

## Where..

Can you get a tender charcoal-broiled 8 oz. Sirloin Steak, baked Idaho Potato with Butter or Sour Cream, Chef's Salad and French Stick for only

**\$1.99**

And enjoy your steak in a comfortable, relaxed setting.

Come as you are. We are open 6 am to 1 am Monday to Saturday, 12 noon to 10 pm on Sundays.

For good food or just a drink, it's

**THE COLONY**  
STEAK HOUSE & TAVERN  
1285 FINCH AVENUE W. 633-1286

*You are cordially invited to a display of children's books English, French and German in commemoration of*

### INTERNATIONAL CHILDREN'S BOOK DAY

*Monday, November 15th in the York University Bookstore Central Square, York campus from 9:30 am to 9 pm.*

*Refreshments*

## VESUVIANA

Large 16" pizza 'the works'

\$2.50 Reg. \$3.30

**638-1632**

128 HUCKNALL ROAD

millions  
millions  
millions  
millions  
millions  
millions  
use them

Why is it more women in the world choose Tampax tampons over all other brands of internal sanitary protection combined? First of all, Tampax tampons were developed by a doctor. So naturally you can trust them.

Worn internally, there's nothing to give away your secret. No pins, pads or belts. No odor or chafing. No discomfort.



Tampax tampons are so easy to use, right from the start. Each tampon comes in a hygienic container-applicator. This helps to place it in the proper, comfortable position.

Only Tampax tampons have a moisture-resistant withdrawal cord that is safety-stitched so it won't pull off.

Only Tampax tampons come in 3 absorbency-sizes: Regular, Super and Junior. Is it any wonder women in 118 countries choose Tampax tampons?

Right from the start...



DEVELOPED BY A DOCTOR  
NOW USED BY MILLIONS OF WOMEN

TAMPAX TAMPONS ARE MADE ONLY BY CANADIAN TAMPAX CORPORATION LTD., BARRIE, ONTARIO.

# The trickle down your armpits.

Some things make us nervous.

Some things turn us into a kind of stranger to ourselves. The old dryness of the mouth sets in. The sweat starts down.

How about those job interviews, where all of a sudden you've got to stand out very clearly from the herd? Inside half an hour you've got to establish yourself to a world you never made and may not even like.

Does the prospect make you just a little nervous? No? You're lucky.

Oh, it does? Join the club. It gets us all, even those over thirty.

You could write a book about being nervous about interviews. As a matter of fact, we have written a book. A little one: "How to separate

yourself from the herd". It's packed with practical tips on how to go to an interview *on your own terms*.

We wrote it because we've been there. Without any modesty whatsoever we can tell you we're a company whose very life depends on our skill at coming face to face with strangers.

Our little book is tucked into a bigger one: The Employment Opportunities Handbook, a kind of dictionary of the companies who are looking. This brand new handbook is yours for the asking at the placement office.

"How to separate yourself from the herd" won't work any magic between now and your first interview.

But it just might help.

**LONDON LIFE**  
Insurance Company, London, Canada