

d in d, narrowing every 3rd st. Put button at corners of collar, top corners of pockets and two on belt, and on front as desired.

To Put Together—Sew or crochet sweater together on shoulders, cuffs on

sleeves, sleeves in armholes. Whip collar on to the neck of the sweater. It will be noticed that the collar may not seem quite large enough, but it will be an easy matter to ease any fullness in. Brush the white parts until furry. Sew straps for belt where desired.

yards of 27-inch material. The skirt measures about 2 yards at the foot, with plaits drawn out.

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A Simple Dress for Home or Service. 2802—Gingham, khaki, drill, seersucker, percale or lawn, could be used for this style. The garment is a "one-piece" model—with a sleeve that may be finished in wrist or elbow length.

The pattern is cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 will require 6 yards of 36-inch material. The dress measures about 2½ yards at the foot.

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A Popular Dress for the Little Miss. 2804—This model is fine for all wash fabrics, and nice for gabardine, serge, voile, repp and poplin. The sleeve may be cut short, or finished in wrist length. The pattern is cut in 5 sizes: 2, 4, 6,

Fashions and Patterns

A Trim Costume for Business or General Wear. Waist, 2805. Skirt, 2820.—Comprising waist pattern 2805 and skirt pattern 2820. Mixed suiting was used for the skirt, which is also attractive in gingham, satin, silk, linen or sport materials. The waist could be of crepe, linen, washable satin, taffeta or Madras. The waist is cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. The skirt in 7 sizes, waist measure, 22, 24, 26, 28, 30, 32 and 34 inches. For the waist in a medium size 2½ yards of 36-inch material is required. For the skirt 3 yards. Width of skirt at lower edge is about 1½ yards.

This illustration calls for two separate patterns which will be mailed to any address on receipt of 10 cents for each pattern in silver or stamps.

A Simple, Comfortable Frock. 2813—Voile, batiste, linen, chambray, Swiss, silk and lawn are good for this model. It closes on the shoulders. The belt holds the fullness at the waistline.

The pattern is cut in 5 sizes: 2, 4, 6, 8 and 10 years. Size 6 will require 2½ yards of 36-inch material.

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A Dainty Dress for Mother's Girl. 2808—Batiste, voile, charmeuse, satin, taffeta, velvet, serge or gabardine could be used for this model. The tucks on the skirt may be omitted. The dress may be finished without the bolero and with long or short sleeve. This style lends itself nicely to combinations of material.

The pattern is cut in 4 sizes: 6, 8, 10 and 12 years. Size 8 requires 3½ yards of 27-inch material for the dress, and ¾ yard for the bolero.

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A Very Attractive Gown. 2809—This style would be effective in linen with cluny or filet lace, or in shantung with embroidered bands. It is nice also for serge, voile, foulard, taffeta, gingham and other wash fabrics.

The pattern is cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 will require 6 yards of 44-inch material. Width of skirt at lower edge is about 2 yards, with plaits extended.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

A Practical Garment. 2806—A comfortable apron of this character will be a blessing to the industrious home worker. It is practically a dress in apron style; neat and serviceable. The model is suitable for gingham, percale, seersucker, lawn, drill and linen.

The pattern is cut in 4 sizes: Small, 32-34; medium, 36-38; large, 40-42; and extra large, 44-46 inches bust measure. Size medium requires 4¾ yards of 36-inch material.

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A Pleasing Design. 2819—This neat, simple little model may be finished without the collar trimming. It is nice for all wash fabrics, and for serge, gabardine, silk and crepe. The closing is at the centre front under the crossing of the collar portions.

The pattern is cut in three sizes: 2, 4 and 6 years. Size 4 requires 2½ yards of 36-inch material.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

A Pretty Summer Frock. 2816—This is a charming model, especially for slender figures. It is just the thing for

organdie, dimity, voile and crepe, and will require little trimming excepting a smart sash or belt of bright ribbon. Dotted Swiss, with collar of organdie or net edged with Val. lace, and a sash of Chinese yellow or liberty red, would be very attractive for this style.

The pattern is cut in 4 sizes: 14, 16, 18 and 20 years. Size 18 will require 6¼

Boys' Suit. 2807—This is a very comfortable suit, and the style is adaptable to all materials usually employed for boys' suits. Wash fabrics such as khaki, drill, galatea and gingham are appropriate, likewise flannel, serge, corduroy and velvet. The sleeve may be in wrist or elbow length.

The pattern is cut in 5 sizes: 3, 4, 5, 6 and 8 years. Size 4 will require 2½ yards of 40-inch material.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.



"Oh, You Do Look So Strong and Well"

"AND why shouldn't I?"
"You always wrote about how well you were, but we never thought you would be so hearty-looking as you are after all the hardships of camp and trench life."

"Oh, we had our share of hardships, all right, but except on rare occasions we had plenty of good, wholesome food and lots of fresh air and exercise. That is what makes a person strong and well. But I don't think I have it much over you. What have you been doing to look so nearty?"

"Didn't I tell you I was using Dr. Chase's Nerve Food?"

"You don't mean to say that has made such a difference. You were so thin and pale when I went away."

"Yes, it certainly has, and after you went away I had a regular break-down, and was in a bad state for some months."

I had nervous headaches, could not sleep, and grew down-hearted and discouraged. Mother got after me to try the Nerve Food, and I am so glad I did, for I did want to be well to welcome you home."

"It is a joy to me to find you so well. And now that we have such a good start surely we can keep well and enjoy life. My experience overseas has caused me to place a greater value on life and health than I ever did before, and your experience with Dr. Chase's Nerve Food convinces me that you women folks need not be pale and weak and nervous if you will but use it when you feel tired out and run down."

Dr. Chase's Nerve Food, 50c a box, 6 for \$2.75, all dealers, or Edmanson, Bates & Co., Ltd., Toronto. Every box of the genuine bears the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author.