be in their power, so he begged David to allow him to strike the cruel king dead with his own spear. He knew that David would not do it, for once before David had been close beside Saul at night in a dark cave and would not hurt him. But David would not let Abishai kill Saul.

He took the spear and the water bottle from beside Saul. Across the deep valley he went, and up to a very high hill where he stood and shouted to the sleeping camp.

Saul was surprised and ashamed and sorry when he knew what had happened. And when he thought of how unkind and cruel he had been to David and how kind and forgiving David had been to him, he begged David to forgive him for what he had done.

David loved Saul, but he dared not go back to the palace with him because he knew that Saul would soon be angry again. But David was happy even in his trouble, and he wrote some

beautiful psalms telling of God's care for him at that time.

Love and forgiveness in our hearts will help to make us happy anywhere. Here is a Bible rule for happiness and peace:



"Love your enemies, do good to them that hate you."