



"THIS CAKE IS SURE TO BE GOOD"

Good mixing makes good cake and Lantic Sugar, on account of its "Fine" granulation, mixes quickly with the butter, making a rich creamy batter.

Lantic Sugar

is the best for baking, preserving and the table.

It comes to you pure and clean, just as it was packed at the refinery, no hand touches it but your own.

2 and 5 lb. cartons. 10, 20 and 100 lb. bags

"The All-Purpose Sugar"

Made from pure cane

Send a red ball trade-mark, cut from a Lantic bag or carton and we will send you a free copy of the Lantic Sugar Cook Book, with many new recipes for delicious sweets.

Look for the red ball trade-mark on each package

Address—Dept. C.M., ATLANTIC SUGAR REFINERIES, Ltd., Power Building, MONTREAL

*"Spreads
like Butter."*



THE Ingersoll TRIO

Here is a delicious trio—prepared from the finest ingredients money can buy. Each has a characteristic flavor and can be used in innumerable dainty ways.

Ingersoll Cream Cheese

is a *real* cream cheese—rich in cream—pure and nourishing—far nicer than ordinary cheese. 15c. and 25c. a package.

Ingersoll Pimento Cheese

Pure INGERSOLL CREAM CHEESE and sweet Spanish Pimentos. Very appetizing. 10c. and 15c. a package.

Ingersoll Green Chile Cheese

Pure INGERSOLL CREAM CHEESE with spicy California Green Chile. Piquant and tasty. 15c. a package.

The Ingersoll Packing Co. Ltd.
Ingersoll, Ont.

*"Made in
Canada."*

