

کتاب متنوع للدراسات

New Relief For Constipation, "LES FRUITS"



Physicians agree that with the modern habits of living, constipation is likely to be always with us. They also agree that the constant use of any drug for the relief of constipation is exceedingly unwise—unwise for two reasons. First, a drug constantly used loses its effect and requires a constantly increased dose. Second, because the constant use of any drug is bad anyway.

So the cry is constantly going up from the constipated, "What can we do?" It will be interesting to a great many to know that an answer has been found in the re-discovery of a method which was used with great success by our Forefathers, and in Arabia far back in the twelfth century. The food is called "Les Fruits" because it is composed entirely of figs, dates, prunes, raisins and the leaves of each with the substitution of the Alexandra leaf for the raisin leaf. The taste is pleasant, if not to say delicious, and the effect is exceedingly satisfactory. Try it and be convinced.

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- Men's Black Rubber Coats which we offer you at \$11.50 each
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- Men's Grey Cravenette Coats. Worth \$25.00, at \$15.00 each
- Women's Black Rubber Coats, with new belt effect, at . . . \$10.00 each
- Women's Waterproofs, Belted, at . . . \$5.00, \$8.80, \$11.00 & \$11.50
- Ladies' Covert & Shower Coats at various prices.
- Boys' Black Rubber Coats, \$5.60 to \$6.60 (According to size.)
- Boys' Waterproofs \$6.00 to \$6.60 (According to size.)
- Misses' Black Rubber Coats, with belt effect; ages 12 to 18 years, \$8.00 to \$8.60 (According to size.)
- Smart Selection Misses' Covert & Shower Coats.

Remember that while the rain may come down in May, our prices are down all the time.

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The First Principle of Modern Business is SERVICE.

That is where we shine.

Good Goods well made, moderately priced, and honest effort made to deliver on time. Expert accounting and satisfactory settlements of all claims.

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House of Assembly.

(Yesterday.)

The House met at 3.30. Following the reading of the minutes, and before the Orders of the Day had been called, Sir M. P. Cashin, member for Ferryland, rose in his seat and moved, "That the House adjourn until Friday afternoon next and that the Government as at present constituted, does not possess the confidence of the members of this House."

In moving this resolution he traced the political events since August, 1917, when the National or Coalition Government was formed. His chief reasons for supporting this were: the war conditions, the financial condition of the colony, loans, etc. With the unexpected consummation of the signing of the armistice the plans of the National Government had been upset, and the goal of its ambitions was reached with the ending of the war. No need existed to-day for the continuation of the Government, and it were better were they to get back to pre-war conditions. He had to be frank and state that there was no confidence existing between the factions comprising the Government. As the senior member of the House on the Government side, he deemed it proper of him to make the motion of "want of confidence." He then went to some length to warn the country to economize. Referring to the problems yet to be dealt with, he spoke of the Bowring Coastal Contract, predicting larger subsidies and much higher passenger and freight rates.

The Prime Minister, Rt. Hon. Sir W. F. Lloyd, spoke next. Sir M. P. Cashin had handed him his resignation a few minutes before. He agreed that there was no desire for the parties to work together. However, there was no necessity for the vote of want of confidence. He did not wish to remain Premier, and his resignation had been handed to the Governor. Speaking for himself, Mr. A. B. Morine was at a loss to know how to vote, as the intimation of the Premier's resignation had put a funny complexion on the whole proceedings. He would support the motion.

The Speaker then drew attention to the fact that the motion had not been seconded, and stated that he did not propose to permit any further debate until this was done. The House then waited for a seconder in death-like silence for a minute or two, but no person seemed anxious to perform the duty, the Opposition members sitting very tightly in their seats, when the Prime Minister, Dr. Lloyd, arose and said that as no member seemed ready to second the motion, and if there were any difficulty in finding one, he would second the motion himself.

Mr. J. S. Currie said that in his opinion the moving of a vote of lack of confidence in a Government whose leader had already resigned, was a strange procedure, but it was stranger still to find it moved from the Government side of the House and seconded by the Prime Minister himself. He agreed that there did not seem to be any necessity for the vote; but as it had been moved, and as the Premier wished to have it pressed, speaking for what might be termed the official Opposition, they were prepared to vote for it, and could do so consistently because they had no confidence in the Government for nearly two years.

Hon. W. F. Coaker said he intended to support the motion, and that the defeat of the Government did not cause him any grief. When he joined the National Government there were breakers ahead, but these had all disappeared, and the water was clear. He had done nothing to be ashamed of. He was invited to join the National Government, and he took it that this motion was an invitation to him to get out. He did not raise any objection to it. Coaker made the National Government, and Coaker was breaking it, for the motion was, of course, aimed at him.

Mr. Parsons wished to state his position, which was that as soon as the war was won he had no further obligations to the Government and would support the motion. He also stated that had the National Government gone to the country as such, that he could not have given it any support whatever.

The motion was then put by the Speaker and carried unanimously and without a division.

The House was then declared by the Speaker to be adjourned until Friday.

Knowling's

Grocery Department.

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Pocket Developers, Pyro-Soda. Each packet makes 10 ozs. of solution, 55c. pkt. of 6

Acid Hypo, Fixing. For Plates, Films and all Gaslight and Bromide Papers. The best fixing bath for use with all Developing Tanks16c. tin

STATIONERY DEPARTMENT.

Photo Mounts, Celtic, Granula, Boudoir, Aeger, Tricolor, Atlas, Exhibition, etc. 15c., 20c., 25c., 30c., 35c., 40c. to \$5.50 per dozen.

Snapshot Albums, 55c., \$1.25, \$1.40 each.

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may14,17,21

Tag Day.

On Friday, May 23rd, a Tag Day for Animals will be held under the auspices of the Society for the Protection of Animals. The work of this organization has never been greatly appreciated here, and it has not received the sympathy and co-operation of the community to any great extent, so that the movement has never expanded as it might. On this, the first occasion of the Society's asking for contributions to its funds from the public, it does not ask for large sums from the few, but for smaller contributions from the many, that the giving may be general. The S.P.A. can do its appointed work much more efficiently when it is assured of the good will and co-operation of the public.

College Extension Campaign.

It is the intention of the Publicity Committee of the College Extension Campaign to issue a weekly bulletin in reference to the work in general, so that the public may be kept in touch with what is being done, and note what progress is being made. It is expected that the first issue will be published this week, and arrangements are complete for the editorials and contents. This step is a wise one, and should certainly create a deep interest in the campaign and be instrumental in advancing its aims. Like all such projects, this one has its difficult problems, and it will have its usual share of criticism and queries; and it is to cope with this phase of the work that the bulletin will be published. The number of copies will be about two thousand, but later on the number may be increased. The entire contents of each issue will bear directly upon the work of education and upon the plan of the campaign now launched in its favor, and as far as possible the committee hopes to clear the way and remove the doubts from those who may not be in full sympathy with the movement. But we are pleased to be in a position to state that as far as the general committee are concerned, there is entire harmony and hearty co-operation.

We bespeak for the bulletin a cordial welcome from our people. They will find it sent to them free of cost, and we ask that its message be considered, and its appeals be heard, and that in response to the same, a liberal offering be made. The work which the bulletin advocates is among the most important of the age, and is worthy the liberal support of the public. This we feel assured will be forthcoming, and therefore the presence of the little weekly visitor shall not have been in vain.

I. C. M.
HINARD'S LINIMENT CURES GAIT GET IN COVS.

Boy Breaks Leg.

Yesterday afternoon, Frank, the six-year-old son of ex-Sergeant John Robinson, while playing on Duckworth St., fell over the embankment east of the Custom House, and broke one of his legs. He was taken to his home, where the broken limb was set by Dr. Scully, and afterwards was conveyed to the hospital by Mr. Charles Cantwell, where he is doing as well as can be expected.

ON STRIKE.—A number of masons and bricklayers who demanded sixty cents an hour a few days ago are still on strike. Those employed by the Municipal Council and Messrs. Spratt Brothers and Thomas Brothers have been granted the increase.

W. P. A.

There was a fair attendance at the general meeting of the Women's Patriotic Association yesterday afternoon in Grenfell Hall. The object of the meeting was to discuss certain lines of work that had been suggested to them. One of these was the building and furnishing of a Recreation Hall for tubercular soldiers and sailors at the Government Sanatorium, Bowcock's Farm. This was considered a very suitable undertaking for the Association, and the money required was voted unanimously. The next matter that was brought before the meeting was, the question of assisting the Childs Welfare movement both in St. John's and other parts of the Island. A paper was read by Miss Kendall on the cause of infant mortality, in which it was suggested how, in various ways, the W. P. A. could be of use. Before the meeting closed a committee was formed to organize and carry on a definite programme of assistance in connection with this much needed work.

New Royal Arch Chapter

Created at North Sydney.

Sydney, May 17.—A new chapter of Royal Arch Masons was instituted at North Sydney yesterday afternoon and evening. The institution was performed by E. C. J. C. McKay, E. C. N. E. Muggah, E. C. H. S. Theakston, G. O. Forbes and J. H. Fraser, and the ceremony was carried out in the presence of Most Ex. Com. W. W. Dillon, Past Grand High Priest of Nova Scotia and Newfoundland.

The three principal officers of the new chapter are E. H. P. Rev. Companion, A. W. Nichols; E. K. Com. E. G. McKay; E. S. Com. T. P. Moffatt.

"Victory" Chapter starts its career with three men at its head of wide Masonic experience, who have the esteem of all members of the craft in Nova Scotia, and whose names stand for all that is big and best in the Masonic fraternity.

Obituary.

With regret we record the death of Mrs. Caroline Brown, relict of the late James Brown, which sad event took place here on May 1st. Mrs. Brown had been ailing the past two years or more, during which time she was mostly confined to her room, and on April 21st she was stricken with paralysis from which she never recovered. During her last days she was quite conscious until the end came. She was the mother of thirteen children, 23 grand-children and two great-grand-children. She was of a kind and charitable disposition and devoted to her family, which feeling was heartily reciprocated by her children. Her life was peaceful as also was her last moments, and surrounded by her family and fortified by the rites of that church she loved so well, she passed peacefully away.

—COM.
King's Cove, May 13, 1919.

Sleepless Nights for Two Years

Then Mr. Gilmour Found Relief in Dodd's Kidney Pills.

New Brunswick Man Tells All Sufferers from Insomnia How He Found the Way to a Good Night's Rest.

Second Falls, N.B., May 20th, (Special).—"Those who spend sleepless nights should use Dodd's Kidney Pills." Such is the advice of Mr. W. A. Gilmour, of this place, and it is given out of a full heart. He knows what it means to toss around on a sleepless bed and get up feeling hardly alive next morning. He used Dodd's Kidney Pills and now goes to bed and enjoys a good night's rest.

"I had not known a good night's sleep for two years," Mr. Gilmour states. "I dreaded going to bed. I also had a very lame back, caused, as I thought, by driving through the country for twenty years. Reading Dodd's Almanac led me to try Dodd's Kidney Pills. Surely they are a wonderful remedy, and will do all that is claimed for them. I now get six hours of beautiful sleep, when one or two hours was all I could get before."

"Anyone who gives Dodd's Kidney Pills a fair trial will get relief."

Impure blood caused by weak kidneys failing to do their work irritates the nerves and causes sleeplessness. Ask your neighbors if Dodd's Kidney Pills do not make strong kidneys.

Popular Play.

The pupils of Bishop Spencer College will present to-night the ever popular play "Beauty and the Beast," in Canon Wood Hall, songs and dances will be an additional attraction, and home-made candy will be on sale. The performance begins at eight o'clock.

Just received an assortment of Climbing Plants and Evergreens, Honeysuckles, Climbing Roses, Cedars, Clematis, Aristolochia, Virginia Creepers and Laurel. BISHOP, SONS & CO., LTD. (Grocery Dept.) Phone 679.—may20,19

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As an investment house with eighteen years' experience in buying and selling high-grade Canadian bonds we invite you to consult us in regard to your investment problems.

Correspondence Invited.

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No scarcity at

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However, we beg to remind our customers these goods are selling rapidly, and cannot be replaced at the same price.



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Tailor and Clothier, St. John's, Nfld.

Headquarters for Fishing Tackle!

The first Holiday, May 24th, are you ready for it? Have you got your Pole, Basket, Bait Can, Fly Book, Flies, Hooks, Line, Reel, etc.? Perhaps you have, but look your tackle over and if you are short of anything come or send to Garland's Bookstore. Prices right and Goods the best in town.

S. E. GARLAND, 177-9 Water Street.

Advertisement in the "Telegraph."

MEN

Owing to the increase of Men's and Boys' made in the city tire stocks of Regular Price \$12.00. Now \$10.00
Regular Price \$15.00. Now \$12.00
Regular Price \$20.00. Now \$15.00
Regular Price \$23.00. Now \$18.00
Regular Price \$26.00. Now \$20.00
Regular Price \$28.00. Now \$22.00
Regular Price \$30.00. Now \$24.00
Regular Price \$34.00. Now \$28.00
Regular Price \$36.00. Now \$30.00
Regular Price \$38.00. Now \$32.00
Regular Price \$40.00. Now \$34.00

Side Talk by Ruth Carter

BECAUSE HER NOSE

I was told of a husband recently who took his wife's best friend aside and with much mystifying preliminary asked her if she would do him a very special favor.

Would she tell his wife that her nose was shiny and suggest she powder it?

"Is that all?" you might say. "For Heaven's sake why didn't you tell her that yourself?"

"I don't dare to," confessed the husband. "She would say I never used to think her nose was shiny, and she'd ask how long I had noticed it, and if that was why I hadn't seemed to enjoy dancing with her lately, and she'd brood over it and begin to wonder if I loved her as much as I used to."

The Two Sexes React Differently.

Now maybe the husband exaggerated. I don't know. But I certainly recognize the general outlines of a type of wife or husband who cannot stand the slightest criticism from his or her mate.

This is not, you understand, an essentially feminine weakness. Both sexes show it, though the reactions are different. The wife is aggrieved, whereas the husband is made angry. For the wife, with ten thousand generations of dependant women behind her, instinctively fears the loss of love. Whereas, the husband with ten thousand generations of dominant males behind him, instinctively resents an attitude varying ever so slightly from the all admiring.

And yet what is one to do? Throw two people together and no matter how genuinely and deeply they love one another there will be little surface things which grate. As the feminist writer, Mr. George, so ably puts it:

So Many of These Cruel Little Things

"There are scores of these little cruel things which wear away love. The dilemma is horrible; if the offended party speaks out he or she may raise this sort of thought: 'He didn't seem to mind when we were engaged, he loved me then and little things didn't matter. He doesn't love me now. I wonder whether he is in love with someone else. Oh dear, I'm so unhappy.' If, on the other hand, one does not speak out the offender goes on doing it for the rest of his or her life and there is nothing to do except

Miss Information.

