

Calendar for Aug. 1906.

Calendar table showing days of the week, moon phases, and sunrise/sunset times for August 1906.

Get the Most Out of Your Food

You don't get the most out of your food unless you eat it properly. A weak stomach does not digest all that is ordinarily taken into it.

Hood's Sarsaparilla

Strengthens and tones the stomach and the whole digestive system. A mysterious way it gropes towards an undivided spring, it gravitates towards a hidden source, for it feels the imperious yearning of the infinite.

So the Old Folks Say

The old folks say, The times are changing. The bygone years were surely best; O'er land and sea, forever ranging.

Training the Child

The formation of a child's character is to be looked to before all else. On this point, consider first what qualities you want to develop.

England's Titled Nuns

Some of England's titled nuns are mentioned by T. P. O'Connor in an article incident to the recent conversion of Spain's new Queen.

First Filipino Bishop

The Manila Cablenews of June 29, the feast of St. Peter and Paul, gives a sketch of Right Rev. Jorge Barlin Imperial, D. D., the first Filipino Bishop.

Distress After Eating

Mrs. P. Waters, Dighton, Ont., writes: "I suffered for five years with pain in the stomach and distress after eating."

Minard's Liniment cures Dandruff

De Style—What did your rich uncle leave you when he died? Gunbusta—Nothing.



These pills cure all diseases and disorders arising from weak heart, worn out nerves or watery blood, such as Palpitation, Skip Beats, Throbbing, Smothering, Dizziness, Weak or Painful Stomach, Anemia, Nervousness, Sleeplessness, Brain Fog, General Debility and Lack of Vitality.

IMMENSE Clearance Sale OF MEN'S HIGH CLASS Furnishing Goods!

Discounts from 33 1-3 to 50 per cent.

We have decided to retire from this branch of our business and devote our whole attention to the tailoring and clothing business.

We call special attention to our large range of white and colored shirts fresh from the factory this spring.

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