

external labia caused by a bar. Marked uterine or ovarian lesions contra-indicate this form of exercise. Dr. Herman favors the bicycle for women. The ill effects result from two faults: too great a distance from the seat to the pedals, causing side movement of the pelvis with consequent strain on the muscles of the back and loins, and friction of the sensitive external genitals; the other is a badly shaped saddle. Medical men, when consulted by women desirous of bicycling, should insist on the avoidance of these two faults.

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THE TREATMENT OF CHOREA.—Dr. J. Madison Taylor, in Philadelphia *Polyclinic*, January 11, remarks, on the treatment of chorea, (1) That specific medication may be required for rheumatism, malaria, or other microbic cause, and empiric use of arsenic which yields such good results in this disease. (2) Rest to the body is of the utmost importance. (3) Attend well to the nutrition of the patient. (4) The re-education of the co-ordinating power. After attacks of chorea, the irregular movements are often kept up as a sort of habit. Care may be required to overcome this. Much may be done in this way by careful instruction. With regard to the administration of liq. arsenicalis, the author recommends the following plan of graduated increase up to, say, the tenth day:

First day	3	3	3
Second day	3	3	4
Third day	3	4	4
Fourth day	4	4	4
Fifth day	4	4	5

etc. The salicylates should always be given where rheumatism is suspected, and quinine where ague exists.

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PROPOSED CHANGES IN THE BRITISH PHARMACOPŒIA.—The reports in the *British Medical Journal* of the section of Pharmacology and Therapeutics on proposed changes in the British Pharmacopœia are of much interest. D. J. Leech, of Manchester, in referring to a circular of inquiry responded to by 5,609 practitioners, found that 54 official drugs, out of 135 which the committee considered the least used drugs, were never used by 5,000 of those who responded. He questioned the wisdom of having details of making poultices, inhalations, etc., included. It was desirable that opinion should be elicited as to what should be done with tabloids, granules, etc. The tests for impurities were now given, but not the impurity. The