instituted in the winter of 1967 and have progressed to become a premier event in this country's amateur sport calendar. The Games are staged every two years, alternating between winter and summer events.

COMMONWEALTH GAMES

In 1928, at the Olympic Games in Amsterdam, Canadian Bobby Robertson suggested to representatives of the British Empire countries competing, that the Empire Games, an idea which had been under discussion for some years, be held in Canada. Two years later, the first British Empire Games were held in Hamilton, Ontario.

Since 1930, Canada has won 104 gold, 152 silver and 147 bronze medals, one-third of the total medals awarded.

OLYMPIC GAMES

Canada's best-known olympic medallists have been in the area of winter sports, particularly ice hockey, figure skating and skiing. Canadian ice hockey teams have won nine medals, five of them gold. In the 1968 skiing events, Nancy Greene won the gold medal in the giant slalom and a silver medal in the slalom. Petra Burka and Karen Magnussen have won bronze and silver medals, respectively, in ladies figure skating.

The Summer Olympics have had their share of successful Canadian athletes. Harry Jerome, former 100 meter world record holder, won a bronze medal in the 1964 Tokyo Olympics. Swimmer, Elaine Tanner, who also held several world records in the backstroke and butterfly, won two silver and one bronze medal at the Mexico City Olympics of 1968. Canada's only gold medal at that Games went to the