

CORRESPONDENCE COLUMN.
HELPS FOR HOME-KEEPERS.
RECIPES AND STYLE NOTES.

A PAGE FOR WOMEN

BRIGHT ARTICLES DAILY ON
WOMEN'S INTERESTS AND
ACTIVITIES HERE AND THERE

KATHERINE LESLIE'S HOME CHAT



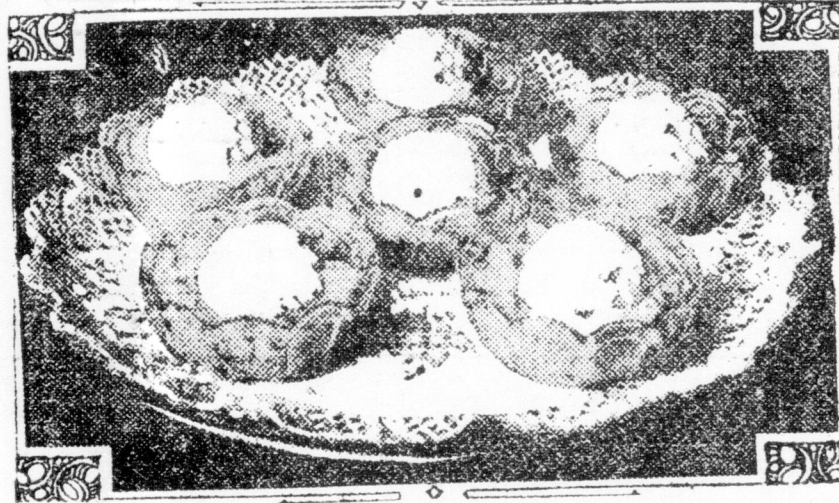
THE IMPROVED DRESS SHIELD.

Now as to 60 cents—but anyone can do the lace trimming herself, though, for the extra ten cents, it is hardly worth the trouble to do it one's self.

Another device for making the dress shield a more attractive article is to incorporate it in a brassiere—or tight fitting corset cover, cut in shape like the old-fashioned basque, crossing in the back and tied in front with tapes. The brassiere is made of both coarse and fine mesh according as one can afford it. When perfectly fitted, and cut in a point front and back at the neck, it is bound round with white tape or ribbon, and the dress shield firmly sewed into the net, leaving loose only the crescent that slips into the sleeve. This again is held to the arm with a lace-covered elastic. The brassiere, thus made, is put on directly over the corset, and over this corset cover is worn. It is a cool, snug, and very excellent method of keeping the dress shield in place. If liked better, the brassiere may be made of all over embroidery or fine batiste lace inserted and edged. But in this case the shield should be merely tacked in, so that it may be easily removed for washing.

SNOW APPLES FOR DESSERT

Caroline Coe's Tested Recipe.



Snow apples for dessert are dainty, delicious and—best of all—very cheap. Rice is stewed with milk and seasoned with sugar and vanilla to taste. With a spoon form round shapes of the rice and add to this apple juice. On top of the rice balls put whipped cream and keep on ice for at least four hours before serving.

PROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn as they are received. No letters can be answered privately.]

At an Afternoon Wedding.

Dear Miss Grey: Would you please inform me how a young boy of 15 years should dress to go to an afternoon wedding? I am wearing long trousers. An early answer will be appreciated. ANXIOUS.

A.—If the affair is a very stylish one you should wear the regulation frock coat, gray trousers, silk hat, gray gloves and necktie. However, if you do not possess these garments and are not in a position to get them, your very best Sunday suit, with nice gloves, and a boutonniere, will answer.

She's Just Fourteen.

Dear Miss Grey: I am going to ask you a few questions:

1. What time should a girl of 14 or 15 be in at night?
2. I am 14 years old, 5 feet 2 inches high. How long should my dresses be?
3. What do Gladys, Marjory, Addie, and Gertrude mean?

Hoping to receive an answer soon, yours truly, KIDDO.

A.—1. Nine o'clock.
2. Eight inches from the floor.
3. Gladys, charming; Marjory, derived from Margaret, meaning a pearl; Addie, from Adeline, a princess; Gertrude, spear-maiden.

"He May Ring Up."

Dear Miss Grey: I invited a young man to my house the other evening, and he did not come. He has not even rung up to let me know why he did not come. He has taken me to numerous parties, where I have always had a very nice time. He seemed very attentive. Last night a friend of mine rang up and told me she was going to a party with him. If he wants me to go out with him what should I say to him? I have been going with him since November, 1911, and have been going out with him to theatres and parties quite often. I am a young lady attending high school, and I have

The Poets' Corner

THE WORLD: A GHAZEL.

To this khal, and from this khal,
How many pilgrims came and went,
In this khal, and by this khal,
What arts were spent, what hearts
were rent, too!
To this khal, and from this khal
(Which for penance man is sent to),
Many a van and caravan
Crowded came, and shrouded went,
too.
Christian man and Mussulman,
Guebre, heathen, Jew and Gentoo,
To this khal, and from this khal,
Weeping came, and sleeping went,
too.
A riddle this, since time began,
Which many a sage his mind hath
bent to,
All came, all went; but never man
Knew whence they came, or where
they went to.
—James Clarence Mangan.

A PRETTY COSTUME

For the young girl just out of school there is nothing prettier than the little frock illustrated today. It is of pink and white striped silk, with a little coat and pleated ruffle about the bottom of American Beauty charmeuse. On the waist is a white lace bertha which crosses in a front surplice fashion and ties in the back with ends that reach to the bottom of the skirt.

A white tulle hat trimmed with white roses and a band of black velvet on the rim is a girlish head covering to wear with this costume.

Don't forget to carry a parasol, as everyone is carrying them this summer. Either a black or black and white will look well with this or any other summer dress.



Children's Dresses Pretty and Simple

Children's dresses are always supposed to be "no trouble at all," and yet the more ideas one puts into them the more attractive they are. A little frock worn the other day by a sweet little miss showed a very good idea—good in various ways. It was a simple little kimono rig; the remarkable part of it being the shoulder seams.

These were not seams at all, but rather were finished off with facings. On the front piece were buttonholes, while along the sides of the back there were rows of buttons. These buttoned easily, the buttonings running from the neck (there was no collar) to the ends of the elbow sleeves. The dress was thus easily put on.

Also it greatly simplified the ironing. Touches of embroidery add greatly to the little dresses. A pretty one that belongs to a certain dear little girl is of gingham in shades of blue and white. The collar, cuffs, shield and belt are of plain blue gingham, matching one of the bars in the plaid, and all of these are more or less embroidered in white and also broadly buttonholed in it.

A checked gingham (a broken check), in brown and white is very attractive. The brown gingham is very attractive. The accessories in this case are of the plain brown gingham, not a dark shade. The brown is embroidered in white bow knots. Instead of buttonholing the collar and cuffs of this one, mamma found some dark tan embroidery, the edge being done in white. This is just set in narrowly along the edge and appears to have been buttonholed by hand.

A House Surgeon's Duties.

Dear Miss Grey: Would you please publish in your column the duties of a house surgeon at Victoria Hospital? Thanking you in advance, I remain, A SUBSCRIBER.

A.—You would obtain so much more satisfaction to get the information direct that I should advise you to write the superintendent regarding the matter.

Daily Menu

WEDNESDAY. BREAKFAST.

Popovers. Coffee.

DINNER.

Veal Cutlet, Brown Gravy.

Mashed Potatoes.

Lettuce with Dressing.

Lemon Bread Pudding.

SUPPER.

Shrimp Salad.

Pineapple. Coffee Cake.

Tea.

Lemon Bread Pudding—Soak one cup of bread crumbs one hour in one pint of milk. Add one-half cup sugar, the grated rind of one-half lemon, and the beaten yolks of two eggs. Bake slowly about one-half hour. Cool and place on ice. Just before using beat the whites of two eggs stiff, add juice of one-half a lemon and a little sugar. Place the meringue on the pudding and brown in the oven. Cool quickly and serve.

Daily Healthogram

Hot weather warns us to take greater care than usual in selecting the milk supply for the family. If there is any question in your mind, and you cannot change the brand to a better one, bring the milk to a boil before using.

In English Gardens

Gardens ought to be used more. People ought to live in them, read in them, eat in them, play in them, sleep in them, entertain friends in them. A small, comfortable, well-furnished, well-kept garden (immediately adjoining the dining-room), with proper facilities for these various activities, becomes an extension of the house itself. It ought to be the best room in the house—at least all summer. One who goes from America to visit the gardens of the old world, especially the home gardens of England and Germany, is most immediately and strongly impressed with the spirit of privacy which he finds there. The whole garden is apt to be surrounded by a high wall of masonry, and every access is guarded jealously. In the garden one is quite safe from intrusion as in the master's den or the mistress' boudoir. It is very different from the American town-lot garden, wide open to observation from the street, published broadly to all the neighbors' windows, especially the kitchen and bedroom windows, and subject to visit at any moment from the grocery dealer, the plumber, the coal dealer, the laundry boy, or any other errand body. Why, the privacy of English and German gardens is so great as to make them favorite places of "engaged couples!"—Women's Home Companion.

BENEFITS OF FRUIT.

The apple is one of the greatest fruits. Stewed, baked or eaten with a little salt, it is nourishing, antiseptic and a great stimulant to the appetite. Since a large amount of carbohydrate is present, it should be thoroughly masticated. Berries are important in food value and also medicinally. They are laxative (except blackberries), and contain mineral salts which have a counteracting effect on acids in the blood. They are, therefore, beneficial in cases of gout and rheumatism on account of the potash, lime, soda and other salts in their chemical composition. The main point to be observed in the eating of ripe fruit is that it be cleaned, that the protective skin be not eaten and that

"The Mental 'Health' of Your Baby Is Fully as Important as Its Physical Health"

[BY DR. MARGARET VAUPEL
CLARK.]

Children must early learn to understand that everything in this world into which they have been thrust is governed by laws. Any infringement upon these laws will be followed by evil consequences.

It is sometimes thought rather funny when a tiny mite of a baby defies some one who is twenty times his size. But those who laugh at him should remember that the child who does not learn early in life to obey will probably make an unprofitable citizen. When making for points the babies who are brought to me, I place tractability at five, which makes it of just the same importance as disposition, and only one point behind intelligence. It does not make a baby intelligent a child is, if it is not tractable. Its fine intellect will be more probably a hindrance than a help.

The other day I was riding on a street car and a pretty young mother got on with the daintiest doll of a baby girl in her arms. I was just thinking what a beautiful child it was when it began to yell. I looked up startled and found out that it was making a fuss because its mother had through the summer months. Every seated herself, expecting the child would either sit beside her or on her lap. But the baby would not be pacified until the mother rose and stood in the aisle of the car and held the un-



Fashion Delights in Progress

YOU'LL find this store abundantly filled with the newest of Summer Merchandise. You'll enjoy shopping at this big, cool, daylight store. You'll appreciate the attention given you by a willing staff of experienced salespeople, who are ever ready to help you solve that perplexing question, "What Shall I Wear?"

Here Is a List of Reliable Goods Reduced in Price for This Week's Selling

Silks
75c and \$1.25 yard values... 39c and 85c

Dress Goods
One table worth to \$1.25 yard, for... 49c

Parasols
We've a manufacturer's stock to clear at wholesale prices... 75c to \$4.50

Hosiery
40c Lisle Hose at... 30c
150 dozen Lisle-Finish Hose 2 pairs for 25c

Gloves
Long Silk Gloves this week at, pair... 50c, 75c and \$1.00

Whitewear
Gowns, \$1.00. Drawers, 29c. Corset Covers, 25c. Skirts... \$1.25

Shirt Waists
Special values at... 75c, 98c and \$1.25
\$3.00 Kimonos for... \$1.98

Millinery
200 new \$3.00 and \$3.50 Straw Shapes on sale at... 65c

Ready-to-Wear
A few Suits at clearance prices. Big values in Raincoats, \$5, \$9 and \$12. The prettiest Summer Dresses in London.

BULGARIAN
SILKS,
27 INCHES
WIDE,
65c Yard.

Kingsmills

COTTON
FOULARDS,
ALL COLORS,
18c to 40c Yd.

Quotations of the Hour

SONIA LEATHES (in Toronto Globe): "By abolishing the systematic traffic in women, by establishing a universal minimum wage, and by stricter legislation and administration of existing laws against the share which is taken by men in the whole fabric of prostitution, our police courts and prisons will be practically emptied of women's presence."

MISS CONSTANCE BOULTON (addressing Women's Canadian Club of Vancouver): "This (immigration) is a tremendous problem in Canada. People are crowding in from every part of the world, and the schools are unable to cope with the rapid increase of population. Education in Canada is losing its high standard because of the high pressure on our school system. There are not enough teachers to go round. An expert on the educational question recently remarked that the illiteracy in Canada was assuming serious proportions."

KINGSTON STANDARD: "At the Ascot races the cables tell us that no freak frocks were revealed, but that the dresses 'were mostly of soft, refined colors and black and white.' This will be interesting to the ladies. It will be interesting also to the men, since it indicates a return to the simple life—in dress."

A woman can think the baby has a bright way of yelling.

THE SEVEN FOALS

AS TOLD BY AUNT GERTIE.

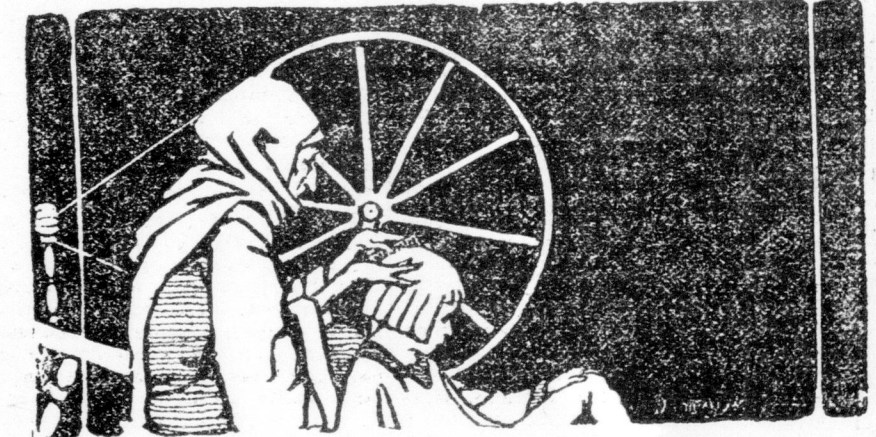
CHAPTER II.

Well, this is what happened! Son, the second, decided he would try his luck in finding work to do. Moreover, he decided to try in the SAME place and at the SAME job at which his brother had failed the day before!

Both father and mother were very sorry that their second son should do this, for they feared he would fail, too, and get the same sort of punishment from the King the first son did.

"Come hither, come hither," said the witch, when she saw son, the second, approaching. "I will comb your hair all day. You shall rest on this soft grass cushion, and in the evening you may go back when the foals come by this way. It will save you many weary miles of running. Do stay."

The second son looked at the cool seat, and the big rock which sheltered the witch from the hot sun, and he decided to stay. At night he followed the foals home again to the King.



But the second son could not be persuaded to stay at home. He would go! He found the King, as his brother had found him, sitting on the beautiful palace porch. The King made the same query of him that he did of his brother the day before. And then he made him the same offer or work.

Son, the second, agreed, as son the first had done, and started off in the gray of the following morning to follow the foals!

After he had run and run and run, till his feet were sore and his tongue parched with thirst, he came upon

"Did you watch the foals faithfully? Can you tell me what they had to eat and drink?" he asked. The second son pulled out a flask and a clog, as the first son had done. Immediately the king grew furious and proceeded to make three stripes on the boy's back! He ran crying home to tell his father and mother what had befallen him.

Do you think the third son would try after the first two had been treated so badly?

We shall have to wait till tomorrow to see.

To Be Continued.

WHAT AM I?

I am not of flesh and blood,
Yet have I many a bone;
No limbs, except one leg,
And can't stand on that alone.

My friends are many, and dwell
In all lands of the human race;
But they poke my poor nose into the mud,
And shamefully spatter my face.

Thrust me into each other's ribs,
Sluck me in gutter and rut;
I have never a window, and never a door.

Yet I often open and shut.

Answer—An umbrella.

TELLING IT GENTLY.

The little maid gazed thoughtfully at her father. "Papa," she said, "do you know what I'm going to give you for your birthday when it comes?" "No dear," he answered. "But tell me." "A nice new china shaving mug, with gold flowers on it all round, said the little maid. "But, my dear," explained her parent, "papa has a nice one, just like that, already." "No, he hasn't!" his little daughter answered, thoughtfully, "cos—cos—I've just dropped it!"

After nearly ruining two Panama hats with unsightly and destructive hatpin holes, one woman has asked her shoemaker to put two white eyelets, such as are used on shoes, in the crown of her new Panama, so that, now instead of two holes always growing bigger and bigger or worse still many minute holes, she has two neat ones, which cannot grow bigger and are easily found.

The trouble with a woman whose face is her fortune is that she'll waste it.

SPRING PIE.

Spring Pie.—Wash but do not peel the tender rhubarb, then cut it into very thin pieces. Take one cupful of this fruit and one cupful of hulled and washed ripe strawberries, turn them into a bowl and add one cupful granulated sugar mixed in two level tablespoonfuls flour, then add two tablespoonfuls of cold water, the yolks of two large eggs. Mix carefully together so as not to crush the berries, then fill one very large pie dish or two small ones, which have been lined with rich pastry. Bake in a hot oven until firm in the centre, then cover with a meringue made of the whites of eggs and two tablespoonfuls of granulated sugar, whipped until stiff; brown delicately in a cool oven.

Even if it didn't mean anyways being broke, marriage would still be a more or less serious thing.

TO THE NEWLY-WEDS

Come and let us suggest how to furnish your new home. Our stock of FURNITURE, CARPETS, RUGS, LINOLEUMS and HOME FURNISHINGS is one of the most complete in the city, and we can help you, as we have helped hundreds of others. Come in and get acquainted.

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