

Best for Baby



Best for You

BABY'S OWN SOAP

Absolute Purity. Flower Fragrance.

Pure vegetable oils are the base of Baby's Own Soap. It promotes skin health and prevents skin troubles.

Natural flower extracts give to Baby's Own Soap the clinging fragrance which makes its use so pleasant.

BABY'S OWN SOAP IS WELL WORTH RUNNING FOR.

In the interest of your skin, send for some now. Sold everywhere.

ALBERT SOAPS, LIMITED, MONTREAL.

Daily Hints For the Cook

MY BROWN BREAD.

One cup flour, one cup corn meal, one cup graham flour, teaspoon of salt, two teaspoons baking powder, one cup milk, one cup of water, half cup molasses, one cup of raisins. Mix all together, grease brown bread tin. Fill two-thirds full and cover tight. Place in a kettle of boiling water, cover kettle and boil for four hours. Then place in oven and bake one-half hour.

WEBSTER PUDDING.

One cup of molasses, one cup of buttermilk, half cup melted butter, half cup of brandy or wine, one teaspoon of soda, one teaspoon of cinnamon, cloves and a little nutmeg, one pound currants and a little salt. Mix as soft as pound cake and steam or boil two hours. Hard or wine sauce. What is left can be steamed over and over. This receipt may be reduced by one-half.

MAY ABOLISH COMMUNION CUP IN TORONTO CHURCHES

(Toronto Telegram).

From the books and things at present in the Medical Health Department the single communion cup in Toronto's churches will be the next item of the old regime to fall before the medical health department. "Of course," said Doctor Hastings, when he discussed the matter with The Telegram, "this might be considered as a mere drop in the bucket in the matter of disease communication, but when you consider that some churches have a regular communion service every Sunday and that sometimes a few hundred persons partake the various sides of the question becomes apparent."

"What type of disease would be liable or subject to transportation by this means?" he was asked. "Tuberculosis and

diphtheria could be carried by this means. Of course if our investigation should show that this matter be carried out we would probably meet with considerable opposition from the churches that cling to the old forms, but we would have ample grounds to back up any movement of this kind on our part. "After all," said the doctor, "the individual cup is by far the best method of conducting this service."

PLAYGROUNDS MATTERS ARE PLACED BEFORE COMMISSIONERS

A committee from the St. John Playgrounds Association met with the city commissioners yesterday afternoon and discussed matters in connection with the grant of \$10,000 for which the association has applied in order to open up new neighborhood playgrounds in different parts of the city. Another grant of \$2,000 was asked for in order to improve the Rockwood athletic field.

The committee explained the programme of an athletic field. The commissioners seemed to favor the plans, but it was pointed out that the proposal to construct an athletic field at Rockwood Park would be an expensive undertaking. In the first place the drainage must be provided and it was thought that a great amount of expense would be necessary before the work could be completed. It was finally decided that the services of an expert in the building of playgrounds should be secured before any expenditure is made on the grounds.

The committee which met the commissioners was made up as follows: Walter C. Allison, Magistrate Ritchie, R. H. Bruce, Miss Grace Leavitt and A. M. Belding.

Judge Clarence W. Sessions in Detroit has imposed fines ranging from \$10 to \$100 on the eleven individual and eleven corporation defendants convicted in the trial of the so-called bath-tub trust, for criminal conspiracy in restraint of trade.

QUININE? NO! PAPE'S BEST FOR BAD COLD

First Dose of Pape's Cold Compound Ends Grippe Misery.

It is a positive fact that a dose of Pape's Cold Compound, taken every two hours until three consecutive doses are taken, will end the Grippe and break up the most severe cold, either in the head, chest, back, stomach, limbs or any part of the body.

It promptly relieves the most miserable headache, dizziness, head and nose stuffed up, feverishness, sneezing, sore throat, running of the nose, mucous catarrhal discharges, soreness, stiffness and rheumatic twinges.

Take this wonderful Compound as directed, with the knowledge that there is nothing else in the world, which will cure your cold or end Grippe misery as promptly and without any other assistance or bad after effects as a 25-cent package of Pape's Cold Compound, which any druggist can supply—except no substitute—contains no quinine. Belongs in every home. Tastes nice—acts gently.

NAT GOODWIN SELLS ESTATE

San Francisco, Feb. 18.—To enable him to make the last payment on the money that he agreed to settle on Edna Goodwin, actor, has just disposed of his three realty holdings here.

The property consists of the Lafayette apartments in Sacramento street, a quarter of a block of flats in the Sunset district and an improved residence in B street. At one time it was the intention of Goodwin to build a handsome home on the Sunset lots overlooking the ocean.

A CURE FOR DRUNKENNESS WITHIN THE REACH OF ALL

That Alcoholism is a disease is now recognized by Science. No man in his senses brings disgrace and ruin on himself and family through choice.

Alcure stops the craving for drink, builds up the system, steadies the nerves. It is guaranteed to cure or benefit. No. 1 can be given secretly by any wife or mother waiting to restore a dear one to health and usefulness. Alcure No. 2 is the voluntary treatment.

Can be had at our store only \$1.00 per box. Ask for our free booklet about Alcure.

E. C. Brown, druggist, St. John, N. B.

WIFE SUES LEADING WOMAN IN HUSBAND'S COMPANY FOR \$50,000

New York, Feb. 18.—As a sequel to the application of Mrs. Theodore Roberts, an actress, to defeat his wife's claim for \$50,000 allowance, Mrs. Roberts has filed a supreme court action against Miss Florence Smythe, leading woman for Roberts. She demands \$50,000 for alleged alienation of her husband's affections.

Mrs. Roberts said she had decided not to ask for a divorce, because of her religious belief.

She began a suit for separation and alimony. The court ruled that Mrs. Roberts was entitled to a decree of separation and \$50,000 a week alimony. Roberts declined to pay and was sent to jail, where he is still a prisoner.

I have retained a lawyer to bring a suit for defamation of character against Mrs. Roberts," said Miss Smythe. "I want vindication."

An Knoxville, Ind., man has deposited \$1000 in a bank. He agreed that the interests is to be compounded annually for 200 years. At the end of that time, the fund will total \$18,000,000.

Half of the money is then to be used for the protection of animals. The other half is to be placed at the disposal of the city authorities.

Little Beauty Chats

By BLANCHE BEACON

Rules For the Hair

NINE out of ten women could have pretty hair if they chose, yet, I seldom see a really good head of hair. Why is this? Because the majority of my sex delight in roughing, curling and bleaching it, regardless of the consequences.

What the hair needs—and does not get—is a great deal of care.

If you really desire your crown of glory to be a credit to you, then cut out the following list of hair rules and heed them, not once or twice, but always.

Hair Rules.

Do not dye your hair, as tresses that are either bleached or dyed, are generally fearful and wonderful to behold.

Do not ply your hair brush as if you had a mortal hatred for your pretty tresses. If you do it won't be long before you will be minus a considerable portion of your hair.

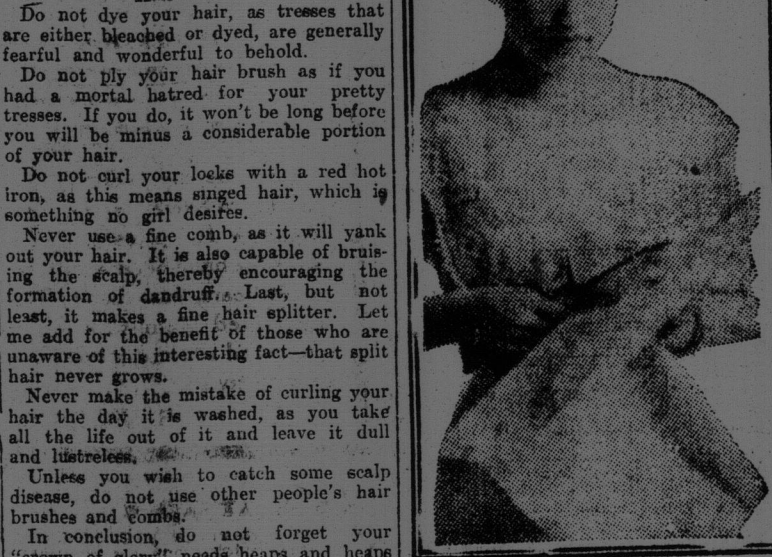
Do not cut your locks with a red hot iron, as this means singed hair, which is something no girl desires to behold.

Do not use a fine comb, as it will yank out your hair. It is also capable of bruising the scalp, thereby encouraging the formation of dandruff. Last, but not least, it makes a fine hair splitter. Let me add for the benefit of those who are unaware of this interesting fact—that split hair never grows.

Never make the mistake of curling your hair the day it is washed, as you take all the life out of it and leave it dull and listless.

Unless you wish to catch some scalp disease, do not use other people's hair brushes and combs.

In conclusion, do not forget your "crown of glory" needs heaps and heaps of attention.



PAYING PROGRAMME FOR THE CITY ADOPTED

Cost Estimated at \$125,000—Men Making Too Free Use of Ladies' Cabin in Ferry

The permanent pavement programme for 1913 was adopted at the meeting of the Common Council yesterday afternoon. The commissioners deferred action on civic matters until all were received. Several matters relating to harbor improvements were dealt with, and it was decided to enforce more strictly the regulations regarding the use of the ferry boat by men.

The commissioners of finance recommended the renewal of grants to the Victorian Order of Nurses, \$200; Horticultural Society, \$6,000; Riverside Park, \$250; Free Kindergarten Association, \$800; Naturalists Association, \$200; N. B. Tourist Association, \$800; band concert, \$700; and Arboriculture Society, \$200. Grants have been asked for the Art Club and the Home of the Good Shepherd and as other applications are expected, the whole list was fought shy of the druggist who offers you a substitute, he is unworthy of your confidence.

Made only in Canada by the R. T. Booth Co., Ltd., Port Erie, Ont. The girl with the Auburn Hair is on every package. All reliable druggists, department stores and toilet goods counters have Parisian Sage Hair Tonic. The girl with the Auburn hair is on every package. All druggists guarantee it.

Every Day Club Lecture

Through the courtesy of the Women's Canadian Club the illustrated lecture, The Gulf and River St. Lawrence, was given before the members of the Every Day Club last evening in the hall, Union street. C. H. Fiewelling operated the lantern by which the pictures were shown and George Scott explained the pictures. There was a large attendance, mostly boys, but the lecture was greatly appreciated.

ROYAL BAKING POWDER

makes

Delicious Hot Biscuit

The most appetizing, healthful and nutritious of foods.

Hot biscuit made with impure and adulterated baking powder are neither appetizing nor wholesome. It all depends upon the baking powder.

Take every care to have your biscuit made with Royal Baking Powder, the only baking powder made from Royal Grape Cream of Tartar, which is chemically pure, if you would avoid indigestion.

The very best receipts for hot biscuits and griddle cakes will be found in the

ROYAL COOK BOOK—500 RECIPES—FREE

Send Address

ROYAL BAKING POWDER CO., NEW YORK.

SHIPPING

ALMANAC FOR ST. JOHN, FEB. 18.

A.M. P.M.

High Tide..... 9.03 Low Tide 3.27

Sun Rises..... 7.35 Sun Sets 5.51

Time used is Atlantic standard.

PORT OF ST. JOHN.

Arrived Yesterday.

Sir Kai-Ora, 4108, McPhee, New York.

J. T. Knight Co., to load for South Africa.

Sir Manchester Importer, 2538, Linton.

Manchester, Wm. Thomson Co., gen cargo.

Sir Cape Breton, 1105, Kemp, Louisburg.

Starr, with coal.

Cleared Yesterday.

Sir Cape Breton, Kemp, Louisburg.

Sir Annie Lord, Merriam, Annapolis.

C. M. Kerrison (bal).

Sailed Yesterday.

Sir Oruro, Bale, West Indies via Halifax.

CANADIAN PORTS.

Sir Louisburg, 1182, Hardt, Louisburg.

Halifax, N. S. Feb 17—Ard, strs Kurak, Libau; Canada, Liverpool; Chester, Manchester.

BRITISH PORTS.

Southampton, Feb 17—Ard, strs New York for Hamburg.

Palmer, Feb 17—Ard, strs Manchester for Liverpool.

FOREIGN PORTS.

Vineyard Haven, Feb 17—Ard, strs New York for Hamburg.

Salem, Mass, Feb 17—Ard, strs New York for Philadelphia.

Philadelphia, Feb 17—Ard, strs New York for Philadelphia.

New York, Feb 17—Ard, strs New York for Philadelphia.

Gertrude, Halifax; Kenneth C. do.

The Best Cough Syrup is Easily Made at Home

Costs Little and Acts Quickly Money Returned if It Fails.

This recipe makes 15 ounces of cough syrup, and saves you about \$2.00 as compared with ordinary cough remedies. Coughs, colds, croup, whooping cough, asthma, sore lungs, asthma, and other throat troubles. Mix two cups of granulated sugar with one cup of warm water, and stir for minutes. Put 2 1/2 ounces of Pinex (4 cents worth) in a 16-ounce bottle, add the Sugar Syrup. Take a teaspoon every one, two or three hours. Tastes good.

This takes right hold of a cough, gives almost instant relief. It cures the appetite, and is slightly a liver-cleansing agent.

Pinex, as perhaps you know, is most valuable concentrated compound of Norway white pine extract, rich in quinine and the other natural balsamic elements.

No other preparation will do the work of Pinex in this respect, although strychnine can be used instead of the syrup, if desired.

Thousands of housewives in the U. S. and Canada buy use this Pinex and Sugar Syrup recipe. This plan often been imitated, but the old sure formula has never been equalled. Low cost and quick results have made it immensely popular.

A guarantee of absolute satisfaction is promptly refunded, goes with the recipe. Your druggist has Pinex, or it is for you. If not, send 50 cents to Geo. B. Davis, Inc., 100 West 40th St., New York, N. Y.

Send 10c. in postage for sample and booklet To The Herpicide Co., Dept. H., Detroit, Mich.

Can't Get Away From It

When You Buy Tea or Coffee, You Buy Caffeine

—and caffeine is the subtle but vicious drug in tea or coffee that irritates the heart, impairs digestion and upsets the nerves.

Each cup contains from 1 1/4 to 3 grains of this habit-forming, health-destroying drug.

So far as known no tea or coffee is sold today (however processed or prepared) that is free from caffeine.

If tea or coffee is "getting" you, and if you wish to leave the headache, biliousness, indigestion and nervousness of tea and coffee drinking behind, the safe and easy way is to quit and use

POSTUM

This richly flavored table beverage is guaranteed absolutely pure and free from caffeine or any other harmful element.

Postum now comes in improved form called

INSTANT POSTUM

It is regular Postum, percolated at the factory and reduced to a soluble powder. A level teaspoonful in a cup filled with hot water makes a very fascinating beverage instantly.

In thousands of homes Postum has won its place at table by bringing health, comfort and satisfaction.

"There's a Reason"

For sale by grocers everywhere.

Canadian Postum Cereal Co., Ltd., Pure Food Factories, Windsor, Ont.

LEFT ALL TO HIS WIFE

London, Feb. 18.—"Everything I possess I leave absolutely to my wife, Nellie Martin, whom I appoint my sole executrix."

Such is the brief will, written by Bradley Martin, of New York and London, who died on February 6. The slip of paper, yellow with age, is dated 1872. So far more than forty years Bradley Martin had testament in which he expressed so simply, yet completely, his affection for his wife and his confidence in her.

LACK OF CARE WILL RUIN THE MOST BEAUTIFUL HAIR

Save It With Herpicide

Avoid from combing it when they think necessary many people give no attention whatever to their hair. Then when the hair begins to fall out it never occurs to them that their trouble is the result of personal carelessness.

An occasional application of Newbro's Herpicide will not only prevent loss of hair, but permits a luxuriant growth by which the pictures were shown and George Scott explained the pictures. There was a large attendance, mostly boys, but the lecture was greatly appreciated.

scalp clean and free from dirt, allowing the hair to grow unimpeded by accumulation of dandruff.

Newbro's Herpicide in 50c. and \$1.00 sizes is sold by all dealers who guarantee it to do all that is claimed. If you are not satisfied your money will be refunded.

Applications may be obtained at good barber shops.

Send 10c. in postage for sample and booklet To The Herpicide Co., Dept. H., Detroit, Mich.

You Always SAVE MONEY When You Buy FURNITURE — FROM — J. MARCUS, - 30 Dock St

