

families, and relinquish these practices in tact on their return; and all free of charge. Of such acts Emerson was right when he said:

O friend, my bosom said,
 Through thee alone the sky is arched,
 Through thee the rose is red;
 All things through thee take nobler form,
 And look beyond the earth.

ARMY SANITATION.

It was with pleasure we noted that every precaution was being taken to safeguard the health of the Canadian contingent. Sir William Osler, who has the happy faculty of saying the right thing at the right time, in his fine epigrammatic way, tells us that "bacilli kill more soldiers than bullets."

With the view of securing as much safety against disease and infection, arrangements were made whereby Dr. Nasmith, from the Toronto Health Department, goes abroad with the troops. In the Russo-Japanese war, the success of the Japanese army was in a very large measure due to the care given to every sanitary detail.

Experts went in advance of the army and tested the water supply, marking what was good and what was bad. The moment a case of typhoid appeared the sufferer was at once removed entirely away from the army, so that infection could not be spread.

That Dr. Nasmith will do excellent service there need be no fear. It is the cruelty of war to lose men by shot and shell; but it is a shame to lose them by infection. Homer was right when he sang in the Iliad:

A wise physician, skilled, our wounds to heal,
 Is more than armies to the public weal.

THE RED CROSS SOCIETY.

This society works with the regular army medical services. It is non-militant and impartial in its administration of the care of sick and wounded soldiers. It has no friends or foes, and is international. A white band with a red cross is the sign adopted by all countries.

In former wars wounded men would lie on the field until the battle was over. This was most disastrous in many cases. The French army was the first to introduce a system of field ambulance work, a plan which was soon adopted by other countries.