

STRICKEN IN THE STREET

Completely Restored to Health By "Fruit-a-lives"

822 St. Valler St., MONTREAL.
"In 1912, I was taken suddenly ill with Acute Stomach Trouble and dropped in the street. I was treated by several physicians for nearly two years, and my weight dropped from 225 pounds to 160 pounds. Then several of my friends advised me to try "Fruit-a-lives". I began to improve almost with the first dose, and by using them, I recovered from the distressing Stomach Trouble—and all pain and Constipation were cured. Now I weigh 208 pounds. I cannot praise "Fruit-a-lives" enough". H. WHITMAN.
At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

White Ribbon News.

Women's Christian Temperance Union recently organized in 1917.
Aim—The eradication of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto—For God and Home and Native Land.
BADGE—A Knot of White Ribbon.
WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.
President—Mrs. L. W. Sloop.
1st Vice President—Mrs. J. C. Cullen.
2nd Vice President—Mrs. R. Reid.
3rd Vice President—Mrs. W. O. Fitch.
Recording Secy.—Mrs. L. E. Duncan.
Cor. Secretary—Mrs. L. E. Duncan.
Treasurer—Mrs. H. Pincio.

SUPERINTENDENTS.
Laborer Work—Mrs. Fielding.
Lumbermen—Mrs. J. Kempton.
Willard Home—Mrs. M. Freeman.
Temperance in Sabbath-schools—Mrs. (Dr.) Brown.
Evangelistic—Mrs. Purves Smith.
Peace and Arbitration—Mrs. J. Reid.
Press—Miss Margaret Barnes.
White Ribbon Bulletin—Mrs. Walter Mitchell.
Loyal Temperance Legion—Miss Eason.

Do Everything Well.

He who means to do well in one thing must have the habit of doing well.

A young student whom we knew was very ambitious to gain a certain rank in his class which would entitle him to a scholarship. A well-known professor was interested in the lad's success. He instructed him in a part of his studies, and found him a very bright student; so he thought it possible for him to gain his purpose, though it meant perfect marks for him in everything for a whole year.
"Nobody gets perfect marks for everything," the boy objected.
"That is nothing to the point," said the teacher. "You are perfect in my recitations, do as well in others. But I notice that you write poorly. Now begin there. Whenever you form a word, either with the pen or tongue, do it plainly, so that there will be no mistake. This will help you to think clearly and to speak accurately. Let your whole mind be given to the least thing you do while you are about it. Form the habit of excellence."
The student went resolutely to work, and before the year was far on his way was the leader of his classes. He gained his scholarship and more in that he acquired character that has since made him a shining success.

Profane Language.

It is related by Dr. Scudder that on his return from his mission in India, after a long absence, he was standing on the deck of a steamer with his son, a youth, when he heard a gentleman using loud and profane language. "See, friend," said the doctor, accosting the swearer, "this boy, my son, was born and brought up in a heathen country, and a land of pagan idolatry; but in all his life he never heard a man blaspheme his Master until now." The man colored, blurted out an apology, and looked not a little ashamed of himself.

Alcohol and Cold.

It used to be confidently believed that a moderate dose of alcohol warmed the person who took it and in proof of this fact that it was oxidized—burned—in the body, and so must give rise to useful heat and energy, was advanced. But it has been proved beyond question that the dilation of the blood vessels of the skin which immediately follows the ingestion of alcohol, and which exposes much blood to the cooling effect of the external air, more than counter-balances any heat derived from alcohol. Actual experiment shows that alcohol does not warm the body.
But the advocate of alcohol points triumphantly to the fact that he feels the comforting warmth produced by a glass of whiskey, and adduces the experience of our men in the cold, wet trenches. Science admits the "feeling," but denies the "reality." The flux of blood to the skin gives a feeling of warmth to the individual, but it is by substituting vulnerable heat from the internal organs where it is of vital importance.

Vegetables Necessary to Health.

Sixty-two per cent of the patent medicines sold are patent laxatives. If people regulate their diet properly and include more green stuffs they will not need laxatives. Seventy-five per cent of the people do not eat enough vegetables to keep them well. Some doctors estimate that sixty per cent of the deaths are due to indigestion, constipation, and effects which follow.

HAVE YOU BEEN SICK?

Then you realize the utter weakness that robs ambition, destroys appetite, and makes work a burden.
To restore that strength and stamina that is so essential, nothing has ever equalled or surpassed Scott's Emulsion, because its strength-giving action is based on the fact that it distributes energy throughout the body while its tonic value sharpens the appetite and restores health in a natural, permanent way.
If you are run-down, tired, nervous, overworked or lack strength, get Scott's Emulsion today. At any drug store.
Scott's Emulsion, Toronto, Ont.

THE FUEL SITUATION

Present Difficulties Attributed to a Number of Causes—An Important Statement

The following statement is sent out by Mr. A. D. MacTier, General Manager of the C. P. R. It is realized in most quarters, some more than others, that this country is face to face with a coal shortage of very alarming proportions, and that by next winter, if conditions upon which fuel may be obtained do not alter in the meantime, a great many industrial concerns and householders will be unable to supply themselves with sufficient coal to carry them through the severe weather.

The present and prospective difficulties in the way of bringing coal into Eastern Canada may be attributed to a number of causes, principal amongst which are dearth of mining labor and shortage of coal carrying equipment at the mining territories. At the present time, it is that, even with the labor shortage, mine operators are able to turn out coal at a greater rate than they can obtain cars to carry it away. It therefore, naturally follows, that more coal is brought into Canada if the supply is increased.

Importance—By William L. Reid, M.D., President of the Royal Faculty of Physicians and Surgeons, Glasgow.

The Canadians at the Front

The tendency in Europe at the outbreak of the war was to look upon a Canadian soldier as a mediaeval knight who would ride upon a prancing charger, call for a sword and say in a loud voice: "Show me the enemy." He would then charge bravely, but probably unsuccessfully. A British baronet who commands an Imperial regiment at the front recently admitted that this view of the Canadians has long since disappeared. Addressing a Canadian he said: "You have dug yourself in, you have learned modern warfare and taught it as well, if not better, than any other troops at the front." The units from the Dominion have shown a commendable adaptation to changing conditions. They are handy in all sorts of capacities and although they have long since proved themselves as hard working, well-disciplined and efficient a fighting force as any in France.

A young Englishman who spent some years in the Imperial army, writes from an English hospital as follows: "Canada's achievement in the war is stupendous. At the front we talk of the Canadians as we talk of the Guards—troops who are called upon for the toughest jobs. I am going to say that I think the Canadians are finer than the best troops ever seen before, but I know them to be equal to the best. It is to be hoped that the history of the Canadian army in France will be written by a competent writer, and adequately financed, so that it may have opportunity for thorough research and painstaking compilation." The man who says this in praise of Canada and the Canadians belongs to a military family of considerable repute. He knows the Dominion as well as the Old Country when he says that Canada's achievement in the war is 'simply stupendous' he is telling the obvious truth.

Children Must Be Protected

The children must be safeguarded, for if they are unprotected, the disease and colds it is often with the lungs so weakened that they become chronic sufferers from bronchitis or constipation. Being composed of simple ingredients of undoubted value, Dr. Chase's Syrup of Linseed and Turpentine is admirably suited as a treatment for children. It is pleasant to the taste. So much so that children delight to take it on this account, as well as because of the quick relief it affords them.

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FOUND A REAL HERO

He Was Only a Tramp but Proved Himself to Be a Genuine Man.

By SARAH ESTELLE BALCOM.
"I'm up a stump, Dacre, and that's the truth of it. I'm tired, at sea, marooned. My publishers have ordered a tramp series. I've read you the first chapter, and you say it won't do."
"That's right—won't do at all," assented Alvin Dacre, poet, critic and magazine editor. "You don't get the right touch, you see. You make the tramp all beer and dirt—no human interest. Get back to your old formula—the simple village. Look here, there's a big chance on Japan. Put in a year there and write something worth while."
"I'd do it only for little Paul," said Philip North, and his big blue voice became gentle as that of a woman's. "He couldn't stand a trip like that."
"Little Paul, the crippled brother, was the tender spot in the heart of Philip North. Even Alvin Dacre had seen something in the wonderful love between those two that made his own barren heart ache at times."
"Well," he said, "if you're bound to immortalize the tramp, do it right. That's all. Cultivate the genius. Study him. I've an idea. Come with me."
Dacre was arctic and wild, and North never questioned his leadership. The former proceeded to the cheap lodging house district of the city and piloted the way up the stairs of one of its cheapest structures. He applied to a man at a desk. The latter called an assistant, and a minute later the two friends were halted in front of a room with a wire netting over the top.

On a wretched cot lay a big, good-natured looking fellow, unmistakably a tramp. He was only half dressed, and he stared with bearded eyes at his unexpected visitors.
"Remember me, don't you, Frowey?" inquired Dacre.
"Why, sure," assented the tramp after a long stare. "You're the gent that paid me to stand for a photograph and put me in the paper."
"That's right, Frowey. Well, I've got you a longer and a better job."
"What doing?" challenged Frowey, suspiciously.
"My friend of mine is writing a book on tramps. He wants you to hang around his place for a week or two. Just act natural, and let him study your act in the paper."
A queer smile crossed the tramp's face. He blinked grimly. Then he said:
"Sorry, governor, but it can't be done."
"Why not?"
"Well, I'm in pawn. You see, my best partner, Slim Larry, was taken in yesterday on a ten dollar fine."
"You needn't worry about that," said Dacre. "Mr. North will start you with a new suit of clothes—and a bath."
"It looks good," remarked Frowey. "But I couldn't rest easy with Larry in trouble. Tell you, gent, and Frowey grew eloquent. "I've had partners, but none like him. He's been failed lately, and it's the country air or the burly ground for him. He's got a poor relative on a farm, and we'd arranged to get him where he'd be safe and comfortable, when the police took him in. When I got him out, gent, I'm open for a proposition."
"Give us the details about your friend, Frowey," directed Dacre, and we'll fix that end of the case."
"You will?" questioned the tramp eagerly. "Then I'm your man."
It was a transition of splendor for Frowey from the slum district to the apartment of the steps and the carpet. Paul took a great fancy to Frowey. The tramp was full of fascinating stories of the wanderlust, and the poor little fellow valued his remaining ounces of "bitting the road" because he himself was shut out physically from such peregrinations.



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Children Cry FOR FLETCHER'S CASTORIA

Children Cry FOR FLETCHER'S CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of Dr. J. C. Watson
NOW IS THE TIME!
To Get Your Furniture Upholstered.
Carpenter work is slack at present, and I am prepared to do upholstery of all kinds of Furniture, also Carriage and Sleigh Seats, and will also repair Furniture of all kinds.
I have had a large experience in this work and can guarantee satisfaction.
J. C. Bishop, Wolfville.
It pays to buy at home.

COAL! COAL!

COAL! COAL!

Carefully Screened and Promptly Delivered.
Springhill, Albion Nut and Old Sydney.
GIVE US A TRIAL Burgess & Co.

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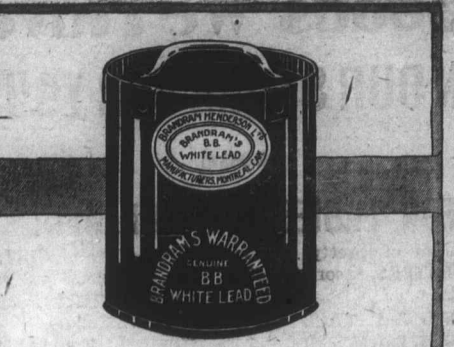
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The White Lead Behind a Paint Determines its Quality

ONLY a very real quality in a White Lead can give successful results in paint-mixing. A worthless compound masquerading as White Lead cannot impart to paint those essential qualities without which it never gives permanent satisfaction.
To avoid risk of failure in mixing your paint, make it a point to use only paint in which the White Lead used is

Brandram's Genuine B.B. White Lead

It is absolutely pure, whiter than others; of great covering capacity and long life. Working under the brush with ease and freedom, it produces a tough, elastic film that does not crack or peel.
Its real cost is less than that of seemingly cheaper white leads—because it produces a beautiful protective paint that lasts for many years. White Paint of unknown ingredients never looks well and rarely lasts two years.

Sold by leading Hardware Merchants and General Stores



CANADIANS WANTED FOR THE ROYAL NAVY

Canadians wanted for the Royal Naval Canadian Volunteer Reserve for immediate overseas service. Only men of good character and good physique accepted.
Pay \$1.10 Minimum per day—Free Kit. \$20.00 per Month Separation Allowance.
Experienced men from 38 to 45, and boys from 15 to 18 accepted for service in the CANADIAN NAVAL PATROIS for defence of the Coast.
Apply to the nearest Naval Recruiting Station, or to the Dept. of the Naval Service OTTAWA

Fun Kings

We defy anyone to look on the sad side of life when the delicious, negro drollery of Bert Williams is at hand or when the inexhaustible humor of Joe Hayman, "Calamity Cohen," is ready to divert in

COLUMBIA RECORDS

Double-Disc
Step into any Columbia dealer's and listen to Bert Williams—A1289—85c.
My Landlady (Williams) Nobody (Williams) Joe Hayman—R2958—85c.
Cohen Arrested for Speeding Cohen at the Call Office.
Raymond Hitchcock—A5231—\$1.25
Ain't It Funny What a Difference Just a Few Hours Make
And the World Goes On
Wolverine—A1199—85c.
Restaurant Scene with Treat Score
Billy Williams—R1564—85c.
Here We Are Again (Williams & Godfrey) When Father Papered the Parlor (Williams & Weston)
Remember Columbia dealer gladly play these or any of the thousands of Columbia Records you would like to hear, entirely free. Complete Record list at any Columbia dealer's or write for it!

COLUMBIA

Graphophone Company
Canadian Factory & Headquarters
Toronto, Ont.

PUBLIC NOTICE. FOR SALE!

The public are hereby forbidden the use of my property as a thoroughfare for teams between Main and Front Streets. Persons persisting in this trespassing will be prosecuted without further notice.
EVANGELINE D. BOWLES.
Wolfville, Sept. 10th, 1915.

FOR SALE!

Those interested in building lots at the west end, would do well to confer with E. C. Johnson, as he is now offering for sale the only available lots at this centre.
It pays to buy at home.

Wolville Time Table

DOMINION ATLANTIC RY	
Express from Halifax	6.15 a.m.
Express from Truro	9.55 a.m.
Express from Middleton	11.55 a.m.
Express from Windsor	1.30 p.m.
Express from Yarmouth	4.20 p.m.
Express from Halifax	6.00 p.m.

ST. JOHN AND DIGBY

Daily Service (Sunday Excepted)	
Canadian Pacific Railway, S. S., Express leaves St. John 7.00 a.m. arriving in Digby at 10.00 a.m. Leaves Digby 2.00 p.m. arriving St. John 5.00 p.m., making connection at St. John with trains of Canadian Pacific Ry. for Montreal and the West.	

Boston Service

Express train leaving at 9.58 a.m. for Yarmouth connects with steamers of the Boston & Yarmouth S. S. Co., Ltd., sailing on Wednesday and Saturday for Boston.	
Buffet parlor cars run each way, daily, except Sunday, on express trains between Halifax and Yarmouth.	
J. B. PAXSON General Passenger Agent, George E. Graham, General Manager Kentville, N. S.	

Professional Cards

DENTISTRY.

A. J. McKenna, D. D. S.
Graduate of Philadelphia Dental College
Office in McKenna Block, Wolfville.
Telephone No. 43.

M. R. ELLIOTT
A. B., M. D. (Harvard)
Office at residence of 150 Dr. Bowl's, Telephone 23.
Office Hours—8-1 a.m., 1-3, 7-9 p.m.

Expert Piano Tuning Guaranteed.
Voicing, Regulating, Repairing Organs Tuned and Repaired.
M. C. COLLINS.
P.O. Box 321, Wolfville, N. S.

F. J. PORTER
Licensed Auctioneer for towns of Kentville and Wolfville, N. S.

E. C. BISHOP
Licensed Auctioneer for Town of Wolfville and Kings County.
Wolfville, N. S. 14-3m pd.

"MAKE HAY WHILE THE SUN SHINES"
You can judge the wide-awake merchant by his advertising. He makes hay while the sun shines, taking advantage of every season or change in fashion to bring to your attention the things required at the moment, at the same time giving reasons to show why he is best able to serve you. You will find it to your interests to deal with such merchants.

R. J. Whitten & Co.
HALIFAX
Receivers and Sellers of all kinds of Farm Produce.
Consignments Solicited.
Prompt Returns.
FOR SALE!

Modern 8 room house and 60x21 50 lot, Prospect street, Wolfville. Bath, large basement with laundry, hot air furnace, fruit-truss. Magnificent view. Possession September, 1917. For particulars apply to Mrs. L. C. Hutchinson, 2402 East Colfax avenue, Denver, Colorado, U. S. A.

E. B. SHAW
Repairing of Boots and Shoes of all Kinds
Has resumed business at the old stand in his new building.
Orders Solicited and Carefully Executed.
Minard's Equipment Cures Dandruff