## Indigestion for 2 Years

Few people seem to realize that chronic indigestion is a disease of the intestines rather than of the stomach. Even the doctors err in this way, as is proven by this letter.

Dr. Chase's Kidney-Liver Pills are the most effective treatment obtainable for chronic indigestion, because they awaken the action of the liver and bowels, sweep the foul impurities from the system, and set the whole digestive system in perfect working order.

Mrs. George Swan, Ashworth, Ont., writes:—"My husband suffered with indigestion for two years. We tried three different doctors, but they didn't help my husband very much. As he still suffered, he began using Dr. Chase's Kidney-Liver Pills, and soon got relief. I am thankful to Dr. Chase's Kidney-Liver Pills for the cure of my husband after other treatments had failed."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25c. a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

five cannot see one vision at one and the same time if there is no reality present. Nay, but he is risen! Had we not been dull of understanding we should have remembered how he foretold it of himself, even as he foretold his death."

Little by little she urged them to a similitude of her own faith, the faith capacity for which is always more vitally present in the man or woman of action than in the man or woman of thought.

"Where are the eleven?" she asked when doubt had changed to certainty. "At Mark's house, where they ate the Passover."

"Go you and tell them. Make them believe and take courage. I must speed to Bethany, to tell Lazarus the good news. He is alone, sad, hopeless, mourning his return to life. I must let him know. And," with a return to the care for necessary material things affecting the comfort of those she loved, "he had no morning meal to-day—he will be hungering ere this. The home cares call me. Go you and make the disciples glad and rejoice with them."

"But, my sister"—Mary sought to stay her—"it was to thy faith that our understanding is due. It should be thy part to bring the message of joy."

"I will bring it—to my brother who waits yonder alone. What care I who tells the story, if only the story be told? Only let them not doubt your tale."

It was drawing toward the third hour of the day when Martha mounted to the roof of the Bethany house, where Lazarus sat sunk in melancholy. Her buoyant step, her radiant face, startled him into a gaze of astonishment.

"He is not dead, brother!" her voice rang out gladly. "Our Master lives. He said that he would rise. Lo, the glory of God is risen upon Israel, even as he promised me."

Lazarus rose to his feet, stern and pale. "Woman," he cried, "what dost thou mean? Trifle not with me, talking of dreams and hallucinations. What hast thou heard or seen?"

"Heard? An angel's voice. Seen? an empty tomb, a stone rolled back. Brother of my heart, it is no dream He has come back from the grave,

#### The Meaning of a Name

# "SALADA"

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even as he had power to bring thee back."

"A hard thing to believe," he said doubtfully. "Such was never heard of among men. The great Elias, who brought back life to the widow's child—he could not delay his going; nor his son Elisha—he too died, and the grave held him."

"Verily, brother, for one who hast thyself come back from the dead, thy doubts are strange. This man—I can but feel he is no man like the prophets of old. He is the very Son of the Blessed."

"Ah, well, it may be. Where is Mary?"

"She went with the other women to tell the news to the disciples."

"Wherefore didst thou not go?"
"Ah, my Lazarus, could I leave
thee here, unknowing the glad tidings? Besides even on a great feast
day there is work for some one to
do."

"Martha, thou careful one"—his voice was very tender—"always art thou thinking of the comfort of thy dear ones. I thank thee for thy tidings. And it may be—though it is a hard thing to believe—"

His words sank abruptly into silence; a dawning wonder grew in his eyes. His sister turned, to find what could be the reason of his fixed gaze beyond her. Then she too gazed, incredulously at first, then speedily with a transfiguring joy. A moment she stood with arms outstretched, then sank at the feet of the figure in the seamless robe that stood with wounded hands raised in blessing. "Master," she breathed, "how camest thou hither?"

"I am come seeking out my friends," said the old kind voice. "I am come seeking one who understood. According to thy faith, Martha, daughter, so now it is unto thee. Even as thou hast been faithful, thou art mine."

The woman knelt with bowed head, but half understanding the benediction of his words. At last she heard in the quivering silence her brother's voice. "Martha, he is gone!"

She raised her head. They were alone upon the housetop. But the face of Lazarus shone with a new life, as if his whole being were made new.
"In his life," he said, "I find the

life I left behind me in the grave. Heaven could not keep him from among men, nor ever will. I am content to dwell among men, henceforth, on an earth redeemed by the feet of a risen Christ."

Martha was silent; then she too spoke, "He has vanished from our sight forever," she said "I know it well. But as I go among my common tasks, glorified by his praise, he will abide with me—forever."—Mabel Dodge Holmes.

### The Real Cure For An All Too Common Ill

No, this does not consist of some special or, new form of drug, because drugs are not a permanent cure for Constipation. The *real* cure for Constipation is something that will appeal at once to your commonsense, because this cure consists simply of pure sterilized water.

The sufferer from Constipation usually realizes the danger of his affliction, because from Constipation arises the vast number of more serious diseases brought about by the retention and promulgation of germ life in the system, in turn caused by our failure to get rid of this waste.

Such a sufferer has probably tried all kinds of drugs, and his experience is enough to prove that drugs form only a temporary relief, and require constant use in constantly increasing doses to be at all efficacious. The sufferer greatly adds to his illness by becoming a slave to this drug habit.

How much simpler and saner is this method of Dr. Charles A. Tyrrell, inventor of the J. B. L. Cascade—an appliance now endorsed by physicians everywhere, and used by over 300,000 people. With this system of the internal bath, you dispense with drugs entirely, and you secure a perfectly natural treatment that brings about immediate relief and gradually attains a sure and permanent cure.

Hundreds of people have enthusiastically endorsed this treatment, as Mr. E. Nighswander, of Green River, Ont., who writes: "For years I have been troubled with Constipation, ulcers in the bowels, and piles, which all the money and doctors only seemed to relieve temporarily. The J. B. L. Cascade has completely cured these troubles, and I feel it a duty I owe to my fellow-men to endorse the Cascade in the very highest terms. No amount of money could estimate the value it has been to me. No home should be without a CASCADE."

Write for Dr. Charles A. Tyrrell's book, "Why Man of To-day Is Only 50% Efficient." We will gladly send you this free if you will address Dr. Charles A. Tyrrell, Room 561-6, 280 College St., Toronto.



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