"Friends in Council."

that "friendship is predestined relationship," dear Mrs. Edgerton, so, as does not form an integral article of diet, a notable improvement will be remarked. In less meat-eating France one always reserves the right to im-pose upon one's relations, I have come fish and rice-eating Japan harsh words my position of "brand new" wife and inexperienced housekeeper, I have the street. In Japan I never heard much to learn. Then, too, Jack's wife rude, angry words spoken by any but has quite a different pocketbook than that of papa's daughter. We have all heard of nouveaux riches, but I am a nouveau pauvre, so it will be a clear bined with a sedentary life. The half-case of charity to rescue me from domestic ruin.

Mrs. Edgerton-I do not think that the ministry of helpfulness need be confined entirely to the poor, my dear,

only claim upon my consideration. In what can I help you?

Mrs. Carey—Well, in Jack's absence my little cottage is a bit lonely, and I like to have my girl friends come and Then, too, Jack has a see me often. Then, too, Jack has a family of sisters and cousins and aunts that is simply bewilder think of. As this place is so

ent to town, they are constantly ning down for an hour or so," and and asked that amendment of the laws "Oh, that's merely his idea of etimy housewifely pride is fired with the affecting the interests of women be quette. He never would accept a gendesire to entertain them with "becoming and graceful hospitality" without putting too heavy a strain upon the domestic exchequer. Now, your genius for sandwiches alone is enough to inspire me with confidence in your power to help me! Every time that you have asked me to stop for a cub of tea, there has been some new and delicious combination in that line.

Mrs. Edgerton-The variety is due to the most prosaic of causes, I assure you. They are the "snappers up of unconsidered trifles"—survivals of the past. These, here, are simply filled with a bit of the so-called "hard sauce" that belonged to yesterday's pudding-butter, sugar, and a few drops of sherry. Perhaps you recall that sugar used to taste good upon your bread and butter when you were a child. You can make good, sandwiches out of anything-chopped radishes or olives between the bread and butter, watercress, lettuce, strawberries sliced, or currants bruised with sugar, salmon, or any cold fish shredded and mixed with a bit of mayonnaise sauce, sardines, with a "squeeze" of lemon. Hashes, if without potato, moistened with a little gravy, are by no means to be despised. Pate de foie gras comes in little tins at 25 cents, and is usually relished. The bread must be cut very thin, the sandwiches uniform in shape, and placed upon a d'oyley, they look more

tempting than upon a bare plate. Mrs. Carey-You must have an exceptional waitress to take the trouble to give you the variety you speak of. Mrs. Edgerton-Butlers have no feelings to be appealed to, but I find that most women servants can be roused to an interest and feel a pride and pleasure in the domestic arrangements under their care, if tactfully managed

by the mistress.

Mrs. Carey—Now, tell me about

Mrs. Edgerton-No, the simple layer-cake is baken in little forms of of the parties as well as their mental hearts, diamonds and rounds, and the icing is divided and flavored in various ways. Coffee, orange and strawous ways. Coffee, orange and straw-berry juice give the various colors. health and virility, he ought to retain Pistache nuts, chopped, give a touch his ambition, his enjoyment of life, of elegance to those with white icing, and his appreciation of all that makes and a single candied cherry to those the world attractive to a young or

Mrs. Carey-Thank you, the su cess of my five-o'clock tea is a foregone Consequently such a man ought to conclusion. Now, a word of advice marry a woman considerably younger about unexpected guests for luncheon. My mid-day chops blush to find themselves alone when I am taken un-

Mrs. Edgerton-Tins of clam juice and of buillon at eighteen cents apice are a wise investment. At a moment's notice the clam juice may be heated with a little cream and served them buillon. If there remains from kind, have it pressed into timbale if the woman is of that constitution breakfast a little mince of whatever forms. Served with tomato sauce, it makes an acceptable "entree." If no her physical attractiveness, unles she fragments remain, a course of eggs marries a man much like herself, it may do instead. Hard-boiled eggs, would be better to extend the differcut in quarters, with a white sauce, dish in a ring with potatoes, peas or stuffed tomatoes in the center.

A salad is next in order or a cream cheese served with toasted biscuits and currant jelly. The blended flavors are delicious. It is a good plan to have the sweet dish intended for dinner, made in the morning, so that in an emergency it may be served for luncheon. A cake baked in a ring shape, iced, and made to bristle with blanched almonds stuck plentifully

"Gratitude is a lively sense of favors book at the same time." The suggestto come"-so prepare yourself to find ed Invalid's Library would

Result of Meat-Eating.

"One deplorable result of excessive meat-eating in England," says Mrs. derness make her loved by all who Ernest Hart in her work entitled "Diet know her once said to an impatient in Sickness and Health," "is the ill- girl friend: "My dear, learn to allow temper which is a chronic moral com- others to be mistaken. It is a diffiplaint among us. In no country, I believe, is home rendered so unhappy and life made so miserable by the illtemper of those who are obliged to live together as in England. To everybody who reads these lines examples will the wise advice often occurs to me original color and prevented baldness in thousands of cases. It will do so to you.

occur of homes which are rendered By Mrs. Burton Kingland, in Table
Talk.
Scene—A corner of a piazza. Time
—Five o'clock. Mrs. Edgerton and
Mrs. Carey chatting over their teacups. Mrs. Carey-Someone has said those of other countries where meat to ask for your advice and help. In are unknown, and an exquisite politeness to one another prevails even among children who play together in I am strongly of the opinion that the ill-temper of the English is caused in a great measure by a too abundant meat dietary, comurates and uric acid, which, circulating in the blood, produce both mental and moral distrubances."

Woman's Claim in South Australia.

The Melbourne Age of Feb. 21, 1896,

At Adelaide on Thursday a deputation from the Women's Christian Temperance Union and the Women's League waited on the Premier today and asked that amendment of the laws

The requests were:
1. Raising of the age of protection for girls to 18 years, extension of the period during which prosecution may be commenced from two to twelve months from the time of offense against a girl under the age of con-2. Equal divorce laws, abolishing the necessity of women proving cruelty as well as adultery. 3. Equitable amendments to law of bequest, making it illegal for a man to leave his wife and family unprovided for by equeathing his property to others. Providing that a wife who has to live separately from her husband on account of cruelty or neglect may have proper maintenance. 4. Amending the laws relating to seduction by fraud or false pretense, so that a woman may claim damages in her own right without plea of loss of service to her guardian or employer. 5. Amendment of the law relating to illegitimacy, so that paternity may be proved before courts and necessary provision decreed before the birth of a child. 6. Legal provi-sion for placing a fair proportion of women on the boads of management of all institutions where women and children are received.

Mr. Kingston said he would have to submit the matters to his colleagues The Government was strongly inclined to support raising the age of protection for girls from 16 to 18 years As to the extension of the period of prosecutions limit, he thought no artrary limit could be logically justified. As to the equalization of the divorce laws, he would say, "We are with you, and if we can give it to you

Age of Husband and Wife.

A friend writes for our opinion as these little cakes. Do you send to town for them? They have an air of distinction that is nothing less than aristocratic.

The man who sent \$5 less than aristocratic. temperament, or physical constitution culinity and possessed of first-class Francisco." middle-aged man, far beyond the traditional score of threescore and ten. than himself, provided, of course, that she is companionable, and if she does not happen to be exceptionally strong However, if the woman be herself. remarkably vigorous, and the man not of a very long-lived or powerful stock, there would be less objection to an approximate equality of age. In other words, if both parties are as nearly If the same persons come again, give perfect as human beings are likely ever to be, a difference of five or ten years would probably be best. But ence in years to tweelve or fifteen, or to which a touch of onion is added, or even more. Whatever we may think the same baked "au gratin" are dishes or approve in the matter, it remains generally liked. Stuffed eggs, Spanish a fact that men admire youth, beauty, omelet, scrambled eggs with chopped health and vivacity in women, while ham, parsley or canned lobster and the gentler sex are attracted chiefly served on toast, may be had at short by mental and physical strength. As notice. After which your chops may men retain their strength, especially in daylight. When the electric plant come in with effect, set around the of mind, much longer, on an average, than women retain their beauty, it is considerable difference in the ages, varying, as we have said, according to the relative condition of the parties .- The Phrenological Journal.

Book for Invalids. "It is said that a novelty in books is to be issued under the title of the about, and filled with whipped cream, Invalid's Library," says the Lounger, makes a very pretty dish. The icing in the Critic. "Each volume is 'to be now your "emergency luncheon" be concluded with a cup of good coffee, I am sure that your guests will have no cause to complain of their enter-tainment.

Taminy can read the book at the same time. Let one get the start, and the others can follow on. I gave some of these unstitched pages to a friend once, and she was delighted with the arrangement. The pages open out Mrs. Carey—Thank you, dear Mrs. readily, and have little or no weight; Edgerton. To know you is a liberal education, as Swift said of his Stella—for all of us to be reading the same pensive, and I do not think that it Mrs. Edgerton—Welcome as the sun-thine always, dear. You know that I I propose."

> The Art of Allowing Others to be Mistaken.

A woman whose goodness and ten-

portant matters. Supose John says that he left home this morning for his office at 8:30, and Mary knows that the heart of the home the home this morning for his office at 8:30, and Mary knows that the heart of the home the home that the heart of the he that the hands of the clock pointed to 8:45 as he closed the front door behind him. Why should she tell him of his mistake? Nobody likes to be told that he is wrong, and few of us will believe it of curealyes when we will believe it of ourselves when we are told of it. When there is no principle involved, it is wiser, gentler and kinder to let a trifling error pass un-If a friend has bought the material for a portiere and has had the curtain made by a seamstress under the fond conviction that she has saved money by so doing, why tell her that she could have bought a pair of ready made portieres for what she has paid for the material and the making of one? It will only lessen her enjoyment in her property, and do neither her nor you any good. When a mistake is made and past changing, let it alone. It is a great undertaking to try to right the world and those whose temerity permits them to attempt the task should be careful that the so-called righting is not in itself a mistake.

Gabbleton-I believe a child's ambition should be encouraged. Now I'm sure my boy wears just as good clothes as I do. Wiggins—H'm! Cut down to fit him, I suppose you mean?

"If he is innocent I don't see why he should wait for requisition papers before coming back." made part of the Government policy. The requests were:

| description of the description

> Remarked Mrs. Homespun-Our John is awfully far-sighted, he can you all about the new ministry in Italy; but I'll bet anything he wouldn't know anything about it if we had a new pastor at our church every Sunday in the year.

Michigan State press to the effect that a young lady had a needle enter her waist about a year ago and that it recently worked its way out of the arm of a young man in another city While poring over a cook book the

An item is going the round of the

other day, my attention was attracted by a recipe which ended something like this: "Then sit on the front of the stove and stir constantly." agine sitting on the front of the stove without stirring constantly.

"I would lay the world at your feet!" exclaimed the young man who reads novels. "Really," she replied, "it's very good of you to suggest it, but you needn't trouble yourself. It's there already.'

City Lady (in the country)-I get so impatient for the news out here. The mails are so irregular.
Old-fashioned Grandma—La! they was in my young days. You couldn't trust 'em at all.

"How did your daughter pass her examination for a position as teacher?" asked the first man. "Pass!" was the answer, "she didn't pass at all. Maybe you won't believe it, but they asked that girl questions about things that hap-

The man who sent \$5 last week far as \$5, got his answer yesterday. It was a small card, on which was qualities. If a man is a model of mas- neatly printed: "Mail both to San

E ectricity in a Dairy.

To ae first person who guesses nearest the number of complete words that will appear on the first page of the Toronto Daily Mail of Monday, Nov. 2 next, will receive \$35 in gold. Competition closes Oct. 28. With your guess remit 10 cents for a package of Chester's Liver Pills, the prompt, pleasant and permanent cure for Constipation, Bilicusness, Indigestion, Low Spirits, Dyspepsia, Poor Blood, Sick Headache, ctc. We send the medicine by mail (post paid), and the \$35 five days after competition closes. You run no risk. Write today. Address The wonders of electricity will never cease. Dairymen, it seems, are now utilizing it to make their cows get up before sunrise. Dairyman Wilder, whose milk-producing establishment is about ten miles north of Santa Cruz, is one of the most ingenious men in California, and has done what no other dairyman ever attempted. Everybody that has ever tried to milk a cow before daylight knows what a job it is. Bossy is generally of the opinion that there is a time for all things, and firmly objects to being awakened and milked when she thinks she should be asleep. Many cows will refuse to be milked to the extent of kicking and lying down. All of these troubles have been Dairymen Wilder's, and not long ago he determined to overcome them. In fact, it was necessary that he should, as he was often late in getting milk to his customers in Santa Cruz. It costs con-siderable money, but he has more than made up for the present he has one of the finest individual electric plants in the state, was in position and ready for work, there were three big arc lights over | Fleischmann's Yeasthalf a cake clear that there should generally be a the center of the yard where the cows slept at night, and dozens of others fixed all over the different buildings, the entire lot capable of producing about 10,000 candle power-enough to make the yard as bright as day. plant was of the best quality, and everything was tried in the daytime before the surprise was sprung on the It worked like a charm. The bright rays of the light had no sooner been turned on than the cows com menced to get up. Most of them lookmay be pink and the cream also col- printed on a long strip of paper-cov- ed surprised to see the day break so end cream may be flavored with cof- ered muslin, so that a patient can soon, but when the milkman arrived fee or chocolate. Walnuts also deco-rate it prettily. I always keep cans of thus dispensing with the attendant fa-"maroons glaces" in the house, which tigue of holding a heavy book. Why which I get at the Italian stores for go to all this trouble and expense? began to crow, and the hens went to cents apiece. These added to plain Why not buy from the publisher a around hunting for nests. Ducks, vanilla ice cream (which may always copy of a book before it is stitched geese, dogs and cats, were all affected be had) makes quite an elegant dish. for binding. In this way a handful in the same way, and the ie same way, and the barnyard was awake at the had) makes quite an elegant dish. for binding. In this way a handful in the same way, and the Chopped nuts, stale macaroons or bits of pages can be taken up at a time, whole barnyard was awake at french candied fruits mixed with and they are so light that it would be the cream, confer distinction. Walthe cream, confer distinction. Wal-nuts steeped in sherry added to whip-ped cream and served in paper cases, these unstitched sheets is that all the make a simple but toothsome dish. If now your "emergency luncheon" be time. Let one get the start, and the concluded with a cup of good coffee, others can follow on. I gave some blissful ignorance of Mr. Wilder's blissful ignorance of Mr. Wild shabby trick.—Philadelphia Times.

Piles! Piles! Itching Piles: SYMPTOMS-Moisture; intense itching and stinging, mostly at night; worse by scratching. If allowed to continue, tumors form, which often bleed and ulcerate, becoming very Swayne's Cintment stops the itching and bleeding, heals ulceration, and in most cases removes the tumors. All druggists, or by mail, 50 cents. Dr. Swayne & Son. Philadelcents. phia. Lyman Sons & Co., Montreal, wholesale agents.

"The duty of a dimple," says an authority on womanly beauty, "is to punctuate a smile." In youth it is fascinating period to mirth, in middle life it lengthens into an uncertain comma, and age finds it an uncompromising parenthesis. Hall's Vegetable Sicilian Hair Renewer has restored gray hair to its

It Is Allowed Many Privileges Which Are Forbidden Male Bipeds.

Egypt never paid more reverential respect to its cat gods than Richmond does to dogs. They own the city, and they have many more privileges than are accorded to men.

If a man gets drunk, for example, and makes merry on the street, he is run into the station house and next morning he arraigned before Justice John to answer the charge of disturbing the public peace. But as for a dog, he is permitted to bark and howl without being drunk at all, and to make pight hideous with his and to make night hideous with his noise, and no man ever thinks of running him in. If a man should secrete himself be-

hind a tree and rush out at a passing

horse and jump up at the bit and howl at him until the horse was frightened or provoked to desperation, that man would be taken to court to answer to his offense. But dogs do that sort of thing every day and the law takes no note of it. If a man should station himself on the sidewalk and rush into the street after a girl riding on a wheel and tug at her skirts and try to throw her down, he would probably not be arraigned in court, but indignant citizens would deal with him before ever the law could get him into its clutches. But the bicycle rider is the especial delight of the Richmond dog, and the dog has all the fun he wants trying to throw men and women from their wheels. And if anybody should

resent such insolence with a rock, that cruel somebody would probably fall

cruel somebody would probably fall into the hands of the Society for the

Prevention of Cruelty to Animals .-

Mellin's

Food

A I have used your Food

and find it the best; it saved

my baby's life. Strange to

in the market before I tried

yours; baby hadn't taken it

an hour before I saw the

change. The doctor asked

what I gave her; I told him

and he said - "You have

struck the right food at last."

Mrs. A. McDiarmid, & &

No. 14 Denny Street, & &

Worcester, Mass. & & &

Write to us and we will send you a Sample of Mellin's Food or our book "The Care and feeding of Infants," free of charge.

DOLIBER-GOODALE CO.

BOSTON, MASS.

\$25 for 10 Cents.

CHESTER MEDICAL CO.

TORONTO, - - ONT.

You can't have a pic-nic without it. You

nic without it. You need it for sandwiches, We always have the very best cooked ham

today. Address

say, I tried all the other foods

Richmond Star.



Fry everything from potato chips to doughnuts in Cottolene. Put Cottolene in a cold pan-heat it slowly until it will delicately brown a bit of bread in half a minute. Then put in your food. It will pay you to try Cottolene just this way—see how delicious and wholesome it makes the food. Get the genuine, sold everywhere in one, three, and five pound tins, with trade-marks Cottolene" and steer's head in cotton-plant wreath—on every tin. THE N. K. FAIRBANK COMPANY, Wellington and Ann Sts., MONTREAL.

Remington Bicycles Ladies' Racers,

1896 NEW MODELS.

Light Roadsters Tandem == Boys' and Girls'

BEAUTY, STRENGTH, LIGHTNESS AND DURABILITY.

The new 1896 MODELS are elegant in appearance, remarkable for simplicity of construction tion, have the greatest structural strength combined with lightness of material. We guarantee ease, speed and durability, under prolonged and incessant use. FINEST WHEEL IN THE WORLD. Write for Remington Art Catalogue.

BOWMAN, KENNEDY & CO., WHOLESALE London, Ont

London, Ont.

JOHN McCLARY.

A. O. JEFFERY. Vice-President.

President. Subscribed Capital\$250,000 00

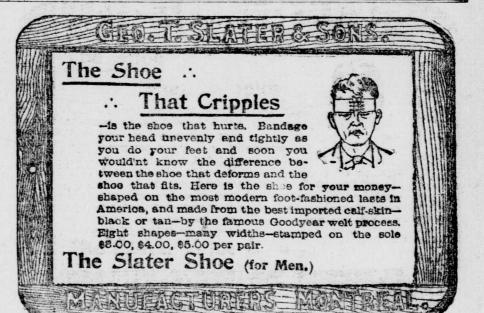
Invested Assets Over...... 500,000 00

The new Policy Forms of this Company are models of liberality, and Premium Rates compare favorably with the rates of other companies.

MONEY TO LOAN at lowest current rates of interest and on most favorable terms of repayment of principal. If about to buy or build a house, examine our monthly installment plan-\$13 82 per month for 90 months, \$12 73 per month for 100 months, or \$11 10 per month for 120 months will repay a loan of \$1,000, interest and principal included. Borrowers are not made subject to bylaws of which they know little or nothing. The whole contract is contained in the mortgage, and when the stipulated number of monthly payments are paid the mortgage will positively be discharged.

For fuller particulars write or apply in person to

J. G. RITCHER, Manager.



POCOCK BROS. SOLE AGENTS FOR LONDON.

JOHN FRIEND 117 Dundas Street.

in stock.

RECIPE.

For Making a Delicious Health Drink at Sr'all Cost. Adams' Root Beer Extract.....one bottle

Sugar.....two pounds Lukewarm water.....two gallons Dissolve the sugar and yeast in the water, add the extract, and bottle, place in a warm place for 24 hours until it ferments, then place on ice, when it will open sparkling, cool and delicious.

The root beer can be obtained in all drug and grocery stores in 10 and 25 cent bottles to make two and five gallons. ywt

Trafalgar Institute

(Affiliated to McGill University.)

SIMPSON STREET, MONTREAL For the Higher Education of

YOUNG WOMEN Vice President. A. T. DRUMMOND, LL.I Principal: Miss Grace Fairley. M.A., Ed'g'i

The Institute will re-open on Tuesday, 15th September. For prospectus and other information apply to the Principal or to

A. F. RIDDELL, Secretary, 22 St. John street, Montreal. 52bh ywt Reid's Hardware

-FOR-LAWN HOSE. SPRINKLERS, etc.

HAMMOCKS Prices to suitall.

original color and prevented baldness in thousands of cases. It will do so JAS. REID & CO 186 Adelaide St. W. 118 (north side) andas Street.

MERCANTILE REPORTS.

COLLECTIONS.

Personal attention given to slow pay accounts

162 St. James Street, Montreal.

26 Front Street West, Toronto COMPLEXION REMEDIES.

Agents for Mrs. Gervaise Graham's Cosmetics. Face Bleach removes pimples, freckles, sallowness, tan, liver spots and all impurities from the skin. Does not take away the natural rosy look. §1 50; 3 bottles for 34.

Jasmine Kosmeo—Cleansing, healing, prevents tan and sunburn. 75c.

Hygienic Skin Food obliterates wrinkles, rittings sears softening and whitening \$15t. pittings, scars, softening and whitening, \$150. Eyebrow Penells. 25c; Hair Restorer. excellent, \$1; Hair Vigor, \$1; light or dark brown Hair Dye, \$1 50, etc., etc. Electrolysis—For the permanent removal of superfluous hair, moles, warts, etc. Electri-cal treatment for falling and gray hair. Madame Foys' Dermatological Institute

140 Maple street, London. FITS OR EPILEPSY CURED

To the Editor :-I have a positive Remedy for Fits, Epilepsy or Falling Sickness. By its timely use thousands of hopeless cases have been cured.

So proof-positive am I of its power, that I will send a Sample Bottle Free, with a valuable Treatise on this disease, to any of your readers who are afflicted, if they will send me their Express and Post Office Address.

H. G. ROOT, Mention this Toronto, Canada. 519 King Street West, Toronto

To aid digestion and lay up a store of health, use Adams' Tutti Frutti Gum.

See that the trade mark name Tutti Frutti is on each 5c. package. Save coupons for books and music. ****



HAVE YOU SEEN THE LATEST and GREATEST INVENTION

Of the present age for preventing run-aways. Your life is insured by using the Automatic Safety Pole Tip

and Shaft Securities. Your horse is perfectly secured to the rig in case of an accident, allowing you full control

For Safety, Durability and Simplicity it Excels All. If your hardware merchant or carriage maker does not keep them, call on or write.

Geo. A. Landon, MANUFACTURER AND GENERAL DEALER IN CARRIAGE HARDWARE,