owder has been known and used all over Canada for more than 25 years. It has set and maintained the standard for goods of its class of its class. Its use is increasing daily because of its strength, purity and universal satisfaction Pure food insures good health . Magic Baking Powder insures pure food CANADIAN MADE EW.GILLETT COMPANY LIMITED

CANADA'S PENITENTIARIES

creased nearly 20 percent during the ground later in the season.

prisoners at the beginning of the year, and on March 31, 1922, the number had increased to 435. During the year 60

pool rooms, joy rides in stolen motor cars, and to have robbed in order that stances of them, "See! This they might have sufficient money to did for us."—John Ruskin. enable them to participate in all of the above, which they invariably term pleasure. On reception they are found just as plate glass windows are. Advertisation in North laye no respect for law or order, rule or shop-windows do have no respect for law or order, rule or shop-windows do.

HOW TO CONSTRUCT A HOTBED

Garden crops such as tomatoes, cabage, lettuce and celery, can be greatly advanced in the spring by the use of hotbeds. On the farm the making of such a bed is a simple matter because of the presence of manure of a suitable kind. Whereas the greenhouse has to depend on steam heating for the neces-sary warmth, the heat for a hotbed is secured from that arising from fresh God.—Luke 9:62. top of the ground or in an excavation. Whichever plan is decided upon, the site chosen should drain so as not to site ensure to stand. If the below-ground plan is adopted, the soil should my life; of whom shall I be afraid? be taken out to a depth of about 18 Psalms 27:1. inches and for about three feet wider than the frame, so that there may be room for banking up outside the frame. The banking is very important as it conserves the heat. Horse manure is the best. It should be turned once or the work of the last of the course of the last of the same way brethren, we have done it unto twice, and should be quite hot and ready for use in five or six days.

To support the glass sash, a simple frame should be made of two-inch planks.

MARCH 5

The frame is then put in position and five or six inches more manure is shaken spake Jesus again unto them, saying, in. Good garden soil to the depth of I am the light of the world: he that follow-six inches should now be placed over eth me shall not walk in darkness, but the manure, and the sash put on. In five or six days the hotbed will be ready for the seed. A thermometer should be used and the temperature of the soil The annual report of the Superinten- should not exceed 80 degrees. The seeddent of Penitentiaries shows that the ing should be done in rows about four prison population of the Dominion in- inches apart, as it would in the open

fiscal year ending March 31st, 1922. More complete instructions for handling the cold frame and the plants themthe number of inmates at the beginning selves are contained in Exhibition Cirof the year was 2150 and at the close it cular No. 16, obtainable from the Pubwas 2640, an increase of 490.

The Dorchester penitentiary had 330 riculture, Ottawa.

OUR BUILDING

the past few years. Concerning these he as we lay stone on stone, that a unit the past few years. Concerning these he to come when these stones will be held sacred because our hands have touched sacred because our hands have touched sacred because our hands have touched that men will say as they them, and that men will say as they look upon the labor and wrought substances of them, "See! This our fathers

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MARCH 2 DO NOT LOOK BACK:-No man having put his hand to the plough, and looking back, is fit for the kingdom of

MARCH 3

WHOM SHALLI FEAR?:-The Lord

frame should be made of two-inch planks. It should be so constructed that it may be raised if the plants get too close to the glass. To provide for the shedding of rain, the back of the frame should be six inches higher than the front.

When building the bed, the manure should be shaken so that the long and short particles are well mixed. Tramp well as each layer is added, until a depth of two to two and a half feet is secured. The frame is then put in position and

WALKING IN THE LIGHT:-Then shall have the light of life.—John 8:12.

MARCH 7

THE GREAT VICTORY:-If any man offend not in word, the same is a perfect man, and able also to bridle the whole body.-James 3:2.

CONFIDENCE:—I shall yet praise Him, who is the health of my countenance, and my God.-Psalms 43:5.

> RADIO TO HELP PROTECT **FORESTS**

When we build, let us think that we build, let us think that we build forever. Let it not be for present tubes, has been installed by the Marconi Company on the Forest Exhibits Car of the past few years. Concerning these he says: "The great majority of them configure to leak of ing audiences gathered to listen to the forest protection lectures but during the day radio talks on forest fire prevention and allied topics will be broadcasted from Montreal and other points every few hours so that the crowds visiting the car will be reached no matter where the

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D. A. R. Timetable

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No. 96 From Annapolis Royal

arrives 8.41 a.m. No. 95 From Halifax arrives 10.10 a.m. No. 98 From Yarmouth, arrives 3.27 p.m. No. 97 From Halifax, arrives 6.27 p.m. No. 99 From Halifax (Mon., Thurs., Sat.) arrives 11.48 p.m.

No. 100 From Yarmouth (Mon., Wed., Sat.), arrives 4.28 a.m.

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The sutomobile has become a national institution for transconnective million persons last year are recorded as having whirled from one mational park to another. Boston to the Pacific Coast by motor is getting to be as casual as train travel. With a camp outfit tied to the running boards and a few additional auto parts, the motorists are able to dress in their sports clothes, throw care to the wind and search out Nature with the help of a little gasoline.

Hotels are only used as bath mights, as the chief fun is to pitch the tent in the open and cook ever a camp fire, or, as is the case throughout the West, over associally built camp stoves established in the open and cook ever a large of the motor traffic open places. Rustic casuas are also for the Canadian Pacific Rockies to the famous resorting to be as casual as train travel. With a camp fire, or, as is the case throughout the West, over associally built camp stoves established in the open and cook ever a peculiar travel which the tent in the open and cook ever a peculiar travel which the tent in the open and cook ever a peculiar travel which the tent in the open and cook ever a peculiar travel which the tent in the open and cook ever a peculiar travel which the tent in the open and cook ever a peculiar travel which the tent in the open and cook ever a peculiar travel which the tent in the open and cook ever a peculiar travel which the tent in the open and cook ever a peculiar travel which the tent in the open and cook ever a peculiar travel which the tent in the open and cook ever a peculiar travel which the tent in the open and cook ever a peculiar travel which the tent in the open places. Rustic camps are also the peculiar travel which the tent in the open places. Rustic camps are also the peculiar travel which the tent in the open places. Rustic camps are also the peculiar travel which the connecting of this link makes throughout the West, over associally being the connecting of this link makes throughout the West, over associally being the peculiar trav

ALBERTA CLEOP

MONTANA