

International Throat and Lung Institute  
for the treatment of Asthma, Bronchitis,  
Catarrh, Laryngitis and Consumption in the  
first and second stages, and all diseases of the  
nose, throat and lungs by the aid of the  
Spirometer invented by Dr. M. Souville of  
Paris, ex-aid surgeon of the French Army.  
Head Office: London, E.C. Branches:  
Montreal, Toronto, Boston, Detroit and  
Winnipeg.  
Physicians and sufferers can try the Spiro-  
meter free. Consultations free. If unable  
to call personally and be examined, write for  
list of questions and copy of "International  
News," published monthly. Address 173  
Church Street, Toronto, or 13 Phillips  
square, Montreal.

Groceries, etc.

Jaffray & Ryan,  
GROCCERS AND IMPORTERS:

New Teas! New Teas! New Teas!

We have just received our New Teas, which we  
will offer at the following prices:

- FINEST ENGLISH BREAKFAST, Soc. FINE
- ENGLISH BREAKFAST, Soc. FLAVOURY
- ENGLISH BREAKFAST, Soc. MON-
- ING, Soc. FINEST EXTRA CHOICE
- YOUNG HYSON, Soc. FINEST
- YOUNG HYSON, Soc. EX-
- TRA SIFTED, Soc. SUP-
- ERIOR, Soc. FINE, 21
- 40 cents. 26

Considerable reduction will be made on packages  
of 5 lbs. and upwards. Freight paid on all packages  
of 20 lbs. and over. We have been appointed agents  
for Chase & Sonborn's world-renowned Coffee. One  
trial will convince.

A complete assortment of Cross & Blackwell's goods  
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GAME, ANCHOVY, SHRIMP AND  
WHALE OIL PASTE, SALAD  
DRESSINGS, PICKLES,  
SAUCES, JAMS, JEL-  
LIES, SOUPS.

Lily, McNeil & Lily's Canned Corn Beef and  
Soups.

SPARKLING HYDROZON. Non-Alcoholic. A  
nutrient tonic for brain and nerve. Strongly re-  
commended by Prof. Aufield, Ph.D. F.R.S.,  
F.I.C., F.S.C., London, England. Bou's  
Belast Ginger Ale.

JAFFRAY & RYAN,  
244 YONGE STREET, TORONTO, ONT.

BOSTON PINE

IN TEN YARD WREATHS,  
Suitable for Decoration!  
Warrented not to drop!

- Muscatel Raisins, 14
- Jordan Almonds, 52
- Eleme Figs,
- Preserved Ginger,
- Crystalized Ginger,
- English Cobnuts,
- Grenoble Walnuts,
- Chocolate Creams,

And a host of other table delicacies suitable for the  
season.

FULTON, MICHIE & Co.,  
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W. WHARIN & Co.,

Established 1854.  
Watches, 38  
Clocks, 52  
JEWELRY  
And Silverware.

Every description of English, Swiss, and Ameri-  
can Watches and Clocks cleaned, repaired and regu-  
lated.

Jewelry and Silverware manufactured, and repairs  
skillfully executed.  
47 King Street West, Toronto.

\$100 a month and board for one live Young  
Man or Lady in each week. Address,  
GARRISON & Co., 93 King Street, Toronto.

A HOME DRUGGIST

TESTIFIES.

Popularity at home is not always the best  
test of merit, but we point proudly to the fact  
that no other medicine has won for itself  
such universal approbation in its own city,  
state, and country, and among all people, as

Ayer's Sarsaparilla.

The following letter from one of our best-  
known Massachusetts Druggists should be of  
interest to every sufferer:—

"Eight years ago I had an attack of  
RHEUMATISM. The rheumatism, so se-  
vere that I could not move from the bed, or  
dress, without help. I tried several reme-  
dies without much if any relief, until I took  
AYER'S SARSAPARILLA, by the use of two  
bottles of which I was completely cured.  
Have sold large quantities of your SARSAPARILLA,  
and it still retains its wonderful  
popularity. The many notable cures it has  
effected in this vicinity convince me that it  
is the best blood medicine ever offered to the  
public. E. F. HARRIS."  
River St., Buckland, Mass., May 15, 1882.

SALT RHEUM

GEORGE ANDREWS, overseer in the Lowell  
Carpet Corporation, was for over twenty years before his removal  
to Lowell afflicted with Salt Rheum in its  
worst form. Its ulcerations actually covered  
more than half the surface of his body and  
limbs. He was entirely cured by AYER'S  
SARSAPARILLA. See certificate in Ayer's  
Almanac for 1883.

PREPARED BY  
Dr. J. C. Ayer & Co., Lowell, Mass.  
Sold by all Druggists; \$1, six bottles for \$5.

THE PEOPLE'S FAVORITE

THE OLD-ESTABLISHED  
Cook's Friend Baking Powder  
PURE, HEALTHY, RELIABLE.

Manufactured only by  
W. D. McLAREN  
Retailed everywhere. 55 & 57 College St

Good Pay for Agents. \$100 to \$200 per mo.  
made selling our Books and Bibles. Write to  
C. McCurdy & Co., Philadelphia, Pa.

USE  
DOWNS' ELIXIR  
FOR  
COUGHS & COLDS

CONSUMPTION.

I have a positive remedy for this dangerous disease, by its  
use thousands of cases of this great evil and of long  
standing have been cured. It is a powerful and my faith  
in its efficacy, that I will send you a FREE TRIAL BOTTLE,  
together with a VALUABLE TREATISE on this disease, to  
any sufferer. Give name and full address.  
DR. T. A. BLOCUM, 67 Park St., New York.

VIRGINIA FARMS & MILLS  
For Sale in England. Write  
for free READER'S GUIDE JOURNAL.  
H. D. CHAPMAN & Co., Richmond, Virginia.

WARRANTY  
For any suffering with Catarrh or Bron-  
chitis who earnestly desire relief, I can  
offer a full and complete cure. No  
other consultation gratis. Valua-  
ble Treatise Free. Certified as a Doc-  
tor, Lawyer, Silversmith, Business Man.  
Address Rev. T. P. CHILDS, Troy, Ohio.

Bells.

MENEELY BELL FOUNDRY.  
Favorably known in all parts of the  
U.S., Canada, Europe, Africa, Asia,  
and other bell foundries. Write to  
MENEELY & CO., WESLEY, N. Y.

THE TROY MENEELY BELL  
FOUNDRY. CLINTON H. MENEELY  
BELL COMPANY, TROY, N.Y.  
Manufacture a superior quality of Bells. Oldest  
workmen, Greatest experience. Largest trade.  
Special attention given to CHURCH BELLS.  
Illustrated Catalogue mailed free.

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Bells of Pure Copper for Churches,  
Schools, Fire Alarms, and all other  
uses. Warranted. Catalogue FREE.  
VANUZEN & TIFT, Cincinnati.

McSHANE BELL FOUNDRY  
manufacture those celebrated Bells  
and CHIMES for Churches, Towers,  
Clocks, etc., etc. Catalogue and cat-  
alogues sent free. Address  
H. McSHANE & Co., Baltimore, Md.

Baltimore Church Bells  
Since they are celebrated for Superiority over others,  
they are the best for Churches, Towers, and  
Clocks. Write for Catalogue. Address,  
H. McSHANE & Co., Baltimore, Md.

Scientific and Useful.

ROASTED coffee is one of the most power-  
ful disinfectants.

BRESWAX and salt will make rusty flat-  
irons as smooth as glass.

WILD mint scattered about the house will  
rid it of rats and mice.

SAVE your cold tea; it is excellent for  
cleaning grained wood.

A LITTLE sweet oil and beeswax rubbed  
on mahogany polishes it up beautifully.

SANDPAPER will whiten ivory knife handles  
that may have become yellow with use or  
age.

THE unpleasant odour left in the breath  
after eating onions is entirely removed by a  
cup of strong coffee.

Flowers kept in a warm room should be  
watered with tepid water. Very cold water  
is apt to freeze the roots.

PAINT spots may be removed from any  
kind of clothing by saturating with equal  
parts of turpentine and spirits of ammonia.

If you wish to pour boiling hot liquid in-  
to a glass jar or tumbler it can be safely done  
by putting a spoon in the dish before you  
pour.

Ivory that has become yellow may be re-  
stored to its original whiteness by bleaching  
in byoxide of hydrogen. The ivory should  
be exposed to a strong sunlight under a glass  
covering.

A dish or vase of fresh water should be  
kept in every room where there is a fire,  
especially an open fire. The water absorbs  
the gas arising from the coal and other im-  
purities in the air.

A slightly damp cloth rubbed over a dusty  
carpet brightens it wonderfully and gathers  
up the dust. This is an excellent way to  
cleanse the floor of an invalid's room, where  
noise and dust are objectionable.

STEEL knives which are not in general use  
may be kept from rusting if they are dipped  
in a strong solution of soda—one part water  
to four of soda; then wipe dry, roll in flannel  
and keep in a dry place.

STALE buns may be made to taste as nicely  
as when fresh if they are dipped for a moment  
or so in cold water and then put in a hot  
oven for five or ten minutes. They will turn  
out as light and crisp as when first baked.

FLOWERS may be kept very fresh over  
night if they are excluded entirely from the  
air. To do this, wet them thoroughly, put  
in a damp box, and cover with wet raw  
cotton or wet newspaper, then place in a cool  
spot.

WHEN one has had a fever and the hair is  
falling off, take a decoction of sage, steep it in a  
quart of soft water, strain it off into a tight  
bottle. Sponge the head with the tea fre-  
quently, wetting the roots of the hair.

Dr. W. Armstrong, Toronto, writes: "I  
have been using Nephrop and Lyman's  
Emulsion of Cod Liver Oil and Hypophos-  
phites of Lime and Soda for Chronic Bron-  
chitis with the best results. I believe it is  
the best Emulsion in the market. Having  
tested the different kinds, I unhesitatingly  
give it the preference when prescribing for  
my consumptive patients, or for throat and  
lung affections.

If a lady has a book rack or table she  
wishes to varnish, first put on a coat of lin-  
seed oil, and then apply the shellac. The  
oil sinks into the pores of the wood and shows  
the grain. Pine, however, will not absorb it.

W. W. McLellan, Lynn, N. S., writes: "I  
was afflicted with rheumatism, and had given  
up all hopes of a cure. By chance I saw  
Dr. Thomas' Electric Balm recommended. I  
immediately sent for it, and purchased  
four bottles, and with only two applications  
I was able to get around, and although I have  
not used one bottle, I am nearly well. The  
other three bottles I gave around to my  
neighbours, and I have had so many calls  
for more, that I feel bound to relieve the af-  
flicted by writing to you for a supply."

ONE of the best ways to cure sore throat is  
as follows:—Writing a cloth out of salt and  
cold water, and keeping it quite wet bind  
tightly about the neck. Cover this with a  
dry cloth. It is best to use this remedy in  
the night.

Mr. Henry Marshall, Reeve of Dunn,  
writes: "Some time ago I got a bottle of  
Northrop & Lyman's Vegetable Discovery  
from Mr. Harrison, and I consider it the very  
best medicine extant for Dyspepsia." This  
medicine is making marvellous cures in Liver  
Complaint, Dyspepsia, etc., in purifying the  
blood and restoring manhood to full vigour.

Why go limping and whining about your  
corns, when a 25 cent bottle of Holloway's  
Corn Cure will remove them?

SOME NEW BIBLE QUESTIONS.

ENTERTAINING EMPLOYMENT FOR THE  
LONG WINTER EVENINGS FOR BOTH  
OLD AND YOUNG.

VALUABLE PRESENTS FOR THOSE WHO  
SEARCH THE SCRIPTURES.

Toronto Truth is trying to interest its  
readers in the study of the Bible, and has  
given a number of very valuable gold and  
silver watches, chains, lockets, rings, etc.,  
already this winter, to those who have cor-  
rectly answered certain difficult Bible ques-  
tions. The names of the prize winners in  
the last competition, which closed on the  
first of January, will be found in Truth for  
January 5th.

Here is what is propounded for the next  
competition, which is open to everybody:—

- 1st. How many times is the word Lord  
found in the Bible? 2nd. How many times  
is the word Jehovah found in the Bible?
- 3rd. Are there two chapters alike in the  
Bible? If so, where are they? The follow-  
ing are the prizes, which will be promptly  
given to the first fifteen persons who send  
correct answers to each of those questions  
given above.

Beat in mind that if you send correct an-  
swers to two, and the third one be incorrect  
you will not get a prize. Everyone compet-  
ing must send two dollars for one year's sub-  
scription to Truth, which will be sent to any  
desired address, postage paid.

1st PRIZE.—One Gold Hunting Case  
Watch, American movement, cases finely  
engraved, retailed about \$90.

2ND.—Ladies' Gold Hunting Case Watch,  
elegantly engraved cases, retail, \$50.

3RD.—Ladies' Coin Silver Hunting Case  
Watch, good value at \$25.

4TH.—Gentlemen's Coin Silver Hunting  
Case Watch, retail, \$20.

5TH.—Gentlemen's Coin Silver Hunting  
Case Watch, retail, \$17.

6TH.—Gentlemen's Coin Silver Hunting  
Case Watch, retail, \$13.

7TH.—Aluminium Gold Hunting Case  
Watch, retail, \$8.

8TH.—Gentlemen's Nickel Silver Hunting  
Case Watch, American style movement, re-  
tail, \$9.

9TH.—One Dozen Triple Silver Plated  
Dinner Knives, extra good value, packed in  
neat case, retail, \$25.

10TH.—One Dozen Triple Silver Plated  
Countess Dessert Spoons, \$8.

11TH.—Gentlemen's Open Face Nickel  
Watch, same style movement, retail, \$7 50.

12TH.—One Dozen Triple Silver Plated  
Tea Knives, extra good value, packed in  
neat case, retail, \$6 50.

13TH.—Beautiful Imitation Diamond Ring,  
gold setting, retail, \$6 50.

14TH.—Fine Gold Gem Ring, retail, \$6.

15TH.—One Dozen Triple Silver Plated  
Countess Tea Spoons, \$5.

Now don't delay if you want to take ad-  
vantage of this liberal offer. It only remains  
open till the 30th of January. The names  
and addresses of the prize winners will be  
given in Truth for the 2nd of February.

You will find, if you don't succeed in getting  
a prize, that you have made the best \$2 in-  
vestment you ever did in your life, as Truth  
is one of the few papers we can most heartily  
endorse for family reading. Every issue con-  
tains twenty-eight pages of choice reading  
for every member of the household. It con-  
tains in each issue two full size pages of  
newest music, two or three very fascinating  
serial stories; a short story; short, pointed,  
pithy editorial paragraphs on current events;  
illustrations of the latest English and Ameri-  
can fashions, with letter press descriptions;  
a Young Folks' Department; Health De-  
partment; Ladies' Department; Temper-  
ance Department; besides a lot of Miscel-  
laneous reading. Yearly subscription \$2  
Single copies 5 cents. Address publisher  
Truth, Toronto, Canada.

SOME PRIZE WINNERS IN PREVIOUS CON-  
TESTS.—Mary Milliken, Leamington, Ont.,  
Lady's Hunting Case Coin Silver Watch;  
W. W. Smith, St. Agnes-de-Dundee, Hunt-  
ingdon, Que., Solid Gold Gem Ring; Mrs  
M. Huntarodon, 514 Yonge St., Toronto, an  
English Neck Chain; Miss E. McGregor,  
Lambton Mills, Ont., Silver Plated Butter  
Knife; Mrs D. M. Welton, Wolfville, Nova  
Scotia, Gentleman's Heavy Hunting Case  
Gold Watch; W. W. B. Anderson, teacher,  
La Tete, St. George, New Brunswick, Lady's  
Gold Hunting Case Watch; Mrs. Hoya  
Clarke, Bolton Village, Ont., Gentleman's  
Solid Coin Silver Hunting Case Watch; H.  
C. Symons, corner Yonge and Shuter streets,  
Toronto, Lady's Solid Silver Hunting Case  
Watch; William Jamieson, Moorfield, Ont.,  
Aluminium Gold Watch; Mrs. John Walker,  
135 Bathurst street, Toronto, Nickel Silver  
Waterbury Watch; Ella M. Stratton, Peter-  
boro', Ont., Solid Gold Gem Ring.