the world.

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#### CHATS WITH YOUNG MEN

A SONG OF GLADNESS

Each little day That slips away And finds for thee no pleasure, That steals along Without a song Is just a wasted treasure.

The sands that pass The hour glass And find thee in repining, Marks the lost hours, The freshest flowers Blow when the sun is shining.

Thou shalt not grope For the lost hope Through darkness, dim, unending, Ne'er vain regret Succeeded yet

A broken thread in mending. The chance that's lost Let not the cost Be flowing tears and sighing, When countless more

Are to be had for trying.

So put away Thy cares today And cease thy fate reviling, For Chance eludes The soul that broods

And courts the soul that's smiling.

THE YOUNG MAN'S CHANCE From pulpit and platform much

has been said from time to time on the young man's chance. Much has been written on the subject. But question is after all up to the young man himself. Judge Morgan O'Brien, the head of one of the leading leads to the leading lead to the leading leading lead to the lead to t firms in New York, gives a few useful points in regard to a young law-yer, but which also hold good for any other profession.

It is a mistaken idea," says Judge O'Brien, "to suppose that a young man must have extraordinary talent to become a successful lawyer. Average brains will serve a man so long as he develops character.

And if you ask me how character is developed I can provide the recipe in one compound word-self-denial. Let a young man while he is young satisfy himself with a modicum of

"It is a slow and somewhat painful process—this development of Paul says. Having explained at It is a slow and somewhat paintaste for luxuries. But it pays splendid material and spiritual dividends.

Once character is developed, once a young man of sound, normal mind, with a good brain in a good body, can control all his desires and inclinations, there is hardly any them. thing within reason that he will not accomplish if he sets his mind and energy upon it. No miracles, of course, although in this cut and dried age we can be excused for re-ferring to the spectacular as miraculous-and there are numerous instances I could mention of spectacu-

There is no reason why a young man cannot succeed if he has average intelligence, good character, which of course, depends upon the faithful and conscientious practice of his religion, and a huge appetite for work. There is always an opportunity for such young men, and there will be no necessity for looking lifted midway, and smiled. for a chance, it will meet them at their very doors. This is an age when we need men, real men, not imitations.-True Voice.

### SYMPATHY

A little while ago I was present at one of the most wonderful, most inspiring talks, by a man of manifold experience. It was the most interesting talk I ever listened to in true that "no great thing was ever It positively pained me not lightly won. to be able to write down every word

reminiscences of one of the richest approvingly to another, as he noted lives. Some of them were drinking the energetic manner in which the in the words as though they were lad performed his task.

nectar of the gods. One young man,

"John always does his level best at especially, seemed so afraid he would miss a word that nothing would distract his attention. No matter what happened in other parts of the some were frankly indifferent. One young man looked actually bored, impatient, and was continually looking at his watch as though he wished the ordeal over.

things or hear the same things, or get the same results out of the same experience. One sees with the inner eye, and absorbs knowledge,

world is somebody who can make us do what we would." What a splendid thing it would be if every human being had some level-headed loyal friend who would be frank with him, and show him how much more he is leaving the brass perfectly clean. capable of than he is actually doing.

most of us shows that there is a ser ious lack somewhere. What is it? This is a problem which we must solve if we would give our best service to the world. -Catholic Colum-

# OUR BOYS AND GIRLS

THE TOUR OF A SMILE My papa smiled this morning when He came downstairs, you'see At Mamma; and when he smiled

then She turned and smiled at me And when she smiled at me I went And smiled at Mary Ann Out in the kitchen, and she lent It to the hired man.

So then he smiled at some one who He saw when going by, Who also smiled and ere he knew Had twinkles in his eye; So he went to his office then And smiled right at his clerk Who put some more ink on his pen And smiled back from his work.

So when his clerk went home he smiled Right at his wife, and she Smiled over at their little child As happy as could be;

And then their little child, she took The smile to school, and when She smiled at teacher from her book Teacher smiled back again. And then the teacher passed on one

To little James McBride, Who couldn't get his lessons done No matter how he tried; And Jamesy took it home and told How teacher smiled at him

That very night to play His mother had a smile to spare Which came across my way And then I took it after while Back home, and mamma said: Here is that very selfsame smile Come back with us to bed!"

#### A LITTLE GIRL'S DEFINITION OF CONTRITION

-Ladies Home Journa

The little girl's definition of repent ance is worth recalling at this time when every one feels the necessity of being a more fervent Christian-of rising from the grave of sin and character. It means a wholesale some length what repentance conslaughter of habits of indolence and sists in, the teacher called upon each one of the class to give a definition in his or her own words. A little boy answered that to repent meant to be sorry for all the sins you have done;" which a little girl quickly amended by saying: "Being sorry enough for your sins to stop doing St. Thomas Aquinas himself, who was a master of definitions would undoubtedly have admired this one.-Ave Maria.

### TIME AFTER TIME

Two boys stood close to a number of workmen busily engaged in constructing a building. "That seems like nice work," said one to the other, observingly, as he watched a mechanic driving, with well-aimed force, nail after nail into place.

Yes. I should like to be a carpenter, but I could never have the patience to hit the same nail so many times," answered the other boy.

The workman paused, his hammer would never make a mechanic, then, "since it is only repeated effort that brings good results.

This is true along any line of work you may pursue. The art of accomplishing a task skillfully is not learned of steadfast toil. This ought not to

A boy who, early in life, sets about his work, whatever it may be, in I could not help noticing the expression of the different faces near me as they listened to the marvelous is a born farmer," remarked one man

everything," was the reply.

That is really the secret of the whole matter-our level best, and stopping at nothing short of it. Lately versation.

"Well, my boy," said the gentleman, " of what are you thinking?" Sir," was the answer. "I mean to be a great soldier like you.'

TRY THE MELTING PROCESS

some of Edgar's playmates are not the right sort of boys, she adopts very much the tactics that this untrained girl adopted with the candle She accuses, and declares that this sort of thing is going to stop that very minute. This method is not very successful in bringing about the results she is after, and it puts her brothers affection to a severe test. Some day she is likely to find that it is irretrievably

marred. Sara is another girl with several younger brothers, but it is rare indeed, to hear her scolding any one of them. Sara does not think the boys are perfect, but she tries to win their confidence by tact and kindness, and she is helping them to overcome their faults, as it would be impossi-ble to do if she adopted Esther's tactics. Many a weakness held to the fire of love will drop off of itself.

#### A LYRIC TO THE SACRED HEART

By Rev. Joseph Husselein

Three centuries before devotion to the Sacred Heart of Jesus had begun to spread through the universal Church, St. Gertrude had written of it in words that are the very breath of love. Some one has gathered the symbols that she uses, and each one is a poem in itself. She describes the Sacred Heart as a treasury, a lyre, a golden censer, an altar, a fountain overflowing, and in every other precious way that her love

It is a treasury wherein all riches of virtue and of grace and of happiness are to be found. It is filled with humility and purity, with charity and zeal, and with all the sevenfold gifts of the Holy Ghost. Its doors are not locked, but ever open, and its wealth can never be

It is a lyre touched by the Holy whose sound rejoices the courts of the Celestial Kingdom and the Blessed Trinity on high, while it thrills with a new and wonderful love the hearts of men in this vale of tears.

It is a golden censer whence the odor of all sweetness arises, and where as many perfumes blend as there are races of men for whom the Saviour suffered and died, and for whom that Heart was opened that it might give for them the last drop of its Precious Blood. It is an altar whereon the Faith-

ful place their offerings, the Saints their homage, the angels their acts of reverence, and where the Eternal High Priest made His great oblation Himself that it might be completed for us upon the Cross. It is the fountain overflowing,

whose streams bear refreshment to the souls in purgatory, strengthening graces to the militant souls that combat upon earth, and torrents of delight which inebriate the elect in their Heavenly City.

In it was conceived that prayer of the Lord wherein, as God's own children, we are taught to call on Him in confidence and affection: "Our Father, Who art in Heaven." By it is supplied all the homage due to God which the world has failed to give, and all that love which as Mary's children we have so imper-fectly given her. For Christ is Mary's

was first drawn from hers. "O Jesus, through the Immaculate Heart of Mary, I offer Thee my prayers, works and sufferings of this day for all the intentions of Thy Sacred Heart.'

### PROTESTANTS AND PRAYERS FOR THE DEAD

WAR-BEREAVED FINDING COM-FORT IN CATHOLIC DOCTRINE

(By "M. C. L.") in Edinburgh Herald At a Church Congress held recently in Dundee under the auspices of the Established and the U. F. Kirks, the what happened in other parts of the room, his eyes were riveted to the speaker's face. He was taking notes just as rapidly as he could. Others just as rapidly as he could. Others home, where a bright-eyed lad sat in home. had spoken to him on that subject, and quite frankly. It was astonishing to find how deeply that subject had forced itself on their minds.' There is really nothing astonishing Two people walk side by side through life and do not see the same through life and do not see the same bidden scar, are you willing to pay at the front live face to face with death and witness their comrades launched into eternity, sometimes without a moment's warning; the ambition, power, enlargement of purpose, from things which mean nothing to the other.

A giff was a candlestick which was rather thickly coated with the melted was from candles of different ed was from candles of different in thousands, must be well-night in thousands, must be well-night in thousands. Poor men at the control of the co longing to cry to God to have mercy WHAT WE COULD DO

Emerson says, "What we need more than anything else in the world is somebody who can make us do what we would." What a splen.

Toolog. She took a kine to the task and was scraping away vigorously when her mother saw what she was doing and checked her, "Don't do that, Ann," she said, "or themselves when dead! The rev. you will scratch the brass. Hold the candlesticks over the fire,"

And when this was done, the wax

Such a practice would drag many

melted and ran down into the flame, leaving the brass perfectly clean.

problems in its train, but in view of the fact that many were anxious This is a good illustration of the about these things, it would be worth If your achievement does not approximate your ambition there is something wrong somewhere, because your ability to achieve were intended to go together. The enormous discrepancy between the ambition and the actual performance of limited actual pe

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of the Seamless Garment into frag nents we may hope that ere long non Catholics will discover and accept those other portions of the that Christ commanded that all naportions, not just what suited local conditions or current "atmosphere "-may come to accept the whole truth as revealed by Him, as taught by His Church, and defended by her against mutilating "Reformers," whether Luther, Knox, Calvin, or Higher Critic. Curiously enough, the worthy men who are glib in reference to "the errors of Rome," and eager to prove that Catholic doctrines were in need of "reform" -i. e., alteration or rejection, do not perceive that they are thereby declaring that the promises of Christ failed. If, as He promised, God the Holy Ghost, the Spirit of Truth, abides with her forever, she cannot teach false doctrine; if she can and does, then the Spirit of Truth has forsaken her, notwithstanding Our wholly untrue." Lord's solemn promise to the con-trary. To justify the Reformation and the existence of the sects, it is words of Scripture and of our Lord Scripture tells us that God the Holy dwell in the Church, and that she living, infallible, teaching authority. doctrine of the Real Presence. The right, yet turning instinctively, as a Church has always condemned child to its mother for comfort, to abuses, and rev. orators should not speak of them as if they were part of her authoritative teaching, or the dogmatic decisions of a Pope. In her hand, and can pour balm of healing into every wound!

view of the shaking of heads over the doctrine of Purgatory, it is rather amusing to note that the prevalent Protestant belief implies

that the next world is all Purgatory and Heaven, and no Hell; many

Protestants preach that the punish-

ment of the wicked does not last for

ever. Nevertheless, they say that there is nothing in the New Testa-

God's character and ways, not what there should be no exit until the is the teaching of His Divine Son! uttermost farthing had been paid, but Another Presbyterian cleric, preach- that very sentence postulates ing in Aberdeen, said: "One question | release when the uttermost farthing among others that many were asking has been paid. 'But,' says someone was—should we pray for the dead? again, 'this is the Roman Catholic Unfortunately this question had doctrine of Purgatory.' Ob, those been prejudiced by the claims of labels! . . . I got it from the the Roman Catholic Church, and by her abuses of the doctrine of turned to my New Testament and Purgatory. Behind every Roman my heart, and both assured me that Catholic error there was and there it was true." The Rev. H. P. Dyer, is an element of truth. In getting another Protestant, said at Philarid of the error the Reformers often. delphia, 1915: "The Protestant ignored and sacrificed the truth belief is that every soul that does which it perverted." That casts a not go to hell goes to Heaven at the serious reflection on those tin Gods of the Sects, the Reformers. As it no account of the quality or charindicates at least a dim discerning of who are responsible for the rending man whose life has been so low and bestial that he barely escapes damnation goes as surely and quickly to Heaven as a man who has lived a holy and beautiful life. The ancient truth, ignored and sacrificed by the Reformers, and grasping the fact Few souls are so pure that they are fit for Heaven, where nothing tions were to be taught to observe that is defiled may enter. And yet "all things" whatsoever He had there are many millions of people commanded—not merely selected who are too good to go to hell. This who are too good to go to hell. This vast body of immortal beings will at death go . . . to an intermediate state, a sort of vestibule to Heaven, . to an intermediate where their stains will be removed. and where a divine process of purgation, is mercifully provided by Almighty God." (Sunday Visitor, Almighty God." (Sunday Visitor, December 29th, 1916.) That is, of course, Catholic doctrine. The Rev. J. D. Jones, another Protestant, says: 'It may be permitted to a sturdy Protestant to say that when our fathers in their revolt against the abuses of Purgatory swept away the very idea of a probationary life, they went too far. There was a real truth in this doctrine which had been held by the Church for centuries. No doctrine which persists throughout the generations can be dismissed as wholly untrue." ("The Great Hereafter.") The Reformers are at last being found out by their spiritual descendants. In his well-known necessary to contradict the plain Life Worth Living?" Mr. W. Mallock writes that though the doctrine of Himself. For it is certain that Purgatory has long been a stumbling-block to the whole Protestant Ghost, and God the Son, too, would world, the view men take of it is changing, and it is being recognized should never decay and come to as the only doctrine that brings a nothing, as the works of men do, belief in future rewards and punish and that she should never teach any | ments into anything like accordance thing but the truth. But according with our ideas of what is just and 'reformed' doctrine, the gates reasonable. "So far from its being of hell did prevail. The sects, of a superfluous superstition, it is seen course, cannot claim to be guided by to be just what is demanded by the Holy Ghost, as they own to reason and morality, and a belief in teaching error. The Catholic Church it to be not only an intellectual alone has never taught false doc. assent, but a partial harmonizing of Son, and His Heart's Blood at drawn from hers.

Son and His Heart's Blood at drawn from hers.

Son and His Heart's Blood trine, never given the lie to Christ the whole moral idea." We Catholics the drawn from hers. was first drawn from hers.

In union with that Sacred Heart should all our works be done and all our lives be lived. Its intentions we should make our own at each morning's dawn, as indeed we do in that beautiful offering of the Apostleship of Prayer which begins:

"O Jesus, through the Immaculate"

by asserting that His promises failed, never ceased to be what her apostle called her, "the pillar and ground of truth." There are no passages in Scripture on any subject of Divine Faith, clearer or more emphatic than dispensation, and profess to be the children of a holy, just and merciful God. The denial of it is a cruelty to the dead because it deprives them of God. The denial of it is a cruelty to the dead because it deprives them of the dead because it deprives them of Protestantism denies that, but, in a help which the living can give them, truth, anything more unlike the religion presented to us by the New and it is an injustice to the living Testament than Protestantism it because it deprives them of the bene-would be impossible to imagine. fit and the solace of discharging a The speaker last quoted did not charitable duty. Therefore, then, state what he meant by the "claims" we are astonished, and wonder where of the Church, or by her "abuses" of can be the Christianity of those who doctrine, and may merely have break asunder a bond of love which, failed to reason on the subject, or be as the Communion of Saints implies, disturbed by creations of his own connects us so intimately and so imagination; like, for instance, the man who imagined that Catholics way. Obviously, hatred of the Pope were never allowed to pray for themselves, but had always to get a priest stronger in the hearts of the to do it for them; and his affinity, Reformers than love of God and the who objected to the Church because truth. But the great War is teaching of her claim to be the one, true much to those who have long been Church, not having considered deluded by the "Reformed" Churches, whether a claim to be the one, false and we may hope and believe that it Church would entitle her to be will shatter the prejudice (due to heard, nor having asked himself want of thought, to lack of informahow many true Churches Christ tion, to misrepresentation, and the founded, fifty, a hundred — or only impediment Protestantism places in one. As to abuses, there is nothing reasoning powers) against praying so holy that it may not be abused by for the souls which have passed out man; even Scripture, which may be of this world, yet not beyond reach of wrested to our own destruction, even our love and prayers, as we are not Holy Communion, as St. Paul warhs beyond reach of theirs. May the us. But the one abuse does not light of Truth and of Faith shine on destroy the inspiration of Scripture those brave men at the front, robbed any more than the other falsifies the of their heritage, defrauded of their

> Young people nearly always, and parents far too often, associate disci-pline with punishment. That is unfortunate. Discipline is really only the conforming to wholesome rules, the training of mind and body to obey laws and to perform certain tasks at stated and required periods. ment to warrant the Catholic belief in Purgatory. It is interesting to compare that statement with the statement of Mr. Stanley Russell (Protestant) in the "Christian Commonwealth," Séptember, 1916: "Jesus referred to a prison from which

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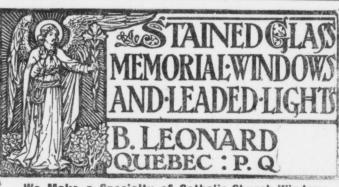
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FOR HOME LAUNDRY

## The Composition of Coca-Cola and its Relation to Tea

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Water, sterilized by boiling (carbonated); sugar, granulated, first quality; fruit flavoring extracts with caramel; acid flavorings, citric (lemon) and phosphoric; essence of tea-the refreshing principle.

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Black tea —1 cupful\_\_\_\_\_ 1.54 Green tea—1 glassful 2.02 Coca-Cola—1 drink, 8 fl. oz. 1.21 (fountain) (prepared with 1 fl. oz. Syrup) Coca-Cola—1 drink, 8 fl. oz. 1.12
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