# MC 2035 POOR DOCUMENT

THE EVENING TIMES AND STAR, ST. JOHN N B., THURSDAY, MAY 8, 1913

## A MESSAGE FROM A BANDITS ROB WOMAN TO WOMEN

Lakelet, Ont., May 12th, 1911.

"Kindly publish this letter of mine if you think it will benefit other women who might be afflicted with the diseases I have had in the past, but am now, thanks to "Fruit-a-tives," completely cured of. It is my firm belief that every woman should take "Fruit-a-tives" if she wants to keep herself in good health.

Before taking "Fruit-a-tives" I was constantly troubled with what is commonly known as "Nerves" or severe Nervousness. This Nervousness brought on the most violent attacks of Sick Headache, for which I was constantly taking doctors' medicine without any permanent relief. Constipation was also a source of great trouble to me and for which the Doctors said "I would have to take medicine all my life," but "Fruit-a-tives" banished all these troubles and now I am a well woman."

MRS FRED GADKE

Sailed Yesterday.

Str Governor Cobb, Mitchell, Boston via CANADIAN PORTS.

Montreal, May 7—Ard, strs Hurona, ull; Victorian, Laurentic, Grampian, Livpool; Tyrolia, Trieste and Naples. Cld—Str Cornishman, Bristol.
Quebec, May 7—Ard, strs Victorian, iverpool; Royal Edward, Bristol; Zinjid-k (Dutch), Rotterdam; Ausonia, Ultonia, outliampton; Lake Michigan, 'London, aturnia, Glasgow; Montcalm, Liverpool.

BRITISH PORTS. Liverpool, May 7-Ard, str Megantic Glasgow, May 3-Sld, str Lakonia, Mitch.

FOREIGN PORTS.

neyard Haven, May 7—Sld, sch Percy ew York; John Maxwell, New York, ston, May 7—Ard, str Franconia, Liv-

oston, May 7—Ard, str Franconia, Invool.

alem, May 7—Sld, sch Elsie A Bayles,
w York; Mattie J Alles, do.
ortsmouth, May 7—Sld, schs Samuel
tner Jr, New York; T W Cooper, do.
ascagoula, May 5—Cld, sch Lavonia,
tt, Kingstown, St Vincent.
ew York, May 5—Cld, sch Arthur M
son, Longmire, Yarmouth,
ewark, May 5—Ard, sch G M Coche,
Innes, Newark.
tty Island, May 5—Sld, schs Parana,
Nova Scotia port; Silver Leaf, Amst; Leora M Tburlow, eastern port;
nola, Elizabethport for St John.
lobile, May 5—Ard, bark Skoda, Bee; sch W S M Bentley, Matanzas.
ew London, May 5—Ard, sch Jennie
Stubbs, New York for St John.

# AND KIDNAP "Every Waman Should Take Swaggering Fra Diavolo of

PRESENTATIONS.

A large number of the residents of Millitown gathered on Tuesday night in Eaton's Hall there to tender a farewell to Rev.

F. E. McLaughlin, on the eve of his departure for Fredericton. Addresses accompanied by well-filled purses were presented to Father McLaughlin by the A. O. H, congregation, altar boys and citizens.

BADLY ULCERATED LFG

Zam-Buk Cured Her When so Bad She Had to Use Crutches

For varicose sores, bad leg, or chronic ulcers, Zam-Buk is without equal as a healer. A proof of this is just to hand from Montreal, Mrs. T. Edwards, of 164 Amherst street, writes: "Some time ago a bad sore broke out on my left leg near the and the near the and the man of the sound and the property of the montreal of the sound and the function of the sound and the function of the with equal as a healer. A proof of this is just to hand from Montreal, Mrs. T. Edwards, of 164 Amherst street, writes: "Some time ago a bad sore broke out on my left leg near the and the ear the angual as a document of the sound and the property of the montreal of the sound and the property of the sound of the sound and the function of the sound of the sound and the property of the sound of the sound

### Daily Hints For the Cook

SOUR MILK CAKE.

Two cups of sugar, one cup of butter, one egg, two cups sour milk, two cups raisins, five cups of flour, one teaspoon of scda, half teaspoon each of cloves and cinnamon. Makes two loaves.

STRAWBERRY SHORT CAKE.

Two cups of sifted flour, one heaping teaspoonful of baking powder, one table-spoonful of sugar. Sift into your mixing bowl and work in a piece of butter (or use flank fat) the size of an egg, as for pie crust. Beat one egg lightly in a cup. Fill with sweet milk, add a speck of salt and turn into a bowl. Mix soft and divide into two portions. Roll out and put one piece in a round tin, butter the top and put the other pieces right on top of that. Bake in a quick oven. Split and spread with butter and one box of fresh strawberries, washed, drained and mashed, with four good cupfuls of sugar. Spread between and on top.

### **Deal Gently** With That Corn

Don't apply liquids.
They often cause soreness.
Applya Blue-jay plaster,
and the corn pain stops at
once. Then a wonderful
wax—the B&B wax—
gently loosens the corn. In
48 hours the entire corn
comes out.

folly to have corns. A million corns monthly are now being removed by it. Stop and think of

Blue-jay Corn Plasters

294) Bauer & Black, Chicago & New York, Makers of Surgical Dress

### J. MARCUS, Dependable Furniture

Five Chairs and Extension Table, all hardwood, finished in Figured Surface Oak, regular price \$19.75.



J. MARCUS, 30 Dock St.



Here's fine indoor exercise!

It's a constant benefit to teeth, to appetite, to digestion—



It's a very pleasant occupation that doesn't interfere with work or play.

Your mouth is refreshed and your breath purified. Each stick lasts as long as you wish and costs less than a cent-if you

It's economical enjoyment that retains its freshness until used.

Look for the spear Avoid imitations

Wm. Wrigley Jr. Co., Ltd.
7 Scott Street
Toronto, Ontario

B. D'Emo, Adv., Chicago

Made in Canada

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### All Tangled Up? Bilious? Headachy?

Nervous? Sleepless?

When one feels "off color" it's a good idea to look for the cause.

> There always is a cause---And usually it is found in wrong living.

Tea and coffee drinking affect many unpleasantly, because the drug, caffeine, (from 1 1/2 to 3 grains to the cupful) is a poison, and causes heart disturbance, indigestion and many other ills.

Tea and coffee drinkers who are "out of tune" can get back to steady health and comfort by quitting the tea and coffee and using.

Instant Postum

This wholesome, pure food-drink provides a rich, table beverage of delicious flavour, and made from prime Northern wheat and the juice of Southern sugar-cane, it is nourishing and absolutely free from the drug, caffeine, or any other harmful ingredient.

Postum now comes in two forms. The original Postum requiring 15 fo 20 minutes boiling-sold at 15 and 25c the package. Instant Postum is a quickly soluble powder; all the insoluble parts having been removed. A level teaspoonful in a cup of hot water, with sugar and cream to taste, make

a delightful cup "quick as a wink." 45 to 50 cup tins. 30c; 90 to 100 cup tins, 50c. "There's a Reason" for POSTUM Sold by Grocers Everywhere.

Canadian Postum Cereal Co., Ltd., Pure Food Factories, Windsor, Ont.