

**Children Cry for Fletcher's**

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

**What is CASTORIA**

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

**GENUINE CASTORIA ALWAYS**  
Bears the Signature of  
*Chas. H. Fletcher*  
**In Use For Over 30 Years**  
The Kind You Have Always Bought  
THE CENTAUR COMPANY, NEW YORK CITY.

**DON'T KILL PAIN WITH DRUGS.**  
Search For Its Cause and Have That Properly Treated.

Of all the sentinels that watch to give warning that something within our bodies has gone wrong, pain is the most assiduous, although its importance is frequently overlooked by physicians as well as laymen. Pain is simply an expression of rebellion against objectionable stimuli; therefore, however desirable it may be to get rid of, it is far more important to find and cure its cause.

The old time family doctor's first thought when called to a patient in pain was to smother it by means of powerful drugs. This was sometimes useful in tiding a patient over a short illness, which was bound to right itself, but it was worse than substituted for the malady in question a far worse disease—namely, the opium habit. It was exactly as though a railroad inspector on finding a red lantern on the track should throw a coat over it and go on his way. The patient was satisfied when the pain was lulled, but in this an important danger signal was disregarded and nature's call for permanent relief remained unanswered.

In appendicitis, for instance, it used to be the custom to "kill pain" by administering large doses of morphine. We now know that this dulls the patient's senses to a degree which makes diagnosis of peritonitis or other complications impossible and that a life may be lost because one of the most important symptoms is masked by drugs. It is interesting also to note how pain in appendicitis sets up a reflex action of the abdominal muscles. The muscles become hard and "boardy," nature attempting to hold the appendix as if in a split so that further injury may be impossible and conditions favorable to repair may obtain.

**Another Story of Louvain.**

A remarkable incident, testifying alike to the power of Freemasonry and the splendid devotion of a citizen of Louvain, has been reported to me, writes a special correspondent from Ostend, Belgium.

At the time of the sack of the town the Germans seized 50 men, whom they bound and told that they were going to be shot.

The firing party had already raised the rifles to take aim when one of the 50, a Freemason, made one of the Masonic signs.

The German officer in command of the squad was himself a Freemason, and just as he was going to give the order to fire he saw the sign, and recognized a "brother." He at once ordered the Freemason to leave the ranks, and told him to go away.

"No," replied the citizen of Louvain, "my fellow-citizens are no more guilty than I am. If you are going to kill them, I shall not go away, and I shall be killed with them."

Touched by this act of devotion, the officer ordered the release of the 50 unfortunate men, who thus owed their lives to the intervention of a Freemason fellow-citizen.

**EXPLODING EXPLOSIVES.**  
One of Two Methods, Combustion or Detonation, is Used.

An explosive is a body which, under the influence of heat or shock, or both, is, speaking popularly, instantaneously resolved entirely or almost so into gases.

Practical explosives consist either of bodies such as nitroglycerin and nitrocellulose, which are explosive in themselves or mixtures of ingredients which separately are or may be non-explosive, but when intimately mixed are capable of being exploded.

Explosives are exploded either by simple ignition, as in the case of black gunpowder, or by means of a detonator containing mercury fulminate.

The molecules of an explosive may be regarded as in a state of unstable chemical equilibrium. A stable state of equilibrium is brought about by the sudden decomposition of the original compounds with the evolution of heat. An explosion is thus an extremely rapid decomposition, accompanied by the production of a large volume of gas and the development of much heat.

There are two well defined modes of explosion which can be described as combustion and detonation. In the former case the explosive is simply ignited, and combustion takes place by transference of heat from layer to layer of the explosive. The rapidity with which the combustion proceeds depends not only on the physical form of the explosive, but also on the pressure under which the decomposition takes place. When in the form of fine grains combustion proceeds much more quickly than when the grains are large.

Detonation, on the other hand, has to be started by a sufficiently strong impulse, such as the explosion of a charge of mercury fulminate; it proceeds much more rapidly and is due to the formation of an explosion wave that has a velocity of thousands of meters a second.

"High" explosives include those, such as dynamites and nitrate of ammonia explosives, which detonate and have a greater shattering power than the "low" explosives.—New York World.

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**ENGLISH FEMALE PORTERS.**  
Muscular Women Carry Heavy Loads in Covent Garden Market.

Visitors to Covent Garden market, the great flower market of London, will find that in addition to much floral beauty there is a wholesome, muscular athletic womanhood that is good to look upon to be found among the women porters. The flowers that are sold in huge quantities in this market are bought by retail flower dealers, to whose vans the flowers must be delivered in the surrounding streets. The work of carrying is done largely by women, and the Covent Garden woman porter is one of London's characteristic studies.

These women, who carry loads of flowers on their heads, are hardworking, conscientious workers. As a rule, their hours are from 5 to 9 in the morning—not long perhaps, but during that time the women do what might well be considered a good day's work. It is not light work, as a woman porter frequently carries two dozen large pots of plants on her head over a distance of several hundred yards. Light and heavy loads may or may not come alternately, but all are accepted cheerfully. The payment, as a rule, is adequate, but depends upon the generosity of the temporary employer.

The powers of endurance these women possess are quite remarkable, and the work agrees with them. One woman recently pointed with pride to her daughter, a girl of twenty, with cheeks glowing with health and muscles that would do credit to any system of physical culture. The girl had been delicate, but a few weeks' work in the flower market caused a decided improvement, which increased as time went on.

A somewhat odd recognition of their work is received annually by these flower porters in the shape of a shawl and two aprons each, a gift from the Duchess of Bedford.—London Mirror.

**Another Way Out.**  
Walter Damrosch, the musical conductor, played in his youth in a noted orchestra. He wore, as is the way with musicians, long hair and unusually bushy besides.

A thin haired violinist seated behind Mr. Damrosch in the orchestra used to take exception to the young man's coiffure. He said one day:  
"Look here, Damrosch. Why don't you get your hair cut? Then maybe I could see the conductor."  
Mr. Damrosch answered calmly over his shoulder:  
"Why don't you learn to play better? Then you'd sit in front of me."

**Painfully Particular.**  
"If you refuse me this time," he said, "I shall never ask you to be my wife again."  
"Oh, please," replied the girl from Boston, "try to use better English. I never have been your wife. Why should you ask me to be your wife again?"—Chicago Herald.

**Soft Answer.**  
Mrs. Nerves—Kitty, if you don't stop making that dreadful noise at your play I shall have to punish both you and Frankie. Kitty (judicially)—Well, I'm sure we would make a lot more noise than ever then.—New York Journal.

**Nothing Left to Say.**  
Mrs. Gabbagh—Strange you should talk in your sleep. I never do. Her Husband—Certainly not. You tell everything that's on your mind before going to bed.—Boston Transcript.

**GERMANS SOB: FRENCH STOTES.**

There is one marked difference, wholly psychological, between the German and the French wounded, who are constantly arriving at Bordeaux, writes a correspondent.

Physically there is little difference between the German wounded soldier being carried by and his wounded French antagonist in a nearby cot—the bullet or shrapnel has torn the German's flesh no more cruelly than it has torn the Frenchman's.

But almost all the German prisoners are suffering extremely from nervous exhaustion. Therefore the popular opinion of the outlander of the characteristics of the two is wholly reversed.

The French wounded, instead of showing signs of nervous excitement, are comparatively calm, whereas the wounded among the Germans, despite their reputed stoicism, exhibit the greater part of their waking hours sobbing piteously.

**War Distances.**

War, besides being a great leveller, is also a great educator. Places we had never even heard of previously are now becoming as "familiar in our mouths as household words." The distances so often mentioned in despatches are apt to be somewhat confusing unless understood. It ought, however, to be quite easy to remember that a metre measures about 1.1-12 yards, or more exactly 39.37 inches. A decimetre is 10 metres, a hectometre is 100 metres, and a kilometre is 1,000 metres, or a little more than three-fifths of a mile. Our Russian and German length of their marches or the distance from place to place in versta. A verst is rather more than a kilometre, the exact distance being 0.66288 of a mile, or between three-fifths and four-fifths of that distance.

**Painful Economy.**

Economy has its pains as well as its pleasures, if the experience of an old darky count for anything. One spring, for some reason, old Mose was going round town, with the face of dissatisfaction. When questioned he poured forth a voluble tale of woe in these terms: "Marse Tom, he come to me last fall an' he say, 'Mose, dey's gwine to be a hahd winter, so yo' will be keeful an' save yo' wages.' An' Ah believe Marse Tom, yasuh. Ah believe him, an' Ah save an' save, an' when de winter come it ain't got no hahdship, an' dere Ah was wid all dat money on mah hands!"

**Railroad "Scout."**

The Canadian Pacific Railroad has added to its staff a "scout," whose duty it will be to travel over the system and discover those employees who are especially worthy of advancement. Incidentally he will report those found wanting; but it is significant that his function primarily is not to make complaint, but to make doubly sure that the deserving are recognized.

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A chance of a lifetime to do a big trade among the farmers in Fruit Stock, as well as Ornamental business in the town. Exclusive territory. Handsome free outfit. Highest commissions. Write for terms.

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A RELIABLE REGULATOR

These Pills are compounded with the greatest care from the most reliable remedies known to science; such as are being used with much success by the most celebrated physicians known.

They are a specific for the distressing disorders to which the female constitution is liable.

Price \$2 a box. No. 2 (much stronger), \$3 a box. Sold at all drug stores, or by mail from The Laval Drug Co., St. Catharines, Ont.

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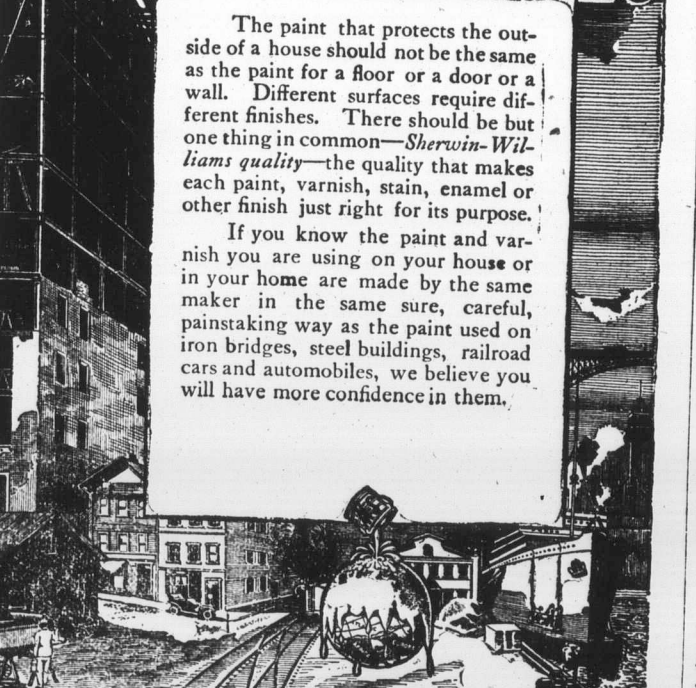
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**E. J. PURCELL, Agent**

## \$100 in Prizes

NO ENTRY FEE FOR THIS OPEN TO ALL

### Brockville Business College

On the east side of the Fulford Block, Court House Avenue, Brockville, is a large sign bearing the words BROCKVILLE BUSINESS COLLEGE. This sign last year needed repainting and a sign Painter offered to do same for \$10.00 per word or a total of \$30.00. This sum Principal Rogers thought too much, so the painter made the following offer: To paint the first letter for one cent and the price was to be doubled on each succeeding letter of the three words BROCKVILLE BUSINESS COLLEGE, i.e., that is the doubling process was to go on for 24 times after the first letter. To this the principal agreed. When the painter sent in his account the principal was alarmed and thinking there was a mistake sat down and worked it out. Finding that the account had been rendered correctly the business college manager sent the painter a check for \$30.00. If the painter insists on his own proposal, how much is coming to him?

**WHAT TO DO**

Send complete work and answer to either Secretary McLean, Brockville Fair Association, Brockville, or to W. T. Rogers, Box 20, Brockville.

**WHAT YOU WILL GET**

1st Prize, Tuition at Brockville B. C., value	\$30.00
2nd " " " " " "	\$25.00
3rd " " " " " "	\$20.00
4th " " " " " "	\$15.00
5th " " " " " "	\$10.00

No doubt many will send in the correct answer. All correct papers will be assembled and the awards will be made by taking into consideration neatness and correct formation of figures.

Prizes are not transferable.

Prizes will be honored any time after Sept. 7th, 1915, up to Jan. 15th, 1916.

All are eligible and may this best win.

For information regarding College courses address:

**BROCKVILLE BUSINESS COLLEGE**  
2 Court House Avenue, Brockville

FALL TERM OPENS SEPTEMBER 7th.  
NEW YEAR TERM OPENS ON JANUARY 3rd, 1916.