

THE HOME

HOW TO PUT UP FRUIT.

(By Pansy Viola Viner.)

It is possible to put up fruit in such a manner that not one jar will spoil, or even mold. All that is required is a little care. The first and most essential thing is thorough cleanliness. Be sure that the jars are absolutely clean. Fill the jars up slowly with hot water, not boiling, then pour this out and gradually fill up again with boiling water. Put the lids in cold water in which has been put some soda, and bring to a boil on the stove. Then put into boiling water in which there is no soda and let stand until ready to use. Dip the rubbers into scalding water before putting them on the jars.

Use only the best firm, ripe fruit obtainable. It is best to bring water and sugar to a boil together before adding the fruit. Use only silver spoons or forks when working with fruit. When the fruit is boiled enough, dip up carefully, so as not to break, in a cup or enamel dipper, and pour into the jars until they are overflowing; this is one point that needs to be emphasized. Put on the rubbers and hot lids immediately; speed, when working with the cooked fruit, is necessary. Screw the lids on as tight as possible and turn the jars upside down to see if they are airtight and will not leak. Wipe off the sides of the jars before putting them away.

Paper bags are excellent to place the jars in before storing them away in pantry or cellar, since they keep the fruit from all exposure to light. After tying up the bag, write on the outside the kind of fruit enclosed.

It pays to use new rubbers each time, and the jars with one-piece glass covers that fasten on with a heavy wire snap are best for general use.

Fruit is at its best just before it ripens, especially for jelly making.

Housekeepers who can any considerable quantity will find it most economical to buy fruit by the crate. It will be found that in each crate there are several grades. These should be sorted and each used for the purpose to which it is best suited.

The overripe, knobby, imperfect fruit should be used for jams, marmalades, and fruit butter.

The ripe, best, and perfect pieces should be used fresh for the table.

The green or partly ripe will need to be boiled in water enough to cover to soften it before putting in into the syrup, for if put into the hot syrup hard it will never boil soft. The water this fruit is cooked in may be used in the preparation of the syrup.

As fast as the fruit is pared it should be dropped into acidulated water to keep it from turning dark. To make the acidulated water add the juice of half a lemon to a quart of water.

Apples, pears, peaches, quinces, etc. should be washed before paring. In paring cut away mercilessly the decayed spots, and do not put these with the parings, for you may want to use the parings later.

CAMPAIGN AGAINST FLIES.

(Free Press Editorial)

Detroit could be without flies in ten days if a fly trap were fixed on every screen door.

This is one sentence from the address of Prof. Clark F. Hodges at the board of commerce rooms recently. The declaration should stimulate every well-informed man and woman to begin his part of the fight.

In a very few years a city with the plague-bearing fly and the plague-bearing rat and mouse will be regarded as a city without vaccination is regarded today. These visible parasites have dwelt with man in all climates, and have slain millions of human beings by invisible weapons.

For ages man did not know what was destroying him. In our day he knows and yet is strangely indolent. It is foolish to doubt the practicability of a destructive campaign. Man has been able, too able, to destroy useful and beautiful creatures, whole tribes and species of them. He has wasted the innumerable great bison, and has made havoc among wild bees and birds. The wild pigeons that once clouded the sky over all these northern states have been

destroyed. Moreover man has grappled with invisible germs of illness and repressed them within bounds. Surely he can in a few years make the fly a rare visitor and the rat a curiosity.

Against both there must be precaution and prevention as well as open fighting. A carelessly kept stable, an open can of garbage, will muster millions of flies. Old houses and sheds and barns will domicile many rats. The first snug corner of a declining house tempts the scurrying but always courageous mouse.

It is easy to pass laws, of course. In this case probably education and example will be much more effective. The opportunity is one open to teachers and preachers, to doctors and women's clubs, to all educated and careful people. Flies, and rats, and mice, are dirt. It is filthy and squalid to have them about. They must be washed away. Destroying them from the face of the earth is not an heroic or wonderful act. It is merely cleaning house.

Automobiles on Country Roads.

(Halifax Acadian Recorder.)

The generally accepted principle of British liberty is that a man may do as he pleases so long as what he pleases to do does not interfere with the rights of others. This is the sound and safe principle, to pursue in all matters pertaining to individual liberty, and it is eminently necessary to pursue this principle in connection with the practice of motoring.

The motorist has a right—same when limited by law—to drive where he pleases and as fast as he pleases, just as long as his pleasure does not threaten life and limb of his fellow-citizens. But his liberty stops there, and should stop there. Many, the great majority, indeed, of motorists, are careful, sensible and conscientious in connection with the manipulation of their cars, but there is a minority who seem to take delight in reckless driving either to show an imaginary courage, to court an imaginary admiration, or to make real and genuine fools of themselves, or worse. Most of the country roads are narrow. All of them are winding; being made up of a succession of curves. Pedestrians pursuing their course along these public highways are in constant and serious danger from automobiles moving swiftly along these curved and narrow ways.

On holidays and Sundays especially, the Bedford road is a favorite route, taken by these machines which often dash along at a speed perfectly terrific, considering the nature of the course. Children are particularly in danger, but all wayfarers are undergoing great risks, pedestrians as well as those driving horses. It is of course the few who habitually show off speed, either on the road named or elsewhere, but those few are creating and maintaining a prejudice against motorists generally which that body of respectable citizens can not afford to suffer. Complaints are constantly coming in of horses bolted, children narrowly escaping death or serious injury and public highways rendered highly dangerous by the careless, selfish and conscience-lacking pleasure rider. Such abuse of a liberty permitted thus by law, if continued, will undoubtedly work up public antagonism to a point where the law will be changed by public demand. None of the roads near the city are safe or at all suitable for speeding purposes, and motorists should learn this simple and obvious fact without delay. By going slower you may go farther, gentlemen.

FATALITY AT A FAIR.

Boy Killed in Accident During Balloon Ascention.

Windsor, Ont., Sept. 27.—Fred Smith, a seven-year-old colored boy was struck on the head by one of the poles which support the balloon, just as the Sinclair sisters were about to make their first ascent at the Windsor fair yesterday afternoon resulting in his death about one hour later.

In ascending the props and parachute became entangled with one of the poles, the pole was lifted about fifty feet in the air and came down striking young Smith on the head, fracturing his skull.

Crop Rotation

I am going to explain a system of crop rotation which has included for its special crop the potato. The farm is to be divided into seven separate fields making three fields of twelve acres each or a farm of sixty acres under cultivation. In addition to this there may be some meadow or extra pasture land in order that there may be kept a certain number of cattle to consume the surplus grains so that they may be thus returned to the soil in the form of manure thereby reducing the excessive use of commercial fertilizers.

Beginning with the twelve-acre field one is to be in potatoes, the second in clover and the third in wheat or rye. Describing the preparation of the potato field, which is always the clover field from which a crop of clover hay has been taken. This field is well manured and if it seems necessary, commercial fertilizers can be used to produce the special crop, the potato. In the fall after the potato is harvested the field is sown in either wheat or rye, the clover being sown in the spring.

Next year the second field is ready for the special crop, which is treated the same way as the first, and the next year the third field is ready and thus making a three-year rotation with the special crop included each year.

Next come the six-acre fields, which include the corn and oats crops. Corn is put in the clover fields and in the corn legumes should be sown at the last cultivation to add nitrogen and to serve as a covering for the winter. The corn should be followed, then again sown in clover in the spring, after which a crop of hay will be taken off, then to be ready again for corn, hence a four-year rotation which requires four fields. Each field will be put in corn the year after a crop of hay has been taken off.

By this system of rotation it enables the farmer to raise his own feed stuff for his stock, thus avoiding the buying of high-priced feeds, and at the same time not sell the cereals from the farm, but to reform it and thereby increase the fertility of the soil.—W. J. D.

Biliousness is due to a disordered condition of the stomach. Chamberlain's Tablets are essentially a stomach medicine, intended especially to act on that organ; to cleanse it, strengthen it, tone and invigorate it, to regulate the liver and to banish biliousness positively and effectually. For sale by all dealers.

Cape Breton to Have Fox Farm

Fox farming, which has yielded thousands to P. E. Island men during the past few years, is about to be begun at Whyecoonagh. A few weeks ago, Dr. D. T. McPhail, a son of Mr. and Mrs. James McPhail, of Whyecoonagh, but who enjoys a very extensive practice in New York City, arrived home on a visit to his parents. His visit, however, had a double object, and today he has one of the most modernly equipped and most promising of fox farms in the Maritime Provinces.

For several years Dr. McPhail has had under consideration the starting of a fox farm. He accordingly studied the matter and decided to breed only the very best of animals, confining himself to black and silver greys. As a starter, the Doctor has installed six beautiful black male and female pups, and an equal number of silver greys. Clare Austen, who has had many years' experience in the fox business, is in charge of the fox farm at Whyecoonagh. The new concern will purchase all kind of foxes, preferably those of value, and particularly the silver greys and blacks.—North Sydney Herald.

LONGEST WORD.

"What is the longest word in the English language?" asked Uncle Tom. "Valetudinarianism, I suppose," replied James, who had taken a prize in spelling. "No," spoke up Susie; "it's 'smiles,' because there is a mile between the first and last letters." "I know one," said Jack, "that has over three miles between its first and last letters." "What word is that?" asked Uncle Tom. "Beleaguered," cried Jack, triumphantly. "I know one," said Philip, "that is longer than that. 'Transcontinental' has a whole continent between its beginning and ending." "Interoceanic beats them all," exclaimed Elsie, "for it contains an ocean; and an ocean is larger than any continent."

Give children a few cents to make nets of mosquito bar and catch the white butterflies sitting over your cabbage and cauliflower fields, since the female moths deposit the eggs from which the cabbage-worm comes. Children might also be paid for picking off the green worms before they have done much injury.

The One Who Resigned

A merchant pointed out to a new stenographer the other day several serious and wholly inexcusable mistakes which he had made. The stenographer colored at the first word of the lecture and waited impatiently—and without listening—until it was ended. Then he resigned.

"Why do you resign?" asked the merchant. "Because I don't let any man take advantage of his power as an employer and speak harshly to me."

"What did I say?" asked the merchant. "I don't know just what it was. I only know you were jumping on me about my work."

"Why did you leave the position you had before you came to us?" asked the merchant.

"For the same reason that I'm leaving here. The man thought he could jump on me just because I was an employee," was the reply.

"But didn't you make any mistakes?" was your work perfect?"

"Of course I made mistakes. Nobody is perfect."

"Then you don't permit anyone to speak to you of your mistakes?"

"I don't think harshness is the way to help a man to get along."

"And you regard any form of reproach as harshness?" The stenographer was silent.

"The only talk about your work that you will listen to is praise."

The stenographer was silent.

"You can't see that praise is not of the slightest value to you, that criticism is invaluable?"

"The stenographer was silent."

"You can't see that by speaking to you of your mistakes I was showing myself to be your friend; that if I had passed over your mistakes I should have been doing you an injury."

The stenographer was silent.

"Don't you think you had better give me another trial?" asked the merchant.

At first blush every employee who reads this story will scoff at this stenographer as an unusual example of inordinate vanity. But isn't this story worth thinking about? Is this stenographer so unusual, after all? Is such vanity rare, or is it only his courage of it that is rare?

It was by ambition that the angels fell. It was by self-exaltation that men fell.

A very great man once said that no man had ever lifted his head so much as an inch above the mass of his fellows who had not the power of self-criticism—the ability to see his own faults either on his own initiative, or when some friend or foe pointed them out. The smaller kinds of superior men close their ears against their enemies, but learn when their friends are venturesome enough to criticize them. The larger kind of superior men learn much from the frankness of friends, more from the fierce and scorching criticism of their unintentionally friendly foes. And on the day that a man ceases to be capable of self-criticism, ceases to be tolerant, on that day his undoing begins.

Again and again you hear it said of a man, "He has reached his limit." What does that mean? In every case, close study of the man and his career will show that he has reached that stage at which self-exaltation has succeeded in silencing self-criticism.

Study the man who works beside you. Study the man who was promoted the first of the year. Study the man who wasn't—especially if he happens to be yourself. This is not a world of chance, but of causation. There was a "why" for the other man's dismissal or failure to advance.

What the world most needs is not aims or gutches, but more friendly criticism.

The place to begin to correct the evils in the social system is with the one member of it who is wholly under your control. Other corrections can wait. That one can't.

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WEIGHED 510 POUNDS.

Unusual Coffin Was Needed for Body of Massachusetts Woman.

Wakefield, Mass., Sept. 27.—As a result of her great weight unusual arrangements were necessary at the funeral of Mrs. Lena M. Richards, who died on Friday, 22nd ult. Mrs. Lena M. Richards is believed to be the heaviest woman in New England.

The removal of the body required the doors at the Richards' home to be cut away. A special coffin was constructed for the body, which weighed 510 pounds. The coffin was thirty-six inches wide, twenty-six inches deep and six feet, four inches long. It required the services of ten men to lower the body into the grave.

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TO LET

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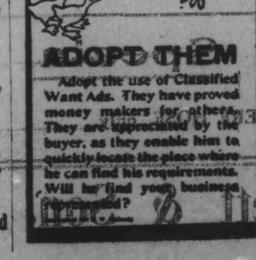
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