### WOMAN SUFFERED, PULP COMMISSION FOR MONTHS

Weak and Nervous. Made Well by Lydia E. Pinkham's Vegetable Compound

Webbwood, Ont.—"I was in a very weak and run-down nervous condition, always tired from the time I got up until I went to bed. Sleep did not rest me at all. My sister recommended Lydia E. Pinkham's Vegetable Compound to me and others told me about it. but it was from my sister's advice that I took it. It did not take long until I felt stronger, headaches leit me and my appetite came back to me. I am a farmer's wife and have many things to do outside the house, such as milking, looking after the poultry, and other cl ores. I heartily recommend the Vegetable Compound to all who have the same trouble I had, for it is a fine n-edicine for women. "—Mrs Louis F. Elsas SER, H...lcrest Farm, Webbwood, Ont. Webbwood, Ont. - " I was in a very

I nother Nervous Woman Finds Relief Protter Nervous woman rinds keller Port Huron, Michigan.—"I suffered two years with pains in my side, and it is it ked very much I was nervous and jirst as tired in the morning as when I were to bed. I was sleepy all the day and d. in't feel like doing anything, and ras is nervous I would bite my finger nats. One of my friends told me about Lydin E. Pinkham's Vegetable Compund, and it helped me so much that I comfelt fine."—Mrs. CHARLES BEELER, 501.14th St., Port Huron, Mich.

Women who suffer from any femining alment should try Lydia L. Pinkham's Vegetable Compound.

#### Here and There

Up to the end of May, 1924, over 779,000,000 fry of different kinds were distributed throughout Canada from the fish hatcheries operated by the Department of Marine and Fisheries, a recent despatch from Ottawa declares.

A surplus of \$363,011 is shown in the annual report of the Vancouver Board of Harbor Commissioners for the year 1923. Receipts totalled \$725,880. There was an increase of \$4,813,797 in the value of all exports and imports. The actual value of all freights was \$40,693,924.

Among the passengers saining for England on the Canadian Pacific steamship "Marloch" July 3rd from Montreal was a large party of teachers, who will join the tour of the Overseas Educational League,

A set of 12 beautiful colored pic-torial menu cards illustrative of the h.s.ory and romance of Canada has just been placed in service by the Canadian Pacific Railway on its crack transcontinental expresses, the Trais-Canada Limited and the Mountaineer. Especially interest-

The newsprint production in May this year both for Canadian and United States mills was greater than the previous months. Canadian mills made a new high record, the total for the month being 117,833 tons, compared with a previous high figure of 115,572 tons and their production for the first five months of the year exceeded that of 1923 by 56,087 tons or approximately 11 per cent.

"Canada is the country for the Scotsman and I am going to bring every opportunity that Canada can offer, especially in farming, before my compatriots," declared the Rev. William Dunlop, M.A., F.S.A., of Buckhaven, Fifeshire, when in Montreal recently, on a tour of the Dominion investigating its agricultural possibilities. "But you are sadly in need of more people and we can supply snem." we can supply them.

Through the generosity of the British Museum, the Fine Arts School of the City of Quebec has been enriched by the donation of a precious collection of books on arts, which contain over 3,000 reproducwhich contain over 3,000 reproductions of masterpieces. Among historic schools represented are the English of the 14th Century, the Italian of the 16th Century, the German of the 15th Century and the French and Danish of the 18th and 17th Centuries respectively.

For the 12 months ending May 31, Canada had a favorable trade balance of nearly \$200,000,000. Exports during that period totalled \$1,069,715,880 and imports \$873,367,752 in value. This represents an increase in value over the exports of 1923 of \$110,000,000 and of \$32,000,000 over the imports of that year. The chief increases in exports were noted in agriculture, wood and paper.

The i.rst residence of the Jesuit Fathers at Sillery, which was built in 1639, has been presented to the Province of Quebec by the sons of the late Hon. R. R. Dobell, a minister in the Laurier cabinet of 1896. This house which stands at the foot This house, which stands at the foot of the path outside the City of Quebec up which Wolfe's army climbed to the Plains of Abraham, is the oldest in Canada and the second oldest in North America, the oldest being situated in Florida.

Something new in the way of "stunts" was staged at Montreal on July 4th by the publicity association of that city, as a send-off to Canadian and United States delegates going to the annual convention of the Associated Advertising Clubs of the World, which opened on July 12 at London, England. The 250 men of the party rolled a huge ball made of wood and canvas through the principal streets from a local hotel to the docks occupied by the Canadian Pacific steamship "Montralm," upon which they subsequently sailed.

# **MAKES REPORT**

The much awaited report of the pulpwood commission makes no recommendation on the question be laid on the export of pulpwood It leaves determination of a poclicy with the government.

The Commission however makes many recommendations for conservation into which its report of three long volumes enters exhaustively and observes that if ar export tax is adopted the revenue should be applied to forest protec tion through the federal and provin cial services. "The application of an export tax" says the report "ostensibly as a means of conservation but actually for the purpose of securing revenue to apply in other directions would be adding insult

Under the head of conservation radical and constructive steps are of transcending importance if Canada is to protect and further develop her forest industries. The commission takes the ground that a chain of publicly-owned forests should b developed throughout the Dominion

Canada the report proceeds, is still dissipating her woods capital perhaps more than any other nation in the world. Federal and pro vincial governments should follow a more vigorous policy of classify ing lands under their control and assigning them to more permanent forest production. In regard to publicly owned forests, says the report "The position is not taken that all true forest lands should be in public ownership for that might stifle initiafive; rather that each province should have within its boundaries considerable areas publicly owned forests.

There should be more adequate financial provision to permit jm provements in present protective seevices. "There exists' continued the report "every justification and necessity for the participation the Federal Government in a meas ure aimed at protection of the forest resources in our provinces. The federal and provincial govern ments should enlarge their organization for survey and inventory should be continued and research into silviculture enlarged. Further more a general conference of Domin ion and provincial officials and qualified representatives of fores industries should be called within one year to increase and discuss ways and means to improve forest protection."

"In Nova Scotia in particular" says the report, in reference to the creation of public-owned forests for the dedication as provincial forests of all timberlands remaining crown and the addition thereto of forest areas which may be acquired by purchases at reason able cost to the end that a reasonable proportion of the forest lands of that province may be placed under public control."

# After Every Meal

It's the longest-lasting confection you can buy and it's a help to digestion and a cleanser



#### HAS RELATIVES IN NEWCASTLE

Kev. George Byers referred to in the following clipping was a nephew of Mr. W.H Bell of Newcastle

New York, June vo-Rev George Douglas Byers, a native of New Annan, N.S. was killed at Kuchek on the Island of Hainan, where he was in charge of a Presbyterian mission by Chinese bandits, on June 4. according to a cablegran received here today by the Presby terian Board of Foreign Missions. The message said that Mrs. Byers and familyo f the missionary togeth er with all other persons connected with the mission and hospital a Kuchek were safe.

Born In New Annan, N. S. Key. Mr. Byers who had been i China since 1906 was born in New Annan N.S. in 1874 was educated at Albany College: Albany. Oregon and at San Francisco Theological Seminary. Mr. Byers was in charge of the church in Kuchek and of 50 missions in the outlying districts. His work was among the Miao and Loi tribes and took him into the wild mountain districts of Hainan, board officials said.

#### PEOPLE "ALL **NERVES**"

What to Do if You Find Yourself in This Condition

The sort of thing that special ists speak of as nervous debility is the run-lown condition caused by over-work, household cares worries. The sufferers find them selves tired, morose, low spirited and unable to keep their minds on anything. Any sudden noise startles and sets the heart palpitating violently. They are full of groundless fears, and do not sleer, well at night. The hands tremble and the legs feel is if they would give way, following a walk or any exertion. The whole condition of such people may be described as pitiable

Doctoring the nerves with poisonous sedatives is a terrible mistake. The only real nerve tonic is supply of new, rich blood. Therefore the treatment for nervous ness and run-down health, is Dr Williams' Pink Pills, which prompt ly builds up and enriches the blood. The revived appetite, the strong nerves, improved spirits and new strength which comes. after a course of these pills will delight every sufferer.

pills you can get them by mail at o cents a box from The Dr. Wil-"definite provision should be made liams' Medicine Co., Brockville, On.

#### Writs Issued For By-Election

the chief electoral officer for the by-elections in the constituencies of St. Antoine and Rimouski. Nomina tion date for the two constituencies had been fixed for Aug. 16 and polling day for Aug. 30.

The by-elections are the result of the resignation of Hon. Walter B. Mitchell, former Liberal member for Stantoine, and J.E.S. D'Anjou, former Liberal member for Rimouski, who has been appointed registrar for that county.



#### SEEK SUBSTITUTE FOR GASOLINE

science and industry in Franc now amounts to 1,000,000;000 franc annually and has a deterioration effect on French exchange, Consu Damon Wood, Parls, reports to the Department of Commerce: Recent issues of "Le Bois" and "Bois at Resineaux" leading French lumber ogene" according to description: the demoastration of the "Imber gazogene" an apparatus for produc ing charcoal gas, recently given in the Bernet factory at Lyon before repsesentatives of the Ministry of War and of the press.

The machine used in the experi ment was a Berliet automobile of 25 horsepower. The "Imbert gazogene" according to descriptions created carbon moroxide by the tact of air with the incandescent charcoal; the gas is mixed with air and introduced into the motor cyl inders and the remainder of the process is similar to that in gasolne motor. The engine can be started in a few moments after the charcoal is fired. The gazogene weighs 50 kilograms (1 kilogram equals 2.204 pounds) and consumes 15 kilograms per 100 kilometers

The Council of National Defense is directly interested in the experiments, for as a result the 100 indispensable automobiles in war may be driven by French fuel derived from charcoal instead of gasoline; the importation could be prevented by the enemy or by the foreign oil groups which have monoplized this commerce. Char coal from a military standpoint is also safer than gasoline, as the storage depots cannot be fired with exposives, nor will airplanes be in as great danger from incendiary shells.

Economy has been made another argument which the promoters ad vance. The expense of running a 25-horse power motor vehicle by gasoline is from 36 to 40 francs per 100 kilometers; by the use of char coal it is claimed that this cost can be reduced to 5 or 6 francs. The promoters say that the gasoline motor may be readily converted to a charcoal-burning one without diminishing its efficiensy.

#### Luxuries Partly Respensible for Depression

The increasing demand for luxus ies is partly responsible for present depression in business, ac cording to M. Lapointe Secretary of the Quebec Division of the Ke tail Merhants' Association of Canada who has recently been investigating this question for mem bers of the Association.

"The great difficulty is that peo ple without means insist on main taining motor cars" declared Mr. Lapointe. †Members of our as sociation, whose customers have not been purchasing as much as usual, on making enquiry found that automobiles, betting on horses; high living or some form of extravagance have been taking the customers' money, with the resulf that the merchants suffer. We have learned that expenditures on automobiles alone amount to millions a week in this province, and this is money that formerly went to the small merchants and into the banks."-

Serious thought will be given to these matters at the Dominion con vention which opens in Ottawa on August 18. Quebec was not alone with the gambling problem but reports from other parts of Canada Toronto particularly, indicated that the gambling problem constituted a distinct menace to business, Mr Lapointe said.



The health of children in winter requires careful arrention. You can do a lot toward keeping it good by laying in a generous supply of home-preserved fruits and a generous supply of home-preserved fruits and vegetables. Start now while supplies are cheap and plentiful. It means delicious, healthy food during winter with a marked saving in food costs. Our recipe book, containing eighty tested recipes, will help you. Send in the coupon.

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Certo Sure Jelk bottle35	0
Fruit Syrup, bottle40	C
Pitted Red Cherries per tin30	C
Sliced Pineapple, per tin35	0
Canned Peaches, per tin25	0
Canned Pears, per tin	C
Canned Lobsters 40	C
Tomato and Vegetable Soup 2 tins25	0
New Onions 4 lb25	C
Mentserat Lime Juice, bottle50	C
Devilled Ham per tin 10c & 17	C
Sardines, per tin 10c & 20	C

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