



Manual Training



AS a therapeutic measure, diversional occupation has been found to be a valuable remedial agent in the treatment of nervous and mental ailments. Systematically applied and judiciously carried out in patients who are mentally over active and possessing an abundant physical energy it breaks up wrong associations of ideas and directs their activities along normal and healthy channels.

If inaction is depressing in those who are well, how much more so is it in those whose sickness is of a depressed nature? Congenial work stimulates and interests the morbid mind and attractive employment is the foe of morbid introspection. It enlarges the patient's mental horizon, and, as a re-educative fac-