which took place at  
"Lennox" last evening was most  
interesting in its nature. On the program  
were short addresses by Miss Malloch,  
of the McClary welfare department;  
Miss Blanche Friend, public health  
nurse, and Miss Isabel Armstrong, an  
enthusiastic worker of the Child Welfare  
Association. All three speakers  
gave excellent accounts of the work  
in which they were particularly inter-  
ested.

Miss Malloch, who was the first  
speaker, told a most interesting story  
of the work in connection with the  
McClary Company. Here, in addition  
to the regular work of the welfare  
nurse, who cares for the ill employees  
and looks after their families, there  
is a splendid recreational system, in-  
cluding games, concerts, dances, pic-  
nics, etc. Gardening is one of the  
features of the McClary welfare work.  
In fact everything is done for the  
health and happiness of the employ-  
ees. A bright and sunny dining-room is  
the employees may as well as a saving ac-  
count in the factory with 5 per cent  
interest, the only one being that it  
may be drawn but once a year, in  
December.

**Public Health Work.**  
"The foundation of public health  
work is prevention," declared Miss  
Friend, public health nurse. "At the  
same time, it is curative, for the nurse  
goes into homes where the family is  
too poor to have a nurse, but she in-  
terferes with family physicians.  
Rather, she advises her pa-  
tients to call in their doctor, for they  
are found to be without a doctor and  
too poor to have one, the outdoor clinic  
at Victoria Hospital are advised.  
After the patient has been examined  
by a doctor, the nurse then follows  
up his orders."

Public health work is very closely  
associated with social service work.  
A public health nurse may never give  
relief in a financial way, but it is her  
duty to link up with the welfare work  
with some relief organization, so that  
assistance may be given. It is the  
also the duty of the public health  
nurse to be aware of sub-normal chil-  
dren, and I hope that very soon a cen-  
sus will be taken of the feeble-minded  
in the city. You never can tell at  
what moment these individuals will be-  
come dangerous and a menace to the  
community," said the speaker.

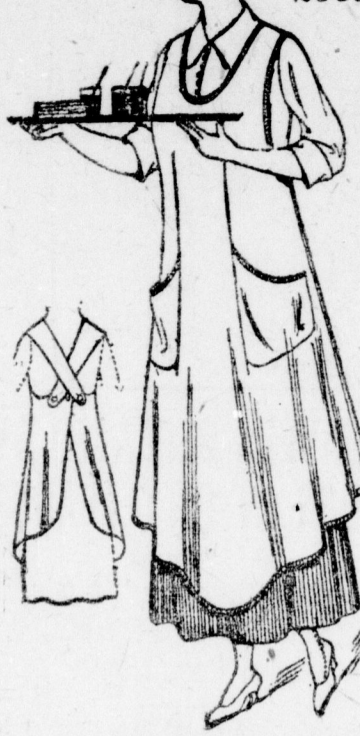
**Government Should Pay Doctors.**  
The opinion was also expressed at  
the meeting that doctors should be  
subsidized by the Government, so that  
poor as well as rich might have the  
full benefit of the doctor's services.  
Miss Armstrong opened up the sub-  
ject of child welfare, contrasting the  
work of child welfare in Victoria  
with that in the city of London, which  
is greater in percentage than that of  
the soldiers overseas. Tracing the his-  
tory of the Child Welfare Association  
welfare exhibit, and later establish-  
ment of sick baby clinics in Victoria  
Hospital, kind appointment of a child  
welfare nurse, to the present well baby  
clinics in the schools, Miss Armstrong  
pointed out how this association was  
entirely dependent for its funds on the  
charity of certain individuals and a  
few day collection. "Isn't it the city's  
business to look after the children  
within its shield that the matter of  
charity?" asked the speaker.

Miss Armstrong also made strong  
mention of the fact that the health  
bodies in the city should co-operate  
under one executive head, the board of  
health.

**Mother's Pensions.**  
Mother's pensions was another sub-  
ject dealt with by the speaker. She  
contrasted the situation today, where  
the mother who has lost all means of  
support, must be deprived of her chil-  
dren, which are put in an institution  
because she is unable to support them.

## Advertiser Patterns

2333



A GOOD, COMFORTABLE APRON  
MODEL.

2333—This style is nice for percale,  
lawn, gingham, chambray, drill or  
khaki. The apron is in one piece, with  
added straps that cross over the back  
and are buttoned at the waistline.  
The pattern is cut in four sizes—  
Small, 32-34; Medium, 35-37; Large,  
40-42; and Extra Large, 44-46 inches  
bust measure. For Size Medium requires  
3 1/2 yards of 36-inch material.  
A pattern of this illustration mailed  
to any address on receipt of 10 cents  
in silver or stamps.

Name .....

Town .....

Province .....

Age (if child's or dress' pattern) ....

Measurement: Bust..... Waist.....

Caution: Be careful to include the  
above illustration, and send size of  
pattern wanted. When the pattern is  
sent, please indicate the size of the  
bust measure, you need only mark 35,  
34, or whatever it may be. When the  
waist measure, 22, 24, 25, or whatever  
it may be. If a skirt, give waist and  
length measure. When misses' or child's  
pattern, write only the figure rep-  
resenting the age. It is not necessary to  
write "inches" or "years." Patterns  
cannot reach you in less than one  
week from the date of application.

With the ideal state of affairs where  
the Government grants a pension to  
the mother, who is permitted to care  
for her own children. "A day nursery,"  
said the speaker, "is only temporary, to  
tide over the time until mothers' pen-  
sions are the order of the day."

This was followed up with a resolution  
in favor of mothers' pension, sub-  
mitted by Miss Armstrong, to the ef-  
fect that the Local Council of Women  
be petitioned to pass on such a resolu-  
tion to the Provincial Government.  
Miss Blanche Friend seconded this resolu-  
tion, and Mrs. R. M. Graham seconded  
it. Mrs. F. W. Hughes was in the  
chair.

**Rainy Day Game Wanted.**

Dear Miss Grey.—You tell me  
of one of the readers a game for an  
only girl, aged 12, to play on rainy  
days. I would be glad to be of service  
to you and the readers if I could.  
CINDERELLA.

**"Peace" Finishes It.**

Dear Miss Grey.—Here I am again,  
just like the bad penny, but my motto  
is "Never start anything you can't fin-  
ish." I have been waiting for the  
of the women voters to start some-  
thing, but I have not been able to do  
it. I thought I had better stop in again  
and say a word. Of course I did not  
mean to wound "A Mother's" feelings,  
especially a soldier's mother. They are  
held in almost holy reverence by me,  
but were not held so by the Tory Gov-  
ernment (I don't call it Union, only a  
body with the same old head), and they  
certainly knew where to find the  
weak spot in a woman's armor. They  
struck at her heart, when they said,  
"Send the boys help, through electric  
wire." We all know that the Government  
did not win the war, but every boy be-  
hind the gun. He is the one to whom  
all praise and honor should go.

In my last letter to your Mail-Box I  
said I had been doing a woman's work  
(not a farmerette, either), and so  
"Yankee Farmerette" thinks I have a  
"soft" job. Well, I am not a farmer-  
ette, just let me tell you I am not  
only taking a man's place at times,  
but the place of a mother, and I am  
settling machine at that, some times  
adman, office boy, press feeder, even  
the "devil" in the factory. (Now don't  
be shocked, only a printer's devil, I as-  
sure you.) If "Yankee Farmerette" will  
just take my place this summer for  
the having season, I will gladly re-  
change for the farm. She says also  
that she being a Yankee, can't help  
blowing a little about the success of  
the American army. Well, they did  
ret into the war, at last, they were  
there for the show, and they were  
what the use. We will soon have to  
have a "Peace Table" in the Mail-Box  
if we keep on, and there is no need  
of other things we can do to help our  
country besides arguing. For instance,  
let us not forget to let the boys who  
thoughtful to the boys who are coming  
back to us; let us be hands to those  
who have lost their hands; let us be  
ones who have lost their feet, and  
eyes for the sightless ones. While to  
the dear, patient mothers whose dear  
boys sleep, "where poppies grow," let  
us bring comfort to them.

Now, Miss Grey, I know how I  
feel when I get a long string of copy  
to set, so I will have mercy on the  
poor printer man, even though he sets  
it with a machine, not by hand. I am  
sending in a separate letter, "The  
Face on the Barroom Floor," for "Eng-  
lish Ginger," and very glad was I to  
have it for her. I copied it the day I  
read her letter, for though I am a  
Canadian, I have a very warm spot in  
my heart for the brave English.

PEACE OR VICTORY.

**She Is Broken-Hearted.**

Broken-Hearted Kid am sorry for  
you, my dear, for I know these things  
seem so real and unbearable when  
we're just a girl. I don't say "wait  
till he comes back," I say go on your  
way serenely and smilingly (outward-  
ly at least), and try to be as happy  
as you can. I am sure you will find  
friends again, make him understand  
that he's got to show himself worthy.  
I'm afraid you didn't like him, but  
enough "humble pie" the last time,  
and his lordship fancies he can come  
and go as he pleases. I am sure you  
will mean fearful heartaches at first,  
but life won't seem worth living for a  
while, but you will find a way to live  
with a sweetheart who is so sel-  
fish. You won't like this advice, I  
know, but believe me, it is the com-  
mon-sense way. Your pride should pre-  
vent your letting him do that you  
feel badly.

**Directions For Gloveless.**

Kate Dal very kindly has copied di-  
rections for knitted gloves and mit-  
tens, destined by her to be for-  
warded these to the latter, who will  
be pleased, I'm sure.

**An Economical Point.**

Dear Cynthia Grey.—Might I, too,  
have the much-sought-after stocking  
foot pattern? I do not remember to  
whom we are indebted for the first ap-

## QUEEN MARY SENDS A MESSAGE TO THE WOMEN OF INDIA

Hopes That Education and  
Knowledge Will Soon Be  
Within Their Reach.

LONDON, Feb. 2.—Associated Press.—  
Deep sympathy for the women of India  
and interest in steps taken for their  
advancement are voiced by Queen Mary  
in a message she has sent to all women  
of the Indian Empire. The Queen also  
paid tribute to the Indian women for the  
part they have taken in the war, and  
hopes that education and knowledge will  
soon be within their reach.

## CYNTHIA GREY'S MAIL-BOX

Will Rosie Write? \*

Dear Miss Grey.—If "Rosie Golden"  
will write first, I will answer her with  
pleasure. Thanking you, remain,  
CANADIAN LASSIE.

**Music For Two.**

Dear Miss Grey.—I am inclosing the  
music of "The Gypsy's Warning" for  
you. I have just received it out  
of an old book, but I think it is all  
right. I am also inclosing thirty-five  
sweet coupons for the little boy  
who asked for them.

**Answers—Troublesome BUT HONEST.**

Ans.—"Troublesome BUT HONEST,"  
your address; please send it (with a  
stamp) to the kind of king I re-  
spected. A. P. B. H. I'm sorry to be  
obliged to cancel your request, but the  
advertising matter is not given up.  
I have been so busy with the  
proof of such inquiries appearing in  
the Mail-Box, a small "want ad"  
would undoubtedly bring you what you  
wish.

**Gloves and Mitts.**

Dear Miss Grey.—I noticed that  
"Gloveless" wanted directions for knit-  
ting gloves and mitts. I have in-  
structions for two pairs of gloves and one  
pair of mitts. The gloves are long  
ones, but she can start knitting at the  
wrist part. I am afraid the mitts are  
not the kind she wants, but she may  
be able to make them. I am sending  
the continuing the hand and thumb and  
shaping at top of each. Dear Miss  
Grey, I have been waiting for you to  
start something, but I have not been  
able to do it. I thought I had better  
stop in again and say a word. Of course  
I did not mean to wound "A Mother's"  
feelings, especially a soldier's mother. They  
are held in almost holy reverence by me,  
but were not held so by the Tory Gov-  
ernment (I don't call it Union, only a  
body with the same old head), and they  
certainly knew where to find the  
weak spot in a woman's armor. They  
struck at her heart, when they said,  
"Send the boys help, through electric  
wire." We all know that the Government  
did not win the war, but every boy be-  
hind the gun. He is the one to whom  
all praise and honor should go.

**Would Pay for Music.**

Dear Miss Grey.—As a reader of The  
Advertiser, I have been waiting for you  
to start something, but I have not been  
able to do it. I thought I had better  
stop in again and say a word. Of course  
I did not mean to wound "A Mother's"  
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did not win the war, but every boy be-  
hind the gun. He is the one to whom  
all praise and honor should go.

**Last Year's Blizzard.**

Dear Miss Grey.—I have got into an  
argument, and would like to know if  
you could tell me what date and month  
the very cold snowstorm came on last  
winter. I have the date of the storm  
but I am not sure. Hoping you can  
help me out.

Ans.—The blizzard of last year to  
which you refer raged on Saturday and  
Sunday, January 12 and 13.

**Read These Notes.**

English Inquirer.—Please send stamped  
envelopes for copy "Paw Upon the  
Floor," kindly supplied for you by  
Peace or Victory.

Mrs. L. (Scotland), is thanked for  
sending the page from an old copy of  
the Advocate for Mother's Rights.

Three Old Maids.—(1) July 15, 1901,  
Monday; October 23, 1901, Sunday;  
April 15, 1903, Wednesday.

Friends, yes; beaux, no. (3) See formu-  
la on this page. (4) Not many.

Letters from E. V. to Scotch Lassie  
and Country Lass have been forward-  
ed.

Strawberry.—Sorry to "squeeze" you  
like this, but it's unavoidable. Hope  
you will soon find a way to get out  
of the "squeeze." The names being sim-  
ilar, Hillard means cheerful or merry.  
Albert means brave or stout. There may be  
a contraction of Margarita.

their sisters in other parts of the em-  
pire, when the man-power of the coun-  
try went forth in its defence, were able  
to discharge. In the seclusion and soli-  
tude of their homes the women of India  
have had to bear the bitterness of par-  
tiality, to live through days and months  
of doubt and anxiety, in ignorance of  
the progress of the war, and without  
tiding of their absent ones.

"Reports have reached me from  
many sources of their fortitude and  
endurance during the strain of the  
war, which have filled me with ad-  
miration and gratitude. Many have  
done more than this. I have heard of  
letters from Indian women to hus-  
bands, sons, and brothers with the  
forces abroad, exhorting them to be  
brave in battle, stout-hearted in ad-  
versity, faithful to their country and  
the throne to the point of death. The  
history of India is full of the heroism  
and courage of its women in the past.  
The war has shown that their spirit  
is unabated.

"The women of India are equally  
moved for their charity and compas-  
sion. I know how deeply they have  
been moved by the desolation which  
the war has brought into many house-  
holds and how bravely the women of India  
have provided relief for the sick and  
wounded, and to lighten the privations  
of their poorer neighbors.

"I rejoice to think that many in-  
fluences are at work which make for  
the great well-being and advance-  
ment of the women of India. I watch  
with the deepest interest and sympathy  
every step that is taken to bring the  
means of education and knowledge  
more within their reach, to provide  
proper medical facilities for their obtain-  
ing proper medical relief, through the  
agency of their own sex, in women's  
hospitals or in the privacy of their  
own homes, to widen their interests  
and activities, and to secure to them  
the adequate protection of the law.

"I wish with all my heart, that  
every success may crown these  
efforts."

**Comfortable**

**Easy Fitting**

**Enduring in**

**Wear**

**Moderate in**

**Price.**

**WHITEWEAR DEPARTMENT**

Pretty, dainty, Slipover Nightgowns,  
trimmed with pink and blue feather stitch-  
ing, at special sale  
price ..... **\$1.35**

Dainty Slipover Nightgowns, made of soft  
cambrie, embroidery trimmed,  
at ..... **\$1.50**

Special Empire Nightgowns, made of good  
nainsook, with band of insertion,  
at ..... **\$2.25**

Slipover and Button Front Nightgowns of  
soft-finished cambrie; extra good  
values at only ..... **98c**

White Petticoats, trimmed with  
embroidery. Special at ..... **\$1.00**

White Petticoats, made of high-grade cam-  
brie, with flounced embroidery, for  
this sale at ..... **\$1.75**

White Petticoats of fine nainsook, trimmed  
with lace insertion and lace. Special at  
..... **\$2.00**

Envelope Chemise of Cambrie at  
..... <