

A LIFETIME OF SUFFERING

Prevented by "Fruit-a-tives" The Wonderful Fruit Medicine

55 MAISONNEUVE ST., TOR., Ont.
"In my opinion, no other medicine is so good as 'Fruit-a-tives' for Indigestion and Constipation. For years, I suffered with these dreaded diseases, trying all kinds of treatments until I was told I was incurable."

One day a friend told me to try 'Fruit-a-tives'. To my surprise, I found this medicine gave immediate relief, and in a short time I was all right again."

DONAT LALONDE

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or from Fruit-a-tives Limited, Ottawa.

Card of Thanks

We wish to thank all those who showed us such kindness during the sickness and after the death of our darling baby; also those who furnished music and brought flowers. Mr. and Mrs. Douglas Clarke; Mrs. Esther Somerville.

AFTER 20 YEARS

Remarkable Experience of Mrs. Ripley

Mrs. Millanor P. Ripley, of Williamsdale, East, has good news for all who suffer from aches and derangements caused by Kidney Trouble. Read her letter:

"Before taking Gin Pills I had suffered dreadfully with my back and headaches, and had suffered for 20 years. I tried almost everything but got no relief until I got Gin Pills. I have taken 6 boxes and now I have not a sign of a pain or an ache. I am now 48 and feel as well as ever I did in my life."

In Gin Pills, all the valuable diuretic Juniper element in the Gin has been utilized, and the alcohol eliminated. Combined with other highly efficient diuretics and antiseptics, Gin Pills present the most scientific and effective remedy for Kidney and Bladder trouble that can be secured. They give sure, quick and safe relief. If you have backache, headache, highly-colored urine, rheumatism, lumbago, sciatica, neuralgia, dizziness, lassitude, floating specks before the eyes, unaccountable uneasiness of mind and general debility, lose no time. Treat yourself with Gin Pills before it is too late. At all druggists and dealers, 50c. Money refunded if not relieved. Free sample on request.

The National Drug & Chemical Co. of Canada, Limited, Toronto. United States Address, Na-Dru-Co., Inc., 202 Main St., Buffalo, N.Y.

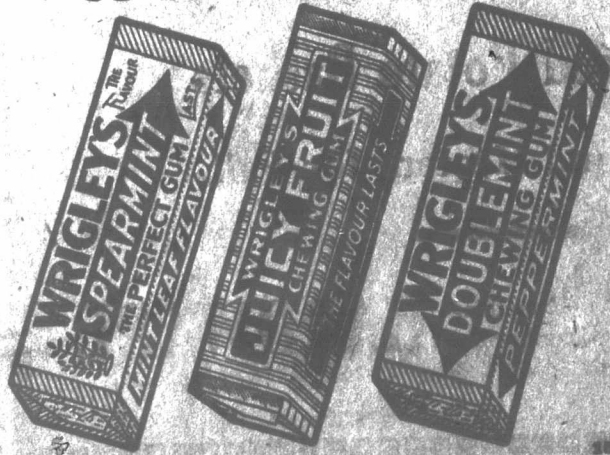
WRIGLEYS

5c a package
before the war

5c a package
during the war

5c a package
NOW

THE FLAVOUR LASTS
SO DOES THE PRICE!



THE WORST PART



Rigby—I married a college woman.
Rigby—Gee! It must be tough to be tied to a woman who knows so much you don't know.
Rigby—No; the toughest part is that she knows how much I don't know.

Willing to Show It.
Mary has a little dimple
Lurking near her chin,
Therefore Mary never misses
Any chance to grin.

Fastidious.

"I would lay the world at your feet," said the romantic youth.
"Indeed!" exclaimed the supercilious young lady. "I can't see why you should attempt anything like that with the world in its present mussed-up condition."

Put to Better Use.

"Some men think more of their automobiles than they do of themselves." "That's right," replied Uncle Bill Bottletop. "I've seen many a man go thirsty himself so he could afford alcohol to put in the radiator."

And Yet They Seem Voluminous.
"Don't you think some of your remarks might have been omitted?" "Might have been," exclaimed Senator Sorghum. "Most of them have been!"

The Way of It.

"The indifferent young doctors and lawyers return us good for evil when we turn them out."
"How so?"
"They take us in."

Childhood's Lesson.

Now—He is the meek, subdued husband of a rampant suffragist.
Then—As a child they always said of him: "He's so good about taking his medicine."—Life.

The Evidence in the Case.

"Do you charge that my clerk was trying to escape giving you full measure?"
"Well, sir, I caught him trying to steal a weigh."

Hope Not.

"Women seem to be doing men's work very satisfactorily nowadays." "Yes. I hope it won't result in our developing a class of he-manicures."

ON THE FUNNY SIDE



Where It Falls.

His Wife—"I have a novel present for you. It's a photograph record of my voice in a nice little talk to you. It will make you think of me while you're away in France."
Mr. Grimball—"But, my dear, the photograph will run only just so long and then it stops."

Chicken Farming.

"What's the use of thing you does when you's chicken keep chickens?" asked Miss Miami Brown.
"If you's chicken keep chickens in dis locality," replied Mr. Erasmus Pinkley, "de fus' thing I'd advise you to do is to practice a little ev'ry day with a shotgun."

DOCTOR PRAISES ZAM-BUK

"For sixteen years," writes Dr. A. F. Shibley of Washington, D.C., "I have used Zam-Buk in my practice, and am convinced that there is nothing to compare with it for skin troubles, from roughness and irritation to chancres, skin diseases, Zambuk, without a doubt, has wonderful curative properties, and when I have occasion to recommend a balm to my patients, I always recommend Zam-Buk. I have found the results from its use to be perfectly satisfactory."

Members of the medical profession are noted for their caution in recommending a remedy—only doing so when they have absolute confidence in it. The fact that Zam-Buk is so highly recommended by doctors, the world over, and that in Dr. Shibley's experience it has stood the test of sixteen years' constant use, puts it, undeniably, in a class by itself.

In the home, in the office, shop and factory, on the farm and when travelling, Zam-Buk should be kept always handy. It is indispensable for all sores, eczema, boils, pleurs, blood-poisoning and piles, as well as for cuts, bruises, burns and scalds. All dealers 50c. box.

Zam-Buk

Shrewd Girl.

He—If you could have two wishes come true, what would you wish for?
She (frankly)—Well, I'd wish for a husband.
He—That's only one.
She—I'd save the other wish until I saw how he turned out.

Up Against It.

"What's bothering you?"
"I—"
"Come, get it off your chest."
"That's just the trouble, I can't. It's a porous plaster that won't come off."

Trench Practice.

"Your control is good," said the baseball manager.
"Thanks," said the pitcher.
"You must have kept in practice all winter."
"I did. Throwing hand grenades."

Russian Movement.

"This appalling Russian movement," began the didactic lady.
"Which are you talking about?" interrupted Miss Cayenne, a trifle impatiently. "The bolsheviks or the ballet Russe?"

In These Days.

"The Indians used to fear the pale-face scout."
"Well?"
"But not now. He may be looking for promising baseball material."

Appropriate.

Kidd—Say, why do you call that bill collector "Gib"?
Kligger—"Cause he always finds me out."

Smacks of Contempt.

"Procrastination is the thief of time."
"Maybe so, but you don't want to shoot that around a law court."

Their Advantage.

"Manicurists are lucky these days."
"In what way?"
"No matter what happens, they always have a job on hand."

ATTENTION! Sick Women

To do your duty during these trying times your health should be your first consideration. These two women tell how they found health.

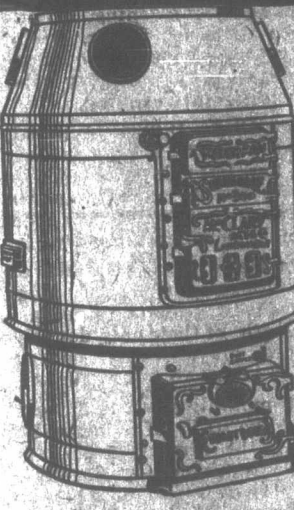
Hellam, Pa.—"I took Lydia E. Pinkham's Vegetable Compound for female troubles and a displacement. I felt all run down and was very weak. I had been treated by a physician without results, so I decided to give Lydia E. Pinkham's Vegetable Compound a trial, and felt better right away. I am keeping house since last April and doing all my housework, whereas before I was unable to do any work. Lydia E. Pinkham's Vegetable Compound is certainly the best medicine a woman can take when in this condition. I give you permission to publish this letter."—Mrs. E. B. CHURCHMAN, R. No. 1, Hellam, Pa.

Lowell, Mich.—"I suffered from cramps and dragging down pains, was irregular and had female weakness and displacement. I began to take Lydia E. Pinkham's Vegetable Compound, which gave me relief at once and restored my health. I should like to recommend Lydia E. Pinkham's medicine to all suffering women who are troubled in a similar way."—Mrs. ERNEST BART, R. No. 4, Box 66, Lowell, Mich.



LYDIA E. PINKHAM'S VEGETABLE COMPOUND

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.



McClary's Sunshine

It is after a furnace is installed and the first cold snap tests it that you know whether your investment in COMFORT was wisely made or not. Don't take a chance on it.

You can be sure of it under the McClary's guarantee. McClary's engineers will plan your heating system without charge. They will guarantee that the Sunshine furnace, installed according to those plans, will heat your home comfortably.

Take advantage of this service. Have a comfortable, well-heated home.

J. W. Montgomery
HARTLAND, N. B.

"The intimate article of dress known as the corset which the majority of women wear but know very little about"

Alice S. Cutler, M. D.

IN this pertinent way the well-known medical authority, Alice S. Cutler, M. D., describes the most important garment in the wardrobe of women.

"Buy your corset carefully," warns Dr. Cutler. "No one wants to be ill, and when women realize that the constant wearing of an ill-fitting corset helps to keep our hospitals open they will insist on being properly fitted to corsets instead of buying them hit or miss."

We unreservedly recommend Gossard Corsets, the original front-lacing corsets, as the complete expression of modern corsetry. Every Gossard Corset is hygienically correct. If properly fitted to the figure for which it was designed, and carefully adjusted each time it is worn, it will mould that



figure to the ideal proportions of its type. It will give a priceless all-day comfort. It will safeguard the wearer against those bodily ailments that are often the result of improper corsetry. It will render a wearing service that alone is worth the price paid for the garment.

If possible, the new Spring and Summer Gossards are superior to those of the past season, which were generally acknowledged to be without equal in meeting the needs of active womanhood from the standpoint of comfort, hygiene, wear and figure improvement.

Our highly specialized fitted service reflects our sincere appreciation of the important relation a correctly fitted corset bears to your health, and to that perfect figure poise that gives the elusive charm of style.

GOSSARD CORSETS

The Original Unequalled Front-Lacing Corsets

Priced at \$2.50 \$2.75 \$3.00 \$3.50 \$4.00 \$5.00 \$5.50 and more

Sold by A. W. Phillips, Bristol