POOR DOCUMENT

THE EVENING TIMES AND STAR, ST. JOHN, N. B., MONDAY, NOVEMBER 12, 1917

SPORT NEWS OF THE DAY HOME AND **ABROAD**

CYCLE.

End of Six Day Race.

Look and Feel Clean, Sweet and Fresh Every Day

before breakfast to wash

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dall.

seleep well, look well. What a gloss condition to attain, and yet how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether alling, sick or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, billous spells, stomach trouble, rheumatism; others who have sallow skins, blood disorders and sickly complexions are urged to get 1 quarter pound of limestone phosphate in disease and sickly complexions are urged to get 1 quarter pound of limestone phosphate in the follows and sickly complexions are urged to get 1 quarter pound of limestone phosphate in the stream of the first of the market.

Sometime of the taken steps to carry the battle into the courts in feets of the taken steps to carry the battle into the courts in feets with the National Caput of the United Providence Club, wire to the U

rom the drug store which will cost makes a home-run after the men at the rery little, but is sufficient to make anyone a pronounced crank on the sub-cet of internal sanitation.

The Rochester Club, who be so many weak hearts.

Milburn's Heart and Nerve Pills are top have fouled out," said President of president direct on receipt of price by The T. haven't given it any thought or conid-Milburn Co., Limited, Toronto, Ont.

ligan and Charlette Boyle of this city,
Marion Gibson of Boston, Olga Dorfner,
Gertrude Artelt, Elizabeth Becker, and
Elizabeth Ryan of Philadelphia, Thelma
Darby of Indianapolis, Dorothy Burns
of Los Angeles, Frances Cowells and
Marguerite Brack Smith of San Francisco. In fancy diving the leaders are
Aileen Allen and Grace Burkey of Los
Angeles, Constance Meyer and Thelma
Payne of Portland, Ore.; Helen Pennypacker, Elizabeth Becker, and Florence packer, Elizabeth Becker, and Florence
McLaughlin of Philadelphia, and Josephine Bartlett, Hilda Graf, and Helen
Wainwright of New York. The fair running sore appear on the forehead, on

Contract of the first part of The women's indoor swimming season have developed a winner under the conditions which is under way in most districts and will open here next Saturary, says the New York Times, with a meet in the Brighton Beach Winter pool, lastingly too late and there were other promises to make history. meet in the Brighton Beach Winter pool, lastingly too late and there were other defects that it took time to remedy.

The brilliant performances of last summer, when three American mermaids working smoothly. The players are strongly "for him." There isn't a man dozen others came dangerously close to standard marks, arouse the belief that the coming months may land America's offered his very best services. Baseball players, like all men, must be in the international heap.

With very few exceptions the leaders in the United States are girls ranging in age between fifteen and twenty-one, whose rapid improvement is to be counted upon, and they will this season have every epportunity and inducement to show their best paces. Water sports for women have attained such widespread popularity that many cities plan carnivals at which championships or other important events will be featured, and the promoting organizations have already taken stens to secure the appearance of

Oppose The New

and sickly complexions are urged to get "Sometimes it is the fellow down in people would take them there would not quarter pound of limestone phosphate the list, like the Rochester Club, who be so many weak hearts.

"Lifer" Fled Prison

RUNNING SORES

MONCTON THEATRE

important events will be featured, and the promoting organizations have already taken steps to secure the appearance of the stars of all sections, so there is assurance of competition aplenty, in which rivalry and ambition should lead to far greater feats than accomplished heretofore.

The Times continues:—Among the girl swimmers likely to figure in the title tests at various distances are Claire Gal
Many Nagnates

When his methods have been open to circlicism, but for the most part he has been doing good work.

Pittsburg fans, the fairest in the world, are going to travel along with the new manager and are going to accord him their hearty support in his efforts to re-establish the greatest city in the world as one of the real baseball centres of the universe. Here's our best wishes, Hugo, our best wishes, Hugo building after the closing time.

Upon the impulse of the moment, Mrs. Davidson grabbed for the telephone to call for help, but it was snatched from her grasp, thrown on the floor and put out of commission. Then she started to scream, but the men caught her and put a gag in her mouth. Then they proceed-

a gag in her mouth. Then they proceeded calmly to go through the office and they found little difficulty in getting what they wanted. It is not known what

Baseball League

What they wanted. It is not known what amount was stolen.

Mrs. Davidson suffered considerably as a result of her experience. Aside from the nervous strain due to the excitement she has several marks and bruises about the head.

Mrs. Davidson is a sister of Mrs. H. J. Sheehan of this city.

NERVES ALL GONE

To Prove Innocence

Coast-te-Coast Search for Witness

heard of the witness, and the jury, after deliberating fifty-eight hours, found him guilty. He was sentenced to Atlanta for In prison MacDonald's ability as an

Would Hold Head Down
Face Was Such a Sight

To Tive limited lite

The state of work for the warden. He became an expert in the Bertillon system, and was one of the most trusted convicts in the place. However, he never forgot the man who, he believed, could, if he would, free him, and every dollar he made he saved against the time when he should have an op-

IN NEW LEAGUE

New International Proposed-May Leave Out Some American Cities And Include Canadian

VINOL MADE THIS



DO you pay a man to shave you every day?
Then you're lucky if it doesn't cost you more than the price of a \$50.00 Victory Bond a year! .

This shaving outlay might be \$50.00 well spent if it saved some of your own valuable time. But on the contrary it takes three or four times as long to get shaved away from home, as to shave yourself with a Gillette Safety Razor. You're not only wasting your money but your time as well-and you are taking up part of another man's working hours which should, under present conditions, be spent at something of greater service to the nation.

extra \$50.00 Victory Bond for each year that the Gillette has saved that much for you!

If you haven't been "banking" money this way, buy both a Gillette and a Bond now, and let one pay for the other! Do the same for your son, as a double lesson in practical patriotism and self-reliant thrift.

Dividends will be double, too-from the Bond in cash, and from the Gillette in such shaving comfort as can be secured in no other way. NOW is the time to make the investment!

Buy your Bonds from your Banker, Broker or Local Committee. Buy your Gillette from your Druggist, Hardware Dealer or Jeweler.