CHATS WITH YOUNG MEN.

of inspiring a spirit wherever he goes; who makes you feel a little more determined

little more ambitious to get on and up,

me in the battle of life, a

The truly successful, helpful soul is the who has the power of automatically siling the machinery of life, whether in the school, the college, the counting reen, the court room, or the sick room. He is the really successful man who has the power of scattering sunshine, of inspiring a spirit of helpfulness, of engaggragement wherever he goes; who 5, 1905. VMENT

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GEO. GILLIES. Vice-President

Managing Director

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little more willing to wrestle with abstacles, to overcome obstructions.— Twelve Things to Remember.

Twelve Things to Remember:

Twelve things to remember: (1)
The value of time, (2) the success of perseverance, (3) the pleasure of working, (4) the dignity of simplicity, (5) ing, (4) the character, (6) the power of kindness, (7) the influence of example, (3) the obligation of duty, (9) the wisdom of economy, (10) the virtue of patience, (11) the improvement of talent, (12) the joy of originating.

A Youthful Delusion.

A Youthful Delusion.

mong the fond fancies of children is belief that when "grown up" to will be no more lessons to learn, there will be no more lessons to learn, no more commands to obey, no more solding to endure. They will be no longer children in the nursery, pupils in the schoolroom; therefore they will be free, independent, above rebuke and be free, independent, above rectars and beyond coercion. It is a helpful be-lie, lending them the aid of hope wherewith to assist patience during the dark days of the actual, in expec-tation of the cloudless skies of the ideal. tation of the cloudless skies of the ideal.

And it is about as baseless as the mistwreaths of the morning. As if we were
ever free from rebuke, lessons, command, coercion!

Done for Duty.

No work that is sincere and useful and done for duty's sake is barren of dirinity. "Work is worship," was a deep saying of the old monk's. "What would you wish to be doing?" someone asked a wise man, "if you new that you were to die in the next ten minutes?" "Just what I am doing now," was the significant reply: although, at the time, the man was although, at the time, the man was meither praying, nor singing hymns, but was merely feeding a horse. This philoswas merely feeding a horse. This philosopher knew that the path of service is the path of safety. He saw his path it up by the motive that he had in it. Work is dull indeed unless we can see upon it some light from the skies.

Not only should all work be done in this high spirit, but it should also be

should be tinged with the warm color of his heart. No work is true work mless joy is builded into it.

The Most Efficient Worker. We need to practice the contentment which is not the contentment of inert sess, but the freeing ourselves from mess, but the freeing outsetve from entangling vanities, petty cares, worries and auxieties, which hamper us in our real life-work. The sort of am-bition to be condemned is that in which egotism and vanity figure most conspicuously, and in which notoriety, the praise and admiration of the world, wealth, and personal aggrandizement are the objects sought, rather than the power to be of use in the world, to be a leader in the service of humanity, and to be the noblest, best, and most efficient worker that one can be. - Suc-

Trained Through Promotion.

Railways, express and telegraph empanies and other great commercial enterprises are getting to be more and mere in favor of taking very young and inexperienced men and training them through successive promotions to the sigher places of trust. They find this class works best, and men that apply or vacancies in such enterprises are very likely to be disappointed.
Some banks, for instance, adhere in-

Some banks, for instance, adhere ineverably to one rule in this regard.
They will take into their employ only
youths that are beginning their
careers, and their promotion follows in
a regular system, as in an army.
This practice seems to be growing in
favor. It accounts in large measure
for the growing difficulty that unat
lacked and shifting men find to get

tached and shifting men find to get

The Optimistic Habit.

When John Richard Green, the Eng-lish historian, was so poor that even in the depth of winter he could not afford are depth of winter he could not anorm in fire, he used to sit by his empty hearth and pretend it was aglow. Drill your thoughts, he would say, shut out the gloomy and call in the bright. There is no wisdom in shutting one's eye than your copybook philosophers will allow."

The man who can drill his thoughts, so as to shut out everything that is desing and discouraging and see only the bright side even of his misfortunes and failures, has mastered the secret of happiness and success. He has made aimself a magnet to draw friends, cheer, brightness, and good fortune to him. Every one is pleased to see him. His presence is like a sunbeam on a

There is no accomplishment, no touch of culture, no gift which will add so much to the alchemic power of ife as the optimistic habit—the determinition to be cheerful and bappy no matter what comes to as. It will smooth rough paths, light up gloomy places, and melt away obstacles as the sunshine melts snow on the mountain side.

I have just received a bright letter I have just received a bright letter from a poor colored boy who is working his way through college, whose simple faith and cheerfulness, even when he has been in actual want for food and clothing, would put many a philosopher to shame. I have seen him, while struggling to get a foothold, doing all sorts of jobs,—shovelling coal, sawing wood, delivering laundry, canvassing for books, or magazines, often ing for books, or magazines, often tavelling long distances about the country on foot, because he did not have money to pay railroad fare,—yet mever a complaint of his hard lot has Passed his lips. On the contrary he has radiated hope and contentment. has radiated hope and contentment, and when I first saw him—he was then in the midst of his struggles—his face was so radiant, his step so alert, his whole bearing so joyful, that I really thought he was going to tell me that

some one had solved his problem of a college education by giving him money to defray his expenses. He is now in his last year in college and ranks well in all his classes, having taken first prize several times during

his course.

This poor colored youth has something infinitely more valuable than money,—a cheerful, hopeful, contented mind. It is the optimistic spirit that accomplishes. Optimism is the lever of civilization, the pivot on which all progress, whether of the individual or the of the nation moves. Pessimism is the foe of progress. Gloom, despondency, lack of courage, failure of heart and hope—the whole miserable progeny of pessimism,—are singly or collectively pessimism,—are singly or collectively responsible for most of the failures and unhappiness of life. Long live the optimist! Without him the world would go backward instead of foward. In spire of all the beauties of earth and the without the modeline of his and sky, without the sunshine of his face this world would be a dreary prison.-Success.

Some Helpful Thoughts

There is no more beautiful illustra-tion of the principle of compensation which marks the Divine Benevolence which marks the Divine Benevolence than the fact that some of the holiest lives and some of the sweetest songs are the growth of the infirmity which unfits its subjects for the rougher duties of life.—Holmes,

Industry, honesty and a desire to make one's self useful are to-day, as they always were, the stepping stones to success.—Sicred Heart Review.

No creature should ever find himself so occupied with the duties of life that he finds no time for his greater duties to his Creator.

No single great deed is comparable for a moment to the multitude of little gentlenesses performed by those who scatter happiness on every side, and strew all life with hope and good cheer. Happiness is a great power of holi-

ness. Thus kind words, by their power of producing happiness, have also a power of producing holiness, and so of winning men to God. In sour dealings with the souls of check, by severe requirement or nar

row caution, efforts which might otherwise lead to a noble issue; and, still more, how we withhold our admiration from great excellences because they are mingled with rough faults. Great Men's Ages. Leo XIII was sixty eight when he was elected Pope and ninety four when

he died, and his pontificate was studded with great works done for religion and humanity.

Johann Kepler was fifty nine years old when he gave to the world him experience.

mistress.

"Oh, was it? I cannot remember," said Cora carelessly. "Well, you cannot go, so it's no use your thinking about it." he died, and his pontificate was studded with great works done for

when be gave to the world his discovery of the law of the distance of the planets from the sun.

Francis Bacon was fifty nine years old when he published his "Novum Organica"

Organum.' Pierre Gassendi was fifty eight years

old when he published Otto von Guericke was forty eight years old when he invented the air

pump.

Johann Rudolph von Glauber was fifty five years old when he discovered sodium sulphate (Glauber salt.)

Sir I-aac Newton was forty four years old when he published the law

of gravitation.
Gottfried Wilhelm Leibnitz was fifty

four years old when he was commis-sioned to establish the Academy of Science in Berlin.
Antonius van Leeuwenhoek was eighty three years old when he discovered bloed corpuscles, infusoria,

Rene Reaumur was forty seven years

old when he brought out his theremometer. Benjamin Franklin was forty six

years old when he invented the lightning rod.

Joseph Priestley was forty one years old when he discovered oxygen. Jan Ingenhouse was forty nine years old when he discovered the respiration of plants.

years old when he di covered hydro-Christian Huygens was sixty one

years old when he published his theory of the undulation of light.

Count Berthollet, Klaproth, John Dalton Gay Lussac, Count Rumford (Benjamin Thompson,) Weehler, Liebig, Alexander von Humboldt, and, in fact the majority of the eminent chemists and appropriate that the contract of the con ists and physicists did their most important work in advanced years.

A "No Chance" Governor.

"My purpose was to make good in the town where I was born,—make good for myself and the folks; and I did."—John A. Johnson, the new governor of Minnesota.

ernor of Minnesota.

This young man, born in poverty, cradled in want, hemmed in on every hand by seemingly insurmountable obstacles, and without friends or opportunity for education or advancement of any sort, has added one more name to the glorious roll of American boys with "no chance" who have conquered adversity and who have conquered adversity and risen to distinction. He has proved again that the world stands aside for a determined soul, and that success is in

the man, not in the chance. There were probably thousands of boys and girls in Minnesota complaining that they had no chance to get a liberal education or a start in the world when the boy, Johnson, was struggling to carry the burden which his ne'r co well tather had dropped upon the shoulders of his mother and upon the shoulders of his mother and himself—the support of the entire family. Intensely interesting is it to read how this lat of eight or nine helped his mother, who took in washing, and, later, at the mature age of thirteen, proudly insisted upon her giving up working for strangers, while he toiled in the village store during the day and in the evening in the local he toiled in the village store during the day and in the evening in the local printer's office, carrying mail or par-cels to outlying houses,—denying him-self, and making great sacrifices in order that his mother's burden might be lightened, his fire younger bectage. order that his mother's burden might be lightened, his five younger brothers and sisters to be led, clothed, and educated.

In spite of his desperate struggle

with want, this boy never lost courage or self-reliance. He saw in the midst of it all a chance for a noble career. Where others saw only mediocrity or

where others saw only mediocrity or humdrum lives he saw opportunity for great things. What did he care for obstacles? He felt that he was greater than anything which could get in his path. Not even when shivering in the cold of a northern winter, for lack of clothing, and the family burden pressed more and more heavily upon pressed more and more heavily upon his shoulders, did he waver. He pushed ahead and "tried to make good." No responsibil ty frightened him. A chance was all he wanted. He did not wait for it; he made it.

People who are made of the right kind of material do not make excuses : they work. They do not whine, they keep forging ahead. They do not wait for somebody to help them; they help themselves. They do not wait for an opportunity; they make it. Those who complain of no chance confess their weakness,—their lack of efficiency. They show that they are not equal to the occasion—that they are not greater than the obstacle that confects them—O. S. Marden in Spaces. fronts them .- O. S. Marden in Success

OUR BOYS AND GIRIS. STORIES ON THE ROSARY

BY LOUISA EMILY DOBREE.

The Crucifixion. A FOOL'S PARADISE.

"Yes," interrupted Cora. "Of course, I understand—you said she was " Very ill, mademoiselle," said Del-

"Very III, materialistic, phine emphatically.

"People of that kind always exag gerate," said Cora to herself; then she said aloud: "It would be absolutely said aloud: "It would be height of impossible, Delphine, in the height of the season; there's the drawing room next week and Lady Gorton's at Easter,

you must come with me there."
"But Parker," ventured Delphine losing all hope by Cora's tone, which she had learnt by experience to interpret rightly.

pret rightly.
"Parker!" exclaimed Cora, "why you know she never can do my hair as I like, and Dawson will be going at Easter with Miss Charrington and Miss Violet to Devonshire, so it's no use thinking of her. No, it's quite impossible, and considering that I spared you

for a week not long ago—"

"A year," said Delphine faintly,
and wondering the while if she should
lose her place for arguing with her

her mistress too well to hope that she would put herself to any inconvenience for her sake. But it was a good place, and her high wages enabled her to send regular postoffice orders to the little house on the Route de Martain at Avranches every quarter. Breakfast that morning was a very

lively meal, though they had to have it in the library, the dining-room being in the hands of decorators. Lady Charrington, who was fat, good tem-pered and stupid, congratulated her niece very cordially, and then gave herself up to her breakfast.

"Such a dreadful railway accident, mother," said Violet looking up from the Morning Post. "Really-where?" asked Lady

Charrington.
"On the A. and L. Railway." aske

"Many people killed?" asked Lily.
"Fourteen, and twenty five injured.'

"I am glad it was not the Irish Mail," said Cora blushing as she spoke, "for Giles might have changed his mind and come earlier than he said.

"Yes, it is fortunate."
"It is a shocking accident," said Violet, who was very much alive and

interested in all that was going on.
"One poor man—" "One poor man—"
"Oh, don't please," said Cora, "no details; I do so hate to hear about those dreadful things."
"I rather like it," said Violet, "it's

exciting."
"It always makes me feel so comfort-

able and glad that I am not one of the victims," said Lady Charrington. ctims," said Lady Charrington.
"One must hear about such things,"

"One must hear about such things, said Violet laying down the newspaper." It does not affect me as it seems to do you, Cora."
"Of course, I am sorry for the people," said Cora, "but my hearing all those horrid particulars won't help them one bit, and I cannot bear it. I am not an artist like you, Lily, but I do like all the beautiful things of life, and I hate what is sad and gloomy and

ugly."
"I hope Madame Lenere will send
my dress in time," said Lady Charringmy dress in time, said Lady Charling, "ton," she is usually to be depended on."
"The drawing-room will look lovely," said Lily; "the idea for it delighted me. Miss Hart has such good taste one can trust her."

So they chatted on of indifferent things and as the morning were away

things, and as the morning wore away a batch of cousins came, all bent on seeing Cora; and there were more presents to look at, a great deal of talk, and in the afternoon visits to be paid, as well as looking in at a couple of "at

homes."
Just as Cora came down to the ballroom that evening, arrayed in all the glory of the most costly simplicity, her cheeks flashed with expectation and happiness, she saw Giles coming

up the stairs.
Giles Vandeleur was a well-looking man, with a grave, face, steady blue eyes, and his longish hair gave him rather the look of an artist. Being a man of large independent means, he devoted himself to art as much as he liked, loving it for its own sake, and making it very much his world.

there had been an artistic mind to de-vise and skillful hands to carry out all the beautiful designs in which the flowers were now arranged. They were not amassed in hopeless confusion as if beauty were attained by quantity

lecked ball-room was very lovely, for

but they were treated sympathetically an always seemed in their right places. The vast rooms thus adorned formed a fitting background for the exquisite dresses, gleaming jewels and many fair faces, which rivalled the flowers in loveliness. Cora enjoyed dancing for dancing's sake, but still, after an enforced absence which had seemed so long, the most delightful part of the evening was certainly that when they sat in the conserva-tory under shadowy palms, near beautiful blossoms of rare plants, the two "alone together," as the expres-sive Irishism has it.

Cora chatted on, for she was always voluble, and Giles listened and put in a word here and there. He was often silent, unless started on a pet topic, and his general characteristics con-trasted strongly with those of Cora.

"Now you are back in town you will stay here, I hope," said Cora; "no more running away, sir, to Irish estates

-do you hear?"
"I do. I was obliged to go this time. It's a bore being a landowner in Paddyland; there was a great deal more to do than I anticipated, and I am not satisfied that I left everything as it should be Somehow or other my agent, who is a plausible Johnny, isn't quite the man to my liking. However, I have done what I can and shall not trouble further.'

"You are rather an absentee landlord, are you not ?'

TO BE CONTINUED.

HOW ARE THE DEAD RAISED UP?

Year by year as the glorious festival of Easter comes round, in which we joy fully celebrate the triumphant Resurrection of Our Lord and Saviour Jesus Christ, the old question still arises and in many minds comes to the fore (apparently requiring a repetition of the old answers,) "How do the dead rise again and with what manner of body shall they come?" To those who have not studied the subject, and who are not properly instructed, it seems quite incredible that these bodies should ever be revived and reunited to the soul in eternity. How is it possible, they ask with confirmed incredulity, for these mortal bodies which die, go to corruption and are scattered sometimes to the four winds of heaven, sometimes devoured by animals on the land or in the sea, to be gathered together again to form the original body?

St. Paul the Apostle calls such objectors foolish and he proceeds to show them how entirely they are mistaken. He does so by a striking and most con-vincing illustration from nature. The seed which we sow or plant is not the grain that is reaped and gathered into barns. On the contrary that seed dies -rots- and it mingled with mother earth. But out of the disintegrated elements springs the germ of a new body which grows and flourishes and produces the new grain which is reaped and gathered by the husbandman.

That process of reproduction is of course a mystery. We know not how it is done. We can only say with the apostle: "God giveth it a body as He will!" The resurrection of the human body involves no greater mystery than this. The Apostle says it is sown a natural body, it is raised a spiritual body. There is a natural body and there is a spiritual body.

Here is where the objectors to the recurrection of the body, make their

resurrection of the body make their mistake—they fail to realize that the body that will rise again is not the corrupt, decayed, natural body of flesh and blood, but a spiritual body of which we know nothing, except that Almighty God, in His own time and way, will raise it up from the gross elements which have been dissolved and scattered to mingle with mother earth.

Our Lord rose with a spiritual body, without the ordinary process of dissolution. The nature of that body is indicated by His occasional sudden disap-pearance from sight, and by his appearance on more than one occasion in the room where His disciples were as-sembled while the doors were shut. He appeared to eat and drink as usual and appeared to eat and drink as usual and His Body had the power of resistance. But eating may have been in appear-ance only as was the case with the Archangel Raphael who, after making himself known to Tobias as a celestial inhabitant instead of a young man, said to him: "I seemed indeed to eat and to him: "I seemed indeed to eat and drink with you, but I use an invisible meat and drink which can not be seen by men."

The objections to the resurection of the body are founded rather upon ignorance than upon knowledge. The fact is we know nothing about the real nature of matter. We know there is an essential difference between matter and essential difference between matter and spirit, but of the essence—the substratum of matter—we know nothing; and as to the spiritual body—how it is, where it is, how it will be raised up—all this is reserved to the wisdom and power of Almighty God, Who will accomplish His own purposes in His own time and way. But of the fact itself to are well assured and way well. we are well assured, and we may well join with the Apostle in his exulting and joyful anticipation: "When this mortal hath put on immortality, then shall come to pass the saying that is written: Death is swallowed up in vic written: Death is swallowed up in vic-tory. O death, where is thy victory? O death, where is thy sting? Now the sting of death is sin, and the power of sin is the law, but thanks be to God Who hath given us the victory through Our Lord Jesus Christ.'

Never esteem anything as of advantage to thee that shall make thee break The scene that evening in the flower- the word or lose any self respect





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Looking back on their lives from the bed of death, and from their place in Heaven, the servants of God see that what they could least spare out of their life would be its crosses.—Mother Mary Loyola in "Hail! Full of Grace."

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