CHATS WITH YOUNG MEN

WORRYING ABOUT IT

The hardest work you ever do Is worrying about it; What makes an hour resemble two Is worrying about it;
The time goes mighty slowly when
You sit and sigh and sigh again
And think of work ahead, and then

Keep worrying about it. The hardest part of any job Is worrying about it; Your joy to kill, your rest to rob, Is worrying about it; The lowest spot to view a hill Is from the bottom; higher still It looks each moment that you kill

In worrying about it. But, if you start to climb, you soon Quit worrying about it, Quit waiting, wishing for the moon

And worrying about it, A human task just grows and grows By putting off; time may disclose 'Twas easier than you suppose-Quit worrying about it.

Just buckle up and buckle in-Quit worrying about it, y work, not worry, you will win-Quit worrying about it, A task is easy, once begun; It has its labor and its fun; So grab a hold and do it son-Quit worrying about it!

-Catholic Columbian HAVE CONFIDENCE IN YOURSELF

As long as you doubt yourself other people will doubt you. While your manner, your carriage, every-thing about you, proclaims that you are a failure, you will have little chance to succeed. It takes more than self-confidence to put one at the top of the ladder but no one ever got to the top who expected to fall every time he took a step upward. Cultivate the characteristics which are a basis for self-confidence, and then act as if you believed in yourself.

O'CONNELL'S RULE OF LIFE The following resolutions formed the rule of life for the great Irish patriot and Catholic emancipator, Daniel O'Connell:

1-To begin every day with an unlimited offering of myself to my Crucified Redeemer, begging Him by all His infinite merits and divine charity to take me under His direc-

tion and control in all things.

2—To meditate and make mental prayer for at least a half hour every

day.
3—To aim at pleasing God in all my actions; striving to be influenced by love of God rather than by hope of reward or fear of punishment. 4—To avoid all voluntary occasions

to temptation.
5—To appeal to God and to invoke the Blessed Virgin in all real tempta-

6-To say every day the acts of faith, hope and charity.

7—Every day to say an act of fer-

8—Every day to say the "Memorare" and the "Sub Tuum," adding many ejaculatory prayers to our Blessed Mother.

they are ever on the elect to discover the bad that exists, or is supposed to exist, in their neighborhood. They become so self centered and that conspicuous shoes as well as conspicuous bats are incorrect for walking on the city pavements and that conspicuous shoes as well as conspicuous bats are incorrect for walking on the city pavements and that conspicuous bats are incorrect for walking on the city pavements and that conspicuous bats are incorrect for walking on the city pavements and that conspicuous bats are incorrect for walking on the city pavements and that conspicuous bats are unsuitable for walking on the city pavements and that conspicuous shoes as well as conspicuous bats are unsuitable for walking on the city pavements and that conspicuous bats are incorrect for walking on the city pavements and that conspicuous bats are incorrect for walking on the city pavements and that conspicuous bats are incorrect for walking on the city pavements and that conspicuous bats are incorrect for walking on the city pavements and that conspicuous bats are incorrect for walking on the city pavements and that conspicuous bats are incorrect for walking on the city pavements are unsuitable for walkin so jaundice eyed, that the actual good which their neighbor possesses becomes to their myopic vision positive who have been drawn into war evil. They attribute false motives work, have awakened to the realizato him, invent imaginary defects, tion that the wealthiest and most him to earth. They push him to the edge of the pit and then abuse him for falling in. All the world's out of step; they alone walk straight. Like the ptarisee cutting capers before high heaven and despising the publican, they fail to read the genuine grandness that ladges in the soul of the stalents, brains and charities and the splendid results which they accomplish and not for the fine frills and the they are the soul of goodness that lodges in the soul of furbelows which they display. their neighbor, because that goodness jars on their spiritual nerves a loud manner seem to go

man before he is groven guilty, and rounded by a great working force, even then to leave the condemnation but is thrown into contact with the proceedings to the lawfully constituted authorities. Even though your brother fall, even though he lack your idea of perfection, his actual worth before God may be far advice, indeed. Foolishness, either in greater than your vaunted virtue.

The pharisees stood in solemn majesty at the foot of the cross: a murderer hung beside the Lord.

The murderer entered heaven that she has failed to get a position that

fronted by three surprises; first, that some whom we expected to meet there never arrived; second, that some whom we had condemned that some whom we had condemned to the abyses are already in glory; loud voice, loud manners, may be and third, that we ourselves man-

bones." Try to keep alive the memory of their goodness, and let the evil be buried in your forget-fulness.—Catholic Bulletin.

By jumping at the stars you may fall in the mud.—Proverb.

OUR BOYS AND GIRLS

If you have a kind word, say it, Throbbing hearts soon sink to rest If you owe a kindness, pay it; Life's sun hurries to the West.

Can you do a kind deed? do it, From despair some soul to save; Bless each one as you pass through

Marching onward to the grave.

Days for deeds are few, my brother; Then today fulfill thy vow;
If you mean to help a brother, If you mean to help a Do not dream it—do it now.

—Exchange

THE BUSINESS GIRL'S DRESS

In spite of the fact that it is so frequently pointed out that fine teathers have no place in the business office, it still remains true that many girls just starting out in a business career fail to realize that appropriated, and the unjust posses

years. There was a time when one found the working girl either garbed as if for a reception or else wearing the plainest of coat suits and man-ish shirtwaists. Today women have come out into the world to take so many and varying kinds of positions that a uniform standard of dress no

in stenographic or clerical positions like her own, may find the plainest different and perhaps more ambi-tious nature such as the head of a department in one of the large stores or supervisor of some branch of work of one of the larger business firms, or should her talents lie in the direction of some organization work or some branch of artistic or literary activities, she may find a frock appropriate to an afternoon at home equally suitable for her office or

in speaking to a younger one just able to make restitution, but neglects entering upon her duties in the big to do so.

town, said to her: out in what she considers stylish headgear and runs to high heeled and conspicuously vamped shoes. But when she has been in the city for some time as she walks down the street, she notes the quietly gowned women she passes—women carefully groomed, immaculate, exquisite in every detail, stamped with the ball mark of fashion, many of whom she learns to know as leaders in the social world.
"This is not to say that there are

9—Every day to pray to God, His Blessed Mother and the saints for a happy death.

not fashionable gowned women wearing ornate hats and sables and high heeled shoes, but these women a happy death.

10—To avoid carefully small faults
and venial sins.

high heeled snoes, but these limousiness and are not walking the pavesines and are not walking the pave-LOOK FOR THE GOOD

Some men are so constituted that they are ever on the elert to discover the bad that exists, or is supposed to eviet in the control of the city. The carefully dressed woman knows that high heels are unsuitable for walking on the city pavements and that control of the city.

accuse him of what exists only in fashionable frequently wear the their diseased brain, and then run simplest costumes. The working

and shows up their despicable pride in all its hideousness.

It is a safe plan to condemn no one is not only constantly sur-

day, while it does not require unusual perception to surmise where the pharisees are at this moment.

St. Augustine once wrote: "On entering heaven we shall be contained the property of the and third, that we ourselves managed to reach so beauteous a place."

Learn to view your brother with charity, and look for the good. "The evil that men do lives after them: the good is oft interred with their the good is oft interred with their good.

getting a job with a good firm, even though her qualifications may not be so brilliant. 82870 3 3 4 4 4 0 0 10 no of the hardest things to learn in this world is that of adaptation. ation. There are times when the frilly gown is the only gown to wear; these are the times, when one has thrown off the burden of the

day's work and when one wishes to make the best of those feminine charms without which any woman is lacking. There are even times when the neglige is permissible, but this is in the sacred precincts of one's own home or one's own room. Negligent clothes and neg-

ligent manners have no place in the busy life of the world any more than have frilly furbelows and folderols. All types of clothes have their place in time and season. But they should be carefully adapted to the place and the persons with whom one is surrounded."-The

RESTITUTION

A news item published in a daily paper acknowledges the receipt of a considerable sum of conscience money by a public service corpora tion. the garden party and the theater has no place in an office where time is supposed to be devoted to business.

The party is a property in the simply did his duty. He did what every one who unlawfully comes into possession of property is bound to do to restore that property to its right. It is true, however, that the stand and of dress for the business woman has changed during the past few years. There was a time when one Yet the prominence given to this simple act of justice and the accompanying comment naturally suggest the sad reflection that such obligations are not often so conscientiously acquitted in the world today.

worn by the girl who is one cog of the great machinery in some large firm employing dozens of other dist for damage unjustly done, that the duty of restitution cannot be too like her own, may find the plainest of gowns most suitable. On the ces of failure to make restitution are for momentous, that no lax notions on this important matter

tion. St. Augustine says explicitly. The sin is not forgiven, unless the thing stolen is restored when sible." God has made restitution an indispensable condition of pardon. When King Achab unjustly appropriated Noboth's Vineyard, he put on The main thing after all is to be becomingly but inconspicuously gowned. An older woman who has spent much time in New York City, in speaking to a younger one distribution.

In these days when multiform vio "There are two things which stamp one as representative of the city at its best, or representative of the small town—these are hats and shoes. The young woman coming from a small town usually blossoms out in what she considers stylish once. To put it off ind fluitely is to

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The money was dishonestly

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once. To put it off indefinitely is to

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live in sin. To postpone it until the The lax standards of the world re-hour of death is to run the risk of garding the taking and retaining of

never making it.

ver making it.

Heirs and assigns are generally in do not make the action less sinful no hurry to a quit the obligations of restitution. Restitution then is a pressing and practical duty for all not render what he hath robbed, who have become guilty of injustice. shall die everlasting."-The Pilot.

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