

Anæmia

You cut your finger. It bleeds more profusely than you think it should, and seems a long time in healing. You notice that your lips and gums are pale and bloodless, and the inner eyelids without color.

What can be the matter? You are anæmic. There is a deficiency in the quality or quantity of the blood in your body. The tissues wasted by worry, over-exertion or disease are not being replaced, and you are gradually losing in flesh and weight.

When you come to think of it, there are other symptoms of failing health. Loss of appetite, lack of interest in the affairs of life, feelings of languor and fatigue, impaired digestion, shortness of breath, dizziness and fainting, cold hands and feet, heart palpitation and weaknesses and irregularities.

Women and girls are especially subject to this ailment. The feminine organism demands an immense amount of blood in carrying out its functions, and unless the system is strong and well nourished there is likely to follow a bankruptcy in the blood supply.

To be healthy there must be a sufficiency of blood. Dr. Chase's Nerve Food is successful in the treatment of anæmic and similar exhausting and debilitating diseases of women, because it is taken immediately into the blood stream and fills the shrunk arteries with an abundance of life-sustaining tissue-building blood.



MISS CAREY.

An Ailment of Young Women

Blood was thin and watery, but health and color have returned, and she feels better than she has for years.

There is no trouble so frequent among young women as anæmia or thin, watery blood. During the physiological changes which take place an enormous amount of blood is consumed by the feminine system and many never seem to fully recover from the effects unless some blood builder is used. Dr. Chase's Nerve Food is admirably suited to such cases owing to the fact that it forms new red corpuscles in the blood and so increases the richness of the blood very promptly. It is appreciated by young women because it improves the color, gives a healthful glow to the complexion, increases weight and rounds out the human form. This food cure is a system builder and nerve restorer of remarkable effectiveness.

MISS LIZZIE B. CAREY, 15 Foster street, Chatham, Ont., states:—"I was all run down in health, my blood seemed to be thin and watery, and at times I scarcely had strength enough to get around. Since using Dr. Chase's Nerve Food my condition is altogether changed and my health very much improved. Though I was formerly quite pale I find the color is returning to my face. I am strong and healthy and in fact feel better than I have for years."

Victims of Surgical Operations

The great advance that has been made in surgery during the past generation has aroused a great interest in this department of medical treatment. Many doctors seem to have a mania for operations and just as soon as there is any derangement of the bodily organs they look for a chance to use the knife.

This is especially true in reference to diseases of the feminine organs and as a result there can be no doubt that thousands of lives are sacrificed and untold sufferings caused where patient treatment would have brought about a restoration to health. Dr. Chase always opposed operations in cases of this kind and maintained that when the system was restored to normal condition that derangements and irregularities of the feminine organs would disappear.

That he was right has been proven again and again. Dr. Chase's Nerve Food has cured scores of hundreds of women who had been told by physicians that nothing short of an operation would save their lives, and it would be impossible to estimate the number who have through the influence of this treatment been saved from coming to this condition of health. Have a mind of your own and instead of undergoing the risk, expense and suffering of a surgical operation, make yourself well by using Dr. Chase's Nerve Food.