



MAGIC BAKING POWDER
CONTAINS NO ALUM

Honor Roll, Company 149 Batt.

Lieut. W. H. Smyth, Headquarters
Ottawa.
Lieut. R. D. Swift, Scout Officer.
Sergt. W. D. Lamb
Sergt. M. W. Davies
Sergt. S. H. Hawkins
Sergt. E. A. Dodds
Sergt. W. C. McKinnon
Sergt. Geo. Gibbs
Sergt. H. Murphy
Sergt. C. F. Koche
Corp. W. M. Bruce
Corp. J. C. Anderson
Corp. J. Menzies
Corp. S. E. Dodds
Corp. H. Cooper
Corp. C. Skilwell
Corp. C. E. Sisson
L. Corp. A. I. Small
B. Q. S. - B. C. Culley
C. Q. S. - C. McCormick
Pte. A. Banks
Pte. F. Collins
Pte. A. Dempsey
Pte. J. K. Garrett
Pte. H. Jamieson
Pte. G. Lawrence
Pte. R. J. Lawrence
Pte. C. F. Lang
Pte. W. C. Pearce
Pte. T. E. Stillwell
Pte. A. H. Lewis, Band
Pte. G. A. Parker
Pte. A. W. Stillwell
Pte. W. J. Saunders
Pte. A. Armond
Pte. W. C. Aylesworth, Band
Pte. R. Clark, Bugler
Pte. S. L. McClung
Pte. J. McClung
Pte. C. Atchison
Pte. H. J. McFeley
Pte. H. B. Hubbard
Pte. G. Young
Pte. T. A. Gilliland
Pte. D. Bennett
Pte. F. J. Russell
Pte. E. Mayes
Pte. C. Haskett
Pte. S. Graham
Pte. W. Palmer
Pte. H. Thomas
Pte. F. Thomas
Pte. B. Tremouth
Pte. E. A. Shaumessy
Pte. W. Zavitz
Pte. W. J. Sayers
Pte. Lot Nicholls
Pte. John Lamb
Pte. Edson Fowler
Pte. E. Cooper
Pte. F. A. Connelly
Pte. P. Whitman
Pte. Edgar Oke
Pte. White
Pte. McGarrity
Pte. Wilson
Pte. Richard Watson, Can. Engineer.
Pte. L. H. Aylesworth, Band.

Made the Supreme Sacrifice

WATFORD AND WARWICK
Lt.-Col. R. G. Kelly
Capt. Thos. L. Swift
Sergt. Major L. G. Newell
Pte. Alfred Woodward
Pte. Percy Mitchell
Pte. R. Whalton
Pte. Thos. Lamb
Pte. J. Ward
Pte. Sid Brown
Pte. Gordon Patterson
Pte. F. Wakelin, D. C. M.
Pte. T. Wakelin
Pte. G. M. Fountain
Pte. H. Holmes
Pte. J. Stillwell
Pte. Macklin Hagle
Sergt. Clayton O. Fuller
Gunner Russell Howard Trenouth.

A Power of its Own.—Dr. Thomas' Electric Oil has a subtle power of its own that other oils cannot pretend to, though there are many pretenders. All who have used it know this and keep it by them as the most valuable liniment available. Its uses are innumerable it has been praised as the leading liniment for man and beast.

Graham cracker with fuge filling are food for little girls' lunch boxes.

To clarify fat, cut the fat into small pieces, cover with cold water and cook slowly until the fat is melted and the water almost evaporated. Then strain and press all the fat from the scraps. When cool remove the cake of hard fat.

A safety pin makes a very good bodkin. Fasten the pin in the end of the ribbon, put the pin in the keeper and it is ready for use.

Women who wish to keep hair and hands nice about their housework should not hesitate to wear gloves and cap as often as occasion demands.

Asthma No Longer Dreaded.—The dread of renewed attacks from asthma has no hold upon those who have learned to rely upon Dr. J. D. Kellogg's Asthma Remedy. So safe do they feel that complete reliance is placed on this true specific with the certainty that it will always do all that its makers claim. If you have not learned how safe you are with this preparation at hand get it today and know for yourself.

A PEOPLE OF CONTRASTS.

Italians, Like Their Land, Endowed With Great Physical Charm.
Province by province Italy manifests a varying charm and the people differ as widely as their surroundings. The hot blooded southerner observes a different standard of morals and hygiene, and is generally less dependable and industrious than his northern brother. Both are gifted with the black eyes and hair and the swarthy complexion as a race that is a general characteristic of the Latin peoples. But the Italian is, broadly speaking, like his country, endowed with a physical beauty and charm beyond that of most of his fellows.

In the north, however, there are exceptions—fair haired and reddish men and women, who seem strangely out of place among their dark neighbors. Cool, temperate exotics they are among the higher colored growths that somehow seem so tropical, with their sultry smiles and fathomless, mysterious eyes, in which forever broods the shadow of the purple mountains that always and everywhere dominates all Italy, even to the delightful carabinieri, or rural guards, those Napoleonic looking officials who parade always solemnly in pairs, hangers at their sides, cockades in their black beavers, the majesty of the law in every line and footstep. National Geographic Magazine.

BUSINESS SIGNBOARDS.

They Were Used at First Only by the Inns and Taverns.

The first tradesmen to adopt the use of signs were the innkeepers, and from earliest times in England and on the continent the taverns of town and country were distinguished by signboards bearing the names of the hostleries. It was not until the sixteenth century that merchants dealing in other than liquid refreshments began to erect signs over their doors.

Once started the custom spread rapidly, and the seventeenth century was a period of prosperity for the sign painters of England. Even in London the houses and shops were not numbered, so a tradesman's place of business could only be known by a sign. The ingenuity of the merchants was taxed in such a city as London to provide an original sign that would stick in the memories of passersby.

A man starting in business considered a striking sign his most important investment. These signs, often huge in size, were sometimes slung entirely across the street. As they grew old they occasionally fell and thus became a source of danger. Such signs were prohibited by parliament in the year 1762, and after that merchants had to be content with more modest signs placed flat against the fronts of their buildings.

Whistler Was a Dandy.

If taking infinite pains with his appearance means dandyism, then Whistler was a dandy. The very word pleased him, and he used it often, in American fashion, to express perfection or charm or beauty. Never was any man more particular about his person and his dress. He was as careful of his hair as a woman, though there was no need of the curling tongs with which he has been reproached; the difficulty was to restrain his curls and keep them in order. The white lock gave just the right touch. However fashion changed, he always wore the mustache and little imperial which other West Point men of his generation retained through life. Even his thick, bushy eyebrows were trained, and they added to the humorous or sardonic expression of the deep blue eyes from which many shrink. Pennell's "Life of Whistler."

Epitaph of a Cynic.

John Goodman of Sutton, Surrey county, England, was a cynic. His own will convicted him of so being. He directed in this document that no woman be allowed in his funeral cortege. And on his tombstone he bade that the following verse be carved:
Farewell, vain earth, I've had enough of thee,
And now am careless what thou say'st of me.
Thy smiles I care not, nor thy frowns I fear.
My care is past, my head lies quiet here.
What faults you see in me take care to shun
And look at home, enough is to be done.

Photographic Films.

The photographic film was developed in the larger sense by the Rev. Hannibal Goodwin. This man made possible moving pictures. Goodwin died poor—poorer than if he had never invented anything—after a long fight in the courts with a photographic company that fought his right to obtain a patent.

Worms sap the strength of a man, and then by using McCreary's Worm Exterminator to drive out the parasites.

One way of snoring is to eat an old hen is to make her eat a pie. This allows the and which prevent the ch...

ROLL OF HONOR

Men From Watford and Vicinity Serving the Empire

27TH REGT.—1ST BATTALION
Thos. L. Swift, reported missing, since June 15, 1915, Rich. H. Stapleton, Bury C. Binks, L. Gunn Newell, killed in action, Arthur Owens, F. C. N. Newell, T. Ward, Sid Welsh, Alf Woodward, killed in action M. Cunningham, M. Blondel, W. Blun, R. W. Bailey, A. L. Johnston, R. A. Johnston, G. Mathews, C. Manning, W. G. Nichol, F. Phelps, H. F. Small, E. W. Smith, C. Toop, C. Ward, J. Ward, killed in action, F. Wakelin, D. C. M., killed in action, T. Wakelin, wounded—missing, H. Whitsitt, B. Hardy.

PRINCESS PATRICIA'S C.L.I.
Gerald H. Brown

18TH BATTALION
C. W. Barnes, Geo. Ferris, Edmund Watson, G. Shanks, J. Burns, F. Burns, C. Blunt, Wm. Auterson, S. P. Shanks.

2ND DIVISIONAL CAVALRY
Lorne Lucas, Frank Yerks, Chas. Potter.

33RD BATTALION
Percy Mitchell, died from wounds Oct. 14th, 1916; Lloyd Howden, Geo. Fountain, killed in action Sept. 16, 1916, Gordon H. Patterson, died in Victoria Hospital, London.

34TH BATTALION
E. C. Crohn, S. Newell, Stanley Rogers, Macklin Hagle, missing since Oct. 8, 1916; Henry Holmes, killed in action Sept. 27, 1916, Wm. Manning, Leonard Lees, C. Jamieson.

29TH BATTERY
Wm. Mitchell, John Howard.

ANTI-AIRCRAFT
Gunner Woolvet

70TH BATTALION
Ernest Lawrence, Alfred Emmerson, C. H. Loveday, A. Banks, S. R. Whalton, killed in action Oct. 1916, Thos. Moyers, Jos. M. Wardman, Vern Brown, Sid Brown, killed in action Sept. 15, 1916, Alf. Bullough, C. F. A., Corp. V. W. Willoughby.

28TH BATTALION
Thomas Lamb, killed in action.

MOUNTED RIFLES
Fred A. Taylor

PIONEERS
Wm. Macnally, W. F. Goodman.

ENGINEERS
J. Tomlin

ARMY MEDICAL CORPS
T. A. Brandon, M. D., Capt. W. J. McKenzie, M. D., Norman McKenzie, Jerrold W. Snell, Allen W. Edwards.

135TH BATTALION
N. McEachlan.
3RD RESERVE BATTERY, C.F.A.
Alfred Levi

116TH BATTALION
Clayton O. Fuller, killed in action April 18th, 1917.

CONSTRUCTION UNIT
Arthur McKeecher

196TH BATT.
R. R. Annett.

70TH BATTERY
R. H. Trenouth, killed in action on May 8th, 1917; Murray M. Foster.

142ND BATTALION
Austin Potter.

GUNNER
Russ. G. Clark.

R. N. C. V. R.
John J. Brown

ARMY DENTAL CORPS
Elgin D. Hicks, H. D. Taylor.

ARMY SERVICE CORPS
Frank Elliot, R. H. Acton.

98TH BATTALION
Roy E. Acton.

64TH BATTERY
C. F. Luckham.

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Kerwood Ontario

Why a Hen Cackles

The hen cackles because she is glad. She is glad because she has just accomplished something which she was put on earth to do. If you study the life on earth carefully with this in mind, you will discover that all kinds of life give expression in some form of gladness, when they have performed the things they are on earth for, we are told by the Book of Wonders. It's the hen's way

of expressing herself and letting the chicken world know. The dog wags his tail when he is pleased; boys and girls jump up and down when they are pleased, whether they have been doing anything commendable or not. No doubt also the actual laying of the egg causes some discomfort to the hen and the corresponding feeling of gladness would come naturally after the discomfort disappeared.



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